



University Council on Athletics

REPORT TO SENATE

**Queen's University
Kingston, Canada**

November 2008

Athletics and Recreation Annual Report

For the period January 1, 2007 to April 30, 2008

It is my great pleasure to present this Annual Report, describing the activities and accomplishments of Queen's University Athletics and Recreation (A&R) for the period January 1, 2007 to April 30, 2008.

During this period, the reporting structure of A&R was changed so that the Department now reports directly to the Office of the Associate Vice-Principal and Dean of Student Affairs. In addition changes were made to the organizational structure and staffing model to allow A&R to move towards a platform to support the drive for excellence in both recreation and inter-university programming leading into the new Queen's Centre, Tindall Field and Fields and Stadium renewal projects.

The organizational restructure centered around five (5) key changes:

1. The move to an integrated department combining programs and facilities.
2. Realigning activities into five (5) core service areas, led by a management team
3. A commitment to pursuing customer service values
4. The addition of new or refocused resources to improve programs and services
5. The introduction of Marketing, Communication and Event unit

A&R staff and resources have been re-aligned around the five (5) core service areas: Recreation; Inter-university Sport; Facility Operations and Services; Marketing, Communications and Events; and Finance and Administration. This organizational structure is underpinned by a staffing model that includes the introduction of a management team. Each of the five (5) core service areas is led by a Manager who oversees the unit and is responsible for overall management and performance. (See Appendix 1 for an overview of the organizational model).

The A&R Annual Report reflects the activities of each of the respective service teams and highlights key initiatives that have occurred over the period.

Administratively, this period saw the transition in leadership from John McFarlane, who retired after a long and distinguished career in athletics and recreation at Queen's, to Leslie Dal Cin who joined the department as of December 1, 2006. A thorough review of A&R programs, services, operations and resources was carried out. A number of significant internal initiatives were undertaken to provide A&R with a strong foundation from which to improve and enhance programs and services. Initiatives included:

- A Review of A&R programs and services (the Crawford/Deakin Report)
- The Principal's consultation process and Response to the Athletics Review
- Amalgamation of the programming and facilities into a single department
- Introduction of a new staffing model and the successful replacement of four (4) vacant staff positions with selected individuals who possess area-specific expertise.
- Review and proposed changes to the governance structure of the University Council on Athletics (UCA)

From a programming perspective, sport and physical activity continue to make a significant contribution to the student experience and are an important part of campus life. Queen's offers one of the most robust and diversified sport and recreation programs in Canada. Programs include participation opportunities in over fifty-five (55) different sports (at various levels of competition from inter-university to recreational play) as well as a myriad of fitness, lifestyle, instructional and intramural programs.

At the inter-university level, Queen's competes provincially in the Ontario University Athletic Association (OUA) and nationally in the Canadian Inter-university Sport Association (CIS) and fields thirty-five (35) men's and women's teams that provide six-hundred and eighty (680) athletes with training and competition experience.

Highlights over the past two (2) competitive seasons include:

- Gaels team involvement with Kingston community charities including Breast Cancer Foundation, Boys and Girls Club, Partners in Mission Food Bank, Jamaica Mission Fund, Pro-Kids
- Introduction of the "Complete Athlete" strength and conditioning services to varsity athletes
- Successful bids for the right to host the 2009 CIS Cross-Country Championships and the 2010 FISU World University Cross-Country Championships
- Introduction of a modest Athletic Financial Award (AFA) program targeted at CIS sports
- Athletic Therapy services overseen by two (2) full-time and thirty-six (36) student trainers providing support to over five-hundred (500) varsity athletes
- Computerized injury tracking system – recording injury by sport/gender/body part
- Drug Education and a continued "clean" record of anti-doping testing
- The hiring of more than eighty (80+) coaches annually to provide leadership to the varsity program
- Competitive Results (see Appendix 2 for complete season results)
 - Four hundred (400) Academic All-Stars (OUA/CIS athletes achieving 80% or greater)
 - Ten (10) athletes and/or coaches represented Canada at international games
 - Two (2) National Championships, one (1) CIS Silver Medalist
 - Fourteen (14) CIS All-Stars, one (1) player of the year, two (2) rookie of the year, one (1) "elite 8" Academic All-Canadian
 - Three (3) OUA championships
 - OUA Individual medals: Twenty-six (26) Gold Medals, five (5) Silver, twelve (12) Bronze
 - One hundred and twenty-eight (128) OUA All-stars
 - Ten (10) Coaches of the Year: one (1) CIS, nine (9) OUA

In September 2007, a new Recreation service team was created combining the formerly independent units of Intramurals, Instructional Programs, Clubs, Camps and the Fitness and Lifestyle Centre. The amalgamation has proven tremendously successful with the ability to plan and deliver programs under a common vision as well as providing infrastructure support to our fastest growing participation area. We are pleased to report, that despite challenges faced with the loss of two of our main campus recreational facilities (Jock Harty Arena and Tindall Field) and the impact of Queen's Centre construction, participation in organized recreation programs has remained constant or has increased (camps, sports days, specialty fitness classes, intramurals).

Highlights in the area of recreation include (see Appendix 3 for additional details):

- In excess of seven hundred (700) student leaders and volunteers coordinating recreation programs
- Introduction and orientation to the Physical Education Centre (PEC) for all first-year students
- Recreational program support for Alumni Affairs "Mini-U" program
- Change in programming to deal with loss of Jock Harty and Tindall Field
- Over four thousand and five hundred (4,500+) participants in intramural programs, including an increase in "off-campus" activities
- BEWIC sport days, attracting twenty-eight (28) teams and one-thousand and two (1002) registered athletes
- Thirty-two (32) sanctioned sport clubs, representing over two thousand and five hundred (2,500+) participants in various club activities
- Synchronized Swim hosting the national championships
- Sailing Team traveling to France to compete in the Student Yachting World Cup
- Restructure of the camps and sport days programs resulting in increased offerings and enrolment in both programs (i.e. sports days registration increased by six hundred and thirty-seven (637) participants in a year-over-year comparison).

Facility renewal and development (Queen's Centre, Tindall Field, and Fields and Stadium) remain top priorities for the department with three (3) capital projects currently underway. Previous A&R Senate reports have articulated the limitations with respect to the current athletic and recreation facilities. Many of these challenges will be addressed for "indoor" sports and recreation with the construction and opening of the Queen's Centre.

The Queen's Centre and Tindall Field construction projects began in the spring and summer of 2007 respectively and the Fields and Stadium project is currently in the fundraising stage.

The decommissioning of the Jock Harty Arena, the excavation and site preparation work for Tindall Field and the Queen's Centre and the deteriorating state of the current facilities combined to negatively impact casual facility use, facility rental, membership and locker and laundry sales. As an example, in the two (2) years prior to construction, the PEC was experiencing a 1% annual growth in use. During the construction period, non-programmed student recreational usage decreased by 5% overall and community usage decreased by 22% (from a 23% increase in the previous year).

Despite a challenging environment, the Facilities, Operations and Services unit has made progress in the following areas:

- Procurement of facilities for varsity and intramural ice programs off campus at local arenas
- Negotiation of prime tenancy for Queen's at the Memorial Centre (2008 to 2011)
- Extended PEC Customer Service hours (weeknight, weekend, summer hours) to provide additional recreation time to stakeholder groups
- Acquisition of "test/demo" fitness equipment from suppliers to respond to increasing number of people using the fitness area as a result of losing the Jock Harty track
- Reconditioning of all campus natural turf fields to support additional intramural activities displaced from Tindall field

Recognizing the need to increase revenue-generating efforts in the years ahead, a Marketing, Communication and Events service team was established in August 2007 to bring together the activities of: marketing sponsorship, communications, sports information, event management, departmental fundraising and alumni engagement. This new unit provides a coordinated effort with respect to the way in which A&R promotes, profiles, interacts with others and manages our events. A major challenge for this team was the ability to successfully plan and deliver an integrated marketing and promotion plan given the timeframe between their formation (August) and the start of the season (September).

Highlights in this area include:

- A 15% increase in sponsorship revenue
- Implementation of a ticket/gate tracking program
- Improved game promotion and presentation resulting in a 15% increase in annual attendance
- Introduction of "Gaels XL" – a 5-minute promo segment on CKWS TV
- "Rock the Jock" event to celebrate the closing of the Jock Harty Arena, attended by three thousand (3,000) Queen's and Kingston Community members, that raised \$2,500 for ProKids and one thousand and five hundred (1,500) pounds of food for the Partners in Mission Food Bank
- Successful community/varsity cross-promotional programs in hockey, basketball, volleyball
- Commencement of the A&R re-branding process

The programs and activities of A&R are supported by the Finance and Administration service unit. Finance and Administration is responsible for managing all aspects of budget preparation and control, in addition to working closely with the UCA Budget Committee to finalize the annual budget and statements for approval.

Highlights for the Finance and Administration unit over this period included:

- A complete review of all financial management systems and policies
- The transition of the program and facility budgets into an integrated budget format
- Development of a new budget model and reporting system
- Implementation of a new travel coordination and purchasing system
- Coordination of employment opportunities for over seven hundred (700) students representing in excess of \$600K in student employment

In the immediate future there are three main challenges that face A&R:

1. Being Competitive:

The OUA and Canadian Inter-university Sport (CIS) sport environments are rapidly changing and the competitive gap between Queen's inter-university teams and those of other Canadian institutions is widening. In short, we are falling behind.

For our teams to be competitive, a number of support and playing opportunities must be considered. In addition to full-time coaching staff, competitive sport programs must plan and provide additional enhancements, such as provision for out-of-province competition, out-of-season training, access to sport science and other developmental opportunities. Universities must fund athlete recruitment initiatives and Athletic Financial Awards in order to attract and retain top athletes (and coaches).

Other escalating costs, such as travel, uniforms, equipment and hosting requirements have also added to the financial burden. At present, these costs are increasing at an average of 4% per year, which is significantly more than the cost of living increase provided in the Athletic Fee and it is placing additional stress on the budget.

2. Managing Expectation – the Queen's Centre (QC):

The first phase of the QC is scheduled to open in the fall of 2009. It is not yet clear how the new space and QC governance and operational model will impact A&R programming and our budget. The increase in space and facilities coming on-line requires a corresponding increase in staffing to monitor and program. Also, in the short term, the capacity in the form of gymnasiums will be reduced, as there is a loss of one (1) gym from the Physical Education Centre (PEC). This will be balanced by a significant increase in other facilities (combative rooms, dance studios, etc.) The full programming potential for indoor sports and recreation will be realized when Phase 2 comes on-line.

Expectations are great around the new facility and, indeed, we will be able to enhance programming significantly over existing levels. However there is a great deal of planning required to successfully transition and program the new facility. Over the next several months it is important that plans unfold with respect to governance, operation and program mix, membership, maximizing rental opportunities, etc.

At the same time, we must all remain committed to improving the field and ancillary support facilities for our "outdoor" sports and recreation programs.

3. Financing Athletics and Recreation Programs

The Athletic Review and the Principal's Response to the Review suggest a new sport delivery model is necessary for A&R programs. However, regardless of the sport model (broad-base, excellence or a hybrid), the level of program envisioned and corresponding number of participation opportunities desired is not sustainable at the existing level of resources.

A&R has three main sources of revenue to support programs: student athletic and recreation fees, University contribution and self-generated revenues. The University contribution to A&R is not likely to increase. Every effort is being made to increase self-generated revenues and a targeted increase of 35% over the next three (3) years is planned; however, even with these increased funds, the level of revenue will not sustain the current level of programming.

For the past two (2) years the A&R budget has been in a deficit position. Additional revenues to balance the budget have been drawn from a contingency account. The contingency account will be depleted in 2008-09. In the absence of necessary revenues, the scope and breadth of program will need to be rationalized.

In closing, I would like to re-iterate that the times ahead for A&R are both challenging and exciting. We are fortunate to have formed dynamic and mutually-beneficial partnerships with many departments on campus. We have a dedicated and talented professional staff that is committed to the vision of Queen's University offering the leading athletics and recreation program in Canada. With the ongoing support of Senate and the Queen's Community we are well-positioned to transform physical activity, healthy lifestyle recreation and sport on our campus and to enhance the experience of all our stakeholders.

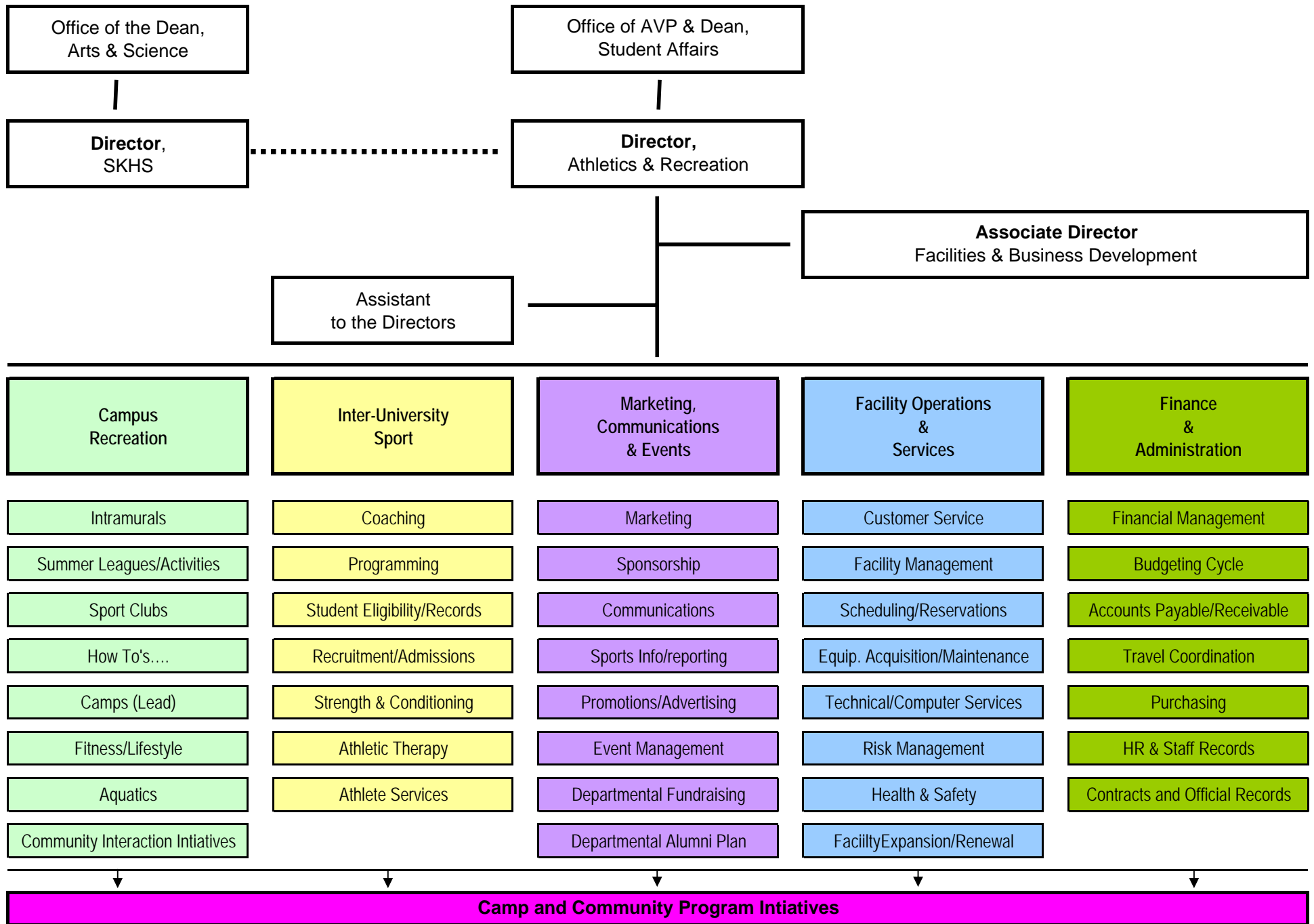
Respectfully submitted,



Leslie Dal Cin
Director, Athletics and Recreation
Executive Director (Interim), University Council on Athletics

Appendices

APPENDIX 1 - Athletics and Recreation Organizational Model 2007- 08



APPENDIX 2 - Queen's Athletics and Recreation Inter-university Sport Season Results 2007-08

PROGRAM OUTCOMES	2006-07	2007-08
Provincial Results - Team	1 OUA Championship, 5 OUA 2nd Place finishes, 6 OUA 3rd place finishes	2 OUA Championships, 4 OUA 2nd Place Finishes, 4 OUA 3rd Place finishes
Provincial Results - Individuals	13 Gold, 1 Silver, 3 Bronze	13 Gold, 4 Silver, 9 Bronze
National Results - Team	W. Soccer - CIS Silver medalists	No top 3 Finishes
National Results - Individual	No top 3 Finishes	2 Silver Medalists, 1 Bronze Medalist (Track & Field)
Other National Competition Results	CURA - Canadian University Rowing Championships - 2 Ind Gold, 1 Ind Silver, 2 Bronze	CURA Team Champions - Women's Rowing 5 Ind Gold, 1 Ind Silver, 3 Bronze
International Participation/Representation	1 - FISU Triathlon (M)	7 (2 F, 5 M): Sports=FISU Cross Country, National Beach VB, Canada U21 M Rugby, Canada U20 M Rugby, W National Ball Hockey
OUA All-Stars	45 First team (29 F, 16 M), 20 Second Team (7 F, 13 M)	38 First Team (22 M, 16 F), 20 Second Team (12 M, 8 F)
OUA Athletes of the Week	4 times	3 times
OUA Major Award Winners	12 Total (8 F, 4 M): Sports=W Lacrosse (5), M Rugby, W Soccer, W Volleyball, W Hockey, M Hockey, M Volleyball, M Fencing	9 Total (4 F, 5 M): Sports=W Lacrosse, M Rugby, M Volleyball (2), W Volleyball, M Basketball, W Basketball (2), M Hockey
OUA All-Rookie Team	2 (2 F)	7 (4 F, 3 M)
OUA Academic All-Stars	95	84
OUA Coach of the Year	4 (2 F, 2 M): Sports=W Rugby, M Soccer, M Rowing, M Volleyball	5 (5 M): Sports=FB, W Rowing, M/W Fencing, M/W Curling, M Hockey
CIS All-Canadians	3 First team, 1 Second Team	2 First team, 8 Second Team
CIS All-Star Team Selections	2 (Women's Soccer)	0
CIS Player of Game Awards	2 (Women's Soccer)	0
CIS Major Awards	1 Player of the Year, 1 Community Service Award	2 (All-Rookie Team), 1 Elite 8 Academic All-Canadian
CIS Academic All-Canadians	119	102
CIS Coach of the Year	1 (W Rugby)	0
Other Major Awards	Male and Female Scullers of the Year (Rowing)	Ontario Rowing Association Rower of the Year, CURA Coach of the Year, CURA Oarsmen of the Year
International Awards		

COACHING LEADERSHIP	2006-07	2007-08
Number of Head Coaches (Varsity)	21 Total (16 M, 5 F)	19 Total (12 M, 7 F)
Number of Head Coaches (Club)	6 Total (6 M)	7 Total (6 M, 1 F)
Number of Assistant Coaches (Varsity)	62 Total (45 M, 17 F)	57 Total (49 M, 8 F)
Number of Assistant Coaches (Club)	0	5 Total (4 M, 1 F)
TOTALS	89	88

Q's Award	2006-07 Winner	2007-08 Winner
Jenkins Trophy	Steve Willis - Volleyball	Devon Miller - Volleyball
P.H.E. 55 Alumnae Trophy	Eilish McConville - Soccer	Connie Dayboll - Rowing
Jack Jarvis Trophy	Simon Gowdy - Rowing	Braden Novakoski - XC & Track
Marion Ross Trophy	Rachel Coens - Figure Skating	Joanne Ko - Fencing
Jim Tait Trophy	Brad Smith - Football	Mike Giffin - Football
Award of Merit Trophy	Erin Bailey - Rugby	Kirsten Jewell - Field Hockey
Alfie Pierce Trophy (Male)	Ryan Gibb - Hockey	Joreen Zeeman - Volleyball
Alfie Pierce Trophy (Female)	Elizabeth Kench - Hockey	Elyssa Heller - Volleyball
Hal Dunlop Shield	Rob Milligan & Richard Rotenberg	Peter Vooyoys - Rugby
Michael J. Rodden Award	John McFarlane - former Chair A&R	Janice Deakin
Queen's Special Recognition Award	Erin Flegg - Journal Sports Editor	Not Awarded

TEAM	YEAR					
	2006-07			2007-08		
	# of Athletes Male	Female	League Results	# of Athletes Male	Female	League Results
Men's Basketball	15		5th in League, OUA East Quarter-finalists	15		4th in League (14-8), OUA East Semi-Finalists
Women's Basketball		14	2nd in League, Lost in OUA East Final		12	4th in League (9-13), OUA Quarter-finalists
Men's Cross Country	15		3rd at OUA Championship (Bronze), 10th at CIS	13		3rd at OUA Championships (Bronze), 7th at CIS
Women's Cross Country		15	4th at OUA Championships, 13th at CIS		14	4th at OUA Championships, 5th at CIS
Men's Curling	7		3rd in League, OUA Semi-Finalists	7		Bronze Medal at OUA Championships
Women's Curling		6	5th in OUA		6	OUA Silver Medalists
Men's Fencing	25		5th in OUA	26		4th in OUA
Women's Fencing		25	6th in OUA		22	6th in OUA
Field Hockey	18		3rd in League, Bronze Medal at OUA Championships		18	5th in League, OUA Quarter-finalists
Figure Skating	1	19	3rd at OUA Championship	1	19	3rd at OUA Championship
Football	79		6th in League, OUA Semi-finalists	78		3rd in League, OUA Quarter-finalists
Golf	7		6th at OUA Championship	8		9th at OUA Championship
Women's Hockey		22	3rd in League, OUA Finalists		22	4th in League, OUA Semi-finalists
Men's Hockey	23		2nd in Division, OUA Division Quarter-finalists	23		1st in Division, OUA Division Semi-finalists
Lacrosse		19	1st in League, OUA Silver Medal		19	2nd in League, OUA Silver Medal
Men's Nordic Ski	10		6th at OUA Championships	13		7th at OUA Championships
Women's Nordic Ski		9	4th at OUA Championships		8	5th at OUA Championships
Men's Rowing	24		2nd at OUA Championships (Silver)	22		2nd at OUA Championships (Silver)
Women's Rowing		26	2nd at OUA Championships (Silver)		26	OUA Champions, CURA Champions
Men's Rugby	40		2nd in League, 4th at Championships	40		1st in League, 2nd at Championships (Silver)
Women's Rugby		30	4th in League, Advanced to Playoffs		29	3rd in League, OUA Quarter-finalists
Men's Soccer	25		1st in League, 4th at OUA Championship	25		3rd in League, OUA Bronze Medal
Women's Soccer		25	1st in League, OUA Silver Medal, CIS Silver Medal		25	3rd in League, OUA Quarter-finalists
Men's Squash	12		4th at OUA Championships	13		4th at OUA Championships
Women's Squash		12	4th at OUA Championships		12	OUA Champions
Men's Swimming	15		7th at OUA Championships	14		11th at OUA Championships
Women's Swimming		13	7th at OUA Championships		13	11th at OUA Championships
Men's Track	29		6th at OUA Championships	29		7th at OUA Championships, 12th at CIS
Women's Track		22	6th at OUA Championships		23	7th at OUA Championships, 17th at CIS
Men's Volleyball	16		OUA Champions, 7th at CIS	16		2nd in League, OUA Silver Medal
Women's Volleyball		16	4th in League, OUA Quarter-finalists		16	4th in League, OUA Quarter-finalists
Men's Water Polo	14		5th in League, non-playoff team	13		6th in League, non-playoff team
Women's Water Polo		20	3rd in League, OUA Bronze medal		20	4th in League, 4th at OUA Championships
Men's Wrestling	14		7th at OUA Championships	13		7th at OUA Championship
Women's Wrestling		6	7th at OUA Championships		2	No athletes competing at OUA Championship
Total Male/Female Athletes	389	299	Total Male/Female Athletes	369	306	
Total Athletes	688		Total Athletes	675		

APPENDIX 3 - Recreation Unit Annual Report 2007- 08

Introduction

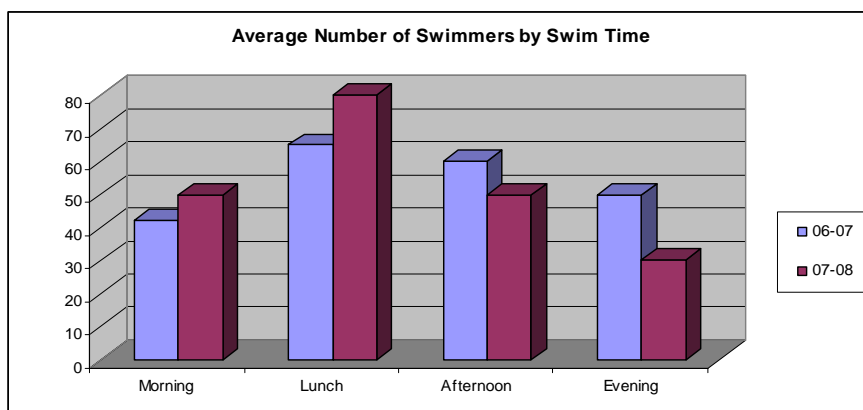
This past year has been a year of transition for Recreation staff and participants. Recreation is a new entity within the Department of Athletics & Recreation (A&R). Recreation brings together the formerly independent units of Intramurals, Instructional Programs, Clubs and the Fitness and Lifestyle Centre. Our new structure includes a recently hired Manager of Recreation, and a coordinator of each of the following program areas:

- Aquatics
- Fitness and Instructional Programs
- Intramurals
- Sports Clubs and Camps
- Strength and Conditioning

Although the loss of the Jock Hardy arena and the construction of the Queen's Centre have created challenges for us, we have had many successes this year as well. This document will hopefully highlight those successes and identify some of our challenges as we move forward.

Aquatics

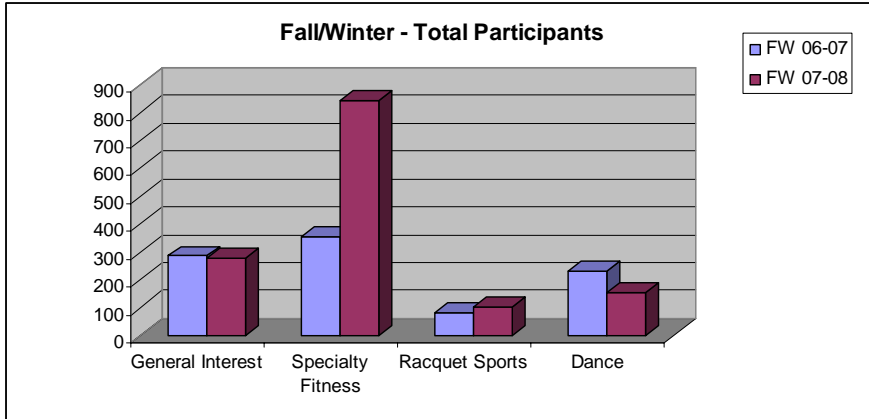
We employ 30+ lifeguards and instructors to maintain the safety and education of all our participants. All our lifeguards and instructors are currently Queen's University students. At the national lifeguard championships this year our lifeguard team placed 1st; an amazing accomplishment!



As you can see from the chart above, we experienced a shift in our users and their preferred swim time this year. Our morning and lunch time swims were busier, while our afternoon and evening swims were slightly quieter. We have expanded our swim time offering so that family swim times are now free for all our members. We continue to offer recreational and family swim times, as well as Red Cross swimming lessons, advanced leadership courses and specialty courses (Scuba, etc). We are already preparing for the Queen's Centre, and all of the additional benefits that facility will offer our users.

Fitness and Instructional Programs

The Fitness and Instructional Programs unit underwent a lot of change this year. All the programs formerly administered by the Lifestyle and Fitness Centre have now been brought under the Instructional Programs banner. All summer camps and the Sports Days program moved out of the Instructional Programs unit into their own areas. While we have attempted to meet the needs of the former users of these programs, we are also experimenting with fresh new program offerings.



In the chart above, you can see the comparison of the number of participants year over year in our fall/winter Instructional Programs. Currently the Fitness and Instructional Programs offers: Dance (ballroom, salsa, etc), Fitness programs (VIP Fitness Club, Fitness Activity Pass, recreational fitness and games, lunch fit, basic weight training, pilates, Lifting Through Series, Seniors Fit for Life, Youth Athlete Conditioning, Cardio Challenge, Boot Camp, Personal Training, Fitness Menu, and Fitball classes); Racquet programs (squash, tennis); General Interest programs (fencing for children, teens and adults, Hatha yoga, Tai Chi and golf).

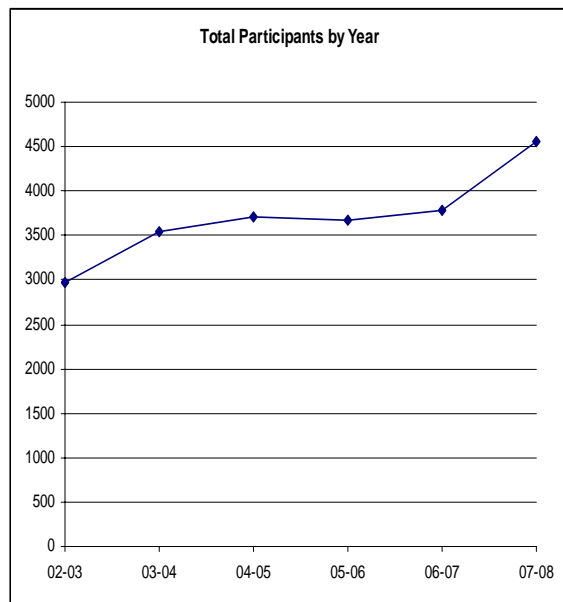
The spring/summer provides the greatest area of growth for this unit, we are working to expand recreational opportunities for both the summer students as well as the Kingston community.

Intramurals

The 2007-2008 Intramural program saw a significant increase in game numbers (up 116), primarily due to the increased hours of operation for the Physical Education Centre. Participations also increased by approximately 400. The increased number of games/participants was accompanied by a lower rate of games being forfeited due to no-shows (down 3%).

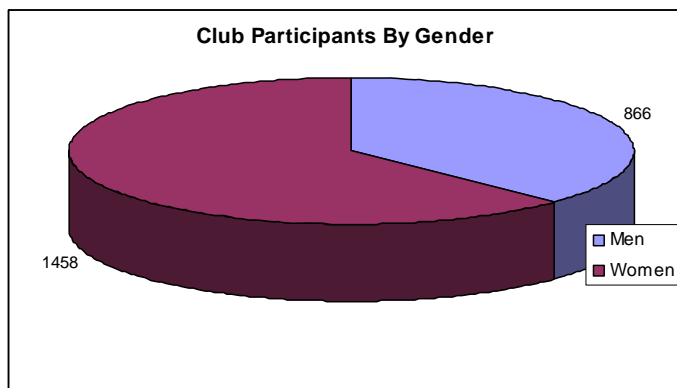
BEWIC Sports Days was again a success, with 28 registered teams and 1002 registered players. Floorball was introduced as a new sport to replace broomball, and was an enormous hit with the players. Plans are underway to introduce a Floorball league for 2008-2009.

The loss of the main field on campus received very little negative feedback. Leagues were relocated to West Campus for one year. Enthusiastic participants made the 20-minute trek out West, and all of our normal leagues ran in a modified, shortened season. The opening of the new artificial turf field this fall will expand our seasons and provide a much better outdoor program to our students.



Sport Clubs and Camps

Recreational Clubs: In 2006-07 there were 759 male and 1042 female participants. In 2007-08, there were 866 males and 1458 female participants totaling 2324. The Dance club continues to be our largest club with over 500 members and the Ski and Snowboard club was the second largest club with just over 400 members.



Competitive Clubs: There were a total of 9 competitive club teams totaling over 200 competing athletes. Highlights include:

- Cheerleaders – National Champions (the first team in 22 years to beat the Western Mustangs at a National Championship)
- Synchronized Swimming – Queen's hosted the Canadian University Synchronized Swimming Championship (CUSSL) hosting over 200 competitors from 14 schools across Canada. The team finished up third. This is the teams' 37th year in existence at Queen's.
- Sailing – the team headed to France and represented the University and Canada at the 2007 Student Yachting World Cup event finishing 9th just behind Turkey and ahead of Italy.

The year concluded at the 12th Annual Competitive Clubs Award banquet. There were over 130 in attendance and 94 first year athletes were awarded the Golden Gaels Q, and we honored 48 graduating athletes. Lola Jean Gentles from Triathlon and Sean O'Brien from Cheerleading were awarded the top female and top male athlete respectively.

Sports Days: In 2007, approximately 2350 students participated in our popular sports days program. In December of 2007, we expanded the program into December where 5 days of Sports Days were offered the week preceding the Christmas break for public schools and had a total of 326 participants. Sports Days, 2008 is just beginning May 26 and currently has a total of 2625. Final numbers will not be available until June 30th.

Camps: We offered a second year of Winter Sports Camp in January this year. In 2007, we offered a 4 day camp which has 48 participants enrolled. This past January, a three day camp was offered, either single days or all 3 days, including early registration benefits with a total of 45 campers. March Break Camp was also added this year, again with single day, full week, early bird and Queen's staff discount registration options capturing 96 single day registrations, 6 early bird full week registrations, 2 staff discount registrations and 2 regular priced full week registrations.

We have expanded our summer camp offering this summer to include varsity elite camps which will be operated by various varsity coaches and team players. The traditional, most popular sports camps will still be offered, in one week sessions verses the traditional two week sessions, allowing for more flexibility when planning summer family vacations. With the pool now available for the entire summer, we have added a Synchro camp and a full day water camp we call "Just for the Fish". Also, in May and June, we expanded the elite programs into the evening with participants coming once a week for 8 weeks.

Strength and Conditioning

Over the past school year, 17 students were employed as Exercise Areas Supervisors, including 8 work study recipients. Our work study employees increased from 6 in the previous school year. With a more restricted purchasing budget and the upcoming Queen's Centre on the horizon, we made arrangements with a few equipment companies to demo their units in the exercise areas. This included the use of a treadmill, elliptical and stair-stepper from Precor and a treadmill, elliptical and strength training deck from National Fitness Products. In arranging these loans, we brought in new equipment for the current students to utilize while staying within the parameters of the budget.

Equipment repair was a major cost in the facility, as is usually the case. During the early months of 2008, treadmill use was significantly higher than past years due to the fact that the indoor track was no longer available. We went to great lengths to manage the repair and maintenance of the treadmills and other equipment during that time.

Purchases that were made during this time included a variety of equipment such as medicine balls, BOSU balls, stability balls and hand held weights. These have become high demand products in the fitness industry and we received positive comments from patrons when they were made available for use.

Looking ahead...

Campus Recreation staff are very excited about the future. Now that we have many of the organizational changes behind us, we are focused on improving our delivery of programs and services and moving into the Queen's Centre. Although there are significant challenges in the year ahead with the transition into the Queen's Centre – we firmly believe it will improve the recreational wellness of the entire Queen's Community.