# Elaboration and implementation of Family Medicine Groups: A relevant model for primary care renewal in Quebec (Canada)?

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#### **Presentation outline**

- 1. Introduction: presentation of the research project
- What are Family Medicine Groups (FMG)?
- 3. Governmental agenda, decision agenda, policy choice
- 4. Implementation
- Conclusion: analysis of the reform process and challenges

#### THE RESEARCH PROJECT

#### The research project

- Results from a research project: A Cross-Provincial Comparison of Health Care Policy Reform in Canada (H. Lazar, PI)
- 6 case studies of policy reform undertaken in 5 provinces (AB, SK, ON, QC, NFL)
- One case study on primary care reform
- Objectives:
  - Describe the policy-making process and analyze the factors that explain why it unfolded the way it did

#### **Theoretical framework**

- Theoretical framework rooted in John Kingdon's public policy work (2002, 2nd edition):
  - Governmental agenda
  - Decision agenda
  - Policy choice
- Variables:
  - Institutions
  - Interests
  - Ideas
  - External events

#### Methodology

- Data gathered through 13 semi-structured interviews with key actors and decision-makers involved in the reform process
- Interviews were transcribed, coded (NVivo) and analysed
- Analysis of relevant literature:
  - Grey and scientific literature on FMG
  - Governmental publications & reports

#### **FAMILY MEDICINE GROUPS**

### Primary health care services in Quebec

- Historically organized around two models:
  - Local community service centres (CLSCs)
  - Medical clinics
- In 2002, a third model emerged: Family Medicine Groups
  - New model for organizing primary care

#### What are FMG?

- Composed of 6-12 general practitioners (GPs)
- Working in collaboration with nurses
  - Multidisciplinary practice
- Patient registration
- Patient follow-up
- Responsibility for a population

#### **Objectives**

- Improved:
  - Access to GPs
  - Continuity and quality of care
  - Professional collaboration
- Implementation of a global approach to health
  - Improved health promotion and prevention
- Improvement of health status
- New legitimacy for the role of GPs

#### THE REFORM PROCESS

### Governmental agenda: How the problem emerged?

- Interest in primary care reform in OECD countries in 1990s
- Problems with current primary care organizational models
- Changing medical practice
- GPs and research community calls for reform

### Decision agenda: Commission of inquiry (Clair)

- Research process that resulted in the elaboration of the broad objectives and characteristics of the FMG model
- Recommendations to ensure political feasibility
- Contributed to creating a social consensus around this new model for primary care delivery

#### **Policy choice**

- Government chooses to implement the model:
  - Cover all of Quebec's population: 300 FMG to care for 20 000 patients each
- Strong political willingness to go on with the project
- Ministry of health: in charge of the operationalization of the model

### THE IMPLEMENTATION OF THE REFORM

#### **Critics**

- Many important features of the model were contested:
  - Patient registration
  - Payment plans

- No alternative models for urban regions
  - Montreal

#### **Obstacles**

- Lack of political leadership
- Some key recommendations for implementation were ignored
  - Model: open vs standardized model
  - Timing: gradual vs quick implementation
- Strategy:
  - Confrontation vs collaboration with medical associations

#### Conclusion

- FHG model has not been attractive for GPs
- Incentives not in line with objectives
  - Payment plans not supporting practices changes (ex: health promotion and prevention)
- Model organized around existing structures:
  - Impeded innovation and professional practices changes
- Overall → A reform that does not touch institutionalized core bargains with physicians
  - Payment plans
  - Medical practice's organization

## THANK YOU! QUESTIONS AND COMMENTS?