

# Behavioural Responses to Music-Evoked Autobiographical Memories (MEAMs) in Alzheimer's Disease

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#### Outline

- Project background
- What are MEAMs?
- What can we learn from MEAMs?
- Participant videos
- Exploring visible reactions to MEAMs (present work)



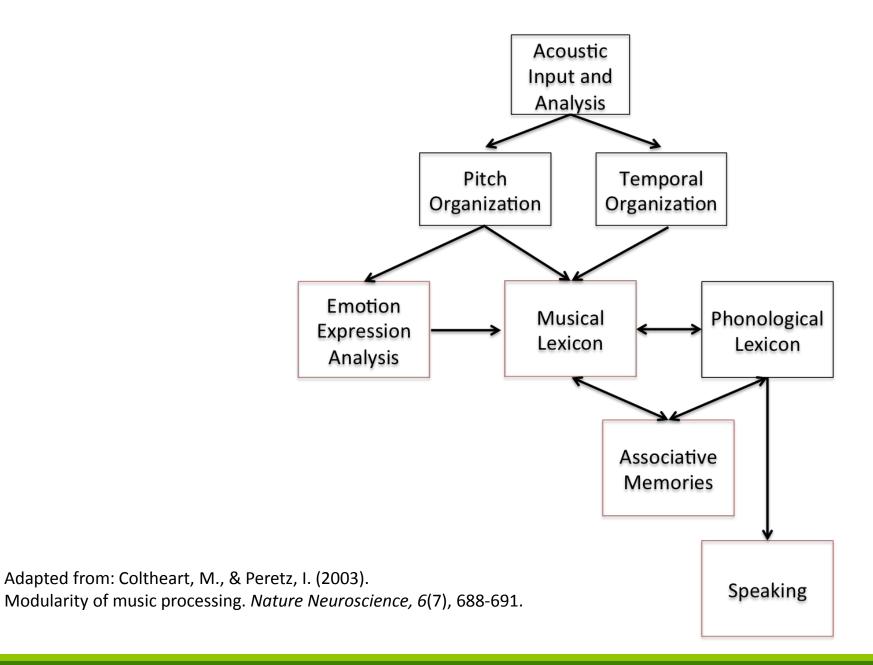
### Project Background

- In 2005, we tested a single AD participant's response to music:
  - Musical Discrimination
  - Error Recognition
- Unconventional behavioural assessment
  - Traditional measure of musical memory verbal communication
  - Highlights contrasting participant MMSE and responses
- Patient's musical memory was spared

## Music-Evoked Autobiographical Memories (MEAMs)



- MEAM = a memory from ones life derived from listening to a particular tune
- Involuntary
- Different neural networks
- Preservation of involuntary memories in AD? Accessed through music?







### Study Methods

- 20 older adult controls (OA) and 20 Alzheimer's disease (AD) participants
- Video recorded with consent
- Listened to 12 different familiar tunes, 30 seconds each
  - E.g., Bridal March, Vivaldi's Four Seasons
- Asked to describe what, if anything, came to mind following tune (e.g., memory, association)
- Rated valence of memory (scales: 0 to 3), vividness, and age



#### MEAM Investigations

#### **Prior Work:**

- 1. Are the memories episodic or semantic?
- 2. Grammatical complexity of responses (e.g., length of response, lexical analysis)
- 3. Content analysis (positivity/negativity of memories)
  - Positivity Effect

## MEAM Investigations

#### **Current Work:**

- Visible responses?
  - Musical vs social responses

#### **Tunes**

Sabre Dance In the Mood Irish Washerwoman **Boccherini's Minuet** La Raspa Sorcerer's Apprentice Chicken Dance Trepak Vivaldi's Spring Blue Danube **Bridal March** 

Beethoven's No. 5



## Scoring and Analysis

#### **Primary Reaction**

- Grouped as musical or social reactions
  - Musical Reaction engaging with a rhythmic element of the music (e.g., tapping, swaying, nodding)
  - Social Reaction NOT engaging with a rhythmic element of the music (e.g., smiling, laughing)
- Determined variety and probability



#### Results – Reactions without MEAM

- Tunes did not elicit a memory
- Variety of reactions
  - Social reactions: AD = Control (p=.666)
  - Musical reactions: AD = Control (p=.142)
- Probability of a reaction
  - Social reactions: AD = Control (p=.781)
  - Musical reactions: AD = Control ( $\rho$ =.418)



#### Results – Reactions with MEAM

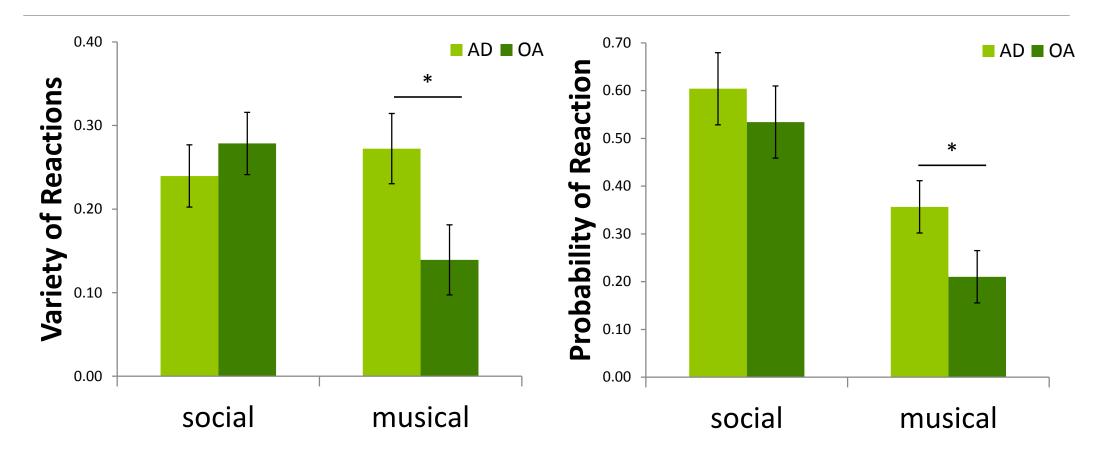
- Reactions could be due to memory and/or music
- Variety of reactions
  - Social reactions: AD = Control (p=.583)
  - Musical reactions: AD have greater variety compared to Control (p=.030)
- Probability of a reaction
  - Social reactions: AD = Control (p=.319)
  - Musical reactions: AD have **greater probability** compared to Control (p=.047)

## Take Home

Without MEAM		
	Social	Musical
Variety	AD=Control	AD=Control
Probability	AD=Control	AD=Control

With MEAM		
	Social	Musical
Variety	AD=Control	AD>Control
Probability	AD=Control	AD>Control

#### Take Home: With MEAM





## Now Asking...

- Musical Reactions and MEAMs?
- Disinhibition of behavioural regulation?
- Behavioural assessment?
- Therapeutic value?

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