JBI establishes new Cardiovascular Care node

JBI's new Cardiovascular Care node addresses the growing need for evidence-based resources in this important field of practice. Image courtesy of FreeDigitalPhotos.net
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New Cardiovascular Care node

Cardiovascular disease is a leading cause of death worldwide, and there has been a steady growth in the development of evidence for cardiovascular care globally. At the same time, there is a pressing need to make available evidence and resources in this field to meet the needs of health practitioners, specialist cardiovascular nurses, medical officers and allied health professionals.

In line with this, JBI has established a new Cardiovascular Care node as an evidence-based resource for point-of-care access to important areas defined by practitioners in this field.

Through the node, cardiovascular care evidence summaries, recommended practices and audit indicators and criteria for clinical audits on cardiovascular care will be available.

The node was developed through extensive discussions, spanning nearly a year, between JBI and Australian as well as UK experts in the field.

The Chairs of the node are Dr Felicity Astin, Professor of Nursing and Applied Health Research, University of Huddersfield/Calderdale and Huddersfield NHS Foundation Trust (British Association for Nursing in Cardiovascular Care); and Dr Jo Wu, Senior Research Fellow/Research Adviser (Brisbane campus), School of Nursing, Midwifery and Paramedicine, Australian Catholic University (Australian Cardiovascular Nursing College).

Dr Kyawt Kyawt Swe, Implementation Science Research Fellow, is the Node Administrator.

Members of the node’s Expert Reference Group are currently being recruited. Work is being done to develop the taxonomy and scope of the node as well as to establish the definition of cardiovascular care.

New Central Adelaide Local Health Network project

Following on from the successful Central Adelaide Local Health Network (CALHN) multi-site organisational wide implementation project on medication administration across Adelaide last year (led by Dr Zachary Munn, JBI Director Transfer Science, and Prof Alison Kitson, Head, School of Nursing, University of Adelaide), a new project with a focus on oral hygiene is being planned for 2015.

Alexa McArthur, Implementation Science Research Fellow, recently met with the project team, and also spent time with Adrienne Lewis from SA Dental Health, who is the Project Director of the ‘Building Better Oral Health Communities Service Planning Unit’.

Adrienne commented that the systematic review by Emeritus Alan Pearson and Jane Chalmers on ‘Oral hygiene care for adults with dementia in residential aged care facilities’, published in the International Journal of Evidence Based Healthcare in 2004, is still considered to be a seminal source of information regarding oral hygiene.
Singapore students visit JBI

Ten final year Diploma of Nursing students from the Singapore Polytechnic visited JBI on the afternoon of 14 April. They had been in Adelaide as part of an exchange program with Adelaide University’s School of Nursing for the prior three weeks.

Sandeep Moola and Alexa McArthur, Implementation Science Research Fellows, gave a presentation on JBI resources and tools, as well as on our education programs and recent research work. The students were encouraged to link in with our existing Collaborating Centres in Singapore.

Bumper Comprehensive Systematic Review Training Program

Seventeen participants gathered at the Conference Room at the JBI headquarters on the week of 4–9 May for one of the largest Comprehensive Systematic Review Training Programs the Institute has had in a while.

Run by Implementation Science Research Fellows Dr Matthew Stephenson and Dr Catalin Tufanaru, the training program covered the three modules. Participants were from Sydney, Melbourne and Adelaide, representing institutions such as the International Musculoskeletal Research Institute, the Queen Elizabeth Hospital, Monash University, Deakin University, University of Newcastle and Calvary Health Care Sydney, among others.

Paper published

‘Improving chronic diseases management through the development of an evidence-based resource’, a paper authored by Dr Hanan Khalil, Director of the Centre for Chronic Disease; Helen Chambers; Dr Zachary Munn, JBI Director Transfer Science; and Dr Kylie Porritt, JBI Implementation Science Research Fellow; was published on 28 March in the journal, Worldviews on Evidence-based Nursing.

Finalisation of new CNCF publication agreements

The Cochrane Nursing Care Field (CNCF) team has now settled the particulars of its two new publication agreements with the Journal of Midwifery and the Journal of Health Science. All content for Cochrane Corners will be written in traditional Chinese/Taiwanese for Taiwan nurses and midwives, with our ‘Cochrane Corners’ estimated to reach 800 additional readers, who might not otherwise have been privy to our quality evidence summaries. The CNCF continues to maintain a strong focus on presenting information that is accessible and relevant to the field of nursing.

The CNCF has undoubtedly been an active field supporter to Cochrane in its role in providing a platform for the dissemination of evidence in nursing care, and increasing the use of the Cochrane Library by nurses and other associated health professionals.
JBI supports AllTrials

JBI is supporting the AllTrials campaign, and the Institute’s logo has been added to the AllTrials campaign website.

AllTrials is an initiative of Bad Science, BMJ, Centre for Evidence-based Medicine, Cochrane Collaboration, James Lind Initiative, PLOS and Sense About Science and is being led in the US by Dartmouth’s Geisel School of Medicine and the Dartmouth Institute for Health Policy and Clinical Practice. The AllTrials petition has been signed by 84,008 people and 562 organisations.

Is the review summary sufficient?

The Cochrane Collaboration has recently conducted a study into whether readers can understand key messages within an evidence summary without having to read the full review, and if there are differences in understanding between various types of summaries.

A randomised experiment was conducted by Cochrane of a review summary which compared understanding of key outcomes to the original review.

The Cochrane Review examined the health impact of the use of electric fans during heat waves. Participants were asked their expectation of the effect these would have on mortality. They were then randomly assigned a summary of the review (i.e. abstract, plain language summary, podcast or podcast transcription) and asked to spend a short time reading/listening to the summary. After this they were again asked about the effects of electric fans on mortality and to indicate if they would want to read the full review. Just over half (53%) of the participants identified its key message on mortality after engaging with the summary. The figures were 33% for the abstract group, 50% for both the plain language and transcript groups and 78% for the podcast group.

The differences between the groups were not statistically significant, but suggest that the audio summary might improve knowledge transfer compared to written summaries. These findings will be explored further using a larger sample size and many other review summaries. The Cochrane Nursing Care Field will continue to monitor and report on the outcome of this research.

Human resources update

Lucylynn Lizarondo commenced with JBI on Monday 20 April joining the Implementation Science Team.

She was previously working as a research fellow at the International Centre for Allied Health Evidence (ICAHE), University of South Australia. Lucylynn is a physiotherapist, and has postgraduate degrees in physiotherapy and psychology. She completed her PhD in Health Sciences at University of South Australia in 2013.

Frances Cricelli has left JBI to take up the position of Administration Manager at Riding for the Disabled, the second largest volunteer organisation in Australia. Frances had been a member of the JBI family for many years and had significant organisational knowledge.

Dr Sarahlouise White, Implementation Science Research Fellow, has left JBI after seven years with the institute. She is heading off to Flinders University where she will be taking on a teaching position in the School of Health Sciences, Speech Pathology and Audiology.
Evidence-Based Clinical Fellowship Program

Learn about clinical leadership and how to implement evidence in practice to improve patient outcomes.

The Evidence-Based Clinical Fellowship Program is a six-month workplace, evidence-based, implementation program involving two five-day intensive training workshops in the Joanna Briggs Institute, and a workplace evidence implementation project in the intervening months. Dates for 2015 are now available:

March intake
Week 2: 17–21 August

May intake
Week 1: 11–15 May
Week 2: 12–16 October
Enrol by 10 April

June intake
Week 1: 15–19 June
Week 2: 16–20 November
Enrol by 1 May

Clinical Leadership Program

The Clinical Leadership Program is open to all clinical leaders and leaders-to-be in all healthcare disciplines. Dates for 2015 are now available for this one-day program delivered by Proteus Leadership:

May intake
Tuesday 12 May
Enrol by 10 April

June intake
Tuesday 16 June
Enrol by 1 May

July intake
Tuesday 7 July
Enrol by 22 May

For information on these two programs and to enrol contact jbieducation@adelaide.edu.au.

Comprehensive Systematic Review Full Training Program (Modules 1, 2 and 3)

Five days
Learn how to conduct reviews using qualitative and quantitative data.

Program dates for 2015:
20–24 July
7–11 September

For information and to enrol contact jbieducation@adelaide.edu.au

CSR Module 1: Introduction to Evidence-Based Healthcare and the Systematic Review of Evidence

One day (Mandatory pre-requisite for Modules 2 and 3)

Program dates for 2015:
20 July
7 September
CSR Module 2: The Systematic Review of Quantitative Data from Experimental and Non-experimental Studies

Two days
Program dates for 2015:
21–22 July
8–9 September

CSR Module 3: The Systematic Review of Evidence Generated by Qualitative Research, Narrative and Text

Two days
Program dates for 2015:
23–24 July
10–11 September

2015 JBI International Methodology Symposium

The 2015 JBI International Methodology Symposium will be held from 3–4 September 2015 at the Crowne Plaza Adelaide.

The symposium will focus on the unique approaches developed by JBI and its Collaboration to evidence synthesis and implementation. Aimed at the evidence-based healthcare enthusiast and methodologist, it is a must for anyone interested in the varied approaches to conducting systematic reviews across the broad spectrum of methodologies, including, but not limited to, effectiveness, diagnosis, mixed-methods and qualitative review.

Submit an abstract and register now.

UCSF Center for Evidence-Based Patient and Family Care: an Affiliate Centre of the Joanna Briggs Institute

Comprehensive Systematic Review Training Program for 2015
4–8 May
8–12 June
10–14 August
14–18 September
26–30 October

View the flyer for further information and registration.

Czech Republic (Middle European) Centre for Evidence-Based Health Care

Five day workshop
Dates: 1–5 June 2015, 7–11 September 2015
Cost: 1050 EUR
Venue: Palacký University Olomouc, Faculty of Medicine and Dentistry, Hněvotínská 3, 775 15 Olomouc, Czech Republic

This training program is designed to prepare researchers and clinicians to develop, conduct and report comprehensive systematic reviews of evidence using the Joanna Briggs Institute SUMARI software.

These Modules are titled as follows:

Module 1: Introduction to Evidence Based Health Care and the Systematic Review of Evidence (day 1)

Module 2: The appraisal, extraction and pooling of quantitative data from experimental, non-experimental, diagnostic and prognostic studies (days 2-3)

Module 3: The appraisal, extraction and pooling of qualitative data from qualitative studies, narrative and text from opinion papers (days 4-5)
View the flyer below for further information and registration details:

**CSRTP Flyer.pdf**

The Czech Republic Centre for Evidence-Based Health Care website

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**The Queen’s Joanna Briggs Collaboration CSRT**

**Kingston, Ontario, Canada**

6–10 July 2015

The Queen’s Joanna Briggs Collaboration hosts an annual one-week, comprehensive systematic review training [CSRT] workshop featuring the Joanna Briggs Institute methodology.

The comprehensive, five-day program is designed to prepare health sciences researchers, clinicians, librarians, graduate students and other individuals involved in quality and practice portfolios to develop, conduct and report systematic reviews of evidence. The theme used to illustrate the methodology is patient safety.

See the [Queen’s Joanna Briggs Collaboration website](#) for full details.

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**Portugal Centre for Evidence Based Practice CSRTP**

**Nursing School of Coimbra, Portugal**

6–10 July 2015

Modules 1, 2 and 3 – accredited by the Joanna Briggs Institute

The JBI Comprehensive Systematic Review Training Program (CSRTP) is designed to prepare researchers and clinicians to develop, conduct and report comprehensive systematic reviews of evidence using the JBI-System for the Unified Management, Assessment and Review of Information (SUMARI).

For any questions or additional information please contact:

Telephone: +351 239 487 217
E-mail: jbiporto@esenfc.pt

See the [flyer](#) for further details.

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**Summer Institute for Comprehensive Systematic Review**

**Examining Quantitative and Qualitative Evidence in Health Care**

**CSRTP** at the Northern Institute for Evidence Synthesis and Translation (NEST)

13–17 July 2015 in Newark, New Jersey, USA

See the [flyer](#) for further details.

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**The Queensland Centre for Evidence Based Nursing and Midwifery CSRTP**

**Dates:** 14–16 July 2015

**Venue:** Mater Health Services in South Brisbane, Australia.

The Queensland Centre for Evidence Based Nursing and Midwifery will be conducting Modules 001-002 of the JBI Comprehensive Systematic Review Training

These Modules are titled as follows:
Module 1: Introduction to Evidence Based Health Care and the Systematic Review of Evidence (1 day)
Module 2: Module 0002: The Appraisal, Extraction and Pooling of Quantitative Data for Reviews of Effects (2 days)
Please register early as places are limited.
View the flyer for further information and registration details.

UCSF Centre for Evidence-Based Patient and Family Care

Clinical Fellowship Program
Week 1: 12–16 October 2015
Week 2: 12–18 March 2016
View the flyer for further information and registration.

3rd NUS-NUH International Nursing Conference and 20th Joint Singapore-Malaysia Nursing Conference

Transforming nursing education and practice in meeting the future needs of the community
18–20 November 2015, Singapore
Call for abstracts: 17 July, 2015
See flyer and website for more information.
Introducing JBI’s Model of Evidence-Based Practice to a new audience

Wolters Kluwer Health, Learning and Practice Chief Nurse, Dr Anne Dabrow Woods, presented ‘Implementing evidence into practice: better evidence for better outcomes’ at the 11th Annual Healthstream Summit in Nashville, Tennessee, USA, held from 29 April to 1 May.

The Healthstream Summit is attended by over 600 senior healthcare professionals from the largest health systems in the US, representing more than 4.1 million healthcare professionals. Their institutions use Healthstream’s software-as-a-service (SaaS) solutions for training and learning management, talent management, performance assessment, credentialing, and managing simulation-based training programs.

Healthstream’s clinical CE library for Nurses, Allied Health and Pharmacy includes over 1800 CE courses and 40 specialty certification prep programs, including expert Lippincott content from Wolters Kluwer. We also partner with

Dr Dabrow introduced the audience to JBI’s model of evidence as the most straightforward and accessible path to put evidence into practice. She has also published an article on ‘Implementing evidence in practice’, in their magazine and has presented to their salesforce over the last few months, ensuring more visibility and awareness of JBI resources to improve patient care to healthcare professionals in the US.
Centre changes

BEST: Bureau d’Echange des Savoirs pour des pratiques exemplaires de soins (Switzerland)

The Joanna Briggs Institute farewells Dr Sandrine Ding who is retiring as Director of BEST: Bureau d’Echange des Savoirs pour des pratiques exemplaires de soins (Switzerland), and welcomes Dr Béatrice Perrenoud who is stepping up from Deputy Director to take on the Directorship of BEST.

53rd face-to-face Committee of Directors meeting

31 August – 2 September 2015, Freemasons Great Hall Adelaide

All Directors have now been sent the details for travel to Adelaide. We encourage you to book your flights as soon as possible as JBI will only reimburse the maximum quoted amount, with any difference being paid by the centre. Please email your supporting documentation for reimbursement to Adriana Turner.

Directors from low and lower middle income countries have also been sent their flight information. Please note that if the required documentation to book your flight is not received by the 11 May 2015, you will be required to book your own flight as per the procedures above. Please send your travel booking forms to Adriana Turner.

A reminder to any centres requiring visa letters for travel to Australia to email Adriana Turner with a request adriana.turner@adelaide.edu.au.

Joanna Briggs Institute International Methodology Symposium

3–4 September 2015, Crowne Plaza Adelaide

The symposium website with full details, including sessions, speakers, call for papers, registration details, accommodation options, etc. is now live.

A reminder that all Directors and other core staff already attending the Committee of Director’s meeting still need to register and pay for the International Methodology Symposium, as it is a separate event to the 53rd CoD.

Directors do not need to register for the Pre-Symposium Workshop, being held at the Freemasons Hall on the 2nd of September, as this is part of the 53rd CoD meeting, with the last 2 sessions – PACES and SUMARI presentations – being open sessions. Anyone not already attending the CoD meeting must register for these sessions as there is limited seating.

Accommodation

JBI has arranged special accommodation rates at two hotels for Directors, core staff and students attending the 53rd Committee of Director’s meeting and the JBI Methodology Symposium. There is limited availability, so we urge attendees to book promptly to secure these rates.

The Crowne Plaza Adelaide and the Ibis Hotel Adelaide are within walking distance to both events.

Further details on how to access special rates
Or email ibc@adelaide.edu.au.
Higher degree graduations

On Wednesday 29 April the following students of the School of Translational Health Science took part in the University of Adelaide Graduating Ceremony and received their parchments:

- Heather Glaser – Master of Clinical Science
- May Thwin – Master of Clinical Science
- Peter Stroud – Master of Clinical Science
- Deb Norton-Westwood – Doctor of Philosophy
- David Larkin – Doctor of Philosophy

Postgraduate Coordinator Associate Professor Craig Lockwood writes:

‘Graduation, it’s that day when you can definitively say “I have finished”, you have the parchment (and funny looking hat) to prove it! I am proud to see each JBI student walk across stage and receive their parchment, but as a supervisor, it’s special when that person walking across stage to greet the Vice Chancellor is someone you worked with over a two-year period, came to know, and had the privilege of sharing in their life during that time. For me, it’s a great pleasure and privilege to be a supervisor.

‘This graduation ceremony saw Heather Glaser cross the stage. Dr Karolina Lisy and I supervised Heather, who approached her study with intellectual openness, a willingness to accept challenges and confront the unknown and uncertain. Learning by doing, meeting with Karolina and I on a regular basis, Heather was a familiar face in JBI, who by the end of her study had clearly grown in confidence, in her understanding of the knowledge base for her topic area, and was professionally linked to individuals and associations internationally. A friendly and personable student, Heather contributed to the School via seminars, participation in research schools and a pragmatic willingness to take on the Master of Clinical Science requirements!

‘May Thwin was undertaking a surgical rotation through Dr David David’s Craniofacial unit when she enrolled in the Master of Clinical Science. Despite the significant pressure of surgical rotations, May took on a topic with a very large number of included studies that required complex planning for data extraction and analysis. May did this with such a positive attitude and determination to keep the focus on her clinically driven question. May’s overall approach to study was an infectious high energy positivity that encouraged all around her. Although not a
direct supervisor of May (Tim Schultz and Professor Anderson had the privilege), I got the sense that in taking on her review topic, May understood what JBI stood for, and will continue to be an active contributor in evidence-based healthcare for years to come. Sydney is benefiting from her move there, but many friends were made during May’s candidature and I’m confident we will all be hearing more from her in the future!

‘Peter Stroud also crossed the stage during graduation ceremony. His topic on rural men’s access to health services has become a talking point both nationally and internationally from his presentations at conferences both here and abroad. Peter also managed to find time to get married during his candidature – impressive multi-tasking, Peter! The question Peter took on was close to his heart and professional practice as a psychologist. It was a difficult question to answer, and Peter brought his highly personable approach to life in to his study, making supervision an enjoyable experience, with wide ranging conversations, some good wine recommendations, and detailed discussions of the pragmatic issues facing rural men who need help. Through the course of his study Peter became a proficient systematic reviewer, learned to solve IT problems, create posters, and install CReMS! Seeing Peter cross the stage gave me a wonderful sense of achievement and completion as a supervisor, one I hope to keep sharing with each JBI graduate.

‘Of course, it’s not simply a completion of a piece of work. Our students are a part of JBI, and we are always interested in the next step each student takes, where it leads to, what doors it opens, and where life takes you. The parchment you now put on the wall, and your memories and experiences in JBI are contributions to your life, and reminders of your contribution to ours also.’

‘David Larkin was one of JBI’s higher degree students to qualify for their PhD and attend the graduation ceremony. David’s thesis focussed on non-pharmacological interventions for the management of cancer related fatigue in men with prostate cancer, a large part of which involved recruiting men from clinics in the ACT and completing two pilot randomised controlled trials investigating energy conservation and management. David presented his important work at multiple national and international conferences during the course of his studies and received both school and national awards to attend. David works as a cancer nurse specialist and his PhD study was closely aligned with his personal and career interest in men’s health. He is now expanding that interest and passion to include further research projects and also supervising PhD students of his own! We wish David all the best!

‘Deborah Norton-Westwood was another PhD Graduate for JBI. In her professional life, Deb is the Manager of Evidence-Based Healthcare at the Family Centred Services, Nursing Branch Sidra Medical and Research Centre, Doha Qatar. She has been an exceptional student, submitting her thesis on “The adolescent’s hospital experience: preferences for environmental design”. The aim of the study was to identify the key aspects of the hospital built environment that contribute to either a positive or negative hospital experience for the adolescent population. Utilising an
Words of inspiration for our continuing HDR students

In his celebrated graduation speech, Steve Jobs reminds us that in life, there is really nothing we have to lose, because we were born with nothing to begin with. When it comes to the time of our passing, what we consider important then will be very different to what we are feeling now. We all need to be aware of our own mortality and be sure we are living true to today. As stated so eloquently by Steve Jobs, ‘Don’t live your life in regret, because life is not meant to be lived in regret. It’s meant to be lived in passion, with love, with fire, conviction and purpose. Don’t ever settle for what you don’t want; keep fighting for what you believe in.’

We take this opportunity to acknowledge the hard work and commitment of our graduating students and hope their achievements inspire our continuing students as they progress towards degree completion.

‘Remembering you’re going to die is the best way I know to avoid the trap of thinking you have something to lose. You are already naked. There is no reason not to follow your heart.’

~ Steve Jobs

3 Minute Thesis Competition

The 3 Minute Thesis Competition is being held again in 2015 and registrations are now open! This competition is a skills development activity offered by the university that challenges HDR students to explain their research project to a non-specialist audience in just three minutes. Students who are actively enrolled in a PhD or Masters by Research program (including thesis under submission) at the University of Adelaide will be eligible to participate in the competition. Competitors must also have completed their Major Review. Graduates are not eligible.

The first 3MT was held at UQ in 2008 with 160 RHD students competing. In 2009 and 2010 the 3MT competition was promoted to other Australian and New Zealand universities and enthusiasm for
the concept grew. Due to its adoption in numerous universities, a multi-national event was developed, and the Inaugural Trans-Tasman 3MT competition was held at UQ in 2010. Since 2011, the popularity of the competition has increased and 3MT competitions are now held in over 200 universities across more than 18 countries worldwide. In November 2013, the first Universities 21 (U21) 3MT competition was held with several universities from around the world competing in a virtual competition.

More information

School blog

Don’t forget to visit the School of Translational Health Science blog to read the latest news, events and important information. Note that the blog does not replace the current HDR Facebook page, which is a ‘closed group’ to active students and supervisors.

Feb 2015 HDR intake commencing Academic Panel

As our new students’ progress with the searching phase of their work, the HDR team are busy scheduling their academic panels. This is the first critical appraisal students will face and establishes how they are progressing in their candidature. Our school expends considerable time and effort securing suitably qualified academics and/or professionals to participate in the panel process and provide topic-related inquiry. Depending on the performance of the student, the panel members may recommend a certain course of action and strategies to ensure the student is able to progress at a rate that will allow completion within the candidature timeframe. At the panel session, the student is given the opportunity to present their protocol and is required to satisfy any questions of the attending panel members.

Once our new students have satisfied the requirements of their panel assessment, their core component work will be submitted to the Graduate Centre in satisfaction of this first major milestone. We offer support to our new cohort as they prepare for this verbal assessment.
A word from the President

Hello my fellow fellows

As you are all aware, JBI is currently reviewing their Strategic Plan and as agreed (at the International Symposium in Singapore in November last year), it is important to involve all clinical fellows in the development and planning of Strategic Review.

Katherine Trowbridge and Garumma Tolu Feyissa have been elected as your clinical fellows representatives in this important process.

A big thank you to clinical fellows who provided feedback. All feedback received to date has been included.

In regards to new ideas for the Alumni members we also need to have more fellows engage in the LinkedIn members section of the JBI Stakeholders Group, so please click through and join the group.

I am also seeking feedback on what discounts, vouchers and add-ons we can organise so that Alumni members can receive them when they are in Adelaide attending JBI events or visiting your local area. Suggestions are welcomed. One suggestion is discounts for Alumni access to Ovid tools.

The year is well underway and the new clinical fellowship programs are up and running. Please keep up to date with the correspondence from JBI so that we as fellows can pass them on to potential new fellows.

I myself have finally entered examination period for my PhD and eagerly await the next process. For all ongoing fellows and HDR students, my advice is; keep going forward and dedicate time to finish this milestone in your life. I encourage all JBI clinical fellows to consider HDR study in the future to assist with translating science into best practice.

Drew Dwyer

Alumni Breakfast

It will soon be time for breakfast!

The Alumni Breakfast will be held on Friday 4 September 2015 at 7:30am as a part of the JBI International Methodology Symposium.

Please take a minute to go to the Symposium site to register and see program details. Registration closes on Friday, 24 July 2015. We hope to see many of you there.