COME TO ACTIVITIES! Activities are a great way to improve your English while having fun & meeting people!

😊 Don’t forget your Activity Passports 😊

**MAKE NEW FRIENDS, BE INVOLVED, AND PRACTICE YOUR ENGLISH!!**

**IMPORTANT DATES:**

Jan 11: First day of classes!

Jan 15: Deadline to sign up for a conversation partner (CPP)

Jan 15 & 22: All School Meetings (ASM) ~ All students must attend

**ACTIVITY CALENDARS**

* Every month you will receive a new activity calendar!
* Calendars can also be found on our web site: www.queensu.ca/qsoe
* Every week you will receive a What’s Going On (WGO) email reminding you of upcoming activities and important reminders!

### January

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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</thead>
<tbody>
<tr>
<td>Even though you will be busy with school work, remember that socio-cultural activities are a great way to improve your English Skills!</td>
<td><strong>WELCOME TO QSOE!</strong></td>
<td>12 pm Welcome Meeting * A343</td>
<td>1-2:30 pm Downtown Tour &amp; Coffee Talk * Stauffer Library <strong>All Monitors</strong></td>
<td>1:3 pm Bowling * West-Student Street Ryan &amp; Vicky</td>
<td>11:30-12:15 pm All School Meeting * A343</td>
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<tr>
<td><strong>Classes Begin</strong></td>
<td><strong>4:5:30 pm Pictionary</strong> * A343 Alyssa &amp; Vicky</td>
<td>4:5:30 pm ABC Scavenger Hunt * A343 Alicia &amp; Ryan</td>
<td>11:30-12:15 pm All School Meeting * A343</td>
<td>1:3 pm Pool (Billiards) * Stauffer Library Alicia &amp; Vicky</td>
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<tr>
<td><strong>4-5:15 pm</strong></td>
<td><strong>Casual Rec: Volleyball</strong> * ARC- Main Gym Ryan</td>
<td>4:5:30 pm Idiom Balderdash * A343 Alyssa &amp; Vicky</td>
<td>4:5:30 pm Scattegories * A343 Alicia &amp; Ryan</td>
<td>1-2:30 pm Coffee Talk * Stauffer Library Alicia &amp; Ryan</td>
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<tr>
<td><strong>11:30-1 pm</strong></td>
<td><strong>Dodgeball</strong> * West Campus Gym Ryan</td>
<td><strong>4-6 pm</strong></td>
<td><strong>4:5:30 pm</strong></td>
<td><strong>1-2:30 pm</strong></td>
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### Conversation Partner Program

Interested in joining a small conversation group?

If you are willing to **commit to one hour a week**, sign up **before January 15, 2016**!

* Application forms will be ready the first week of classes and can be picked up from your teacher or the QSoE office.
Meet the QSoE Team

Our job is to ensure that you have an amazing stay in Kingston. We have organized many activities for you to join during your winter session.

Socio Cultural Program Monitors

Alicia

Ryan

Vicky

Alyssa

Returning Student Contacts

If you feel a little nervous or uncomfortable about your new surroundings we have experienced students who are here to help with your questions or concerns.

Alex
15arb2@queensu.ca

Yilin
15yw36@queensu.ca

Shengyi
14sq12@queensu.ca

Congwei
14cc66@queensu.ca

Jack
14zq4@queensu.ca

Moha
14ma44@queensu.ca

Community Events

There are many opportunities to get involved in the community and we encourage you to do so. Check out the web sites below and if you are interested in any of their activities or trips, contact them directly.

QUIC: http://quic.queensu.ca/events/
- The International Centre is offering a day trip to Ottawa on February 6. Sign up at the QUIC office.

ARC: http://rec.gogaelsgo.com/
- Queen’s Athletic & Recreation Centre offers a wide variety of fitness opportunities, including casual recreation times that are ideal for meeting other Queen's students.

Sepp’s Ski Shop: http://www.sepps.ca/
- Bus trips every Sunday to Calabogie Peaks Resort (7am-7pm). You can rent skis at Sepp’s or at the resort.

McCoy Bus Service: http://gomccoy.com/
- McCoy is a local tour company that offers a variety of trips that are affordable AND provide deluxe coach transportation.

Enjoying Winter

- Stay Healthy
  - Eat well & drink lots of water
  - Get fresh air & sunshine

- Stay Safe
  - Walk carefully & don’t rush
  - Stay on the sidewalk & off the roads

- Be Warm
  - Dress in layers & keep skin covered

- Have Fun
  - Keep active (indoors or out)
  - Try new winter activities