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# The Pulse

July 2023 Undergraduate Newsletter from Student Affairs

*We're here to help! [Explore student services and resources](#)*

## Dates & Deadlines

**July 10** | Last day to [add](#) July–August courses

**July 10** | Last day to [drop](#) July–August courses for a [full refund](#)

**July 10** | Deadline to [apply for July–August exam accommodations](#)

**July 17** | You can start adding 2023–24 courses to your [SOLUS shopping cart](#)

**July 17** | Check SOLUS for your [course enrolment appointment date/time](#)

**July 21–31** | [Enrolment appointments](#) for 2023–24 [courses](#)

**July 31** | Last day to [drop](#) July–August courses without academic penalty

**July 31** | 2023–24 course enrolment closes (temporarily)

**August 2–6** | Course enrolment resumes – some restrictions lifted

**August 21** | Open course enrolment begins

## Event & Workshop Highlights

July 5, 12, 19, 26 | [Summer Drumming Circle at Four Directions \(4D\)](#), 1–2 pm

July 6 | [2SLGBTQ+ Community Gathering at Yellow House](#), 2:30–5 pm

July 7, 14, 21, 28 | [Gathering of Remembrance](#) with Imam Abdullah El-Asmar, 7–9 pm

July 10, 11, 18, 24, 25 | [Intercultural Awareness Certificate](#) sessions, 2:30–4:30 pm

July 18 & 25 | [Drop-in Summer Beading Circle at 4D](#), 1–3 pm

July 27 | Student Academic Success Services (SASS) [Summer Exam Prep Online Workshop](#), 1–2 pm

Check out the [EDII Student Events Calendar](#) for equity-deserving students and/or allies. [Promote your EDII event on the calendar!](#)

## Registrar & Financial Aid Info

### 2023–24 Course Enrolment

- Make sure to pay any remaining balance in your SOLUS account. **You will not be able to enrol in courses until outstanding payments to the university have been made.**
- Review the [2023–24 Student Registration Guide](#) for details about course enrolment, tuition/fee payments, key dates, and more!

### Financial Aid

Apply for financial aid early this summer so your funding is in place for fall!

- Apply for [2023-24 OSAP](#).
  - [Do not report](#) scholarships, bursaries, or awards you are receiving from Queen's on your application.
- Apply for [other provincial/territorial](#) student financial aid.
- [Learn about all your financial aid options](#):
  - The 2023-24 [General Bursary](#) application opens in September.
  - Book an in-person or online [financial advising](#) appointment.

## In SOLUS

- Start checking your SOLUS "To-Do" list (top right of the screen)
- Learn how to get your summer term [student ID card and/or validation sticker](#).
- Download your [Verification of Enrolment](#) to withdraw RESP funds.
- Make sure your [contact information is up-to-date](#).

# Learn, Work, Live

## Academic Supports

- [SASS](#) is delivering [online workshops](#) and offering one-on-one writing and academic skills appointments, in-person or online, all summer!

- If you need class or exam accommodations related to a disability, register with [Queen's Student Accessibility Services \(QSAS\)](#).
- Find info about dates and documents needed to set up accommodations in the [QSAS Intake Guide](#).
- [Summer exam accommodations](#) need to be confirmed through [Ventus](#).
- If extenuating circumstances are impacting your academics, find out how to request [academic consideration](#).
  - Need help navigating the process?  
Contact [supportservices@queensu.ca](mailto:supportservices@queensu.ca).

## Connect

- [Yellow House](#) is open all summer, offering a safe space for students who identify as Queer, Trans, Black, Indigenous, and/or as People of Colour (QTBIPOC).
- 4D is [open all summer with extended hours](#) on July 13 and 27.
  - Indigenous students can access laundry services, a full kitchen, TV with streaming, and study spaces.
- Drop into the [Queen's University International Centre \(QUIC\)](#) for a quiet space to study, lounge, or use their kitchen. All students are welcome!

## Volunteer and Work Opportunities

- [Volunteers needed!](#) Help students move into Residence on Sat., Sept. 2.
  - You'll get exclusive Queen's merch and a free lunch!
- [The Campus Observation Room \(COR\) is recruiting volunteers](#) for 2023–24. Apply by July 16.
- Looking for a job? [Log into MyCareer](#) to search current postings.

- You have access up to one year after graduation.
- [Book an appointment](#) for resume, cover letter, and career advice.
- Finished second or third year? Build job-ready skills with 12–16 month paid positions through the [Queen's Undergraduate Internship Program \(QUIP\)](#).
  - Register now for September 2023, or January and May 2024 start dates.
- Learn from the career paths of Queen's alumni with [Alumni Roadmaps](#).
- [Follow](#) Career Services for summer workshop and event info.
- Starting your last year? Apply this fall to receive up to \$40,000 for a community-based project after you graduate through the [Pathy Fellowship](#). The next online info session is July 12!

## Health and Wellness

- [Student Wellness Services \(SWS\)](#) is open Mon. to Fri., 9 am–4:30 pm
  - Follow SWS on Instagram and Facebook at their new handle [@queensustudentwellness](#) for wellness-related info and updates.
  - [Book an online or in-person appointment](#) with a Peer Wellness Coach who can help you move, eat, and sleep better!
- Stay active at [the ARC](#)!
  - Find our [summer hours](#)!
  - The pool is scheduled to reopen on July 8 with an [upgraded look and layout](#)!
- [Spaces for prayer, meditation, and reflection](#) on campus are available all summer.

- Access [mental health](#) and [24/7 crisis resources](#), including [Console](#).
- [Stories of Hope](#) is a student-led initiative to reduce mental health stigma and promote community on campus.
  - [Submit your story](#).
- Queen's [Sexual Violence Prevention and Response Services \(SVPRS\)](#) continues to be your point of contact for resources, options, referrals, and reporting throughout the summer.

## This Summer

- Find [places to eat on campus](#) and [when locations are open](#).
- If you paid your 2022–23 Student Activity Fees, you can keep [riding Kingston Transit for free](#) with your student ID card and [validation sticker](#).
- Queen's offers overnight summer accommodations in [Endaayaan – Tkanónsote Residence](#), and the [Donald Gordon Hotel & Conference Centre](#) for visitors!
- Living off-campus in September? Check out these [housing resources and supports](#) from the [Off-Campus Living Advisor](#).

[Explore food access resources.](#)

Student Affairs offices, advisors, centres, study spaces, and staff are available all summer, ready to listen, refer, empower, and support you to find the

answers you need.

Not sure who to contact?

Email [studentaffairs@queensu.ca](mailto:studentaffairs@queensu.ca). We're here to help!

Check out our websites below!



[Student Affairs](#)

[Athletics and Recreation \(A&R\)](#)

[Ban Righ Centre](#)

[Career Services and Experiential Learning](#)

[Community Housing](#)

[Four Directions Indigenous Student Centre](#)

[Food Services](#)

[Off-Campus Living Advisor](#)

[Office of Faith and Spiritual Life](#)

[Office of the University Registrar \(OUR\)](#)

[Queen's University International Centre \(QUIC\)](#)

[Residence Life and Services](#)

[Student Academic Success Services \(SASS\)](#)

[Student Community Relations](#)

[Student Conduct Office](#)

[Student Experience Office](#)

[Student Wellness Services \(SWS\)](#)

[Yellow House Student Centre for Equity and Inclusion](#)

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