



## Campus Observation Room

### Goal

The Campus Observation Room (COR) is an integral part of the Queen's University initiative to reduce the negative outcomes associated with excessive alcohol use. Its primary goal is to reduce the risk of alcohol related injury or death through observation of intoxicated individuals using established protocols.

### COR Volunteer Responsibilities

The greatest risks to an intoxicated individual's safety and well-being are choking on vomit, falling and sustaining an injury or, in extreme circumstances, going into respiratory arrest. COR volunteers help prevent tragic events by monitoring intoxicated students, providing support and getting additional medical support when the situation warrants.

Under the direction of a trained detox worker from Hotel Dieu Hospital Detox Centre, volunteers assess and monitor intoxicated individuals to ensure their safety. Training is provided and volunteers are encouraged to assist the detox workers or take the lead as they feel comfortable.

COR opens from 8pm, 9pm or 10pm until 7am the following morning during Orientation Week and on Friday and Saturday nights throughout the fall term. It is also open a few times in the winter term. Volunteers sign up for shifts, 4 - 6 hours in length, as fits with their schedules.

All volunteers are required to attend training in Orientation Week, and to work for 8 shifts (at least 4 regular shifts and up to 4 on-call shifts) throughout the year, including working at least one shift during Homecoming weekend. Throughout the year, especially during Orientation Week, volunteers are involved with activities that help promote and educate students about the service COR offers and safe alcohol consumption. Participation in at least 10 hours of educational outreach is expected of volunteers.

COR plays an important safety role during busy times, such as Orientation week, Homecoming, Halloween and St. Patrick's Day. Volunteers are expected to be available for at least one shift during Homecoming and one or two of the other peak times.

## **Harm Reduction Philosophy**

Staff and volunteers take a non-judgemental approach to those who need observation. Volunteers take a harm reduction approach to all alcohol education – we promote safety and smart choices, not abstinence.

### **Qualifications:**

- Current Queen's University student and eligible to return to Queen's University in 2018-19.
- An appreciation of common health concerns faced by post-secondary students.
- An interest in harm reduction and alcohol misuse or a willingness to learn more about these areas.
- Be self-directed and able to take initiative to solve problems.
- Be able to work on a team with diverse professionals, and take direction as required.
- Strong communication skills, including the ability to communicate in challenging situations.
- Presentation skills to deliver information about COR to small groups during outreach events.
- Technical skills to prepare health communication materials (posters, etc.) would be considered an asset
- Be able to sign and uphold the Student Wellness Services confidentiality agreement.
- Be available to complete at least 8 shifts in COR (4 in-person and 4 on-call) and support COR outreach and education (approx. 10 hours)
- Be available for at least one shift during Homecoming weekend
- Be available to volunteer for at least one of the following: Halloween, Orientation Week, St. Patrick's Day.

### **In addition, they should have the following professional skills:**

- Be self-directed, work independently, and be able to solve problems.
- Possess excellent interpersonal skills.
- Be able to work on a team with diverse professionals (e.g. student leaders, SWS staff, Student Affairs partners)
- Be able to set work priorities to meet deadlines.
- Possess excellent organizational skills.

### **Training Requirements:**

#### **COR volunteers are required to complete the following training sessions:**

- Online Queen's University Accessibility Training Suite (AODA)
- Full day Queen's Peer Programs training day (March 2018)
- Full day COR training in September 2018
- Volunteers must have or acquire valid CPR A certification. An opportunity to attend CPR A free of cost will be made available to all successful applicants.

## HOW TO APPLY

Please email a cover letter and resume directly to [bewell@queensu.ca](mailto:bewell@queensu.ca) by the application deadline. Please include in your cover letter a brief statement on **why you are interested in being a COR volunteer.**

\*\*We highly recommend applicants take advantage of the resume review sessions offered by Career Services: <http://careers.queensu.ca/students/services-students/appointments/resume-review>

If you have any further questions about volunteering with COR you are welcome to contact the 2017-18 COR Student Team Leaders Michael & Tess at [corqueens@gmail.com](mailto:corqueens@gmail.com) or the Health Promotion Coordinator at [healthed@queensu.ca](mailto:healthed@queensu.ca). **You can also attend the drop-in volunteer information Session, Friday Feb. 9th in the Sutherland Room between 1:30-3:30pm.**