**WHAT ... is Start-UP?**

**Start-UP** is a program designed for students with disabilities transitioning from high school to university –

- What do I need to know once I arrive on campus?
- Where do I go for help with course selection?
- How can I make the most of my first year?
- What kind of adaptive technology is available?
- What other resources are available on campus?
- How do I meet other students with disabilities?

**WHO ... is eligible?**

Students with *all* types of disabilities are eligible for participation in Start-UP:

- Medical conditions
- Mental health disabilities
- Physical disabilities
- Vision or hearing loss
- Concussions
- Learning disabilities
- Attention-deficit hyperactivity (ADHD)
- Autism spectrum disorder

**HOW ... to be a part of Start-UP?**

All first year students with disabilities are encouraged to contact the Start-UP coordinator before the beginning of classes, whether or not you have had your initial intake appointment with your QSAS Advisor to discuss your accommodations.

Individual appointments are available by phone or in person. To schedule an appointment:

(613) 533-6467

[Accessibility.services@queensu.ca](mailto:Accessibility.services@queensu.ca)

[www.queensu.ca/studentwellness/accessibility](http://www.queensu.ca/studentwellness/accessibility)
Start-Up Transition Program

What: One-on-one, small groups, drop-ins, to chat about your concerns, potential challenges, campus resources, network with other students, receive learning strategy support to help stay on track, and/or referral to other services as needed.

Where: QSAS - 2nd Floor (Rm 215)
Lasalle Building,
146 Stuart Street

When: Tuesday 9:30am – 4:30pm
       Wednesday 1:30 – 4:30pm
       Thursday 9:30am – 4:30pm

Contact us

Gail Eaton-Smith, Coordinator
Start-UP Transition Program
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