Dear Professor,

Your student, ______________, attended Health Services and indicated that he/she was asked to provide documentation to support accommodation requests related to a minor short term illness. Queen’s Health Services provides documentation for long term and serious illness only. Queen’s University “no note” policy has been in place for many years. At Queen’s faculty have the latitude to provide academic accommodation to students as they deem appropriate. We ask that professors do not request notes from students regarding minor short term illness.

Most short term minor illnesses are self-limiting and often there is no need to seek medical help. Requiring notes becomes the motivation for seeking medical care that may otherwise be unnecessary. It is hoped that students will be considered fairly and given the benefit of the doubt when reasonable.

Please contact me with any questions.

Sincerely,

Dr. Carolyn Borins, MD, CCFP, FCFP
Director, Medical Services
Queen’s Health Services