

HEALTH STUDIES (HLTH)

HLTH 101 Social Determinants of Health Units: 3.00

This course introduces students to basic concepts in public, population and global health, and introduces social determinants of health, such as poverty, income inequality, and racism, in Canadian and global contexts.

NOTE Also offered online. Consult Arts and Science Online.

Learning Hours may vary.

NOTE Also offered at the Bader International Study Centre.

Learning Hours may vary.

LEARNING HOURS 117 (12L;9T;24O;72P).

Requirements: Prerequisite None. Exclusion GLPH 171.

Offering Faculty: Faculty of Arts and Science

HLTH 102 Personal Health and Wellness Units: 3.00

This course provides an introduction to the variety of factors which could affect a person's health and wellness.

NOTE Also offered at the Bader International Study Centre.

Learning Hours may vary.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite None. Exclusion IDIS 199. One-Way Exclusion May not be taken with or after 12.0 units in KNPE (formerly PPHE; PHED; KINE). Note This course is not open to students in a KINE or PHED Plan.

Offering Faculty: Faculty of Arts and Science

HLTH 200 Physical Health and Exercise

Programming Units: 3.00

This course introduces students to the principles of planning and implementing a personal fitness program. Students will gain an understanding of the importance of physical activity in relation to health and wellness and the adaptations and benefits to exercising. The students will learn how to design and implement an effective training program.

NOTE Also offered online. Consult Arts and Science Online.

Learning Hours may vary.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite Level 2 or above. One-Way Exclusion May not be taken with or after KNPE 227; KNPE 255.

Offering Faculty: Faculty of Arts and Science

HLTH 205 Introduction to Health Promotion Units: 3.00

This course provides students with a broad overview of the practice of health promotion. Topics range from the practicalities of designing, delivering, and evaluating health promotion interventions, to consideration of how health promotion practice intersects with issues of health equity and the social determinants of health.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite Level 2 or above and HLTH 101.

Offering Faculty: Faculty of Arts and Science

HLTH 230 Basic Human Nutrition Units: 3.00

Study of macronutrients, selected micronutrients, energy needs for human performance, relationship of nutrient metabolism to health, consequences of nutrient deficiencies and excesses. Examine how student's own food intake may influence present and future nutritional well-being.

NOTE Also offered online. Consult Arts and Science Online.

Learning Hours may vary.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite Level 2 or above. Exclusion NURS 100. Recommended 4U Biology.

Offering Faculty: Faculty of Arts and Science

HLTH 235 Food Systems Units: 3.00

This course introduces contemporary issues in the dominant food system and the ways in which food production, distribution and consumption produce and reproduce relations of power.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite GNDS 120 or GPHY 101 or HLTH 101 or SOCY 122.

Offering Faculty: Faculty of Arts and Science

HLTH 237 An Introduction to Drugs, Drug Use and Drug Dependence Units: 3.00

This course provides students with a contemporary and evidence-informed perspective on drugs, addiction, harm reduction and treatment. From pharmacokinetics to public policy, and from psychedelics to behavioural addictions, we examine the timeless human interaction with these peculiar substances.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite PSYC 100.

Offering Faculty: Faculty of Arts and Science

HLTH 252 Introduction to Research Methods Units: 3.00

This course provides an introduction to methods, techniques and approaches to research. The course will explore the formulation of research questions, experimental design, interpretation of results and the use of statistical analysis in experimental research. Ethical issues in research will also be discussed.

LEARNING HOURS 114 (18L;24O;72P).

Requirements: Prerequisite Level 2 or above and registration in KINE or HLTH Plan. Corequisite (3.0 units from BIOL 243; CHEE 209; COMM 162; ECON 250; GPHY 247; KNPE 251; NURS 323; POLS 285; PSYC 202; SOCY 211; STAM 200; STAT 263; STAT 267; STAT 367). Exclusion HSCI 270. One-Way Exclusion May not be taken with or after PSYC 203.

Offering Faculty: Faculty of Arts and Science

**HLTH 270 Movement Behaviours and Health Units: 3.00**

Movement is on a continuum that includes sleep, sedentary behaviour, and physical activity. This course will use primary prevention and life course approaches to study movement behaviour levels of the population, the influence of movement behaviours on health, and strategies for intervening on movement behaviours.

LEARNING HOURS 108 (36L;72P).

Requirements: Prerequisite HLTH 102. Exclusion KNPE 255. Note This course is not open to students in a KINE or PHED Plan.

Offering Faculty: Faculty of Arts and Science

HLTH 300 Community-Based Practicum Units: 3.00

A community-based practicum for Health Studies students to apply knowledge gained in theory-based courses and develop a range of professional skills. Practicum opportunities vary year to year, subject to availability of an appropriate placement in a relevant workplace setting.

NOTE Students are expected to participate in professional development workshops offered by the SKHS Coordinator and Career Services.

LEARNING HOURS 126 (18G;84O;24P).

Requirements: Prerequisite (Level 3 or above and registration in a HLTH Major or Medial Plan) and minimum cumulative GPA of 1.90 and permission of the Coordinator and Undergraduate Chair in the School of Kinesiology and Health Studies. Exclusion KNPE 300; KNPE 330; KNPE 346.

Offering Faculty: Faculty of Arts and Science

HLTH 305 Fundamentals of Health Policy Units: 3.00

An overview of the fundamentals of health policy with an emphasis on the Canadian context. Topics to be discussed include history of the Canadian public health care system; the Canada Health Act; the political and economic environment of the Canadian health care system; issue and challenges in Canadian health policy; and comparative perspectives.

LEARNING HOURS 120 (36L;84P).

Requirements: Prerequisite Level 3 or above and HLTH 101.

Course Equivalencies: HLTH305; HLTH405

Offering Faculty: Faculty of Arts and Science

HLTH 315 Theory and Practice of Health Behaviour Change Units: 3.00

This course provides an overview of models and theories of health behaviour change at varying levels of practice and analysis, including individual, intrapersonal, group, and community influences on health behaviour. Students will learn how theories are applied in health promotion interventions in a variety of settings, with a variety of populations, and for a variety of health behaviours.

LEARNING HOURS 120 (36L;84P).

Requirements: Prerequisite PSYC 100 and (HLTH 205 or KNPE 265) and registration in a HLTH, KINE or PHED Plan or the Certificate in Disability and Physical Activity.

Offering Faculty: Faculty of Arts and Science

HLTH 323 Epidemiology Units: 3.00

Basic methods involved in researching the distribution and determinants of health and disease in populations. Core measurement (rates, standardization, impact, association) and interpretation (bias, confounding, interaction, chance) issues are covered. The course also examines epidemiological approaches to study design including descriptive (cross-sectional and ecological), observational (case-control and cohort), and experimental (randomized controlled trials) approaches.

LEARNING HOURS 120 (36L;84P).

Requirements: Prerequisite ([KNPE 251 or STAT_Options] and HLTH 252) or (STAT_Options and registration in a BCHM(H) or LISC(H) Plan). One-Way Exclusion May not be taken with or after EPID 301. Note Restricted to students in a HLTH/KINE Plan. Limited spaces for BCHM(H) and LISC(H) Plans.

Offering Faculty: Faculty of Arts and Science

HLTH 331 Advanced Human Nutrition Units: 3.00

Current issues relating to nutrition and health promotion/disease prevention. Such topics as cardiovascular disease, weight control, eating disorders, nutrient needs during the life cycle, fads and quackery, sociocultural, economic and media influences. Topics may vary.

NOTE Nutrition Software: estimated cost \$75.

LEARNING HOURS 120 (36L;84P).

Requirements: Prerequisite HLTH 230 or NURS 100.

Offering Faculty: Faculty of Arts and Science

HLTH 332 Foundations for Understanding Disability: A Health Perspective Units: 3.00

This course provides upper-year students with a solid understanding of disability. Key disability concepts, such as definitions and models of disability, attitudes, human rights, accessibility, policy, and barriers are introduced and their relevance to health, quality of life and participation in several life domains are examined.

NOTE Also offered at the Bader International Study Centre.

Learning Hours may vary.

LEARNING HOURS 112 (36L;40;72P).

Requirements: Prerequisite Level 3 or above. Exclusion HLTH 397 (Topic Title: Health, Well-Being and Disability - 2015/16); KNPE 333.

Course Equivalencies: KNPE333, PHED333, PPHE333

Offering Faculty: Faculty of Arts and Science

HLTH 333 Contemporary Issues in Human Sexuality Units: 3.00

An investigation of current influences on sexual health. Issues will be considered from social, political, and historical perspectives. Topics which may be covered include sex education; lesbian, gay, bisexual, and transgender issues; sexual human rights; sexuality and war; HIV/AIDS; the history of marriage; and sexual violence.

LEARNING HOURS 120 (24L;12T;12G;72P).

Requirements: Prerequisite Level 3 or above and registration in a HLTH, KINE or PHED Plan.

Offering Faculty: Faculty of Arts and Science

HLTH 334 Health, Illness and Society Units: 3.00

Explores the social production and cultural meanings of health and illness with a focus on power and struggle.

LEARNING HOURS 120 (24L;12T;84P).

Requirements: Prerequisite Level 3 or above and registration in a HLTH, KINE or PHED Plan and (HLTH 101 or KNPE 167 or SOCY 122).

Offering Faculty: Faculty of Arts and Science

HLTH 350 Topics in Global Health Units: 3.00

This course examines global health from a variety of perspectives, including anthropological, epidemiological, and sociological, to help understand the cultural and historical patterns shaping global health inequalities. With an emphasis on resource-poor countries, specific topics may include infectious and non-communicable diseases, nutrition and maternal health.

NOTE Also offered at the Bader International Study Centre.

Learning Hours may vary.

LEARNING HOURS 120 (36L;84P).

Requirements: Prerequisite (Level 3 or above and HLTH 101) or permission of the Department.

Offering Faculty: Faculty of Arts and Science

HLTH 351 Health in Humanitarian Crises Units: 3.00

Humanitarian crises due to natural disasters, armed conflict, disease outbreaks and other threats are growing contributors to ill-health worldwide. Case studies, evolving current events, and experiential learning will be utilized throughout the term to anchor course content.

LEARNING HOURS 129 (18L;18S;12G;11O;10Oc;60P).

Requirements: Prerequisite (Level 3 or above and HLTH 101) or permission of the Department. Exclusion HLTH 397 (Topic Title: Health in Humanitarian Crises).

Offering Faculty: Faculty of Arts and Science

HLTH 352 Research Skills Development Practicum Units: 3.00

A practicum for students in Health Studies working in the research labs and on research projects of SKHS faculty members. Includes a seminar series covering research topics and methodologies in: Applied Exercise Science; Epidemiology; Health Promotion; Psychology of Sport; Physical Activity and Health; and Sociology of Sport and Health.

NOTE Students will apply for a research-based practicum at the end of their second year. Recommended for students who intend to complete HLTH 595.

LEARNING HOURS 140 (12S;84Pc;48P).

Requirements: Prerequisite Level 3 or above and registration in a HLTH Plan and KNPE 251 and permission of the Course Coordinator or the Undergraduate Chair in the School of Kinesiology and Health Studies. Corequisite HLTH 252. Exclusion KNPE 352.

Offering Faculty: Faculty of Arts and Science

HLTH 397 Special Topics in Health Studies Units: 3.00

Intensive coverage of topics that are current and/or of special interest in the area of Health Studies. Offered periodically by visiting professors or members of faculty. Students should check with the School regarding availability of this course.

NOTE Restricted to students in a concentration in health studies, kinesiology or physical and health education.

NOTE Also offered at the Bader International Studies Centre, Herstmonceux. Learning Hours may vary.

LEARNING HOURS 120 (36L;84P).

Requirements: Prerequisite Level 3 or above and registration in a HLTH or KINE Plan.

Offering Faculty: Faculty of Arts and Science



HLTH 401 Interprofessional Collaborative Education Units: 3.00

This course offers the theory and context of Interprofessional education and collaborative practice from a global policy viewpoint as well as the opportunity to develop and apply the required Interprofessional education core competencies.

NOTE This course falls under a selection of courses with a focus on Interdisciplinary Studies in Global Health and Disability that will be offered only at the Bader International Study Centre.

LEARNING HOURS 129 (39L;5S;21G;24Oc;40P).

Requirements: Prerequisite Level 4 or above and a cumulative GPA of 1.90 or higher.

Offering Faculty: Faculty of Arts and Science

HLTH 402 Disability Studies: Issues, Research and Policy Units: 3.00

This course is designed to advance student understanding of the field of disability studies through the examinations and analysis of disability issues in the global context. Current research and policy, controversial issues, and systems affecting people with disabilities worldwide will be the focus.

NOTE This course falls under a selection of courses with a focus on Interdisciplinary Studies in Global Health and Disability that will be offered only at the Bader International Study Centre.

NOTE Students who are unable to take HLTH 332 must complete the online training modules about the Accessibility for Ontarians with Disabilities Act prior to participation in the BISC Global Health and Disability Program. See <http://www.queensu.ca/equity/accessibility/aoda>

LEARNING HOURS 127 (30L;18G;39Oc;40P).

Requirements: Prerequisite (Level 4 or above and a cumulative GPA of 1.90 or higher and HLTH 332) or permission of the School.

Offering Faculty: Faculty of Arts and Science

HLTH 403 Community Based Rehabilitation Units: 3.00

Explores global perspectives of Community Based Rehabilitation as a strategy for equalization of health, education and social inclusion of persons with disabilities. Design, implement and evaluate CBR programs and examine basic CBR frameworks, health and disability policy, global partnerships, education and training strategies.

NOTE This course falls under a selection of courses with a focus on Interdisciplinary Studies in Global Health and Disability that will be offered only at the Bader International Study Centre.

LEARNING HOURS 123 (42L;18G;23Oc;40P).

Requirements: Prerequisite Level 4 or above and a cumulative GPA of 1.90 or higher.

Offering Faculty: Faculty of Arts and Science

HLTH 404 Global Studies of Social Inclusion, Community Participation and Mental Health Units: 3.00

Individuals with disabilities continue to experience barriers to their full and equal community participation, and in the context of mental health, they are subject to profound levels of social exclusion at local, regional, and global levels. Students will examine current disability discourse within global contexts as it relates to mental health and the social exclusion of this population.

LEARNING HOURS 120 (30S;20G;4I;10Oc;56P).

Requirements: Prerequisite Level 4 or above and a cumulative GPA of 1.90 or higher.

Offering Faculty: Faculty of Arts and Science

HLTH 416 Program Planning and Evaluation Units: 3.00

An examination and application of the principles of program planning in a variety of settings. Topics will include needs assessment, intervention design and implementation, and evaluation. Students will develop a program plan.

LEARNING HOURS 120 (36L;36G;48P).

Requirements: Prerequisite Level 4 or above and registration in a HLTH Major or Medial Plan and (HLTH 252 and HLTH 315). Exclusion HLTH 415. Equivalency HLTH 415.

Offering Faculty: Faculty of Arts and Science

HLTH 417 Community-Based Programming and Evaluation Units: 3.00

Designed to advance student understanding of health promotion program planning, implementation, and evaluation, this course uses seminar discussion and community-based activities to provide students with core competencies required in health promotion and public health practice. Students complete a service learning project with community partners.

LEARNING HOURS 120 (36S;36Pc;48P).

Requirements: Prerequisite Level 4 or above and registration in a HLTH Major or Medial and HLTH 416 and a minimum cumulative GPA of a 2.70 or higher. Exclusion HLTH 415.

Offering Faculty: Faculty of Arts and Science

HLTH 430 Critical Weight Studies Units: 3.00

We live in a fat-phobic world where discrimination on the basis of body size is a socially acceptable form of prejudice. This seminar style course draws on the rapidly developing literature in the scholarly field of fat studies to consider body weight and fat-phobia from critical, cultural perspectives.

LEARNING HOURS 120 (36S;84P).

Requirements: Prerequisite (Level 3 or above and registration in a HLTH Major or Medial Plan) or (Level 3 or above in a KINE or PHED Specialization Plan and [HLTH 333 or HLTH 334]).

Offering Faculty: Faculty of Arts and Science

HLTH 434 Social Movements in Health Units: 3.00

This course explores the proliferation of health social movements since the 1970s. Bringing together the interdisciplinary study of health and illness with social movement theory, the course analyses the strategies, goals, and outcomes of political organizing around conditions ranging from HIV/AIDS to sick building syndrome. Students will lead seminar discussions and undertake original research on a movement of their choice.

LEARNING HOURS 120 (24S;12G;84P).

Requirements: Prerequisite HLTH 333 or HLTH 334 or DEVS 355.

Offering Faculty: Faculty of Arts and Science

HLTH 435 Seminar on HIV/AIDS Prevention Units: 3.00

This seminar-style course involves critical assessment of HIV prevention interventions situated at varying levels of analysis and action. Consistent with the epidemiology of HIV/AIDS, the course focuses on interventions for disadvantaged and marginalized populations. Students should be prepared to lead discussion and present in class.

LEARNING HOURS 120 (24S;12G;84P).

Requirements: Prerequisite Level 4 or above and registration in a HLTH Major or Medial, KINE or PHED Plan and HLTH 315.

Offering Faculty: Faculty of Arts and Science

HLTH 437 Seminar on Harm Reduction Units: 3.00

Covers the philosophy, history, implementation, and efficacy of interventions that aim to reduce adverse consequences of legal and illegal drug use, without a focus on drug use abstinence. Examples are drawn from Canada and worldwide. Also covers the application of harm reduction to other public health domains such as gambling and sex work.

LEARNING HOURS 120 (36S;84P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial or KINE Plan) and HLTH 237.

Exclusion HLTH 493 (Topic Title: Harm Reduction).

Offering Faculty: Faculty of Arts and Science

HLTH 445 Critical Health Promotion Units: 3.00

This course provides advanced study of the major theoretical and methodological approaches in critical health promotion. Students will be primarily exposed to academic literature across several disciplines that engage with critical health promotion. Case studies of health promotion practice that illustrate critical perspectives will be discussed.

LEARNING HOURS 120 (36S; 84P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial, KINE or PHED Specialization Plan) and (HLTH 205 or HLTH 315). Exclusion HLTH 493 (Topic Title: Critical Health Promotion - 2014/15; 2015/16).

Offering Faculty: Faculty of Arts and Science

HLTH 455 Health and Built Environments Units: 3.00

This course will examine how characteristics and configurations of urban environments, such as urban sprawl, transportation, community design, housing, and food networks, may promote or impede health and well-being. This seminar-style course will be especially useful for students considering careers in public health and/or urban planning.

LEARNING HOURS 118 (36S;100c;72P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial, KINE or PHED Specialization Plan). Exclusion HLTH 497 (2012-2015)

Offering Faculty: Faculty of Arts and Science

HLTH 456 Survey of Research and Literature in Health Studies Units: 3.00

Independent study involving a critical review of the literature on an approved topic of specialization in Health Studies. Students must arrange for a faculty advisor approved by the School of Kinesiology and Health Studies.

LEARNING HOURS 126 (6I;120P).

Requirements: Prerequisite Level 4 or above and registration in a HLTH Major or Medial, KINE or PHED Specialization Plan and permission of the Supervisor and the Undergraduate Chair in the School of Kinesiology and Health Studies.

Offering Faculty: Faculty of Arts and Science

HLTH 491 Special Project in Health Studies Units: 3.00

This is an independent project in an area of specialization in Health Studies. Students must arrange for a faculty advisor approved by the School of Kinesiology and Health Studies to oversee their project.

LEARNING HOURS 126 (6I;120P).

Requirements: Prerequisite Level 4 or above and registration in a HLTH Major or Medial, KINE or PHED Specialization Plan and permission of the Supervisor and the Undergraduate Chair in the School of Kinesiology and Health Studies.

Offering Faculty: Faculty of Arts and Science

HLTH 493 Advanced Topics in Health Studies I Units: 3.00

Honours level courses exploring advanced topics that are current and/or of special interest in the area of health studies. Students should check with the School of Kinesiology and Health Studies regarding availability of these courses.

LEARNING HOURS 120 (36S;84P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial, KINE or PHED Specialization Plan).

Offering Faculty: Faculty of Arts and Science



HLTH 495 Advanced Topics in Health Studies II Units: 3.00

Honours level courses exploring advanced topics that are current and/or of special interest in the area of health studies. Students should check with the School of Kinesiology and Health Studies regarding availability of these courses. LEARNING HOURS 120 (36S;84P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial, KINE or PHED Specialization Plan).

Offering Faculty: Faculty of Arts and Science

HLTH 497 Special Topics in Health Studies I Units: 3.00

Intensive coverage of topics that are current and/or of special interest in the area of Health Studies. Offered periodically by visiting professors or members of faculty. Students should check with the School regarding availability of this course. NOTE Also offered at the Bader International Study Centre, Herstmonceux. Learning Hours may vary. LEARNING HOURS 120 (36S;84P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial, KINE or PHED Specialization Plan).

Offering Faculty: Faculty of Arts and Science

HLTH 595 Honours Thesis in Health Studies Units: 6.00

An independent study involving a research proposal and project on an approved topic in the area of health enhancement or disease prevention. The research proposal will be completed in the fall term and the research project in the winter term. Students must arrange for a full-time faculty advisor in the School of Kinesiology and Health Studies. NOTE Limited spaces available; priority to Health Studies students. LEARNING HOURS 252 (12I;240P).

Requirements: Prerequisite Level 4 or above and registration in a (HLTH Major or Medial, KINE or PHED Specialization Plan) and a cumulative GPA of 3.50 or higher and permission of the Supervisor and the Undergraduate Chair in the School of Kinesiology and Health Studies. Recommended HLTH 252.

Offering Faculty: Faculty of Arts and Science