HEALTH STUDIES (HLTH)

HLTH 101  Social Determinants of Health  Units: 3.00
This course introduces students to basic concepts in public, population and global health, and introduces social determinants of health, such as poverty, income inequality, and racism, in Canadian and global contexts.
NOTE Also offered online, consult Arts and Science Online (Learning Hours may vary).
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 117 (12 Lecture, 9 Tutorial, 24 Online Activity, 72 Private Study)
Requirements: Prerequisite None. Exclusion GLPH 171/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 102  Personal Health and Wellness  Units: 3.00
This course provides an introduction to the variety of factors which could affect a person’s health and wellness.
NOTE Also offered online, consult Arts and Science Online (Learning Hours may vary).
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 108 (24 Lecture, 12 Online Activity, 72 Private Study)
Requirements: Prerequisite None. Exclusion IDIS 199/3.0. One-Way Exclusion May not be taken after 12.0 units in KNPE.
Offering Faculty: Faculty of Arts and Science

HLTH 200  Physical Health and Exercise Programming  Units: 3.00
This course introduces students to the principles of planning and implementing a personal fitness program. Students will gain an understanding of the importance of physical activity in relation to health and wellness and the adaptations and benefits to exercising. The students will learn how to design and implement an effective training program.
NOTE Also offered online. Consult Arts and Science Online. Learning Hours may vary.
Learning Hours: 108 (36 Lecture, 72 Private Study)
Requirements: Prerequisite Level 2 or above. One-Way Exclusion May not be taken with or after KNPE 227/3.0; KNPE 255/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 205  Introduction to Health Promotion  Units: 3.00
This course provides students with a broad overview of the practice of health promotion. Topics range from the practicalities of designing, delivering, and evaluating health promotion interventions, to consideration of how health promotion practice intersects with issues of health equity and the social determinants of health.
NOTE Also offered online, consult Arts and Science Online (Learning Hours may vary).
Learning Hours: 108 (36 Lecture, 72 Private Study)
Requirements: Prerequisite Level 2 or above and HLTH 101/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 230  Basic Human Nutrition  Units: 3.00
Study of macronutrients, selected micronutrients, energy needs for human performance, relationship of nutrient metabolism to health, consequences of nutrient deficiencies and excesses. Examine how student’s own food intake may influence present and future nutritional well-being.
NOTE Also offered online. Consult Arts and Science Online. Learning Hours may vary.
Learning Hours: 108 (36 Lecture, 72 Private Study)
Requirements: Prerequisite Level 2 or above. Exclusion NURS 100/3.0. Recommended 4U Biology.
Offering Faculty: Faculty of Arts and Science

HLTH 235  Food Systems  Units: 3.00
This course introduces contemporary issues in the dominant food system and the ways in which food production, distribution and consumption produce and reproduce relations of power.
Learning Hours: 108 (36 Lecture, 72 Private Study)
Requirements: Prerequisite GNDS 120/3.0 or GPHY 101/3.0 or HLTH 101/3.0 or SOCY 122/6.0.
Offering Faculty: Faculty of Arts and Science

HLTH 237  An Introduction to Drugs, Drug Use and Drug Dependence  Units: 3.00
This course provides students with a contemporary and evidence-informed perspective on drugs, addiction, harm reduction and treatment. From pharmacokinetics to public policy, and from psychedelics to behavioural addictions, we examine the timeless human interaction with these peculiar substances.
Learning Hours: 108 (36 Lecture, 72 Private Study)
Requirements: Prerequisite PSYC 100/6.0.
Offering Faculty: Faculty of Arts and Science

queensu.ca/academic-calendar
HLTH 252 Introduction to Research Methods Units: 3.00
This course provides an introduction to methods, techniques and approaches to research. The course will explore the formulation of research questions, experimental design, interpretation of results and the use of statistical analysis in experimental research. Ethical issues in research will also be discussed.
Learning Hours: 114 (18 Lecture, 24 Online Activity, 72 Private Study)
Requirements: Prerequisite Level 2 or above and registration in KINE or HLTH Plan. Corequisite (3.0 units from BIOL 243/3.0; CHEE 209/3.5; COMM 162/3.0; ECON 250/3.0; GPHY 247/3.0; KNPE 251/3.0; NURS 323/3.0; POLS 285/3.0; PSYC 202/3.0; SOCY 211/3.0; STAM 200/3.0; STAT 263/3.0).
Exclusion HSCI 270/3.0. One-Way Exclusion May not be taken with or after PSYC 203/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 270 Movement Behaviours and Health Units: 3.00
Movement is on a continuum that includes sleep, sedentary behaviour, and physical activity. This course will use primary prevention and life course approaches to study movement behaviour levels of the population, the influence of movement behaviours on health, and strategies for intervening on movement behaviours.
Learning Hours: 108 (36 Lecture, 72 Private Study)
Requirements: Prerequisite HLTH 102/3.0. Exclusion KNPE 255/3.0. Note This course is not open to students in a KINE Plan.
Offering Faculty: Faculty of Arts and Science

HLTH 300 Community-Based Practicum Units: 3.00
A community-based practicum for Health Studies students to apply knowledge gained in theory-based courses and develop a range of professional skills. Practicum opportunities vary year to year, subject to availability of an appropriate placement in a relevant workplace setting.
NOTE Students are expected to participate in professional development workshops offered by the SKHS Coordinator and Career Services.
NOTE Transportation and other costs directly related to the student placement (e.g., Criminal Checks, if required) are the responsibility of the student.
Learning Hours: 126 (18 Group Learning, 84 Off-Campus Activity, 24 Private Study)
Requirements: Prerequisite HLTH Major or Joint Honours Plan and minimum cumulative GPA of 1.90 and permission of the Coordinator and Undergraduate Chair in the School of Kinesiology and Health Studies. Exclusion KNPE 300/3.0; KNPE 330/4.5; KNPE 346/4.5.
Offering Faculty: Faculty of Arts and Science

HLTH 305 Fundamentals of Health Policy Units: 3.00
An overview of the fundamentals of health policy with an emphasis on the Canadian context. Topics to be discussed include history of the Canadian public health care system; the Canada Health Act; the political and economic environment of the Canadian health care system; issue and challenges in Canadian health policy; and comparative perspectives.
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite Level 3 or above and HLTH 101/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 315 Theory and Practice of Health Behaviour Change Units: 3.00
This course provides an overview of models and theories of health behaviour change at varying levels of practice and analysis, including individual, intrapersonal, group, and community influences on health behaviour. Students will learn how theories are applied in health promotion interventions in a variety of settings, with a variety of populations, and for a variety of health behaviours.
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite (PSYC 100/6.0 and [HLTH 205/3.0 or KNPE 265/3.0]) and registration in a HLTH Plan, KINE Specialization, or the DIPA Certificate.
Offering Faculty: Faculty of Arts and Science

HLTH 323 Epidemiology Units: 3.00
Basic methods involved in researching the distribution and determinants of health and disease in populations. Core measurement (rates, standardization, impact, association) and interpretation (bias, confounding, interaction, chance) issues are covered. The course also examines epidemiological approaches to study design including descriptive (cross-sectional and ecological), observational (case-control and cohort), and experimental (randomized controlled trials) approaches.
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite ([KNPE 251/3.0 or STAT_Options] and HLTH 252/3.0) or (STAT_Options and registration in a BCHM/LISC Honours Plan). Exclusion EPID 301/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 331 Advanced Human Nutrition Units: 3.00
Current issues relating to nutrition and health promotion/disease prevention. Such topics as cardiovascular disease, weight control, eating disorders, nutrient needs during the life cycle, fads and quackery, sociocultural, economic and media influences. Topics may vary.
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite HLTH 230/3.0 or NURS 100/3.0.
Offering Faculty: Faculty of Arts and Science
HLTH 332 Foundations for Understanding Disability: A Health Perspective  Units: 3.00
This course provides upper-year students with a solid understanding of disability. Key disability concepts, such as definitions and models of disability, attitudes, human rights, accessibility, policy, and barriers are introduced and their relevance to health, quality of life and participation in several life domains are examined.
NOTE Also offered online, consult Arts and Science Online (Learning Hours may vary).
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 112 (36 Lecture, 4 Online Activity, 72 Private Study)
Requirements: Prerequisite Level 3 or above.
Offering Faculty: Faculty of Arts and Science

HLTH 333 Contemporary Issues in Human Sexuality  Units: 3.00
An investigation of current influences on sexual health. Issues will be considered from social, political, and historical perspectives. Topics which may be covered include sex education; lesbian, gay, bisexual, and transgender issues; sexual human rights; sexuality and war; HIV/AIDS; the history of marriage; and sexual violence.
Learning Hours: 120 (24 Lecture, 12 Tutorial, 12 Group Learning, 72 Private Study)
Requirements: Prerequisite Level 3 or above and registration in a HLTH or KINE Plan.
Offering Faculty: Faculty of Arts and Science

HLTH 334 Health, Illness, and Society  Units: 3.00
Explores the social production and cultural meanings of health and illness with a focus on power and struggle.
Learning Hours: 120 (24 Lecture, 12 Tutorial, 84 Private Study)
Requirements: Prerequisite Level 3 or above and registration in a HLTH or KINE Plan and (HLTH 101/3.0 or KNPE 167/3.0 or SOCY 122/6.0).
Offering Faculty: Faculty of Arts and Science

HLTH 350 Topics in Global Health  Units: 3.00
This course examines global health from a variety of perspectives, including anthropological, epidemiological, and sociological, to help understand the cultural and historical patterns shaping global health inequalities. With an emphasis on resource-poor countries, specific topics may include infectious and non-communicable diseases, nutrition and maternal health.
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite (Level 3 or above and HLTH 101/3.0) or permission of the School.
Offering Faculty: Faculty of Arts and Science

HLTH 351 Health in Humanitarian Crises  Units: 3.00
Humanitarian crises due to natural disasters, armed conflict, disease outbreaks and other threats are growing contributors to ill-health worldwide. Case studies, evolving current events, and experiential learning will be utilized throughout the term to anchor course content.
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite (Level 3 or above and HLTH 101/3.0) or permission of the School. Exclusion GLPH 482/3.0; HLTH 397/3.0 (Topic Title: Health in Humanitarian Crises - Winter 2019, Winter 2020).
Offering Faculty: Faculty of Arts and Science

HLTH 352 Research Skills Development Practicum  Units: 3.00
A practicum for students in Health Studies working in the research labs and on research projects of SKHS faculty members. Includes a seminar series covering research topics and methodologies in: Applied Exercise Science; Epidemiology; Health Promotion; Psychology of Sport; Physical Activity and Health; and Sociology of Sport and Health.
NOTE Students will apply for a research-based practicum at the end of their second year. Recommended for students who intend to complete HLTH 595.
Learning Hours: 140 (12 Seminar, 84 Practicum, 48 Private Study)
Requirements: Prerequisite Level 3 or above and registration in a HLTH Plan and KNPE 251/3.0 and permission of the Course Coordinator or the Undergraduate Chair in the School of Kinesiology and Health Studies. Corequisite HLTH 252/3.0. Exclusion KNPE 352/3.0.
Offering Faculty: Faculty of Arts and Science
HLTH 360 Globalization and Black Health Units: 3.00
Global interconnectedness and interdependence have contributed to improvements in the social determinants of health (SDH): the conditions in which people live, work and play, and their access to opportunities for healthy lives and well-being, however, it has also brought many health risks especially for marginalized populations. This course will examine economic, social, technological, and the political dimensions of globalization and how these impact the health and well-being of Black populations, identifying opportunities and risks.
NOTE This course is also listed/offered as BLCK 360/3.0.
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite Level 3 or above and registration in a HLTH or KINE Plan. Exclusion BLCK 360/3.0; BLCK 380/3.0 (Topic Title: Globalization and Black Health); HLTH 397/3.0 (Topic Title: Globalization and Black Health).
Offering Faculty: Faculty of Arts and Science

HLTH 397 Special Topics in Health Studies Units: 3.00
Intensive coverage of topics that are current and/or of special interest in the area of Health Studies. Offered periodically by visiting professors or members of faculty. Students should check with the School regarding availability of this course.
NOTE This course is repeatable for credit under different topic titles.
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 120 (36 Lecture, 84 Private Study)
Requirements: Prerequisite Level 3 or above and registration in a HLTH or KINE Plan.
Offering Faculty: Faculty of Arts and Science

HLTH 401 Interprofessional Collaborative Education Units: 3.00
This course offers the theory and context of interprofessional education and collaborative practice from a global perspective. The opportunity to develop and apply required interprofessional education core competencies will anchor course content. The course will incorporate experiential learning experiences to centres of innovation and excellence in interprofessional education and collaborative practice.
NOTE This course falls under a selection of courses with a focus on Interdisciplinary Studies in Global Health and Disability that will be offered only at Bader College, UK.
Learning Hours: 123 (42 Lecture, 18 Group Learning, 23 Off-Campus Activity, 40 Private Study)
Requirements: Prerequisite (Level 4 or above and a cumulative GPA of 1.90 or higher and HLTH 332/3.0) or permission of the School.
Offering Faculty: Faculty of Arts and Science

HLTH 402 Disability Studies: Issues, Research, and Policy Units: 3.00
This course is designed to advance student understanding of the field of disability studies through the examinations and analysis of disability issues in the global context. Current research and policy, controversial issues, and systems affecting people with disabilities worldwide will be the focus.
NOTE This course falls under a selection of courses with a focus on Interdisciplinary Studies in Global Health and Disability that will be offered only at Bader College, UK.
NOTE Students who are unable to take HLTH 332 must complete the online training modules about the Accessibility for Ontarians with Disabilities Act prior to participation in the Global Health and Disability Program at Bader College (http://www.queensu.ca/equity/accessibility/aoda).
Learning Hours: 127 (30 Lecture, 18 Group Learning, 39 Off-Campus Activity, 40 Private Study)
Requirements: Prerequisite (Level 4 or above and a cumulative GPA of 1.90 or higher and HLTH 332/3.0) or permission of the School.
Offering Faculty: Faculty of Arts and Science

HLTH 403 Community Based Rehabilitation Units: 3.00
Explores global perspectives of Community Based Rehabilitation as a strategy for equalization of health, education and social inclusion of persons with disabilities. Design, implement and evaluate CBR programs and examine basic CBR frameworks, health and disability policy, global partnerships, education and training strategies.
NOTE This course falls under a selection of courses with a focus on Interdisciplinary Studies in Global Health and Disability that will be offered only at Bader College, UK.
Learning Hours: 123 (42 Lecture, 18 Group Learning, 23 Off-Campus Activity, 40 Private Study)
Requirements: Prerequisite (Level 4 or above and a cumulative GPA of 1.90 or higher and HLTH 332/3.0) or permission of Bader College.
Offering Faculty: Faculty of Arts and Science
HLTH 404 Global Studies of Social Inclusion, Community Participation and Mental Health Units: 3.00
Individuals with disabilities continue to experience barriers to their full and equal community participation, and in the context of mental health, they are subject to profound levels of social exclusion at local, regional, and global levels. Students will examine current disability discourse within global contexts as it relates to mental health and the social exclusion of this population.
NOTE Also offered at Bader College, UK (Learning Hours may vary).
Learning Hours: 120 (30 Seminar, 84 Private Study)
Requirements: Prerequisite (Level 4 or above and a cumulative GPA of 1.90 or higher and HLTH 332/3.0) or permission of Bader College or the School of Kinesiology and Health Studies.
Offering Faculty: Faculty of Arts and Science

HLTH 410 Environment and Health Units: 3.00
This seminar course provides advanced review of the major theoretical and epistemological approaches to the study of environment and health. Students will be exposed to academic literature across several disciplines that engage with the environment-health nexus. The course is designed to provide a strong foundation for students interested in continuing into graduate level studies or public advocacy roles in population health promotion and related fields, with competencies in concepts and practices pertaining to ecohealth, social prescribing, therapeutic landscapes, One health, planetary health, and other current paradigms.
Learning Hours: 120 (36 Seminar, 12 Online Activity, 72 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major or Joint Honours, or KINE Plan. Exclusion HLTH 416/3.0 and a minimum cumulative GPA of a 2.70 or higher.
Offering Faculty: Faculty of Arts and Science

HLTH 416 Program Planning and Evaluation Units: 3.00
An examination and application of the principles of program planning in a variety of settings. Topics will include needs assessment, intervention design and implementation, and evaluation. Students will develop a program plan.
Learning Hours: 120 (36 Lecture, 36 Group Learning, 48 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization and HLTH 252/3.0 and HLTH 315/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 417 Community-Based Programming and Evaluation Units: 3.00
Designed to advance student understanding of health promotion program planning, implementation, and evaluation, this course uses seminar discussion and community-based activities to provide students with core competencies required in health promotion and public health practice. Students complete a service learning project with community partners.
Learning Hours: 120 (36 Seminar, 36 Practicum, 48 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization and HLTH 416/3.0 and a minimum cumulative GPA of a 2.70 or higher.
Offering Faculty: Faculty of Arts and Science

HLTH 430 Critical Weight Studies Units: 3.00
We live in a fat-phobic world where discrimination on the basis of body size is a socially acceptable form of prejudice. This seminar style course draws on the rapidly developing literature in the scholarly field of fat studies to consider body weight and fat-phobia from critical, cultural perspectives.
Learning Hours: 120 (36 Seminar, 84 Private Study)
Requirements: Prerequisite (Level 3 or above and registration in a HLTH Major or Joint Honours, or KINE Specialization Plan and [HLTH 333/3.0 or HLTH 334/3.0]).
Offering Faculty: Faculty of Arts and Science

HLTH 434 Social Movements in Health Units: 3.00
This course explores the proliferation of health social movements since the 1970s. Bringing together the interdisciplinary study of health and illness with social movement theory, the course analyses the strategies, goals, and outcomes of political organizing around conditions ranging from HIV/AIDS to sick building syndrome. Students will lead seminar discussions and undertake original research on a movement of their choice.
Learning Hours: 120 (24 Seminar, 12 Group Learning, 84 Private Study)
Requirements: Prerequisite HLTH 333/3.0 or HLTH 334/3.0 or DEVS 355/3.0.
Offering Faculty: Faculty of Arts and Science
HLTH 435  Seminar on HIV/AIDS Prevention  Units: 3.00
This seminar-style course involves critical assessment of HIV prevention interventions situated at varying levels of analysis and action. Consistent with the epidemiology of HIV/AIDS, the course focuses on interventions for disadvantaged and marginalized populations. Students should be prepared to lead discussion and present in class.
Learning Hours: 120 (24 Seminar, 12 Group Learning, 84 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Plan and HLTH 315/3.0.
Offering Faculty: Faculty of Arts and Science

HLTH 437  Seminar on Harm Reduction  Units: 3.00
Covers the philosophy, history, implementation, and efficacy of interventions that aim to reduce adverse consequences of legal and illegal drug use, without a focus on drug use abstinence. Examples are drawn from Canada and worldwide. Also covers the application of harm reduction to other public health domains such as gambling and sex work.
Learning Hours: 120 (36 Seminar, 84 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Plan and HLTH 237/3.0. Exclusion HLTH 493/3.0 (Topic Title: Seminar on Harm Reduction - Winter 2018, Winter 2020).
Offering Faculty: Faculty of Arts and Science

HLTH 445  Critical Population Health  Units: 3.00
This course provides advanced study of the major theoretical and methodological approaches in critical population health research. Students will be primarily exposed to academic literature in epidemiology and social sciences that engage with critical population health. Major epidemiologic studies of population health that illustrate critical perspectives will be discussed.
Learning Hours: 120 (36 Seminar, 84P)
Requirements: Prerequisite (Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan and [HLTH 205/3.0 or HLTH 315/3.0]). Exclusion HLTH 493/3.0 (Topic Title: Population Health - Winter 2022).
Offering Faculty: Faculty of Arts and Science

HLTH 455  Health and Built Environments  Units: 3.00
This course will examine how characteristics and configurations of urban environments, such as urban sprawl, transportation, community design, housing, and food networks, may promote or impede health and well-being. This seminar-style course will be especially useful for students considering careers in public health and/or urban planning.
Learning Hours: 118 (36 Seminar, 10 Off-Campus Activity, 72 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan.
Offering Faculty: Faculty of Arts and Science

HLTH 456  Survey of Research and Literature in Health Studies  Units: 3.00
Independent study involving a critical review of the literature on an approved topic of specialization in Health Studies. Students must arrange for a faculty advisor approved by the School of Kinesiology and Health Studies.
Learning Hours: 126 (6 Individual Instruction, 120 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan and permission of the Supervisor and the Undergraduate Chair in the School of Kinesiology and Health Studies.
Offering Faculty: Faculty of Arts and Science

HLTH 491  Special Project in Health Studies  Units: 3.00
This is an independent project in an area of specialization in Health Studies. Students must arrange for a faculty advisor approved by the School of Kinesiology and Health Studies to oversee their project.
Learning Hours: 126 (6 Individual Instruction, 120 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan and permission of the Supervisor and the Undergraduate Chair in the School of Kinesiology and Health Studies.
Offering Faculty: Faculty of Arts and Science

HLTH 493  Advanced Topics in Health Studies I  Units: 3.00
Honours level courses exploring advanced topics that are current and/or of special interest in the area of health studies. Students should check with the School of Kinesiology and Health Studies regarding availability of these courses. NOTE This course is repeatable for credit under different topic titles.
Learning Hours: 120 (36 Seminar, 84 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan.
Offering Faculty: Faculty of Arts and Science
HLTH 495  Advanced Topics in Health Studies II  Units: 3.00
Honours level courses exploring advanced topics that are current and/or of special interest in the area of health studies. Students should check with the School of Kinesiology and Health Studies regarding availability of these courses. NOTE This course is repeatable for credit under different topic titles.

Learning Hours: 120 (36 Seminar, 84 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan.
Offering Faculty: Faculty of Arts and Science

HLTH 497  Special Topics in Health Studies  Units: 3.00
Intensive coverage of topics that are current and/or of special interest in the area of Health Studies. Offered periodically by visiting professors or members of faculty. Students should check with the School regarding availability of this course. NOTE This course is repeatable for credit under different topic titles.

Learning Hours: 120 (36 Seminar, 84 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan.
Offering Faculty: Faculty of Arts and Science

HLTH 595  Honours Thesis in Health Studies  Units: 6.00
An independent study involving a research proposal and project on an approved topic in the area of health enhancement or disease prevention. The research proposal will be completed in the fall term and the research project in the winter term. Students must arrange for a full-time faculty advisor in the School of Kinesiology and Health Studies.

Learning Hours: 252 (12 Individual Instruction, 240 Private Study)
Requirements: Prerequisite Level 4 or above and registration in a HLTH Major, Joint Honours, or KINE Specialization Plan and a cumulative GPA of 3.50 or higher and permission of the Supervisor and the Undergraduate Chair in the School of Kinesiology and Health Studies. Recommended HLTH 252/3.0.
Offering Faculty: Faculty of Arts and Science