

HEALTH STUDIES – MINOR (ARTS)

HLTH-Y

Subject: Administered by the School of Kinesiology and Health Studies.

Plan: Consists of 36.00 units as described below.

Program: The Plan, in combination with a Major plan in another subject, and with sufficient electives, will lead to an Honours Bachelors Degree.

Requirements for this program have been modified. Please consult the [2021-2022 Calendar](#) for the previous requirements.

Code	Title	Units
1. Core		
A. Complete the following:		
HLTH 101	Social Determinants of Health	3.00
HLTH 102	Personal Health and Wellness	3.00
B. Complete 3.00 units from the following: 3.00		
ANAT 100	Anatomy of the Human Body	
ANAT 101	Introductory Human Anatomy	
KNPE 125	Introduction to Human Physiology	
C. Complete the following:		
HLTH 205	Introduction to Health Promotion	3.00
2. Option		
A. Complete 3.00 units from the following course list: 3.00		
HLTH_Gen/Min_Options at the 300-level or above		
B. Complete 15.00 units from the following course list: 15.00		
HLTH_Gen/Min_Options at the 200-level or above		
3. Supporting		
A. Complete the following:		
PSYC 100	Principles of Psychology	6.00
Total Units		36.00

4. Notes

A. A maximum of 6.00 units from courses offered by other Faculties and Schools may be counted toward the program and/or Plan requirements. This includes courses in BMED, COMM, GLPH, LAW, NURS and courses in the Faculty of Engineering and Applied Science.

Health Studies Course Lists

The following lists contain courses offered through other Departments. In accordance with Academic Regulation 2.5 (Access to Classes), students do not have enrolment priority in all of these courses. Access to these courses may only be

made available during the Open Enrolment period, and then only if space permits.

HLTH_Gen/Min_Options

Code	Title	Units
Option Courses in the Health Minor/General Plan		
ECON 243	The Economics of Health Care	3.00
GNDS 325	Indigenous Meanings of Reproduction and Health	3.00
GPHY 229	Place, Space, Culture and Social Life	3.00
GPHY 349	GIScience and Public Health	3.00
HIST 228	Global History of Pandemics	3.00
HLTH 200	Physical Health and Exercise Programming	3.00
HLTH 230	Basic Human Nutrition	3.00
HLTH 235	Food Systems	3.00
HLTH 237	An Introduction to Drugs, Drug Use and Drug Dependence	3.00
HLTH 252	Introduction to Research Methods	3.00
HLTH 270	Movement Behaviours and Health	3.00
HLTH 305	Fundamentals of Health Policy	3.00
HLTH 315	Theory and Practice of Health Behaviour Change	3.00
HLTH 323	Epidemiology	3.00
HLTH 331	Advanced Human Nutrition	3.00
HLTH 332	Foundations for Understanding Disability: A Health Perspective	3.00
HLTH 333	Contemporary Issues in Human Sexuality	3.00
HLTH 334	Health, Illness and Society	3.00
HLTH 350	Topics in Global Health	3.00
HLTH 351	Health in Humanitarian Crises	3.00
HLTH 352	Research Skills Development Practicum	3.00
HLTH 397	Special Topics in Health Studies	3.00
HLTH 401	Interprofessional Collaborative Education	3.00
HLTH 402	Disability Studies: Issues, Research and Policy	3.00
HLTH 403	Community Based Rehabilitation	3.00
HLTH 404	Global Studies of Social Inclusion, Community Participation and Mental Health	3.00
KNPE 225	Advanced Human Physiology	3.00
KNPE 265	Psychology of Sport and Exercise	3.00
KNPE 335	Healthy Aging	3.00
KNPE 337	Physical Activity Promotion for Children and Youth	3.00



KNPE 365	Motivational Interviewing for Physical Activity Behaviour Change	3.00
KNPE 366	Race, Sport and Physical Activity	3.00
KNPE 433	Global Sport and Disability	3.00
LLCU 327	Sickness and Health - Cultural Representations in Medical Discourse	3.00
PHIL 201	Philosophy and Medicine	3.00
PHIL 203	Science and Society	3.00
PHIL 301	Bioethics	3.00
PSYC 332	Health Psychology	3.00