Subject: Administered by the School of Kinesiology and Health Studies.

Plan: Consists of 36.00 units as described below.

Program: The Plan, in combination with a Major plan in another subject, and with sufficient electives, will lead to an Honours Bachelors Degree.

---

**Code** | **Title** | **Units**
--- | --- | ---

### A. Complete the following:

**HLTH 101** Social Determinants of Health 3.00

**HLTH 102** Personal Health and Wellness 3.00

### B. Complete 3.00 units from the following:

**ANAT 100** Anatomy of the Human Body

**ANAT 101** Introductory Human Anatomy

**KNPE 125** Introduction to Human Physiology

### C. Complete the following:

**HLTH 205** Introduction to Health Promotion 3.00

### 2. Option

**A. Complete 3.00 units from the following course list:**

**HLTH_Gen/Min_Options at the 300-level or above**

### B. Complete 15.00 units from the following course list:

**HLTH_Gen/Min_Options at the 200-level or above**

### 3. Supporting

**A. Complete the following:**

**PSYC 100** Principles of Psychology 6.00

**Total Units** 36.00

### 4. Notes

A. A maximum of 6.00 units from courses offered by other Faculties and Schools may be counted toward the program and/or Plan requirements. This includes courses in BMED, COMM, GLPH, HSCI, LAW, NURS, and courses in the Faculty of Engineering and Applied Science.

---

**Health Studies Course Lists**
The following lists contain courses offered through other Departments. In accordance with Academic Regulation 2.6 (Access to Classes), students do not have enrolment priority in all of these courses. Access to these courses may only be made available during the Open Enrolment period, and then only if space permits.
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>KNPE 366</td>
<td>Race, Sport and Physical Activity</td>
<td>3.00</td>
</tr>
<tr>
<td>KNPE 433</td>
<td>Global Sport and Disability</td>
<td>3.00</td>
</tr>
<tr>
<td>LLCU 327</td>
<td>Sickness and Health - Cultural Representations in Medical Discourse</td>
<td>3.00</td>
</tr>
<tr>
<td>PHIL 201</td>
<td>Philosophy and Medicine</td>
<td>3.00</td>
</tr>
<tr>
<td>PHIL 203</td>
<td>Science and Society</td>
<td>3.00</td>
</tr>
<tr>
<td>PHIL 301</td>
<td>Bioethics</td>
<td>3.00</td>
</tr>
<tr>
<td>PSYC 332</td>
<td>Health Psychology</td>
<td>3.00</td>
</tr>
</tbody>
</table>