KINESIOLOGY AND HEALTH STUDIES

School Notes
Subject Code for Health Studies: HLTH
Subject Code for Kinesiology and Physical Education: KNPE
Subject Code for Physical Activity Practicum Course: PACT
World Wide Web Address: https://skhs.queensu.ca/

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Overview
The School of Kinesiology and Health Studies offers a range of Program and Plan options to students in Arts and Science:

The Kinesiology Specialization Plan is a multi-disciplinary, science-based program that focuses on human movement in the applied exercise-science fields of study such as biomechanics, ergonomics, exercise physiology, and physical activity epidemiology. While the Plan is primarily science-based, students also learn about human movement in the context of exercise and sport psychology, health promotion, and the socio-cultural aspects of physical activity. The B.Sc. (Hons.) Kinesiology Plan has been designed to meet the minimum accreditation standards for Kinesiology programs accredited by the Canadian Council of University Physical Education and Kinesiology Administrators (CCUPEKA). Admission to the Kinesiology Specialization Plan, leading to a Bachelor of Science (Honours) degree, is by direct-entry from high school.

The Health Studies Plan is a social science concentration that addresses subject areas bearing on human health. For the public health care system in Canada to function effectively both the social and physical determinants of health at the individual and societal level need to be understood in the context of health education, health policy, community health, and epidemiology. The core competencies of the Plan include health processes (e.g., implementation of programs and policies), health content (e.g., nutrition, sexuality), and supporting knowledge and concepts fundamental to the evaluation of health (e.g., behaviour, lifestyle choices). Major (https://queensu-ca-

**Admission**

Students wishing to enrol in Health Studies Major (https://queensu-ca-public.courseleaf.com/arts-science/schools-departments-programs/kinesiology-health-studies/health-studies-major-arts-ba-honours/), Medical (https://queensu-ca-public.courseleaf.com/arts-science/schools-departments-programs/kinesiology-health-studies/health-studies-medical-arts-ba-honours/) or Minor (https://queensu-ca-public.courseleaf.com/arts-science/schools-departments-programs/kinesiology-health-studies/health-studies-minor-arts/) or General Plans follow the standard Arts and Science admission regulations, normally applying to these Plans at the end of first year.

Admission to the Kinesiology Specialization Plan within the Bachelor of Science (Honours) Program is by direct-entry; students apply from high school directly to the Ontario Universities’ Application Centre for access to this program. Once admitted, the student will be automatically enrolled in the Kinesiology Specialization Plan (https://queensu-ca-public.courseleaf.com/arts-science/schools-departments-programs/kinesiology-health-studies/kinesiology-specialization-science-bs-honours/). Admission to the Physical and Health Education Plan, leading to a Bachelor of Physical and Health Education (Honours) (https://queensu-ca-public.courseleaf.com/arts-science/schools-departments-programs/kinesiology-health-studies/physical-education-specialization-physical-education-bph-honours/) degree is closed, effective September 2017. The program closure will not impact students currently enrolled in the BPHEH program, as they will continue to be able to fulfill all of the degree requirements of the program.

The Bachelor of Science – Kinesiology General Plan (https://queensu-ca-public.courseleaf.com/arts-science/schools-departments-programs/kinesiology-health-studies/kinesiology-general-science-bs/) is a graduation credentials only available to students who are otherwise unable to complete the corresponding Honours Specialization Program/Plan.