

STEPS FOR STUDENTS TO TAKE AFTER A RECENT SEXUAL ASSAULT



The BISC is committed to providing non-judgemental sexual assault support and response. Sexual assault is any kind of unwanted sexual activity. The BISC encourages survivors to reach out for support and offers the following steps as options to consider.

HOSPITAL ACCOMPANIMENT OPTIONS (24/7)

Student Life Coordinators
Assistant Student Services Managers
Student and Enrolment Services Manager

1 GO TO A SAFE SPACE

For safety assessment and planning, call BISC Student Services or 999

24/7 CRISIS AND SUPPORT LINE

Samaritans – 116 123

2 SEEK MEDICAL ATTENTION

For confidential services, call the Saturn Centre, Sexual Assault Referral Centre, 0800 033 7797
Call immediately for STI prevention and care for injuries and within 7 days for medical evidence collection

FOR MEDICAL EVIDENCE COLLECTION, TRY NOT TO:

- shower, bathe or use the washroom prior to medical exam,
- change, wash or destroy clothing,
- clean up the scene.

3 GET SUPPORT AND EXPLORE OPTIONS

For confidential support, assistance, safety planning, reporting options, advocacy, liaison, counselling, supporting documentation for academic accommodations, and referral to campus and community resources, contact BISC Student Services, or Queen's University Sexual Violence Prevention and Response Coordinator: bjl7@queensu.ca / 001-613-533-6330

REPORTING OPTIONS

FORMAL REPORTING

Sussex Police—999

Student Services can provide information about formal and informal reporting options, including through the BISC Conduct System

PROFESSIONAL COUNSELLING OPTIONS

BISC Counselling Service
counselling@bisc.queensu.ac.uk
Ask for an appointment with a counsellor; indicate it is a crisis related to sexual assault

Survivor's Network
info@survivorsnetwork.org.uk

Counselling Plus
admin@counsellingplus.org

UNIVERSITY COMMITMENT TO SURVIVORS

All individuals who have experienced sexual assault can expect to:

- Be treated with compassion, dignity, and respect;
- Be provided with timely safety planning assistance;
- Be informed about on and off-campus support services and resources available to them;
- Be provided with non-judgmental and empathetic support;
- Be provided with academic accommodations as appropriate
- Determine whether and to whom they wish to disclose or report their experience; and
- Be the integral decision-maker in situations pertaining to them.