Peer Health Educator

**Employer:** Student Services, Bader International Study Centre

**Campus:** Herstmonceux Castle, Hailsham, East Sussex, BN27 1RN

**Closing date:** September 17, 11:59pm

**Overview**

The Peer Health Educators role is to assist in facilitating the adoption and maintenance of health-enhancing behaviours among students.

**Peer Health Educators contribute to this mission by:**

- Providing accurate and current health information to students using a variety of delivery strategies including: interactive displays, workshop presentations and campus outreach events
- Assisting in the design and development of health promotion materials
- Deliver information to students about health resources on campus in engaging (FUN!) and meaningful ways
- Coordinating one of 3 portfolios with a peer partner; Integrated Wellness, Mental Wellness or Physical Wellness

**Role Description**

**Learning Objectives**

By the end of their experience as a Peer Health Educator, members will:

- Recognize and adapt to the current Health and Wellness needs associated with students at the BISC
- Provide accurate and current health information to BISC students using a strategic active and passive programming platform
- Assist in the design and development of health promotion materials
- Conveying critical information to BISC students about health resources available on campus

**Duties**

Training and Meetings

- Participate in biweekly PHE team meetings
Peer Health Educator

- Meet with Health & Wellness SLC biweekly to discuss project progress and development opportunities
- Attend professional development opportunities where applicable
- Continue to develop knowledge in health topics and health promotion strategies

General PHE Tasks

- Create and maintain an inclusive environment for all PHEs
- Complete all relevant forms related to portfolio initiatives and events
- Complete mid-year and end-of-year self-evaluations
- Discuss problem/concerns as they arise with Health & Wellness SLC

Wellness Portfolios

Responsibilities

Mental Wellness PHEs
- Assisting in the development, implementation, and assessment of the Fall Mental Wellness Week
- Coordinating Winter Wellness Week, with the support of the Health & Wellness SLC
- Preparing midterm stressbuster kits
- Other projects as assigned/inspire

Integrated Wellness PHEs
- Assisting in the development, evaluation, and assessment of programs promoting sexual health awareness, healthy eating and nutrition, and alcohol awareness
- Developing and marketing a platform for students to ask questions about health and wellness
- Other projects as assigned/inspired

Physical Wellness PHEs
- Assisting in the development, management, and assessment of the weekly intramurals program, including set up and acting as a referee during some games
- Promoting physical wellness via interactive displays and word of mouth
- Organizing weekly Drop-In Sports sessions, with the support of the Health & Wellness SLC
- Promoting physical activity beyond the gym (ex. dorm room workouts)
- Other projects as assigned/inspired

Person Specifications

- Interest in healthy lifestyle practices
- Confident in ability to present relevant health information to a group of students
- Excited about student wellness, and being part of the BISC Health & Wellness Team
- Ability to work collaboratively and independently within a team
- Ability to demonstrate effective communication skills, through listening, communicating orally and written works.
- Demonstrates an ability to prioritize, manage personal needs, and use time effectively
**Who we are**

Bader International Study Centre, located at historic Herstmonceux Castle, East Sussex, is the overseas campus of Queen’s University, Canada. The campus occupies a 600-acre estate, including a range of academic, residential and recreational facilities. Our dedicated faculty and staff provide exceptional academic programming for undergraduate and postgraduate students from Canada and around the world. We also serve as a venue for international conferences and meetings. Our wholly owned trading subsidiary, Herstmonceux Castle Enterprises Limited, is responsible for running the gardens and grounds, corporate events and other functions.

The BISC is committed to employment equity, inclusion and diversity and supports fair treatment and opportunity for all.

**What we can offer you**

Professional and personal development in the following competencies:

- **Personal Development**  
  - Resilience  
  - Initiative  
  - Strategic Planning

- **Event Planning**  
  - Decision Making  
  - Adaptability  
  - Budget Management  
  - Managing Information

- **Interpersonal Skills**  
  - Collaboration  
  - Leadership  
  - Relationship Management  
  - Presenting

**How to apply**

**Required application format:** Please fill out the corresponding application questions via [jotform](#) by **September 17, 11:59pm**. Questions about the application and interview process may be directed to the Student Services team, or SLC Cassie Smith directly via [c.smith@bisc.queensu.ac.uk](mailto:c.smith@bisc.queensu.ac.uk)