Beachy Head & Birling Gap are back that way
CUCKMERE HAVEN

How far?
40 minutes’ ride. Drop off and pick up point – the car park.

What’s there?
Either a relaxing flat stroll down to the beach (1 on map overleaf), or an energetic hike up over the South Downs (2 on map overleaf); they’re both FREE! The Cuckmere River meanders through the valley to the sea and there is plenty of wildlife to see, particularly water birds. [http://www.nationaltrust.org.uk/cuckmere-valley/](http://www.nationaltrust.org.uk/cuckmere-valley/)

- Between the 16th and 18th centuries the beach and river up to Alfriston were used by smugglers.
- Pill box defences, which can still be seen, were built at the back of the beach during World War II.
- Some scenes from the recent ‘Mr Holmes’ movie were shot here.
- The view of the Seven Sisters chalk cliffs was used in ‘Harry Potter and the Goblet of Fire’.

Borrow a map from Student Services to hike some of the South Downs Way path.

- You can walk over the cliffs to Eastbourne, or up the river to Alfriston. You might be able to pick up a public bus at either of these places [https://bustimes.org.uk/regions/SE](https://bustimes.org.uk/regions/SE) or [http://www.cuckmerebuses.org.uk/timetables.htm](http://www.cuckmerebuses.org.uk/timetables.htm)
- You could stop off at the ‘Cuckmere Inn’ for a drink or something to eat, or just buy an ice cream from the van that’s often in the car park.

A word of warning: do NOT go near the edge of the cliffs. They are very unstable and large chunks can fall at any time. If you see a crack in the ground, you are too close – move away immediately. Stay on the footpaths and enjoy the views in safety. The BISC will not be responsible for anyone who ignores this warning.

When can I go there?
Depending on demand, around once a month.

Who do I ask if I want a special trip?
E-mail minibus@bisc.queensu.ac.uk