

Champions for Mental Health – Nomination Form Sample

The [Champions for Mental Health Project](#) celebrates Queen's educators and staff that are going above and beyond to support and promote student mental health and prompt further action.

This initiative is a response to student feedback and research highlighting the importance of increased mental health promotion and support on campus and in academic environments. We are calling for **Queen's students** to nominate educators and staff who display leadership in mental health promotion.

Nominees will have their profiles and work highlighted on the [Campus Wellness Project](#) website and shared online on social media accounts.

Sample fields:

1. YOUR first name (student)
2. YOUR last name
3. YOUR Queen's email address
4. Name of person being nominated as a Champion for Mental Health
5. THEIR Queen's email address
6. THEIR faculty or department or unit (Where do they work?)
7. How do you know this person?
8. How do they support student wellbeing and promote positive mental health at Queen's? Examples are welcome.
9. How would you describe the nominee to a friend or classmate?
10. Any additional information or comments?

11. Instructors / staff nominated will occasionally ask who nominated them as a Champion for Mental Health. If this happens, would you like your nomination to be anonymous? (Your name will never appear on the website or in social media related to this nomination.) (yes/no)
12. We'd like to make a video about the impact educators and staff can have on student mental health. Would you be interested in contributing to this video? (yes/no)

More information:

Contact the Campus Wellness Project at campuswellness@queensu.ca.