

WORKSHOP PROGRAM

Reserves ***AT THE READY***

Transforming Total Defence Forces in War and Peace



July 14 - 15, 2026
Queen's University

Reserves **AT THE READY**

Transforming Total Defence Forces in War and Peace

In the face of the rapidly changing defence and security environment, states are increasingly struggling to counter conventional and hybrid threats, while also standing by to respond to domestic emergencies. As a result, many states have increased defence spending, sought to boost military recruitment efforts, and developed integrated defence force models. Reserve forces are key components of such models. Building on theoretical and empirical insights from our previous co-edited volume *Total Defence Forces in the Twenty-First Century* (McGill-Queen's University Press, 2023), we propose an original and systematic examination of reserve forces in the NATO context.



UNIVERSITY OF
GOTHENBURG

CSMS
Swedish Centre for Studies
of Armed Forces and Society

CDSN
THE CANADIAN DEFENCE AND
SECURITY NETWORK



RCDS
RÉSEAU CANADIEN SUR LA DÉFENSE ET
LA SÉCURITÉ



**EUROPEAN RESEARCH
GROUP ON MILITARY AND SOCIETY**

DGMPRA
Director General
Military Personnel
Research and Analysis



DGRAPM
Directeur général
recherche et analyse
sur le personnel militaire

CHAIRE DE RECHERCHE SUR LA **FORCE DE RÉSERVE**
RESEARCH CHAIR ON **RESERVE FORCE**



Objective: Reserve forces are increasingly seen as vital for strengthening national defence, contributing to personnel-intensive responses to national and international crises, as well as reinforcing the links between defence institutions and the wider society. As states seek to adapt their defence policies and practices to new and emerging security challenges, questions about the organization, role and mandate of reserves take on a new sense of urgency and relevance. The aim of this book is to contribute to our understanding of reserve force models, in relation to the organization and development of Total Defence Forces and inform reserve force generation and employment in the NATO context. We are interested in the prospects and challenges of reserve forces within defence and security, as well as the role of reserves for military-society relations.

In addition to introducing different and evolving reserve force models in this edited volume, we would like to showcase country case studies that serve to illustrate why and how these models have emerged (e.g. part-time service, home guard, operational reserve, conscription based). We will compare the different models and how recent changes in the defence and security landscape have impacted them, comparing the case studies along key characteristics (expeditionary vs. domestic, specialists vs. generalists, collective vs. augmentee, etc). Beyond NATO cases, we explore other models that have informed NATO policy discussions on reserve forces, before ending with a conclusion that summarizes key findings and proposes recommendations for the Alliance and its member states.

This workshop is being organized through a collaboration between the Canadian Defence and Security Network (CDSN; <https://www.cdsn-rcds.com/>), the Swedish Centre for Studies of Armed Forces and Society (CSMS; <https://www.csms.se/>), the Centre of International and Defence Policy (CIDP; <https://www.queensu.ca/cidp/>), and the Total Defence Force working group of the European Research Group for Military and Society (ERGOMAS) <https://ergomas.ch/>).

WORKSHOP AGENDA

July 14, 2026

09:00
am

Registration and Coffee

09:30
am

Opening Remarks

- Joakim Berndtsson, *CSMS and University of Gothenburg*
- Irina Goldenberg, *Department of National Defence*
- Stéfanie von Hlatky, *Queen's University*

09:45
am

Keynote Address

Future Reserve Force: Toward greater national resilience

- Brigadier General Stéphane Tardif, CD, *Deputy Chief of Reserves, Canada*

10:30
am

Break

10:45
am

Panel 1

Between Obligation and Voluntarism: Agency in Estonia's Reserve-Based Defense Model

- Presenter: **Kairi Kasearu**, *University of Tartu*
(Authors: Kairi Kasearu (*University of Tartu*), Taavi Laanepere (*Estonian Military Academy*),
Eleri Lillemäe (*Estonian Military Academy*), Tiia-Triin Truusa (*Baltic Defence College*))

Between Citizen and Soldier: The Swedish Home Guard and Reserve Force Generation in a NATO Context

- Presenter: **Joakim Berndtsson**, *CSMS & University of Gothenburg*
(Authors: Joakim Berndtsson (*CSMS & University of Gothenburg*), Lotta Victor Tillber
(*CSMS and Södertörn University*, Peter Tillberg, *CSMS*))

11:45
am

Introduction of the Canada research chair on the Reserve Force

- Dr. Yann Breault and Dr. Ian Parenteau, *Royal Military College Saint-Jean*

12:00
pm

Lunch

01:15
pm

Panel 2

The Cognitive Edge: Reimagining Reserve Forces for Modern Warfare

- Presenter: **William F. Lyons**, *Norwich University*
(Authors: William F. Lyons (Norwich University), Travis T. Morris (Norwich University))

US Marine Reserve Component

- Presenter: **Lindsay Rodman**, *Wilson Center's Canada Institute*

The Enduring Value – and Growing Challenges – of Pretrained Individual Manpower in the U.S. Army

- Presenter: **Stephen Dalzell**, *United States Army Reserve*

Reservism in Latin America

- Presenter: **Rafa Martínez**, *University of Granada*
(Authors: Rafa Martínez (University of Granada), Marién Durán (University of Granada),
Alberto Bueno (University of Granada), Enriqueta Expósito (University of Granada))

02:45
pm

Stretch Break

02:50
pm

Day 1 Summary

- Main takeaways and group discussion led by **Rubiat Saimum** (Queen's University), co-moderated by Irina Goldenberg and Joakim Berndtsson.

03:30
pm

End of Session

06:00
pm

Workshop Dinner

- Tir Nan Og - 200 Ontario Street, Kingston
(Participants are invited to gather following the day's sessions. Meals and beverages will be at the participants' own expense.)

08:00
pm

Reception (*cash bar*)

- Princess of Wales' Own Regiment Officers' Mess
100 Montreal St, Kingston

July 15, 2026

09:00
am

Keynote Address

An international perspective of how reservists can contribute to defend the liberal democracies in the context of the new NATO policy on Reserves.

- **Colonel Jørn Buø**, *President Interallied Confederation of Reserve Officers, CIOR*

09:45
am

Panel 3

The Reserve as Part of NATO's Capability Profile: What Contribution Germany and NATO Members will have to make in Future

- Presenter: **Patrick Sensburg**, *Association of Reservists of the German Armed Forces*
(Authors: Patrick Sensburg (Association of Reservists of the German Armed Forces), Philip Mark (Association of Reservists of the German Armed Forces))

Re-inventing the Territorial Defense: Reserve Forces in Slovenia

- Presenter: **Klemen Kocjančič**, *University of Ljubljana*
(Authors: Klemen Kocjančič (University of Ljubljana), Ljubica Jelušič (University of Ljubljana))

Quality without Surge Capacity: The Limits of the Italian Reserve Model

- Presenter: **Matteo Mazziotti di Celso**, *Institute for Strategic Research at the Military School*

11:00
am

Coffee Break

11:30
am

Panel 4

Gender and National Resilience: Ukraine's Experience of Women in Total Defence

- Presenter: **Anna Romandash**, *Claremont McKenna College*

The Republic of Korea Reserve Forces (ROKRF): A Critical Deterrent Under Strain

- Presenter: **Insoo Kim**, *Korea Military Academy*

Israel's Reserve Forces—The Total Defence Model in Practice

- Presenter: **Eitan Shamir**, *Bar-Ilan University*
(Authors: Eitan Shamir (Bar-Ilan University), Eyal Ben-Ari (Jerusalem Institute for Strategy and Security))

12:45
pm

Lunch

01:45
pm

Panel 5

From Total Force to Total Defence: Canadian Reserve Force Lessons for Whole-of-Society Defence

- Presenter: **Howard Coombs**, *Royal Military College of Canada*

The UK's Reserve Forces: Reversing 30 years of Change to be Ready Again for War

- Presenter: **Vincent Connelly**, *Oxford Brookes University*

Second-class Soldiers? Reservists in New Zealand

- Presenter: **Bethan Greener**, *Massey University*

3:00

pm

Day 2 Summary

- Main takeaways and group discussion led by **Sanjida Amin** (CDSN-CIDP Postdoctoral Fellow, Queen's University), co-moderated by Stéfanie von Hlatky and Bethan Greener.

3:45

pm

Closing Remarks

4:00

pm

End of Session

BIOGRAPHIES

Joakim Berndtsson

Dr Joakim Berndtsson is a full Professor with the School of Global Studies at the University of Gothenburg, Sweden, and a researcher at the Swedish Centre for Studies of Armed Forces and Society (CSMS). In the autumn of 2025, Berndtsson was a visiting scholar with the Canadian Defence and Security Network (CDSN-RCDS) at Carleton university. Dr Berndtsson's research covers Swedish and Nordic total defence planning and organising, and public opinion on Swedish defence and security policy. Together with Irina Goldenberg and Stéfanie von Hlatky, he was co-editor for the *Total Defence Forces in the Twenty-First Century* (McGill-Queens University Press, 2023); and the same team are co-editors for the volume *Reserves at the ready* (forthcoming with Springer). Dr Berndtsson is PI for a research project on civil-military collaboration in Scandinavian total defence organisations, funded by the Swedish Research Council, and he works on a project on military professionalism, military-society relations, and public opinion, funded by the Swedish Armed Forces

Bethan Greener

Bethan Greener is Professor of International Relations and Head of School, People, Environment and Planning at Massey University New Zealand. She is also an Honorary Professor at the New Zealand Command and Staff College. Beth has published numerous pieces on security and defence topics, including an edited book on the New Zealand Army, chapters and papers on defence policy and operational taskings, and has an abiding interest in civil-military affairs.

Klemen Kocjančič

Klemen Kocjančič holds a university graduate degree in theology, an MA in defence studies, and a PhD in history, all awarded by the University of Ljubljana (Slovenia). He serves as Undersecretary for Military Technology, Research and Development at the Ministry of Defence of the Republic of Slovenia. In addition, he is habilitated as a Research Fellow at the Defence Research Centre, Faculty of Social Sciences, University of Ljubljana, and as an Assistant Professor of Defence Studies at the Faculty of Government and European Studies, New University. He is also pursuing doctoral studies in military societal studies at the Faculty of Social Sciences, University of Ljubljana. His research interests are in the fields of military history (Second World War in Slovenia, Waffen-SS, insurgency and counterinsurgency, foreign-manned German (para)military units), extremism and terrorism (Islamic terrorism, terrorism in South-eastern Europe), military sociology (civil-military relations, military families, military chaplaincy), and critical infrastructure. Beyond his research and academic activities, he also serves as Executive Editor of the Contemporary Military Challenges (Sodobni vojaški izzivi), a scientific and professional journal, published by the General Staff of the Slovenian Armed Forces.

Colonel (Ret.) William Lyons

Colonel (Ret.) William Lyons is the Vice President for Distance Education at Norwich University, where he leads the College of Graduate and Continuing Studies. He also serves Norwich as a professor of strategic studies. COL Lyons served in various positions in the Army and Army Reserve over a 31-year career, primarily in human intelligence collection and operations. His service included command at every level from detachment through brigade, including command of two military intelligence brigades. His operational experience included service in Kuwait, Bosnia, Iraq, and Germany. During his civilian career, COL Lyons supported various federal agencies as a consultant providing field services to US Special Operations Command and the US Department of State in Latin America, Africa, and the Middle East. He holds a Juris Doctor from Suffolk University Law School, a Master of Strategic Studies from the US Army War College, a Master of Transportation and Urban Systems from North Dakota State University, and a Master of Studies from Cambridge University. He received a Bachelor of Science in Electrical Engineering from Norwich University in 1990. He is a graduate of the US Army Command and General Staff College and the US Joint Forces Staff College.

Matteo Mazziotti di Celso

Matteo Mazziotti di Celso is a Postdoctoral Researcher at the Institut de Recherche Stratégique de l'École Militaire (IRSEM) in Paris. He holds a PhD in Strategic Studies from the University of Genoa, where he completed a dissertation on the use of the Italian armed forces for domestic policing. Before beginning his academic career, he served for eight years in the Italian Army as a combat engineer officer, leaving the service with the rank of Captain. His research focuses on civil-military relations, domestic policing, and military recruitment.

Rafael Martínez

Martínez Rafael. University of Barcelona, Professor of Political Science and Public Administration. He has served as Vice-Rector of the UB and Head of Studies in Political Science as well as in Law, and currently directs the Department of Political Science. He has been a visiting professor at the Fondation Nationale des Sciences Politiques (Paris) and the University of California-Riverside (USA). He has published about the democratization and modernization of the armed forces. Among his works stands out the book *Soldiers, Politicians and Civilians: Reforming Civil-Military Relations in Democratic Latin America* (2017) co-authored with David Pion-Berlin (Cambridge University Press), for which they won the Giuseppe Caforio Best Book Award from ERGOMAS (European Research Group on Military and Society) in 2019.

Lindsay Rodman

Lindsay Rodman is currently Associate Deputy General Counsel for Intelligence in the Office of the General Counsel at the Department of Defense and a Distinguished Professorial Lecturer in Law at George Washington Law School. Earlier in her career, she was an active duty Marine, serving as an operational law attorney while deployed to Afghanistan, Deputy Legal Counsel to the Chairman of the Joint Chiefs of Staff, and a White House Fellow, placed at the National Security Council as Director for Defense Policy and Strategy, among other assignments. She remains an officer in the Reserves. After leaving the Marine Corps, Ms. Rodman served as the Special Assistant to the Under Secretary of Defense for Personnel & Readiness and as a senior advisor in the Pentagon working on international humanitarian policy. She is also a seasoned nonprofit executive, recently serving as the Executive Director of the Leadership Council for Women in National Security (LCWINS) and previously as Executive Vice President at Iraq and Afghanistan Veterans of America (IAVA). She began her career at Arnold & Porter LLP in Washington DC.

Anna Romandash

Anna Romandash is a researcher and author from Ukraine whose work focuses on war, human rights, gender, and social justice. She has extensively written on the Russian-Ukrainian war, focusing on the impact on civilians, civil society, and democratic institutions. Romandash is the author of "Women of Ukraine: Reportages from the War and Beyond" and "Stories of Resilience."

