

# TRANSFORM YOUR TEACHING

## STAGE 1: REFLECT

Critical reflection is a key part of any teaching practice. Reflect on your previous teaching experiences by asking yourself:

- What successes did you have?
- What resources did you draw on to achieve those successes?
- What elements of your teaching that under your control can help you improve?

## STAGE 2: IMPROVISE

- As you consider how to modify your teaching, challenge yourself to take risks and try something new. Be inspired by improvisational mindsets that emphasize a "Yes, and" response to build on new ideas.

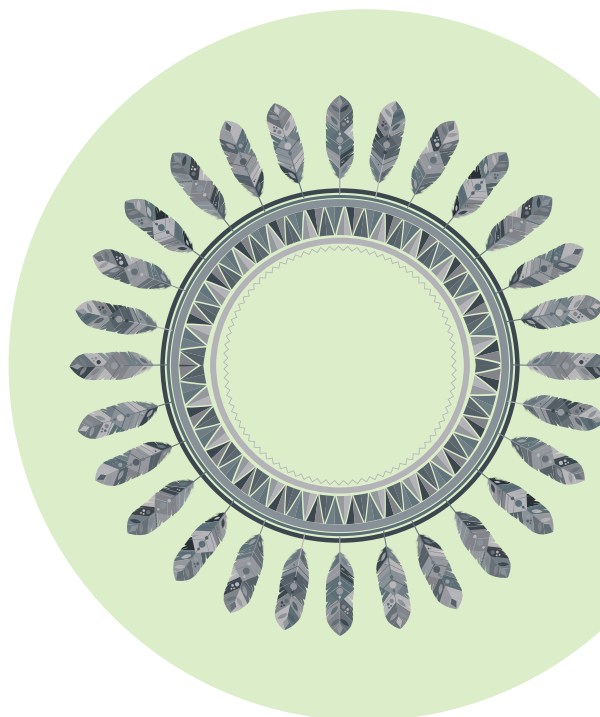


## STAGE 3: REVISE

- Recognize the balance between idea generation and overwhelming yourself.
- Focus on what matters most to you, while still putting learners at the heart of the educational experience.

## STAGE 4: CONNECT

- Use the Self-Assessment Tool to receive curated Transforming Teaching Toolkit resource recommendations.
- Share your ideas with colleagues and hear from them: small supportive networks make a big difference.
- Contact the CTL if you need additional support!.



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