“Luke, you must learn the ways of the force”

“I’m ready, Obi Wan.”

“Oooookay. Let’s see here. After you’ve logged in, you’re gonna want to go to the student portal and click Jedi....”
Dram100 – Introduction to Theatre

Online module
+ synch session w/instructor
+ tutorials
How can I make the alienating experience of remote learning more humane?
Erin Hurley
&
Sara Ahmed
Erin Hurley
*Theatre and Feeling* (Macmillan, 2010)

1) AFFECT
2) EMOTION
3) MOOD
Erin Hurley
*Theatre and Feeling* (Macmillan, 2010)

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*Theatre and Feeling* (Macmillan, 2010)

1) AFFECT

2) EMOTION

3) MOOD
Sara Ahmed
*The Promise of Happiness* (Duke UP, 2010)

“Happy Objects”
MOOD
3 Strategies:

• From remote learning to blended learning (flipping the classroom)
• The value of true synchronicity (i.e. of being together)
• Carving out time for wellness
From remote learning to blended learning (flipping the classroom)
The value of true synchronicity (i.e. of being together)
Carving out time for wellness

1 – Wellness interventions
1 – Wellness interventions

• Playing fun upbeat music as people entered the call.
• The costume or special object game.
• Different kind of ‘check in.’
• Humour and self-deprecation.
Check in Examples:

- What tiny thing has given you joy this past week?
- What is your favourite word? Not in terms of meaning, but in terms of sound. The way the word sounds.
- Recommend a stupid or absurd tv show. Something that you watch that you know is stupid, but that you love anyway.
- What is your favorite dessert?
- Scariest movie that you’ve ever seen?
- What is your favourite thing to watch, listen to, or read when you’re seeking comfort and joy?
- Happiest song that you can think of. The first one that comes to mind.
Carving out time for wellness

2 – Discussing wellness
(a) it is possible to create a sense of presence online

(b) a sense of being present together does not occur by default just because we are in a real-life classroom

(c) strategic interventions can support the creation of presence and community.
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Thanks!