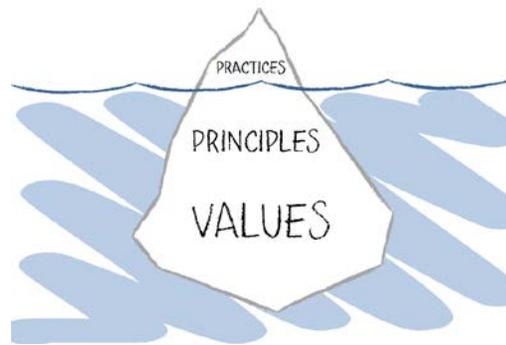


## Guiding Principles

1. I am here to write.
2. I will be on time and participate in the entire day every day of the Boot Camp.
3. Because I am here to write, I will come prepared each day to write with all the materials I need.
4. Because I am here to write, I will avoid the black hole that is the Internet like the plague, except at the designated Internet station, and I will use my phone only for emergencies.
5. I am here to write, but I also understand that Boot Camp is a supportive space within which I can learn not only more about my writing, but also about myself.
6. I will take short breaks for snacks, stretching, washroom, etc.
7. If I listen to music, I will use headphones and listen at a low volume.
8. I will respect my fellow writers by taking personal conversations outside the writing space.



### How You Can Prepare

- Consider letting your supervisor know that you are participating in Boot Camp. You may wish to create a plan of action with your supervisor.
- Decide which portion(s) of your project to focus on. Because this is a very unique time, be very clear with yourself about how this time can best benefit you. Perhaps you need to work on the most difficult portion or maybe you need to fill in some information gaps. The clearer you are with yourself, the more you are likely to achieve.
- Gather the necessary materials ahead of time.
  - ✓ Hard copies or saved PDFs of sources
  - ✓ Your notes
  - ✓ Previous drafts/comments
  - ✓ Data analysis

- If you'd like to book an appointment with a Learning or Writing Strategies Advisor, consider in advance what you would like to focus on. See the table below for some common areas with which we all could use some help.
- Consider coming to an informal introduction to Boot Camp on Friday 10<sup>th</sup> February from 12noon – 1pm (bring your lunch) in Gordon Hall, room 324, if you have any questions or are unsure whether Dissertation Boot Camp is for you.



<b>1:1 Learning Strategies Consultation</b>	<b>1:1 Writing Strategies Consultation</b>
<ul style="list-style-type: none"><li>o finding time in a busy schedule to write</li><li>o increasing motivation and limiting procrastination in your writing</li><li>o reducing distractions</li><li>o setting writing goals for yourself</li><li>o making a plan for your writing</li></ul>	<ul style="list-style-type: none"><li>o organizing your ideas and planning</li><li>o developing greater clarity</li><li>o strengthening your writing style</li><li>o avoiding common grammatical mistakes</li><li>o developing self-editing strategies</li></ul>

