Meaning, Purpose, and Spirit at Work

Learn about how you can find greater connection with a sense of meaning, purpose and spirit in your work and life decisions. We’ll share a few key theories and ideas, hear some inspiring stories, and reflect on where you’ve found meaning and how you can to move in purposeful directions in the future. This interactive workshop will be led by Queen’s Career Services, Queen’s Office of Faith and Spiritual Life, and Student Wellness Services.