

# Integrated Research Team (IRT) Experience

## **Description**

The IRT experience provides a mentored project in which the CREATE student is trained to play a key role in a multidisciplinary team alongside basic and clinical scientists. The approach is based on the team model currently used at HMRC and includes elements that guide the student through the stages of a typical research project. The experience is intended to prepare the student for undertaking major projects and is adapted in scope to accommodate master's, doctoral, and post-doctoral trainees.

## **Instructional Goal**

To develop specific skills and attitudes critical to efficient operation of multidisciplinary research teams.

## **Learning Objectives**

By the end of this module, trainees will be able to:

- Describe the structure of an IRT and one's role within an IRT
- Manage fiscal and human resources, and identify an effective communication plan for one's team.
- Develop research questions focused on clinical problems associated with patient treatment.
- Demonstrate an understanding of other scientific cultures through successful completion of a multidisciplinary research project.
- Undertake laboratory evaluation of medical products such as implants and assistive devices.
- Write research objectives and a detailed experimental protocol.
- Identify a reasonable project scope and develop a detailed work plan.
- Identify relevant methods for experimentation, including initial design of testing apparatus or other technology and perform pilot testing or numerical simulation (if appropriate).
- Manage the technical aspects of a study, data management and analysis.
- Engage in knowledge dissemination of research results through presentations and publication(s).

## **Instructional Methods**

Mentoring session(s): Interns and trainees will be mentored by scientists and clinical researchers. IRT Orientation session, Clinical visits and Field travel where applicable.

## **Facilitators**

Dr. Tim Bryant  
Various mentors

## **Delivery**

Regular research team meetings  
Delivery: Lab-based

## Phase 1 and 2

Objectives	Activities
<p><b>1. Clinical Needs Identification</b></p> <ul style="list-style-type: none"> <li>• Clinical problem identified in terms of patient need.</li> <li>• Best practice described.</li> <li>• Relevant literature is reviewed.</li> <li>• Expected clinical outcome defined.</li> </ul>	<p><b>HMRC-CREATE Trainee:</b></p> <ul style="list-style-type: none"> <li>• Understands relevant anatomy and physiology.</li> <li>• Masters terminology in this area</li> <li>• Understands related treatment methods and clinical problems</li> <li>• Increases ability to self-learn in these areas</li> </ul> <p><b>Clinical Trainee:</b></p> <ul style="list-style-type: none"> <li>• Reviews relevant clinical literature.</li> <li>• Understands key clinical issues and potential methods for measuring research outcomes</li> </ul>
<p><b>2. Research Questions</b></p> <ul style="list-style-type: none"> <li>• Research questions identified in terms of clinical need.</li> <li>• Potential outcome measures identified.</li> <li>• Critical assessment of potential impact.</li> </ul>	<p><b>HMRC-CREATE Trainee:</b></p> <ul style="list-style-type: none"> <li>• Performs initial review of scientific and technical literature.</li> <li>• Develops research questions based on suitable models.</li> <li>• Develops plan for literature and technical review.</li> </ul> <p><b>Clinical Trainee:</b></p> <ul style="list-style-type: none"> <li>• Critically assesses relevancy of research questions.</li> </ul>

**Phase 1 and 2 completion:** Formal presentation to IRT. Oral questioning and formative feedback.

## Phase 3 and 4

Objectives	Activities
<p><b>3. Research Objectives</b></p> <ul style="list-style-type: none"> <li>• Thorough review of literature.</li> <li>• Research objectives posed in terms of knowledge or technology needs.</li> <li>• Feasible scope described.</li> </ul>	<p><b>HMRC-CREATE Trainee</b></p> <ul style="list-style-type: none"> <li>• Understands clinical, scientific, and technical issues.</li> <li>• Understands requirements of the project.</li> </ul> <p><b>Clinical Trainee</b></p> <ul style="list-style-type: none"> <li>• Understands clinical, scientific, and technical issues.</li> <li>• Understands requirements of the project.</li> </ul>
<p><b>4. Work Plan</b></p> <ul style="list-style-type: none"> <li>• Experimental design described in terms of objectives.</li> <li>• Measured variables defined and justified.</li> <li>• Experimental protocol detailed.</li> </ul>	<p><b>HMRC-CREATE Trainee</b></p> <ul style="list-style-type: none"> <li>• Identifies relevant methods for experimentation, including testing apparatus or other technology.</li> <li>• Performs pilot testing or numerical simulation completed if appropriate.</li> </ul> <p><b>Clinical Trainee</b></p> <ul style="list-style-type: none"> <li>• Understands limitations in technology and appreciates time line required for development.</li> </ul>

**Phase 3 and 4 completion:** Draft research proposal. Oral formative feedback.

## Phase 5

Objectives	Activities
<p><b>5. Feasibility Assessment</b></p> <ul style="list-style-type: none"><li>• Revised work plan detailed.</li><li>• Proof of principle study demonstrates feasibility of work plan or technology.</li></ul>	<p><b>HMRC-CREATE Trainee</b></p> <ul style="list-style-type: none"><li>• Responsible for scientific technical accuracy of fabrication, data acquisition, data management, and analysis of results.</li></ul> <p><b>Clinical Trainee</b></p> <ul style="list-style-type: none"><li>• Responsible for clinical best practice as appropriate in work plan.</li><li>• Participates in data acquisition as appropriate.</li><li>• Critically assesses results.</li></ul>

**Phase 5 completion:** Presentation to IRT. Oral questioning and formative feedback.

## Phase 6

Objectives	Activities
<p><b>6.1 Project Completion - Paper Option.</b></p> <p>Completed research study described in formal structure suitable for conference presentation</p>	<p><b>HMRC-CREATE Trainee:</b></p> <ul style="list-style-type: none"> <li>• Responsible for technical aspects of study, data management, and analysis.</li> <li>• Critical evaluation and discussion of results.</li> </ul> <p><b>Clinical Trainee:</b></p> <ul style="list-style-type: none"> <li>• Responsible for clinical aspects of study and critical assessment of results.</li> </ul>
<p><b>6.2 Project Completion – Proposal Option.</b></p> <p>Completed key aspects of project proposal in formal structure suitable for submission for funding.</p>	<p><b>HMRC-CREATE Trainee:</b></p> <ul style="list-style-type: none"> <li>• Coordinates document preparation.</li> <li>• Prepares technical aspects of proposal.</li> <li>• Determines budget requirements and timeline.</li> </ul> <p><b>Clinical Trainee:</b></p> <ul style="list-style-type: none"> <li>• Prepares clinical aspects of proposal.</li> <li>• Critically assesses proposal.</li> </ul>

**Phase 6 completion:** (Option 1) Formal presentation with questioning. Summative review by faculty external to IRT. (Option 2) Submission of project proposal suitable for review by faculty external to IRT.