COVID-19 Self Assessment Questionnaire  
Department of Mathematics and Statistics

- Do you have any of the following new or worsening symptoms or signs (Symptoms should not be chronic or related to other known causes or conditions)
  - Fever or chills
  - Difficulty breathing or shortness of breath
  - Cough
  - Sore throat, trouble swallowing
  - Runny/stuffy nose or nasal congestion
  - Decrease or loss of smell or taste
  - Nausea, vomiting, diarrhea, abdominal pain
  - Not feeling well, extreme tiredness, sore muscles

- Have you travelled outside of Canada in the past 14 days?
- Have you had close contact with a confirmed case of COVID-19 in the past 14 days?
- In the past 14 days, have you been in close contact with someone who is currently sick with symptoms associated with COVID-19 and NOT undergoing active testing for COVID-19?
- Are you under a public health order/recommendation to limit contact/self-isolate/quarantine due to the risk of COVID-19?
- Have you travelled outside of the KFL&A, Hastings, Prince Edward, Leeds & Grenville, and Lanark Counties, had visitors from outside this region, or moved to this region in the last 14 days?

If you answered ‘yes’ to any of the above questions, it is recommended that you go home and self-isolate and:

1. Complete the Ontario COVID-19 Self-Assessment survey and follow the instructions provided
2. Staff/Faculty, please review the COVID-19 information link:
3. Students, for medical assistance please contact Student Wellness Services at 613-533-6740. If living in Residences, please review the COVID-19 information site:

These screening questions are based on the Province of Ontario COVID-19 screening questions and on the recommendations of Public Health.