

Queen's University

## Principal's Commission on Mental Health: Resources

### The Commission's June 2012 discussion paper

In June 2012, the commission released *Towards a Mental Health Strategy for Queen's: A Discussion Paper* and invited community feedback, which was integrated into the commission's final report.

<http://www.queensu.ca/sites/default/files/assets/pages/principal/docs/CMH-discussionpaper-June2012.pdf>

The Queen's Principal's Commission on Mental Health Discussion Paper, June 2012 (PDF 900 KB)

### Other resources

<http://strategy.mentalhealthcommission.ca/>

Mental Health Commission of Canada Changing Directions, Changing Lives: The first mental health strategy for Canada, 2012

Richard Kadison, M.D and Theresa Foy Digeronimo. *College of the Overwhelmed: The Campus Mental Health Crisis and what to do about it*, San Francisco, Jossey-Bass, 2005. Available at:

<http://ca.wiley.com/WileyCDA/WileyTitle/productCd-0787981141.html>

<http://www.gannett.cornell.edu/campus/welfare/index.cfm>

The Cornell University Council on Mental Health and Welfare

<http://www.phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/school-scolaire/behaviour-comportements/publications/hcyp-sjc-eng.php>

Public Health Agency of Canada, 2012 The Health of Canada's Young People: A mental health focus

This national report is a Queen's research initiative.

<http://publications.msss.gouv.qc.ca/acrobat/f/documentation/1997/97-237-a.pdf>

Help for Life, Government of Quebec, 1998 . Quebec's Strategy for Preventing Suicide (PDF 496 KB)

<http://invisabilities.org/>

InvisAbilities

<http://www.jack.org/>

Jack.org

<http://www.mentalhealthcommission.ca/English>

Mental Health Commission of Canada

[http://www.health.gov.on.ca/en/common/ministry/publications/reports/mental\\_health2011/mentalhealth\\_rep2011.pdf](http://www.health.gov.on.ca/en/common/ministry/publications/reports/mental_health2011/mentalhealth_rep2011.pdf)

Open Minds, Healthy Minds: Ontario's Comprehensive Mental Health and Addictions Strategy (2011) (PDF 385.67 KB)

<http://www.queensu.ca/sites/default/files/assets/pages/principal/docs/WHOSuicidePreventionatWork.pdf>

Preventing suicide: A resource at work, World Health Organization (PDF 185.6 KB)

<http://www.queensu.ca/sites/default/files/assets/pages/principal/docs/WPAPublications2006to2010.pdf>

Publications of members of the World Psychiatric Association's section on stigma and mental disorders (2006-2010) (PDF 416.2 KB)

[http://www.collegesontario.org/policy-positions/health/CO\\_MentalHealth\\_Report\\_2012\\_WEB.pdf](http://www.collegesontario.org/policy-positions/health/CO_MentalHealth_Report_2012_WEB.pdf)

Report from the Colleges Ontario conference Focus on Mental Health, Toronto, May 2012 (PDF 3.52 MB)

<http://www.queensu.ca/sites/default/files/assets/pages/principal/docs/StuartStigmahasabarriertomentalhealth.pdf>

Stigmas as a Barrier to Mental Health, by Heather Stuart, PhD, Professor, Community Health and Epidemiology, Queen's University Stigmas as a Barrier to Mental Health (PDF 994.6 KB)

<http://www1.carleton.ca/studentssupport/ccms/wp-content/ccms-files/Carleton-University-Student-Mental-Health-Framework.pdf>

Student Mental Health Framework, Carleton University, 2009 Student Mental Health Framework: A guide for supporting students in distress (PDF 717 KB)

<http://vpstudents.ubc.ca/files/2012/05/Student-Mental-Health-Plan-Brochure.pdf>

UBC's Mental Health and Well-being Strategy, 2012

<http://www.phac-aspc.gc.ca/cphorsphc-respcacsp/2011/cphorsphc-respcacsp-06-eng.php#Men>

Public Health Agency of Canada, 2011 Youth and Young Adults: Life in Transition: The Chief Public Health Officer's Report on the State of Public Health in Canada