Xiaomei Li (she/her) Curriculum Vitae

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EDUCATION

Ph.D. **Human Development and Family Studies** 2023 University of Illinois at Urbana-Champaign, USA Advisors: Drs. Kelly M. Tu & Nancy L. McElwain Dissertation: Dyadic flexibility in early mother-child interactions: Associations with adolescent self-regulation and psychological adjustment M.Sc. **Human Development and Family Studies** 2019 University of Illinois at Urbana-Champaign, USA Advisors: Drs. Kelly M. Tu & Nancy L. McElwain B.S. 2017 **Psychology** Beijing Normal University, China Advisor: Dr. Zhuo (Rachel) Han

PROFESSIONAL EXPEREINCE

Postdoctoral Fellow Supervisor: Dr. Tom Hollenstein 2023.9-present

Adolescent Dynamics Lab

Department of Psychology, Queen's University, Canada

Graduate Assistant PI: Dr. Kelly M. Tu 2017.8-2023.6

Adolescent Development and Parenting during Transitions Lab

(Middle School Transition Project, Understanding Sleep and Well-being in

Adolescence Project)

Department of Human Development and Family Studies, University of Illinois at Urbana-Champaign, USA

Graduate Assistant PI: Dr. Nancy L. McElwain 2018.7-2022.7

Interdisciplinary Lab for Social Development

(Children's Social Development Project, Infant Development Project)

Department of Human Development and Family Studies, University of Illinois at Urbana-Champaign, USA

FELLOWSHIPS AND AWARDS

Vice-Principal Research Postdoctoral Fellowship (100,000 CAD), Queen's University	2023-2025
Graduate Student Research Award - Ph.D. (1,000 USD), College of ACES, UIUC	2023
Graduate College Conference Presentation Award, College of ACES, UIUC	2023
Joseph Pleck Outstanding Graduate Student Award, the Faculty of HDFS, UIUC	2022
Student Travel/Abstract Award, International Society for Developmental Psychobiology	2021
Jonathan Baldwin Turner Fellowship (22,500/20,000 USD), UIUC	2020/2022
Massey Fellowship (10,000 USD), UIUC	2017

PUBLICATIONS

Peer-Reviewed Journal Articles

- **Li, X.,** Chen, H., Hu, Y., Larsen, R. J., Sutton, B. P., McElwain, N. L., & Gao, W. (2023). Functional neural network connectivity at 3 months predicts infant-mother dyadic flexibility at 6 months. *Cerebral Cortex*, *33*(13), 8321-8332. https://doi.org/10.1093/cercor/bhad117
- Hu, Y., Chen, H., **Li, X.,** Larsen, R. J., Sutton, B. P., Gao, W., & McElwain, N. L. (2023). Associations between infant amygdala functional connectivity and social engagement following a stressor: A preliminary investigation. *Developmental Science*. https://doi.org/10.1111/desc.13418
- Rudolph, K. D., Li, Y., **Li, X.,** & Cai, T. (2023). Social goals as predictors of children's in vivo emotional responses to social challenges. *Child Development*, 94, 424–438. https://doi.org/10.1111/cdev.13869
- **Li, X.,** Cai, T., Jimenez, V., & Tu, K. M. (2022). Youth coping and cardiac autonomic functioning: Implications for social and academic adjustment. *Developmental Psychobiology*, 64, e22338. https://doi.org/10.1002/dev.22338
- **Li, X.,** Tu, K. M., & McElwain, N. L. (2022). Interactive contribution of observed mother-youth emotional climate and youth physiology: A biopsychosocial approach to understanding youth coping with peer stress. *The Journal of Early Adolescence*, 42(8), 1073–1101. https://doi.org/10.1177/02724316221096079
- **Li, X.,** Jorgensen, N. A., McElwain, N. L., & Telzer, E. H. (2022). Toddler-mother attachment modulates adolescents' evaluation of trustworthiness: Evidence from behavioral and neural responses. *Social Cognitive and Affective Neuroscience*, *17*(9), 828–836. https://doi.org/10.1093/scan/nsac009
- McElwain, N. L., Hu, Y., **Li, X.,** Fisher, M., Baldwin, J. C., & Bodway, J. M. (2022). Zoom, zoom, baby! Assessing mother-infant interaction during the still face paradigm and infant language development via a virtual visit procedure. *Frontiers in Psychology*. 12:734492. https://doi.org/10.3389/fpsyg.2021.734492

- Pei, F., Li, Z., Maguire-Jack, K., **Li, X.,** & Kleinberg, J. (2022). Changes of perceived neighbourhood environment: A longitudinal study of collective efficacy among vulnerable families. *Health and Social Care in the Community*, 30, e6228–e6239. https://doi.org/10.1111/hsc.14060
- Tu, K. M., Cai, T., & **Li, X.** (2020). Adolescent coping with academic challenges: The role of parental socialization of coping. *Journal of Adolescence*, 81(February), 27–38. https://doi.org/10.1016/j.adolescence.2020.03.008
- Wang, H., Han, Z. R., Bai, L., & **Li, X.** (2020). Attachment experience and cortisol recovery from romantic conflict among young Chinese couples: A dyadic analysis. *International Journal of Psychology*, 55(1), 22–32. https://doi.org/10.1002/ijop.12539
- Yu, S., Li, B., Zhang, M., Gong, T., **Li, X.,** Li, Z., Gao, X., Zhang, S., Jiang, T., & Chen, C. (2020). Automaticity in processing spatial-numerical associations: Evidence from a perceptual orientation judgment task of Arabic digits in frames. *PLoS ONE*, *15*(2), 1–17. https://doi.org/10.1371/journal.pone.0229130
- Tu, K. M., Li, X., & Cohen, J. R. (2019). The "Heart" of depression during early adolescence. *Developmental Psychobiology*, 61(8), 1168–1179. https://doi.org/10.1002/dev.21862
- Han, Z. R., Gao, M. M., Yan, J., Hu, X., Zhou, W., & **Li, X.** (2019). Correlates of parent-child physiological synchrony and emotional parenting: Differential associations in varying interactive contexts. *Journal of Child and Family Studies*, 28(4), 1116–1123. https://doi.org/10.1007/s10826-019-01337-4

Invited Book Chapter

Tu, K. M., Rudolph, K. D., **Li, X.,** Cai, T., & Jimenez, V. (2021). Beyond the "dark side": The "bright side" of peer experiences and physiological adaptation. In B. Halpern-Fisher (Ed.), *The encyclopedia of child and adolescent health, Volume 3: social and environmental influences* (pp. 142-166). https://doi.org/10.1016/B978-0-12-818872-9.00045-5

Manuscript under Review

Tu, K. M., Li, X., Guntzviller, L. M., & Cai, T. (under review). Academic challenges during early adolescence: Mothers' advice and youth receptivity to advice. *Journal of Applied Developmental Psychology*.

Selected Projects in Progress

- **Li, X.,** McElwain, N. L., & Tu, K. M. Linking mother-toddler dyadic flexibility with psychological adjustment in early adolescence.
- **Li, X.,** Hu, Y., Davila, M. I., & McElwain, N. L. Transactional links between infant-mother dyadic flexibility and infant vagal responses to stress across the first year.
- Hu, Y., Li, X., & McElwain, N. L. Mother-infant microtemporal processes during play contribute to infant behavioral and vagal stress recovery.
- Pei, F., **Li, X.,** Kapur, I., Pangelinan, N. M., & Maguire-Jack, K. Community violence and maternal parenting stress across childhood: A parallel-process growth model.

PRESENTATIONS

Professional Conferences

Kim, S. G., **Li, X.,** Jimenez, V., & Tu, K. M. (under review). *The role of cardiac autonomic functioning in the association between peer victimization and externalizing symptoms during adolescence*. Individual paper or poster submission to the 2024 Annual Meeting of the Society for Research on Adolescence, Chicago, Illinois, USA.

- Tu, K. M., Li, X., Guntzviller, L. M., & Cai, T. (under review). *Academic challenges during early adolescence: Mothers' advice and youth receptivity to advice*. Individual paper or poster submission to the 2024 Annual Meeting of the Society for Research on Adolescence, Chicago, Illinois, USA.
- **Li, X.,** McElwain, N. L., & Tu, K. M. (2023, March). *Linking mother-toddler affective flexibility with psychological adjustment in early adolescence*. In R. White (Moderator), Parent and child shared time and interactions. Flash talk paper presentation at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, Utah, USA.
- **Li, X.,** Chen, H., Hu, Y., Larsen, R. J., Sutton, B. P., McElwain, N. L., & Gao, W. (2023, March). *Functional neural network connectivity at 3 months predicts infant-mother dyadic flexibility at 6 months*. In N. Tottenham (Moderator), Infant learning and brain development. Flash talk paper presentation at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, Utah, USA.
- Pei, F., Kleinberg, J., Maguire-Jack, K., **Li, X.,** & Li, Z. (2023, January). *Longitudinal changes in perceived collective efficacy: A further analysis of the fragile families and child wellbeing data set*, Poster presentation at the Society for Social Work and Research at the 27th Annual Conference, Phoenix, Arizona, USA.
- Hu, Y., Davila, M. I., **Li, X.**, & McElwain, N. L. (2022, November). *Real-time mother—infant behavioral and physiological synchrony over the first year*. Poster presentation at the International Society for Developmental Psychobiology, hybrid annual meeting, San Diego, California, USA.
- Hu, Y., Chen, H., **Li, X.**, Larsen, R. J., Sutton, B. P., Gao, W., & McElwain, N. L. (2022, July). *Associations between infant amygdala functional connectivity and infant affective engagement following a stressor*. Poster presentation at the 23rd International Congress of Infant Studies, Ottawa, Canada.
- Hu, Y., Davila, M. I., **Li, X.,** & McElwain, N. L. (2022, July). *Real-time associations between maternal affective engagement and infant behavioral and physiological responses to a stressor*. In E. B. daSilva (Chair), Multi-level dyadic pathways influence infants' emotion regulation across prenatal and postnatal development. Paper symposium presentation at the XXIII Biennial Congress of the International Congress of Infant Studies, Ottawa, Canada.
- **Li, X.,** Li, Z., & Tu, K. M. (2022, March). *Peer victimization and youth depressive symptoms: The moderating roles of coping and cardiac autonomic functioning.* Individual paper presentation at the Biennial Meeting of the Society for Research on Adolescence, New Orleans, Louisiana, USA.

Li, X., Hu, Y., Davila, M. I., & McElwain, N. L. (2021, November). *Mother-infant dyadic flexibility and infant vagal response to the still face paradigm.* Poster presentation at the International Society for Developmental Psychobiology, annual meeting, Chicago, Illinois, USA.

- Hu, Y., Davila, M. I., **Li, X.,** & McElwain, N. L. (2021, November). *Mother-infant microtemporal processes during play contribute to infant vagal regulation following a stressor*. Poster presentation at the International Society for Developmental Psychobiology, Chicago, Illinois, USA.
- **Li, X.,** Cai, T., Jimenez, V., & Tu, K. M. (2021, April). *Domain-specific examinations linking youth coping and adjustment: The moderating role of cardiac autonomic functioning.*Poster presentation at the Biennial Meeting of the Society for Research in Child Development (virtual).
- Cai, T., Li, X., & Tu, K. M. (2021, April). *Linking parental physiological regulation and parenting behavior*. Individual flash talk paper presentation at the Biennial Meeting of the Society for Research in Child Development (virtual).
- Hu, Y., **Li, X.**, & McElwain, N. L. (2021, April). *Mother-infant micro-temporal processes* during play contribute to infant affective engagement following a stressor. Poster presentation at the Biennial Meeting of the Society for Research in Child Development (virtual).
- Li, Y., Cai, T., **Li, X.**, & Rudolph, K. D. (2021, April). *Task-specific and general social goals as predictors of in vivo emotional responses to social challenge*. Poster presentation at the Biennial Meeting of the Society for Research in Child Development (virtual).
- **Li, X.,** Tu, K. M., & McElwain, N. L. (2021, March). *Coping with social stress in early adolescence: The interactive contribution of observed emotional climate, youth physiology, and gender*. Poster presentation at the Biennial Meeting of the Society for Research on Adolescence (virtual).
- **Li, X.,** Jorgensen, N. A., McElwain, N. L., Telzer, E. H., & McCormick, E. M. (2021, March) Toddler-mother attachment modulates adolescents' evaluation of trustworthiness: Evidence from behavioral and neural responses. Poster presentation at the Biennial Meeting of the Society for Research on Adolescence (virtual).
- Tu, K. M., Cai, T., & Li, X. (2019, March). Adolescent coping with academic failure: The role of parental socialization of coping. Poster presentation at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland, USA.
- **Li, X.,** & Tu, K. M. (2019, March). *Differential effects of mothers' and fathers' parenting self-efficacy on peer-related parenting and adolescent peer adjustment*. Poster presentation at the Biennial Meeting of the Society for Research in Child Development, Baltimore, Maryland, USA.

Departmental Colloquia

Li, X. (2023, September). *Understanding children's socioemotional development in the family context.* Developmental Psychology Proseminar, Kingston, Ontario, Canada.

Li, X. (2023, March). *Children's socioemotional development in the context of parent-child relationships: A dynamic systems perspective*. Human Development and Family Studies Brownbag Colloquium, Urbana, Illinois, USA.

Li, X. (2019, August). Coping with social stress in early adolescence: The interactive contribution of observed emotional climate and youth physiology. Human Development and Family Studies Brownbag Colloquium, Urbana, Illinois, USA.

PROFESSIONAL AND COMMUNITY SERVICE

Translation Work

Co-translation (English to Chinese) of Chapter 6 "Child Psychological Maltreatment" in C. L. Miller-Perrin & R. D. Perrin, *Child Maltreatment: An Introduction* (3rd Edition), London, UK: SAGE PublicationsLtd. (Translated Chinese version in press by Beijing Normal University Publishing Group)

Professional Membership and Affiliations

Society for Research in Child Development, Society for Research on Adolescence, International Society for Developmental Psychobiology

Ad-Hoc Graduate Student Reviewer: Journals and Conferences

Emotion (with Dr. Nancy L. McElwain)

Social Cognitive and Affective Neuroscience (with Dr. Nancy L. McElwain)

Development and Psychopathology (with Dr. Kelly M. Tu)

Journal of Applied Developmental Psychology (with Dr. Kelly M. Tu)

Society for Research on Adolescence Biennial Meeting (with Dr. Kelly M. Tu)

Departmental Service at HDFS, UIUC

Invited panelist, "Celebrating the success of individuals from AAPI backgrounds"	2021
at the College of ACES AAPI Excellence Event	
President, Departmental Graduate Student Organization	2020-2021
Treasurer, Departmental Graduate Student Organization	2019-2020

TEACHING AND MENTORING EXPERIENCE

Teaching Assistant

PSYC 363: Developmental Child Psych Lab (Dr. Christine Shenouda)	Summer 2023
PSYC 318: Psychology of Infants (Dr. Lisa Travis)	Spring 2023
HDFS 225: Close Relationships (Dr. Brian Ogolsky), ranked as excellent	Fall 2020/21/22
HDFS 405: Adolescent Development (Dr. Allen Barton), ranked as excellent	Spring 2021/22
Research Apprenticeship Programs: 4H Illini, Discovering STEM in ACES	Summer 2021
(Marilé Quintana, HDFS Undergraduate Recruitment Coordinator)	

Guest Speaker

HDFS 500: Professional Development (Dr. Susan S. Koerner) Fall 2019/21/22

Co-Mentor for Graduate/Undergraduate Research Projects	
Jacqueline Quintana and Saira Gonzalez, James Scholar Honors Project Project title (joint): Parent advice-seeking and coping strategies: Implications for youth mental health during COVID-19	2022
Yuetian (Vivian) Li, Psychology Master Program First Year Project Project title: Social goals as predictors of in vivo emotional responses to social challenge in children	2020-2021
Shayne Snyder and Samantha Scheck, James Scholar Honors Project Project title (joint): <i>The importance of talking about social problems</i>	2019
Maria Dracopoli, Psychology Bachelor's Thesis Project title: Coparenting and attachment: From toddler to teen years	2019
METHODOLOGICAL TRAINING	
External	
Modern Missing Data Analysis by Dr. Craig Enders; Online asynchronous workshop, CenterStat by Curran-Bauer Analytics	June, 2022
Analyzing Intensive Longitudinal Data by Drs. Jean-Philippe Laurenceau & Niall Bolger; Online livestream workshop, CenterStat by Curran-Bauer Analytics	June, 2021
Multilevel Modeling by Drs. Daniel Bauer & Patrick Curran Online livestream workshop, CenterStat by Curran-Bauer Analytics	June, 2020
Longitudinal Structural Equation Modeling by Drs. Daniel Bauer & Patrick Curran Online livestream workshop, CenterStat by Curran-Bauer Analytics	May, 2020
Multilevel Longitudinal Models by Dr. Lesa Hoffman; Social and Behavioral Sciences Initiative Workshop, UIUC	May, 2018
Graduate Courses	
Longitudinal Data Analysis by Dr. Yan Xia	Fall, 2022
Messy Data in Structural Equation Modeling by Dr. Yan Xia	Fall, 2019
Multivariate Analysis by Dr. Yan Xia	Fall, 2019
Structural Equation Modeling by Dr. Ge Jiang	Spring, 2019
Hierarchical Linear Modeling by Dr. Brian Ogolsky	Fall, 2018
MEDIA COVERAGE	
University of Illinois at Urbana-Champaign College of ACES News	
Youth coping strategies and physiological responses interact to affect adjustment	2023
How mother-youth emotional climate helps adolescents cope with stress	2022
How toddler-mother attachment impacts adolescent brain and behavior	2022