

*Dr. Dean Tripp addressed questions concerning stress and anxiety that COVID-19 is creating in the lives of patients suffering from Crohn's Disease and Ulcerative Colitis, on a **Crohn's and Colitis Canada webinar:** "COVID-19 and Inflammatory Bowel Disease: What You Need to Know". The webinar took place Thursday March 19, 2020 at 7:00 pm ET. See story for details.*

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UPDATED March 20, 2020

Crohn's and Colitis Canada webinar: "COVID-19 and Inflammatory Bowel Disease: What You Need to Know"

Dr. Dean Tripp addressed questions concerning stress and anxiety that COVID-19 is creating in the lives of patients suffering from Crohn's Disease and Ulcerative Colitis.

COVID-19 and IBD: What You Need to Know

March 19, 2020

7:00 - 9:00 pm ET

As knowledge of COVID-19 and IBD is rapidly evolving, Crohn's and Colitis Canada will be holding webinars every two weeks with IBD experts who will be there to answer your questions. You will have the opportunity to submit your questions ahead of time when you register for the webinar.

Moderators:

Dr. Eric Benchimol (MD, PhD., FRCPC), Associate Professor and Gastroenterologist, Department of Pediatrics and School of Epidemiology and Public Health at the University of Ottawa, Division of Gastroenterology at Children's Hospital of Eastern Ontario (CHEO)

Dr. Gilaad Kaplan (MD, MPH, FRCPC), Associate Professor and Gastroenterologist, Director of the Environmental Health Research Group, Snyder Institute for Chronic Diseases and Institute of Public Health, Departments of Medicine and Community Health Sciences at the University of Calgary

Panel Members:

Dr. Remo Panaccione (MD, FRCPC), Associate Professor and Gastroenterologist, Director of the Inflammatory Bowel Disease Clinic, Department of Medicine at the University of Calgary

Dr. Laura Targownik, Associate Professor and Gastroenterologist, Associate Director of the IBD Research and Clinical Centre, Department of Medicine at the University of Toronto, Division of Gastroenterology at Mount Sinai Hospital

Dr. Dean Tripp (C.Psych, PhD.) Professor and Clinical Psychologist, Department of Psychology at Queens University, Kingston Health Sciences Centre

Dr. Lisa Barrett (MD, PhD., FRCPC), Assistant Professor and Clinician Scientist, Nova Scotia Health Authority, Divisions of Infectious Diseases, Microbiology and Immunology at Dalhousie University

How to Register:

If you were unable to attend the first live session, you can still register and receive a link to the recording once it becomes available.

[For more information and to register for the webinar\(s\), please click here.](#)

Crohn's and Colitis Canada offers a number of online educational webinars throughout the year for individuals living with or affected by Crohn's or colitis and their families.

Webinars are led by expert clinicians and researchers in the field of inflammatory bowel disease that cover a variety of topics including medication and treatment for IBD, diet and nutrition, symptom management, mental health and coping, complications of IBD and more! Frequently asked questions about these topics are answered by the experts during the live webinar.

These presentations are suitable for individuals living with Crohn's or colitis, caregivers of people with Crohn's or colitis, health care providers or those who wish to gain additional information.

Go to the Crohn's and Colitis Canada webinar page