

**Queen's University  
Social-Personality Area  
New Student Handbook  
(March 2019)**

## New Student Checklist

- **Acceptance of offer** - New students, don't forget to respond to our offer of admission and let the Psychology Department's Graduate Secretary and your supervisor know if you have accepted our offer. <https://eservices.queensu.ca/apps/sgsapp/>
- **Pay your tuition fees** - Confirm your method of payment by the deadlines set. <http://www.queensu.ca/registrar/financials/tuition-fees>
- **Registration for students** – Registration occurs over the summer (July/August) and is submitted directly to the Psychology Department's Graduate Secretary. You should consult with your graduate supervisor, but typically all entering MSc (and some new PhD) students take the two department statistics courses (PSYC 801 and 802) and the two social-personality seminars offered that year. MSc students do not take one of the alternating Research Methods and Structural Equation Modeling courses their first year.
- **Medical Insurance** - International students and their dependents *must* sign up for **UHIP** immediately upon arrival. More details are provided in the Medical Insurance section of the handbook or go to <http://quic.queensu.ca/international-students-and-staff/health-insurance-and-care/>
- **Find a place to live** - Queen's has graduate housing both on and off campus. These places fill quickly and have deadlines to apply. Don't waste time, look now. More details about Kingston's neighbourhoods and advice on housing are provided in the Housing section of the handbook.
- **Activate your Queen's email address** – A step-by-step guide with screenshots is provided at <http://www.queensu.ca/its/netid/tutorials/activate-netid>
- **Take a Campus Tour** - The best way to get to know Queen's is by coming to visit. More information and a campus map highlighting the location of the Craine-Humphrey Halls that house the Psychology Department are provided in the Campus Tour section of the handbook or go to <http://www.queensu.ca/about/visit>
- Sign up for the School of Graduate Studies **weekly newsletter** by going to <http://www.queensu.ca/sgs/sign-sgs-newsletter> . The Psychology Department also distributes a Weekly Memo, but you will be added to that automatically.
- **International Students** – More information is provided in various sections in this handbook, but there also is an Internal Student Handbook and other resources available at the QUIC website for incoming students at <http://quic.queensu.ca/international-students-and-staff/> .
- Learn more about the **graduate student support** systems at Queen's by going to <http://www.queensu.ca/exph/academic-resources/personal-support>.
- The Psychology Department will have specific orientation events, and Queen's also offers a **Welcome and Resource Fair** in September (<http://www.queensu.ca/sgs/current-students/orientation>).
- Go see Eric Brousseau in Humphrey Hall Room 234 to have your **picture** taken for the Psychology Department graduate student list.
- Get a **key form** from your graduate supervisor and take it to the main office (2<sup>nd</sup> floor of Humphrey) to get keys for your lab and the building (and Humphrey 219 if you will be TAing for a lab course). You will have to pay a cash deposit.
- If starting in September, you must submit your photo for your **Queen's Student ID** card (see instructions at <http://www.queensu.ca/registrar/studentid>) by **August 18**. The ID card allows you to use the library and ride the Kingston city buses for free as well as get several student discounts at stores and restaurants (<http://myams.org/student-discounts-in-kingston/>).

## Housing

Kingston has a variety of housing options. When looking for a place to stay, it is never too early, but options will be open well into the summer. Most leases start at the beginning of May, some start at the end of August, and some start immediately. It's worth checking with landlords when exactly they expect you to begin renting and if the date is flexible.

There are many resources to help find a place to live. Of course, kijiji.ca and craigslist.ca are very common websites. Queen's hosts a website to help connect landlords with tenants at [listingservice.housing.queensu.ca](http://listingservice.housing.queensu.ca). This is a student only listing site hosted by the University, they do not, however, endorse these units and cannot vouch for their quality.

There are a few housing groups on Facebook:

<https://www.facebook.com/groups/1618611005028802/>

<https://www.facebook.com/groups/219920784864117/>

As well as one for confirmed Queen's students:

<https://www.facebook.com/groups/HousingAtQueens/>

These are all effective options for meeting for finding roommates or sublets.

Here is a website for additional information on housing:

<http://www.queensu.ca/campuslife/housing>

## Neighborhoods

The area around Queen's Campus can roughly be split into 6 areas. Attached below is a map that gives the approximate location of these areas:

**Downtown:** Downtown features mostly apartments and historical buildings. There are many options for studios or single room apartments, as well as some condos. The prices can range anywhere from \$600 a month to thousands, the average for a studio being somewhere between \$800 and \$1000. This is a quieter area, where a large percentage of graduate students choose to live. Being between Princess Street and campus makes it an ideal location for most things. Walking to campus from this area is anywhere between 5 to 15 minutes, and most amenities are about as far. There are also plenty of bus routes nearby as well as the down town transfer point.

**North of Princess:** This is usually the farthest option, and because of this, prices are more affordable, and there are less students. The further from Princess Street one goes the cheaper rent becomes. The apartments in this area are usually better value as well. The neighbourhoods are usually quiet, but because there is comparatively affordable rent, some can tend to be dilapidated. North of Princess, otherwise known as N-O-P, has a reputation as one of the more questionable areas of Kingston. Though it is generally a safe area, the area is known for petty theft (i.e., bicycle theft) and drug deals. You may want to be slightly more on guard when living in this area. Your bicycle will most likely be stolen if you locked it outside.

**Student District:** This area is almost entirely undergraduate students. There will likely be a party going on almost any given night in this area, with Fridays and Saturdays being incredibly busy and loud. Rent is cheap \$500 - \$800 but most places expect 3 to 6 people per unit, so expect roommates. This area also contains the "Hub," a few blocks with most of Kingston's night clubs and many bars. Because of the mostly undergraduate population landlords in this area expect high turn around and by extension take less care of their property. Generally, this area is avoided by older students.

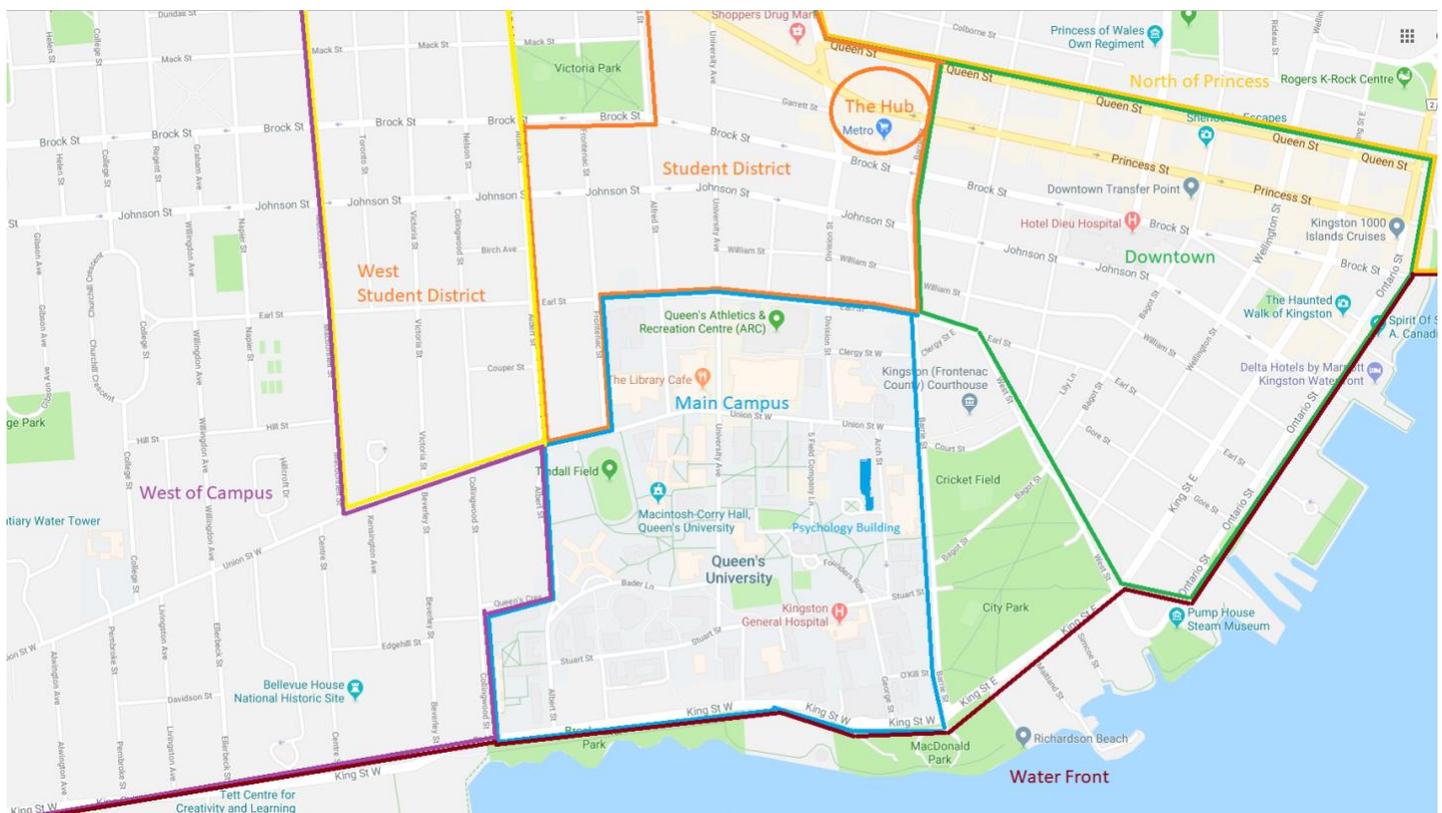
**West Student District:** This is essentially the same as the Student District but is notably less busy. Noise would still be a concern, but not to the extent of the previous area. It still has a close proximity to campus and the Hub if partying is an interest.

**Water Front:** As one might expect, this is the most expensive option. There are incredibly

nice condos and apartments starting at around \$1000 a month. If you're willing to spend extra to have a newer building with more amenities, or looking for a mortgage on a condo, this is usually the place. There are also many nice parks and historical buildings making most of the neighbourhoods quiet and picturesque.

**West of Campus:** This area has a large amount of variance. Many undergrads and some grad students live here but so do many local families. The farther west you go the less rent will cost and the quieter the neighbourhoods get. Union Street has 3 bus routes that go through campus regularly. The northwest of this area has the quietest neighborhoods but also the longest walks. If you own a car, this may certainly be worth your time; otherwise, it may feel somewhat isolating to be so far from most people. If you prefer solidarity, would rather a quiet neighbourhood, and/or affordable rent, it's certainly an option.

Renting in Kingston is a varied affair. Landlords can range from individuals, to small businesses, to landowning companies. Each of these categories has good and bad landlords. Generally there are very few problematic landlords, and sometimes there are bad tenants. However, it is worth checking Google or asking around to learn the reputation of a particular landlord before you sign.



### Additional Options

Beyond housing in the six areas listed above, you have the choice of living in Queen's University owned properties. Here is a link for more information <http://www.queensu.ca/sgs/prospective-students/why-queens/housing>. There are two main properties for Queen's graduate students:

1. John Orr Tower – Located on West Campus, John Orr Tower is an apartment complex that consists of mostly one-bedroom apartments. The rent at John Orr tower is about \$700 a month, including utilities. Transportation is a little inconvenient for this located, as walking takes about 20-30 minutes to get to Humphrey. There are buses, which vary in frequency

depending on time of day.

2. An Clachan Apartments – Located north of West Campus, the An Clachan Apartments typically consists of two-bedroom apartments. Transportation is even more inconvenient than John Orr Tower, as there are fewer buses that go to An Clachan.

The main downside to these apartments is that they are a little far from main campus. But it may be a good starting location for your first year at Queen's.

### **Tips on finding a suitable house**

There are many factors to consider when looking for a suitable house. Here are some questions to ask and things to think about when looking for a house:

- Are utilities included in the rent? Heating in the winter can be expensive, especially gas-based heating. If your rent does not include utilities, make sure the house has electricity-based heating.
- Ask the previous tenant about any housing issues.
- Are there rodents/pests in the house?
- Is the location convenient? How frequent are the buses to and from your house? Parking on campus is expensive (\$2/hours), so you might want to leave your car at home.
- Does it have a parking spot? If you have a car, you need a parking spot. You cannot park on the street all the time, and during the winter months (Jan to Mar), you cannot park your car on the street overnight, starting at 12am.
- Does your cellphone have reception in the house?
- Make sure your contract has clear rules of privacy, so your landlord does not have immediate access to your house/apartment.
- If you have any questions about your contract or if you run into any housing issues, you can consult The Student Community Relations Office.  
<http://www.queensu.ca/studentcommunityrelations/>
- You should NOT have to pay any money to secure a lease. You should only have to pay a security deposit, which is worth a month's rent and can be used as your last month's rent when you decide to stop renting.
- Make sure you clearly review your housing contract before signing and that there are no ambiguities on the contract.

## Banking

Most of the banks in Kingston have a student plan (<http://quic.queensu.ca/international-students-and-staff/living-in-kingston-guide/banking/>), but only CIBC has ATM machines on campus if you want to avoid transaction fees. If you are from the US and expect to regularly travel there, you may want to keep a credit card with a US address. Many of the credit card readers at stores and gas stations in the US require that you enter a US zip code. If you have only cards with a Canadian postal code, at gas stations, you just won't be able to pay at the pump, but at some stores, there is no other option (although sometimes simply entering 12345 works), so you will have to pay cash.

## Driver's License

If you have an out-of-province driver's license (this would include one from any US state), you just need to go to one of the ServiceOntario locations (e.g., 1201 Division Street) to take an eye test and turn in your old license in exchange for an Ontario one. You will not need to take a written or driving test. You need to do this within your first 60 days in Ontario. For more details, go to <https://www.ontario.ca/page/exchange-out-province-drivers-licence>.

## Transportation

You can ride the Kingston **buses** for free with your Queen's student ID. If you put your destination into Google Map and select the bus icon, you will get a list of bus routes and times.

You also can get a discount on via Rail **train** tickets (code 709508) and short-term **car** rental from Vrtucar (<https://www.vrtucar.com/queens/>). Kingston also is participating in the short-term **bike** rentals with the dropbike program (<https://www.dropbike.co/>)

Kingston has a large number of **taxi** services including Amey's (613-546-1111), Modern City (613-546-2222), and Kingston and Amherst (613-546-3333). Many have free direct phone lines in campus buildings.

## Mail

Your campus mailbox will be located in the 2<sup>nd</sup> floor Craine Lounge (set of slots closest to the windows). The Psychology Department mailing address is 62 Arch Street, Kingston, ON K7L 3N6, and you can get a limited number of sheets of Queen's letterhead and envelopes from the main office (2<sup>nd</sup> floor of Humphrey).

## Keys

See the checklist on p. 1

## Email

See the checklist on p. 1

## Computers

Most supervisors provide at least a few computers in their labs that students can use. When classes are in session, the Department's computer lab in Humphrey Room 219 typically is not available 8:30-5:30 and several evenings Monday-Thursday because of classes and labs held in that room.

## Software

Queen's provides several pieces of enterprise software for its students, staff, and faculty. Among the software provided is SPSS, a statistical program that is still widely used in our department. You can also request technical assistance acquiring or installing programs you may need for your research from the Psychology IT department located on the first floor of Humphrey. You can find download links and instructions for all these programs at

<https://my.queensu.ca/software-centre>. Both of the first-year statistics courses (PSYC 801 and 802) and the MLM course (PSYC 901) use R instead of SPSS. R can be downloaded for free at <https://www.r-project.org/>. RStudio also is recommended and freely available at <https://www.rstudio.com/>.

**For Data Collection.** The Psychology Department has a departmental license for MediaLab and DirectRT for data collections within labs. The Psychology IT staff also can install the programs on your personal laptop, so you can work on designing your studies at home. The University provides free access to its survey management and distribution platform, which is currently Qualtrics. Instructions on obtaining your own Qualtrics account can be found at <http://www.queensu.ca/planningandbudget/queens-survey-tool/surveyaccount>. Qualtrics can be used for both online and in-lab procedures.

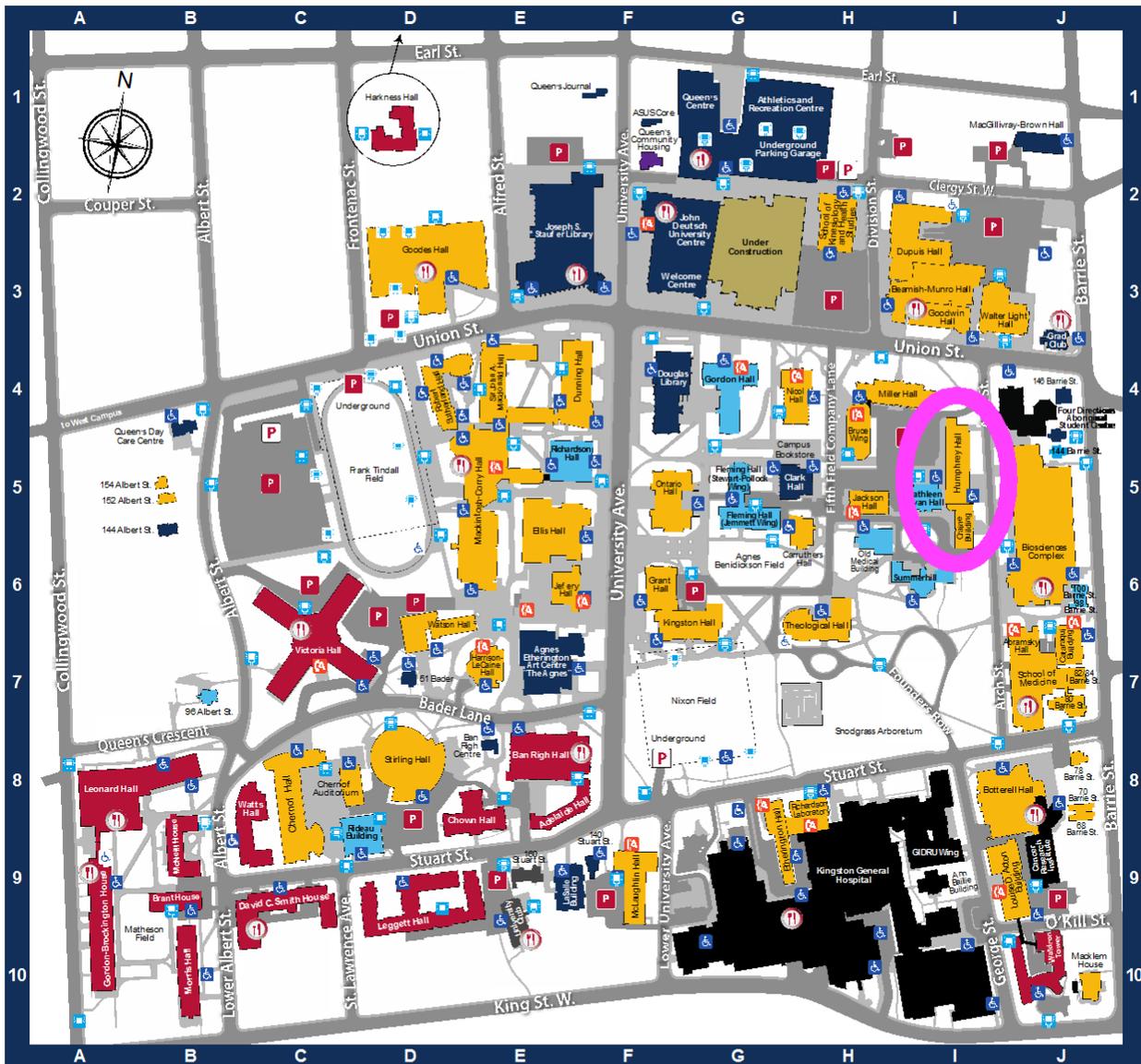
### **Graduate School Orientation**

At the beginning of fall semester, the School of Graduate Studies sponsors a graduate school orientation for all incoming graduate students to help orient you to Queen's, Kingston, and your academic studies. It also includes several workshops that you can take. For more information, go to <http://www.queensu.ca/sqs/current-students/orientation>

### **Campus Tours**

If you're interested in a campus tour, the admissions office offers individual or group walking tours. They leave from the second floor of Gordon Hall and last about 2 hours. Go to <http://queensu.ca/admission/tours-and-events/campus-tours> to reserve your place. This would be a good way to get familiarized with the layout of the OSU campus and learn about its history before classes begin. They like to customize the tours for groups, so it might be worthwhile to recruit some other new students to join you. If tours aren't for you, a campus map is provided on the next page. The magenta oval highlights the location of the conjoined Humphrey and Craine Halls where the Psychology Department is housed.

# Queen's University Main Campus



- A** 96 Albert Street **E7**
- 144 Albert Street **E5**
- 152 Albert Street **E6**
- 154 Albert Street **E6**
- Abramsky Hall **I7**
- Adelaide Hall **E3**
- Agnes Benidickson Field **G6**
- Agnes Etherington Art Centre **E7**
- Ann Baillie Building **I9**
- ASUS Core **F1**
- Athletics and Recreation Centre **G1**
- 51 Bader Lane **E7**
- 68 Barrie Street **J8**
- 70 Barrie Street **J8**
- 78 Barrie Street **J8**
- 80 Barrie Street **J7**
- 82/84 Barrie Street **J7**
- 98 Barrie Street **J6**
- 100 Barrie Street **J6**
- 144 Barrie Street **J5**
- 146 Barrie Street **J4**
- Ban Right Centre **E8**
- Ban Right Hall **E8**
- Beamish-Munro Hall **I3**
- Biosciences Complex **J6**
- Botterell Hall **I8**
- Brant House **E9**
- Bruce Wing **H4**

- C** Campus Bookstore **G5**
- Cancer Research Institute **J9**
- Cafaraqui Building **J7**
- Canuthers Hall **H5**
- Chem of Auditorium **D8**
- Chem of Hall **C8**
- Chown Hall **E8**
- Crane Building **I5**
- D** David C. Smith House **C9**
- Douglas Library **F4**
- Dunning Hall **E4**
- Dupuis Hall **H2**
- E** Elish Hall **E5**
- Etherington Hall **C9**
- F** Herring Hall **G5**
- Four Directions Aboriginal Student Centre **J4**
- Francophone Centre **G6**
- Frank Tindall Field **D5**
- G** GIDRU Wing **I9**
- Goodes Hall **D3**
- Goodwin Hall **I3**
- Gordon-Brockington House **A10**
- Gordon Hall **G4**
- Grad Club **J3**
- Grant Hall **F6**

- H** Harkness Hall **D1**
- Harrison-LeCaine Hall **E7**
- Humphrey Hall **I5**
- J** Jackson Hall **H5**
- Jefery Hall **E6**
- John Deutsch University Centre **F3**
- Joseph S. Stauffer Library **E3**
- K** Kathleen Ryan Hall **I5**
- Kingston Hall **F6**
- Kingston General Hospital **H9**
- L** LaSalle Building **E9**
- Leonard Hall **A8**
- Leggett Hall **D9**
- Louise D. Acton Building **I9**
- M** MacGillivray-Brown Hall **H1**
- MacIntosh-Corry Hall **E5**
- Macklem House **J10**
- Matheson Field **B10**
- McLaughlin Hall **F9**
- McNeill House **E9**
- Miller Hall **H4**
- Morris Hall **B10**
- N** Nicol Hall **G4**
- O** Old Medical Building **H6**
- Ontario Hall **F5**

- Q** Queen's Day Care Centre **B4**
- Queen's Centre **F1**
- Queen's Community Housing **F2**
- Queen's Journal **F1**
- R** Rideau Building **C9**
- Richardson Hall **E5**
- Richardson Laboratory **H8**
- Robert Sutherland Hall **D4**
- S** 140 Stuart Street **F8**
- 160 Stuart Street **E9**
- School of Kinesiology and Health Studies **H2**
- School of Medicine **J7**
- Sr John A. Macdonald Hall **E4**
- Stirling Hall **D8**
- Summerhall **I6**
- T** Theological Hall **H6**
- U** University Club **E9**
- V** Victoria Hall **C7**
- W** Waldron Tower **J10**
- Water Light Hall **J3**
- Watson Hall **D6**
- Watts Hall **C8**

**Key**

- Food
- Permit Parking
- Visitor Parking
- Telephone
- Wheelchair
- Wheelchair prior arrangements necessary
- Emergency Blue Light phone *underground*
- Emergency Blue Light phone *outdoors*
- Academic/Faculty
- Administration
- Athletics/Student Life/Student Services/Support
- Community Housing
- Residence
- Non-Queen's Buildings

## Health Insurance

Health insurance for international students is mandatory and cannot be opt out. The University Health Insurance Plan (UHIP) is a health plan that provides basic medical coverage for most doctor and hospital services in Ontario. **Opting-out of UHIP is only available under specific circumstances and timelines, otherwise, UHIP is mandatory**

Upon arrival/return to campus, all international students must visit the Queen's University International Centre (QUIC) in Room 117 of the John Deutsch University Centre (JDUC) for proof of UHIP coverage, which is a requirement for all doctor and hospital visits.

The QUIC office can also provide guidance, information and resources to address student health concerns. All international students registered at Queen's University will be automatically enrolled in single person UHIP. Any adjustments must be made within 45 days of the start of the program or term.

The fee and duration of UHIP coverage required is determined based on the student's registration status at the university. The UHIP fee will be applied directly to the student's SOLUS account as "International Health Care". The payment can be managed in the same method as are all other payments to the university.

### **Waiver from Supplementary Plans:**

You may however, opt out of the AMS Health & Dental Plan: If you have proof of coverage under another plan (not including basic provincial health care or UHIP), you can opt-out of the AMS Health & Dental Plan and have the fee removed from your fee assessment. You can only opt out during the Change-of-Coverage Period in September. Please refer directly to the AMS website for all details:

[http://www.studentcare.ca/View.aspx?locale=en&uid=QueensUniversityAMS\\_ChangeofCoverage\\_OptOuts&](http://www.studentcare.ca/View.aspx?locale=en&uid=QueensUniversityAMS_ChangeofCoverage_OptOuts&)

You can only opt out during the Change-of-Coverage Period from Sept. 1 - Oct. 2, 2017 or Jan. 4 - 25, 2018 (for MBA students who are covered from Jan. 1 - Dec. 31, 2018). If you opt out, you will be automatically re-enrolled in the Plan the following year. If you wish to opt out again, you will need to renew your opt out, but you will not be required to re-submit proof of equivalent coverage.

If you lose your equivalent coverage after opting out of the AMS Health and/or Dental Plan due to unforeseen circumstances, you may re-enrol in the Plan within 30 days of losing your other coverage. You will have to provide proof of the loss of coverage.

NOTE: Students who opt out absolve the AMS, the insurance company(s), Queen's University, Studentcare, and any other involved party of all liability whatsoever for any loss suffered by the student. Students (or their parents in the case of minors) are responsible for familiarizing themselves with the contents of this website before they opt out. For more information, you may contact Queen's School of Graduate Studies at 1-613-533-6100 or at [grad.studies@queensu.ca](mailto:grad.studies@queensu.ca)

### **More Information on Insurance**

You can obtain the booklet and more information in advance by going to the Student Wellness Centre (located at LaSalle Building) or online at <http://www.queensu.ca/studentwellness/>. You can also address your questions regarding the plan to Student Health Services at 1-613-533-6100. The basic points of the insurance plan are touched upon here.

Students are automatically insured, and the premium will be included in your fees unless you waive coverage. The plan provides for services rendered at the Student Wellness Centre, including health, counselling, and accessibility services. You will probably only need to go to the

student health center, but in case of an accident, you are covered through the comprehensive major medical coverage (e.g., Kingston General Hospital and Hotel Dieu Hospital).

The cost of UHIP coverage is as follows:

Cost per Semester (as of 2017-2018)

UHIP Coverage & Costs (based on term registration)	Single Student Rate	Addition of 1 Dependent	Addition of 2 or more Dependents
1 Term (4 months)	\$204	+\$204	+\$408
2 Terms (8 months)	\$408	+\$408	+\$816
Annual Coverage	\$612	+\$612	+\$1224

The people listed above must actually reside with the student, or the student must be required to provide coverage to these persons pursuant to a court order, for these persons to be eligible for coverage as dependents.

**Services Not Covered by OHIP or UHIP**

If you need documents for the following, these services are considered a "third-party request" and are not covered by OHIP or UHIP:

1. employment
2. government legislation
3. health club, association, or camp
4. insurance
5. license
6. university admission

## **Income Tax**

If you have a research assistantship or a teaching assistantship, federal taxes will be taken out of your check. If you have a fellowship, however, federal taxes will **not** be taken out of your check.

Most students will not earn enough income from Canadian sources while they are studying to be required to pay income tax. Instead, many students will qualify for tax credits/refunds without having to pay income taxes (or even having had Canadian income). Preparing a tax return will determine if you need to pay or if you will receive a refund.

The Canada Revenue Agency offers a series of videos that can help international students understand their rights and responsibilities with regard to taxes in Canada. You can access them here: <https://www.canada.ca/en/revenue-agency/news/cra-multimedia-library/individuals-video-gallery/series-international-students-income-tax.html>

The US and Canada have a tax treaty, but US students still are required to file income taxes in the US even if they did not work in there during the fiscal year. Because you receive a refund from the Canadian government, you won't receive a refund from the US. It is more for paperwork purposes because the IRS loves paperwork.

### **Who Must Complete Tax Forms?**

If you earn income from Canadian sources during the tax year, the [Canada Revenue Agency](#) expects you to complete Canadian Income Tax forms. Even without earning income, many students qualify for tax credits/refunds so it is a good idea for all students that have been or intend to be in Canada for 18 months or more, to complete income tax forms. For more information about taxes you may check them up here: <http://quic.queensu.ca/international-students-and-staff/taxes/>

## Sources of Support

### Teaching Assistantships

Requirements and Expectations. All TAs receive a contract, in which the expectations and responsibilities will be filled out jointly with the professor you will be working with. This contract will outline if you are to have weekly office hours, when meetings with the professor will happen, and other various responsibilities you will have. The responsibilities and expectations vary between TAships depending on which class and for which professor you TA. However, we have some general guidelines about most of the TAships that happen in the Psychology Department.

TAships can be lumped into two general categories: marking and tutorial. For a marking TAship your main duty will be to mark the work that gets completed for the course, most often the midterm(s) and final exams. This often means you will have an uneven workload in which you will have a lot of marking to do after a midterm is completed, and relatively less work to do between tests. For a tutorial TAship you are most often required to lead a weekly tutorial with a subset of the students in the course. This often results in a more even workload spread across the semester, with the amount of time dedicated to the course being more consistent than with a marking TAship. The tutorials may include lecturing to the class, facilitating discussion, and leading group activities. For both forms of TAships other expectations may include: marking assignments, uploading grades to the online gradebook, email communication with students, monitoring discussion forums, and attending lectures.

Compensation. TAs are paid at the end of every month based on the hours outlined in the TA contract. Most often marking TAs are paid for 8 hours per week, and tutorial TAs are paid for 10 hours per week. A TAship is part of the guaranteed funding package for Queen's Psychology graduate students.

onQ (or online course-related resources). Most of the course related content will be posted on OnQ. Depending on the TAship, you may be expected to post grades to OnQ, moderate discussion forums, or upload course materials. You can access support by going to <http://queensu.ca/onqsupport/home> or attending drop-in help sessions hosted in Mackintosh-Corry Hall.

### Fellowships

Canadian students in the social-personality area typically apply for funding from both SSHRC (usually due internally in October) and OGS (usually due internally in February). More information on SSHRC funding can be found at <http://www.sshrc-crsh.gc.ca/funding-financement/apply-demande/index-eng.aspx>. The SSHRC fellowships generally provide more money (e.g., Vanier Fellowships are \$50K per year) and can last more than one year for PhD students. The OGS fellowships are determined in-house generally by the Graduate Chair alone or with 1 or more faculty members of the Graduate Committee. More details about OGS funding can be found at <http://www.queensu.ca/sqs/prospective-students/awards-scholarships/ontario-graduate-scholarship>. OGS fellowships are for \$15K but only for one year at a time; however, you can apply every year.

### Work-Study Program

The Work Study program is offered to provide students with demonstrated financial need with the opportunity to receive priority for certain part-time jobs during their studies. The Work Study Program is a need-based program, meant to supplement, not replace, government student assistance, student and family contribution. Students must demonstrate a financial need over resources available to them in order to be eligible for the program." Domestic students are entitled to a maximum of \$2000 and international students are entitled to a maximum of \$3000 over Fall and Winter term. More information and application form can be found here: <http://www.queensu.ca/studentawards/financial-aid/queens-financial-aid/work-study-program>

## International Students

If you are an international student and cannot claim Canadian citizenship, your funding options will be somewhat more restricted. International<sup>1</sup> graduate students are financially supported through a combination of stipends, awards, bursaries and employment opportunities. **Ph.D. students** receive a guaranteed minimum funding package of \$18,000 a year with many departments setting higher funding minimums and almost all offering much higher average funding packages. This minimum does NOT include the International Tuition Award (or equivalent) valued at \$5,000 that each incoming international PhD student automatically receives. Funding is guaranteed for 4 years as long as student remain in good academic standing. The majority of **MSc** students in research degree programs also receive substantial funding support.

Canadian students, for example, can apply for doctoral fellowship funding from the Social Sciences and Humanities Research Council (SSHRC) or the National Sciences and Engineering Research Council (NSERC). Do some research – there just might be money out there for you *somewhere* that will allow you to take on fewer work appointments during your graduate school career.

## Students serving in or retired from the Canadian Armed Forces

There are several programs that can support individuals who are members of the Canadian Armed Forces attending graduate school at Queen's University. For members of the Primary Reserve, Compensation and Benefit Instruction (CBI) 210.801 applies. For members of the Regular Force considering full-time Post-Graduate Training, CBI 210.80 applies. Finally, Regular Force individuals considering part-time graduate studies, should consult ADM HR Mil Instruction 17/04. See <http://www.forces.gc.ca/en/training-paid-education/education-reimbursement.page> for more details. Retired personnel are encouraged to investigate the Veteran's Affairs education and training program (implementation is expected 1 April 2018) <http://www.veterans.gc.ca/eng/about-us/department-officials/minister/budget/education-and-training/education-and-training-benefit-facts>

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<sup>1</sup> The Government of Ontario provides a number of the Ontario Trillium Scholarships (OTS) (PDF 24KB) for highly qualified international Ph.D students and are valued at \$40,000 per year for up to 4 years. Providing certain conditions are met five (5) OTS awards are granted each year.

Ontario Graduate Scholarships (OGS): Foreign students who are studying in Ontario under a temporary resident visa - student study permit, under the Immigration and Refugee Protection Act (Canada) are eligible for the allotted visa student awards.

## **Work Opportunities Off Campus**

Along with internal sources of support, graduate students may also be able to gain valuable practical experience outside of the program while being reimbursed for their work. Below are two such avenues that former graduate students in the Social-Personality Program have been involved with.

### **Mitacs Canada**

Mitacs is a national, not-for-profit organization that works with over 60 universities and thousands of industry companies to build partnerships that support industrial and social innovation in Canada. Through scholarships such as the *Mitacs Accelerate Program*, senior graduate students can team up with an industry partner and do a paid internship while being enrolled in full-time studies. Though you can choose the length of your internship, one of the most popular formats involves a 4-month internship where the student is paid \$15,000 (non-taxable scholarship) for their work. Half of this money (\$7,500) is provided directly by Mitacs, with the remaining half coming from the industry partner. Students typically spend roughly 50% of their internship physically working on-site with their industry partner, while spending 50% of their time at their home university. As for the application process, Mitacs has full-time support staff on campus who can assist with the application process as well as providing guidance on how to find suitable industry partners. Along with the Accelerate program, Mitacs also offers international internships along with opportunities for post-docs following graduation. All of these programs are outlined on the Mitacs Canada website (<https://www.mitacs.ca/en>). Overall, the Mitacs initiative provides students with excellent options to earn additional funding while gaining valuable experience that will help them in all facets of their future careers.

### **Off-Campus Teaching Opportunities**

Along with Queen's University, Kingston Ontario is also home to the Royal Military College of Canada and St. Lawrence College. Both of these institutions offer post-secondary programs in Psychology, and as such, can serve as potential avenues for graduate students to gain paid teaching experience beyond Queen's. For instance, past Social-Personality graduate students have served as instructors in the Department of Military Psychology and Leadership at RMC. This experience can not only be used to gain additional funding, but also provides students an opportunity to teach in a completely novel environment than a civil university. Something about SLC should go here if anyone has experience there. Together, both RMC and SLC provide a unique opportunity to broaden one's teaching scope while obtaining additional reimbursement.

## LIBRARIES

### On-Line Access

Queen's University provides access to much of its library resources on-campus and off-campus via its website, <http://library.queensu.ca>. To access the webpage off-campus, go to the link and select "Off-Campus Access" located at the top of the webpage. Then Log in with your NetID and Password. This step can be skipped when accessing the webpage on-campus.

To conduct a search, type your search term in the search box found in the main library page. Much of the time, you can find whatever you're searching for by using this search box. However, sometimes you will need access to more specialized databases by clicking on "Databases" and searching for the database you want (e.g., PSYCINFO).

Suppose you are interested in finding a scientific article, and you choose to search with PSYCINFO. After selecting this database, you will be brought to the main page. By default, this main page will be set to advanced search. Enter the search term in the search box. You can click "add row" to add more search terms, and specify if that search term uses "AND" (results will include both terms), "OR" (results will include at least one of the terms), or "NOT" (results will omit hits that use the term). On the results page, you can click on "Abstract" to view the abstract and article, "References" to see the references the article used, "Cited by X" to see articles that cited the target article, or "Add To My List" to save to a list.

The library provides access to other databases as well, such as Web of Science, Google Scholar, and Academic Search Complete.

### Off-Line Access

There are a several libraries spread across our campuses. The library closest to the Craine/Humphrey building is Stauffer Library. If you're conducting a search for off-line materials and it is located in another Queen's University library, e.g., one in the West campus, you can request it to be delivered to the library of your choosing, e.g., Stauffer Library. Materials from other Canadian institutions can also be requested via RACER, and the university will reimburse transfer fees up to \$15. A librarian can help you with the details. Computers are also available at the libraries in case you need to look up specific books with their accompanying shelving numbers, to expedite manually retrieving books from a given library. You can determine whether books are currently stocked (versus checked out) through the online system.

If you need help conducting a thorough search of the literature, consider booking an appointment with a librarian for help. Stauffer Library has a number of librarians who specialize in various topics, Psychology included. Librarians have specialized training in efficient information searches, and their assistance may come in handy when you find yourself working on literature reviews or meta-analyses.

## **JOURNAL SUBSCRIPTIONS, PROFESSIONAL SOCIETIES, AND CONFERENCES**

### **Journal Subscriptions**

Queen's library provides electronic access to most of the journals that you will need. However, you may wish to subscribe to several psychological journals as a student affiliate. If you choose to do so, the following journals are recommended:

- Journal of Personality and Social Psychology (discount with APA membership)
- Personality and Social Psychology Bulletin (comes with SPSP membership)
- Personality and Social Psychology Review (comes with SPSP membership)
- Psychological Science (comes with APS membership)
- Psychological Bulletin (APA)
- Psychological Review (APA)

You will usually get a student membership discount on both the price of the journals and the fees at conferences by becoming a member of APA, APS, or SPSP. Since most students attend the SPSP conference each year, journals through SPSP membership may be the most cost-effective option.

### **Psychological Organizations**

Below are the addresses and phone numbers of relevant organizations. Membership fees vary on an annual basis and can be obtained on each of these websites. Most websites now have an online form to obtain membership. Most students and faculty in the social-personality area are not members of the American Psychological Association (i.e., we've let our memberships lapse) or Canadian Psychological Association, both of which are more focused on clinical psychology.

**Association for Psychological Science** <http://www.psychologicalscience.org/> 1800 Massachusetts Ave NW Suite 402 Washington, DC 20036 202.293.9300 (phone) 202.293.9350 (fax) Included with annual membership dues:

- APS Observer
- Psychological Science
- Current Directions in Psychological Science
- Online access to current and in-press articles in APS journals

Conference information: <http://www.psychologicalscience.org/convention/>

### **American Psychological Association**

<http://www.apa.org/>

750 First Street, NE Washington, DC 20002-4242 (800) 374-2721 (phone) (202) 336-5568 (fax) Included with annual membership dues:

- APA Monitor
- American Psychologist Conference information: <http://www.apa.org/convention/>

### **Midwestern Psychological Association**

<http://www.midwesternpsych.org/>

Email: [mpa@kent.edu](mailto:mpa@kent.edu) Phone: (330)-672-2059

Included with annual membership dues:

- Registration for annual spring meeting in Chicago

Conference information: <http://midwesternpsych.org/meeting.html>

### **Society for Personality and Social Psychology**

<http://www.spsp.org/> Society for Personality and Social Psychology Email: [spspinfo@spsp.org](mailto:spspinfo@spsp.org)

Included with annual membership dues:

- SPSP Dialogue
- Personality and Social Psychology Bulletin

Conference information: <http://www.conferencesandmeetings.org/spsp.htm> or <http://www.spsp.org/confer.htm>

## Conference Dates

**Association for Psychological Science.** The APS Annual Convention takes place in May. Convention sites for the next few years are listed on the website above. The APS conference is usually less popular than MPA and SPSP among the students in our program, but graduate students have good opportunities to present posters or talks at the APS conference, and they often have a good selection of statistics workshops.

**American Psychological Association.** The APA Annual Convention takes place in August. Convention sites for the next few years are listed on the website above. The APA has a more “applied” focus, so the conference is usually less popular among social psychology students. It is also a much larger and longer conference than the others.

**Midwestern Psychological Association.** The MPA Annual Spring Meeting takes place in April at the Palmer House Hilton in Chicago, Illinois. The MPA conference is a smaller, regional conference, and is unique in that graduate students may give presentations as well as posters. Many students in the past have chosen to give their first talks at this less nerve-racking setting. Beyond the first year of graduate school, students regularly give talks at MPA. It is also a good place to meet graduate students in other social-personality programs.

**Society for Personality and Social Psychology.** The SPSP Annual Conference usually takes place during January or February. The SPSP conference is entirely dedicated to social and personality psychology, and the quality of the research presented is excellent. It will be a very intensive weekend! Be sure to reserve your hotel room well in advance, because they get booked up very quickly.

## Conference Housing

For convenience, most students opt to stay at the hotel where the conference is held, but this can be expensive. Therefore, graduate students generally share a room to reduce the cost for each person. Since most conferences are held in large cities, there are usually alternative accommodations, such as motels, youth hostels, or AirBnBs, near the convention site. It is always wise to book a room early and ask for the conference rate if you decide to stay at the conference hotel.

## Transportation to Conferences

As for transportation, many students look to websites such as Travelocity ([www.travelocity.com](http://www.travelocity.com)), Expedia ([www.expedia.com](http://www.expedia.com)), Kayak ([www.kayak.com](http://www.kayak.com)), Priceline ([www.priceline.com](http://www.priceline.com)) to find cheap flights. Because airfare tends to fluctuate a lot, it is not a bad idea to start tracking fares early, so you can make your purchase when prices drop. For MPA, Porter Airlines has reasonably priced flights from Toronto to Chicago’s Midway Airport ([www.flyporter.com](http://www.flyporter.com)), and the Billy Bishop Airport is much nicer than Pearson. Sometimes students carpool to conferences that are held closer to Kingston like APS in Toronto, Boston, etc. For many conferences held in the US, it can be cheaper to flight out of Syracuse.

## Travel Money

### For Conferences

If you submit a paper proposal for a conference and are selected to present at it, you may apply for a departmental presentation award in the amount of \$700 once during a fiscal year (July 1-June 30). To be considered for an award, you need to submit a form to Janessa Shorrock (H233) as soon as you know you will be presenting at a conference, not after you return from the conference. These are the eligibility requirements:

1. Students must be registered full time in a graduate degree program at the time of the conference.
2. Students must be presenting their own or co-authored paper or poster at the conference.
3. Students must be in their funding-eligible period (MSc's years 1 and 2, PhD's years 1,2,3,4).
4. Awards must be used to provide financial support for travel, accommodation, food and registration fees associated with the conference.

There is also travel money available from APA, APS, and SPSP for students presenting at conferences. These organizations generally offer a larger amount of money than Queen's and sometimes require that you provide volunteer service hours at the convention to "earn" the money. This travel money is great to have, but obtaining it is competitive.

### For Data Collection

The **Graduate Dean's Travel Grant for Doctoral Field Research** provides financial support for doctoral students (post-comps) pursuing dissertation or project research at a considerable distance from Queen's. Awards will be made through a competition. The maximum value of the award is \$3,000. Graduate programs and departments are sent details and application materials approximately 8 weeks prior to the annual competition deadline. Applications are normally due to the Department in January. More info can be found at:

<http://www.queensu.ca/culturalstudies/graduate-deans-doctoral-field-travel-grant>

The **Mitacs Globalink Research Award** provides \$6,000 for senior undergraduate and graduate students in Canada to conduct 12–24-week research projects at universities overseas. This fund is relatively new, so it tends to be underused and therefore has a high success rate. For more information, go to <http://www.mitacs.ca/en/programs/globalink/globalink-research-award>

## Research Procedures

### CORE Research Ethics Course

Running studies at Queen's University first requires you to complete an online course on ethics with eight short modules (<http://www.queensu.ca/urs/general-resources/core>). The modules are available in French or English, and have a testing component attached to each module. Overall the ethics training can be time-consuming (they recommend 4 hours), but there are ways to streamline the process, so **be sure to talk to an older student before completing it**. This is something you should complete shortly after your arrival at Queen's, so you can begin running studies as soon as possible.

### Subject Request Procedure

To get access to human participants for your research, you will need to submit an online subject request form and your debriefing materials to the Participant Pool Officer. There is a new form that has just become available from (<http://www.queensu.ca/psychology/undergraduate/participant-pool-information>). The form will require a supervisor signature, as well as a form from ethics that says you are permitted to do this research (automatically granted when your ethics clears), a copy of your debriefing form, and an alternative assignment. All of your materials will be briefly reviewed by the Participant Pool Officer and affiliated staff before approval. You will need to state whether you are recruiting from the PSYC 100 and/or 200 level pools when applying. In some cases, you may deliberately avoid drawing from the 200-level pools if naivete of participants is important to you. For example, studies involving deception paradigms may deliberately avoid 200-level pools.

**Alternative Assignments.** For each study you are running in the participant pool, you will need an alternative assignment prepared. These can take several forms, including walkthroughs of your study (in which participants have a study explained to them without actually participating), or written assignments (in which participants listen to a podcast, read an article, etc., on your scientific topic, before answering some questions to demonstrate their learning). Alternative assignments are always worth 0.5 credits and should take about 30 minutes to complete.

### Ethics Protocols

In order to conduct experiments and use the Psychology 100/200-level participant pool, it is necessary to have approval for the experiment you plan to run from the General Research Ethics Board (henceforth, GREB). Check with your advisor to see whether it is necessary for you to get human participant approval for your specific experiment. Often, the experiment you plan to run is similar to other projects being conducted in your lab and may not need its own protocol. For example, your supervisor may be looking for you to run follow-up research on a cleared set of studies, and the original ethics application may simply require an amendment (an expedited process where an existing protocol is slightly modified, or some materials are added), or may not require changes at all.

If you do decide that human participant ethics approval is necessary, you will need to submit a protocol to GREB through the 'TRAQ' research portal found here:

(<http://queensu.ca/traq/signon.html>). This protocol includes summary sheets, oral/mailed instructions to subjects, questionnaires and instruments, a consent form, and a research proposal (sample documentation is available here:

<http://www.queensu.ca/psychology/internal/ethics/forms>). Normally you will be able to complete all aspects of ethics application online through email correspondence and occasionally editing your application in TRAQ. GREB is strict about what they require in these protocols, so you should allow lots of time to complete the protocol carefully. The protocol may take weeks or sometimes months to clear, and you cannot run participants while awaiting clearance, so these

are aspects of constructing your research schedule that you will have to account for.

It is absolutely essential that you have this clearance before running participants. A submitted application may take several weeks to be cleared by GREB, and you will receive a signed PDF document specifying successful clearance when this occurs. Review of your ethics package may require edits as requested from several panels before final clearance, so you are partially responsible for the speed with which your study is cleared – if you write a very clear application, it will likely expedite the process. Please note that requested changes from ethics do not necessarily have to be agreed to without critical reflection; sometimes ethics reviewers simply need further clarification about the nature of your project and are willing to negotiate about specific ways of dealing with perceived issues. Ethics reviewers are often researchers themselves and are trying to help you make the best possible research project while also accommodating the rights and needs of your participants.

### **Notes on Completing Human Subjects Committee Protocols**

It is wise to talk with a senior graduate student in the lab to obtain copies of their proposals because successful proposals often shine a light on what is necessary to get successful clearance. Some parts of the application documents are open to misinterpretations that will delay your ethics package from being accepted.

Ordinarily, consent forms (CF) will be used with participants, often in conjunction with a letter of information (LOI). The LOI specifies what participants will do in the study, and mention risks to the participants, as well as specifying rewards. CFs often restate these things in the form of a list of first person statements (e.g., “I will receive 1 credit...”), and request a signature. In online studies, this is often relegated to a checkbox out of necessity.

The research proposals need to be written in sufficient detail for the review committee to make an informed decision regarding your experiment(s). They are mainly interested in the procedures you will be using, the nature of the stimulus materials, and how subjects in your experiment will be treated (e.g., deception, manipulation). They are less interested in the theoretical bases for your research, although a couple of brief sentences making your goals explicit can be helpful. However, the bulk of the proposal will be a methods section. It is not necessary to discuss predicted results, although a simple sentence about what you will test is helpful (e.g. “the control and experimental groups’ mean scores on X will be compared”). GREB is not evaluating your statistical knowledge.

To avoid having to complete human subjects protocols each time you run an experiment, it is wise to combine a series of experiments under one protocol. Often the experiments that you run are related to each other in a way that makes sense to consider them as one project. Including an experiment as a part of the protocol does not bind you to actually doing it. So, if you think you might want to conduct the experiment at some point, it will probably save you time in the long run to include it.

Protocols have to be renewed each year. The renewal process is much simpler than submitting an original protocol. It mainly involves indicating any changes to the design of the experiment as well as reporting how many participants have been run. Keep track of this information and be sure that you do not run more participants than were originally requested and approved. Remember to keep a copy of all the forms that you submitted originally so that you have a record of this information. It is advisable to aim a little high in terms of requested subjects in your original application in case a study has to be re-run. However, remember that structural changes in your studies (e.g. adding a new measure; adding a new manipulation) will have to be amended before it can be run.

### **Pre-screening of Human Participants**

Prescreening the Psychology 100/200 participant pool is useful if you require participants who meet very specific criteria for your study. This is useful in filtering in (or filtering out)

participants who do or do not meet specific criteria required for your research. A lab representative (often your supervisor) from each lab will submit the measures the lab would like to use for pre-screening, so be sure to talk to your lab members if you'd like to use pre-screening. Prescreening is completed by students online at the beginning of each semester. Further, you may not use data collected during prescreening in your analyses unless you have specific approval from GREB to do so, so if you want to use the data from your pre-screening measure, be sure to get GREB approval or re-administer the measure when you run the actual study.

## **Running a Study**

To run an experiment, you will need to register sessions in the SONA system. A comprehensive guide to this system is here:

([http://www.queensu.ca/psychology/sites/webpublish.queensu.ca.psycwww/files/files/Undergraduate/Participant%20Pool/Instructions for Researchers 2017.pdf](http://www.queensu.ca/psychology/sites/webpublish.queensu.ca.psycwww/files/files/Undergraduate/Participant%20Pool/Instructions%20for%20Researchers%202017.pdf)). In short, you post sessions specifying where the study will take place and for how many credits. When you create study in SONA, it will have to be cleared through an internal system that is checked by the Participant Pool Officer. Participants can then see your posted sessions and sign up for available slots. Assuming they show up, their credit can be granted through SONA; if they do not show up, options exist for granting 'negative credits' if participants no-showed without warning, or excused absences if they provided forward notice.

Because the research experience program is meant to be a learning experience for the participants, you have a thorough and informative debriefing. You must explain the purpose of your study to your participants, describing a bit of the background literature and related research. Participating in your study should be educational for your subjects, and your debriefing allows you the chance to provide this educational experience to the students.

## **Who are RAs?**

There are two kinds of undergrad RAs: volunteers and directed lab students (PSYC 570/575). Both types of RAs choose to work with faculty members who then may assign them to work with graduate students directly. Ask your supervisor or lab manager for information about this. Labs will have their own rules about how RAs will be allocated. RAs are both helpful and a responsibility. Having an RA to help you with calling people, entering data, running sessions, etc. can take a lot of burden off of you, but you need to provide them with solid research training. At the start of the year, in particular, they will normally have to be thoroughly trained in how to run research sessions, so that they can work relatively autonomously in collecting data. You can provide your RAs with a variety of good experiences, such as reading pertinent journal articles, discussing possible research ideas and operationalizations, running participants, writing up a sample methods section or abstract of the study they are working on with you, etc. Some lab groups have weekly or biweekly meetings with their RAs to provide training in such things as research design, ethics, and coding data, and to discuss various theoretical issues and current research.

What is the difference between volunteers and directed lab students? Volunteers have flexible numbers of hours: they may volunteer for 1 hour a week, or 9, it is up to a negotiation between your lab manager/supervisor and themselves. Of course, it may not be worth training an RA who can run very few hours, but volunteers are also helping out and so often having them run 3-4 hours per week is still very helpful to a lab. Directed lab students have a mandate from their course to run 5-7 hours a week. The other difference is that volunteers do not receive any kind of grade/course credit from helping out, whereas directed lab students will receive a course on their transcript for helping. Directed lab students also have to complete brief write-ups about the studies they are working on and may request help from you (the graduate student) to get information required to complete these write-ups.

## Food

### Microwaves, Refrigerators, and Vending Machines

If you want to bring your lunch from home or want a soda/snacks during the day, it is helpful to know where to go. There is a refrigerator and microwave in the Craine Lounge on the second floor. The refrigerator and microwave are used by the whole psychology department, so please remember to keep the space neat and tidy. Food in the fridge should be clearly labelled to prevent any miscommunication. There is also a vending machine on the first floor of Humphrey Hall. Those sodas cost about \$2.25 for 20-oz. bottles, and the machine now accepts credit and debit cards.

You have several options for **on-campus dining**.

Food Outlet	Location	Hours (September - April) * <i>Summer</i> : Outlets may be closed or hours may differ; check links for details. See also: <a href="#">Hospitality Services hours of operation</a>
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#### Goodes Hall

Goodes Hall Cafe	Goodes Hall	Monday - Friday: 8:30 am - 3 pm <i>Summer: Monday - Thursday, 11 am - 2 pm</i>
Starbucks	Goodes Hall	Monday - Thursday: 7:30 am - 10 pm Friday: 7:30 am - 7 pm Saturday: 9 am - 7 pm Sunday: 9 am - 9 pm <i>Summer: Monday - Friday, 8 am - 3:30 pm</i>

#### John Deutsch University Centre (JDUC)

The Brew	JDUC, Upper Level	Monday - Friday: 9 am - 4 pm
Grocery Checkout Express	JDUC, Lower Level	
Khao	JDUC, Lower Level	Monday - Friday: 11 am - 8 pm Weekends: 3-8 pm
Queen's Pub	JDUC, Upper Level	Monday - Sunday: 11:30 am - 2 am <i>Summer hours:</i> <i>Wednesday &amp; Thursday: 11:30 am - 1 pm, 5-11 pm</i> <i>Friday: 11:30 am - 1 pm</i>
Quiznos Sub	JDUC, Lower Level	Monday - Friday: 11 am - 7 pm
Tim Hortons	JDUC, Lower Level	Monday - Friday: 8 am - 3 pm

<b>Mac-Corry Square</b>		<i>Summer hours: Monday - Friday, 8 am - 3 pm</i>
The Canadian Grilling Company by Chef Michael Smith	Mackintosh-Corry Hall	Monday - Friday: Breakfast 8 am - 10:30 am Lunch/Dinner 11 am - 8 pm
The Pita Pit	Mackintosh-Corry Hall	Monday - Thursday: 11 am - 6 pm Friday: 11 am - 5 pm
Pizza Pizza	Mackintosh-Corry Hall	Monday - Thursday: 11 am - 6 pm Friday: 11 am - 5 pm

### Queen's Centre

Booster Juice	Queen's Centre, Lower Level	Monday - Thursday: 8:30 am - 8 pm Friday - Sunday: 10 am - 6 pm
Common Ground Coffeehouse	Queen's Centre, Upper Level	Monday - Thursday: 8 am - 11 pm Friday: 8 am - 10 pm Weekends: 10 am - 10 pm <i>Summer: Monday - Friday, 8 am - 4 pm</i>
Grocery Checkout Fresh Market	Queen's Centre, Lower Level	Monday - Friday: 8 am - 11 pm Saturday: 9:30 am - 8 pm Sunday: 10 am - 10 pm
Pita Pit	Queen's Centre, Lower Level	Monday - Thursday: 11 am - 8 pm Friday - Sunday: 11 am - 6 pm
Pizza Pizza	Queen's Centre, Lower Level	Monday - Thursday: 11 am - 7 pm Friday - Sunday: 11 am - 6 pm
Teriyaki Experience	Queen's Centre, Lower Level	Monday - Friday: 11 am - 7 pm
Tim Hortons	Queen's Centre, Lower Level	Monday - Friday: 7:30 am - 11 pm Weekends: 8 am - 6 pm <i>Summer: Monday - Friday, 7:30 am - 3:30 pm</i>

### Other locations

Farmer's Market	Fall term: At the corner of Union St. and University Ave. Winter term: Inside Mac-Corry Hall (until it's warm enough to go outside again!)	Every Wednesday: 9 am - 4 pm
Gord's	Gordon-Brockington Hall	Monday - Friday: 7:30 am - 3 pm
Grad Club	162 Barrie Street	Monday - Friday: 11 am - 1 am Saturday: Special events and room bookings
The Lazy Scholar	Victoria Hall	Monday - Friday: 7:30 am - 1 am Weekends: 9:30 am - 1 am

Location 21	David C. Smith House	Monday – Friday: 7:30 am – 1 am Weekends: 9:30 am – 1 am
Market Street	Botterell Hall	Monday - Friday: 7 am - 2:30 pm <i>Summer:</i> <i>April - May: Monday - Thursday, 7 am - 3 pm</i> <i>Friday, 7 am - 2 pm</i> <i>June: Monday - Thursday, 7 am - 3 pm</i> <i>(Last day of operation June 29)</i>
Market Street Fastlane	School of Medicine Building	Monday - Friday: 8 am - 2 pm
Stauffer Library Cafe	Stauffer Library, Lobby	Monday - Thursday: 8 am - 7 pm Friday: 8 am - 4 pm
Student Street Barista	West Campus	<i>Summer: 10:30 am - 1:30 pm</i> <i>May 3-5, May 29-June 23, July 4-September 1</i>
The Tea Room	Beamish Munro Hall	Monday - Thursday: 8 am - 7:30 pm Friday: 8 am - 5:30 pm
Tim Hortons	Biosciences Complex, Atrium	Monday - Thursday: 7 am - 6 pm Friday: 7 am - 3 pm <i>Summer: Monday - Friday, 7 am - 3 pm</i> Self-Serve Kiosk: Monday - Thursday: 8:30 am - 3:30 pm Friday: 8:30 am - 1:30 pm

### The Grad Club

They have great food, but you want to make sure that you take cash because their card machine rarely works. However, graduate students get a discount on their food and they often host shows and game nights frequently

### Food Trucks

If you're looking for something quick and inexpensive near the main psychology building (Humphrey), there are a few food trucks nearby on Union Street during the year. The closest, where Division Street starts, sells mostly wraps, hot dogs, and hamburgers. There is another, closer to Stauffer Library, with more varied stuff. And, of course, you can always venture off-campus for the real good stuff.

### **Off Campus Dining**

Kingston is known for its many great restaurants; many of which also have patios in the summer months. Closest to campus you can find inexpensive, fast food as well as some sit-down restaurants. Perched right beside Lake Ontario already gives the views necessary for a dream city, but it's proven meal after meal that its culinary standards are not to be missed.

### Crave Coffee Shop

They are located right downtown on Princess Street. They have tables at the back so that you can study, but you have to get there early as it tends to fill up. They have nice specialty coffees and delicious food and pastries.

### Starbucks

Like every town, there are Starbucks everywhere. There is one located in the Goodes Hall, which is within a 5-minute walk of Humphrey.

### Pizza

For something fancier, try Woodenhouse on Ontario Street or Atomica on Brock Street. Score Pizza on Princess Street is good for something quicker, and for pick up or delivery, Kingston has many of the pizza chain restaurants (e.g., Papa John's, Domino's, Little Caesar's, etc.).

### Burgers

People seem to be one of two types: those who prefer Harper's on Princess Street between Wellington and King, and those who prefer The Works also on Princess Street at the intersection of Barrie Street. Kingston also has the typical fast food chains.

### Dianne's Fish Shack & Smokehouse

They have great fish tacos, and they are close to the waterfront downtown.

### Amadeus Café

Has great German food and beer. You should definitely go to this place really hungry because they give you a lot of food. They also have the best patio because it is off the street, so a bit quieter.

### Greco's

Get the lamb shanks when they are available (generally only the weekend) and the saganaki.

### Finer Dining

These places are a little pricier but always good and where we take visiting speakers: Casa Domenico on Brock across from Market Square and Le Chien Noir also on Brock between King and Wellington.

## Fun

### Kingston Frontenac Public Library

The various library branches often have speakers and other events including book clubs. The Central Branch is right downtown on Johnson street and is within a five-minute walk from Campus. You can get a library card by bringing in a piece of ID and proof of address (i.e., a piece of mail or your rental agreement) to your local branch and then you are able to access several of their services including book and movie checkout, and Overdrive eBook access.

<https://www.kfpl.ca/>

### Movies

The Screening Room. The Screening room is the local indie movie theatre and located downtown. You can buy a membership card and get into movies for \$8 or you can simply catch a show and pay \$12 (the student discount). They also have a large popcorn and soda deal that is \$10 and is more than enough for two people to share. <http://screeningroomkingston.com/>

Landmark Cinemas. Landmark Cinemas (<https://www.landmarkcinemas.com/showtimes/kingston>) is located close to the 401 across from the King's Crossing Outlet Mall. The 702 Express Bus has a stop right next to the theater. Students can get a discount.

Cineplex Odeon Theater. This movie theater (<https://www.cineplex.com/Theatre/cineplex-odeon-gardiners-road-cinemas>) is located farther away from campus but still accessible via several bus routes including the 701 Express. This theater also offers student discounts.

Market Square. Each Thursday night during the summer months older films are shown for free on an outdoor screen set up in Market Square. Only a few concessions are available, and you need to bring your own chair or blanket. <https://www.downtownkingston.ca/movies>

### Theatre

Domino Theatre. This is a little far from downtown, but the bus system can get you there. Domino Theatre is a local theatre group that puts on great plays every year.

<http://www.dominotheatre.com/>

Grand Theatre. This theater is located downtown on Princess Street and is the venue for a variety of musical, theater, comedy, and dance shows. <https://www.kingstongrand.ca/>

### Music

The Ale House. This is a local pub that puts on smaller band shows from time to time. It's great because it is close to campus. <http://www.thealehousekingston.ca/>

KRock Centre. This arena (<http://www.rogersk-rockcentre.com/>) is located across from the Wolfe Island Ferry dock at the intersection of The Tragically Hip Way and Ontario Street. It hosts larger concerts and other performances (e.g., Cirque De Soleil, championship skating and ballroom dancing, monster trucks, etc.). It also where the Kingston Frontenacs hockey team plays (<http://kingstonfrontenacs.com/>).

### Touristy Stuff

**Kingston Residents' K-Pass** (<http://www.kpass.ca/index.cfm/kingston-residents/>) gives you unlimited or discounted access to museums, the hop-on/hop-off trolley tours, and sightseeing cruises. The trolley tour and Haunted Walk are worth doing at least one, and the three Kingston 1000 Island Cruises are enjoyable as well.

If you have a car, the **Ganonoque Boat Lines** (<https://ganboatline.com/cruises-schedules/sightseeing-cruises/>) offers cruises that take you deeper into the 1000 Islands

including one with a stop at Boldt Castle.

Information about museums can be found at <http://www.kingstonmuseums.ca/> Below are some highlights:

**Canada's Penitentiary Museum** (<http://www.penitentiarymuseum.ca/default/>) located at King and Sir John A. MacDonald Streets is the best museum in Kingston, and in the summer months, you also can tour the Kingston Pen across the street. Many scenes from *Alias Grace* were shot in these two locations.

The **Murney Tower Historical Site** ([www.kingstonmuseums.ca/murney-tower-national-historic-site-of-canada](http://www.kingstonmuseums.ca/murney-tower-national-historic-site-of-canada)) is across King Street from campus as you head toward Lake Ontario. It is only open during the summer months but well worth a visit.

The tour of **Fort Henry** (<http://www.forthenry.com/>) itself is not that interesting, but **Lumina Borealis** (<https://www.luminaborealis.com/>), which it hosts during the Winter months, is a lot of fun.

Most weekends from June to August Kingston hosts a **festival** or event of some kind often centered around Confederation Basin. These events include the Buskers Rendezvous, 1000 Islands Poker Run, Taste of Kingston, The Princess Street Promenade, and Doors Open Kingston. Feb Fest in the winter also has a number of activities including ice slides, outdoor hockey games, and exhibition skating. For more information go to <http://www.whatsonkingston.com/entertain/annual.html>.

## Shopping

### Bookstores

Novel Idea. The local downtown bookstore is a nice place to pick up the latest book release, but if you cannot find something you are looking for the staff is more than willing to help you order it. <http://75.103.74.42/wp/>

Chapters/Indigo. This larger chain store has a wider selection of books in stock, but you will have to drive or catch the bus as this is located in the township and soon moving to the Cataraqui Mall, which is even farther from campus. They are a little more expensive, but if you join their points program, they will sometimes round your points up to the next redeemable amount. <https://www.chapters.indigo.ca/en-ca/>

### Groceries

Food Basics. This is a little farther from campus (across King Street from the KRock Centre), but it has cheaper prices on groceries. Also, Tuesdays are currently the discount days for students.

Metro. The only grocery store open 24 hours. It is closer to campus (between Princess and Brock Streets at Barrie Street), but it also is more expensive. You can get student discounts on groceries on Tuesdays and Thursdays.

Loblaws. The nicest of Kingston's grocery stores but located farther away from campus (still easily accessible by bus). Tuesday is the student discount day. It also offers Click and Collect ([www.loblaws.ca/Click&Collect](http://www.loblaws.ca/Click&Collect)), and through President's Choice, it has the best reward MasterCard (regularly earn enough for free groceries).

Costco. This warehouse store is in the township and just a block or so off of the many bus routes on Princess Street.

### Clothes and Shoes

There are many boutique clothing and shoe stores on **Princess Street** along with larger chains like The Gap, Roots, and Urban Outfitters.

The **Cataraqui Mall** (<https://www.cataraquicentre.ca/>) is located in the township but on many bus routes because it is a major transfer point. It has a mix of stores including some better-known brands like Aldo, H&M, and The Bay.

The **King's Crossing Outlet Stores** (<http://kingscrossing.ca/stores/>) also are far from downtown but on a bus route. Its stores include Tommy Hilfiger, Columbia, Roots, Adidas, Rockport, etc.