Instructor: Dr. Janet Menard Office: Craine - 431 Phone: 533-3099 Email: menard@queensu.ca

Teaching Assistant: Steve Lamontagne Office: TBA Email: <u>9sjl7@queensu.ca</u>

Teaching Assistant: Julia Morris Office: TBA Email: jm344@queensu.ca Office Hours: Fridays 4:00-5:00

Office Hours: TBA

Office Hours: TBA

<u>**Text:</u>** Biopsychology (8th, 9th or 10th edition) JPJ Pinel Allyn and Bacon</u>

INTENDED STUDENT LEARNING OUTCOMES

To complete this course, students will demonstrate their ability to:

- 1. Outline the primary stages of neural development in humans.
- 2. Summarize current perspectives on various forms of brain damage, including neurodegenerative disorders
- 3. Summarize current theories on the biopsychology of eating, sleeping, sexual behaviour, and drug addiction.
- 4. Evaluate research findings relating to the biopsychology of motivation, cognition, and emotion.

DATE	EXAM	MATERIAL COVERED	% OF FINAL MARK
Tuesday, Feb 5	Midterm Exam I	Section 1- Chapters 9, 10, 16	25%
		(general exam format, see below)	
Tuesday, Mar 12	Midterm Exam 11	Section 2 - Chapters 12, 13, 14	25%
		(general exam format)	
	Final Exam	Section 3 - Chapters 15, 17, 18	25%
		(general exam format)	
		Chapters 9-18 (excluding Chapter 11)	25%
		(multiple choice only)	

EXAMS AND GRADING

General exam format: Exams will consist of fill-in-the-blank, definitions, short answer and multiple-choice questions. Short answer and fill-in-the blank questions cover material that is delivered during lectures. Any material in the text is fair game for a multiple-choice question, regardless of whether was covered in lectures or not. Thus, **YOU ARE RESPONSIBLE FOR** ALL OF TEXT MATERIAL FROM THE ASSIGNED CHAPTERS, INCLUDING MATERIAL FROM PAGES THAT DO NOT APPEAR ON THE RECOMMENDED READING LIST. That list is purely meant to help you prepare for the lectures.

NOTE: There are <u>NO MAKEUP EXAMS FOR THE TWO MIDTERMS</u>. *Excused* absences (e.g., illness, family crisis) from the midterm must be documented. The weight of the missed midterm will be either 1) transferred to the final exam *OR 2*) 10% can be transferred to the other midterm and 15% to the final (this latter option has to be chosen *before* you write the final. Contact me by email and let me know your choice.

PSYC Departmental Policy on Missed Final Exams

Students who cannot write an exam during the December or April exam period due to a serious, extenuating circumstance (illness, death in the family) must follow the steps below to be eligible, and be available to write a deferred exam during the PSYC department's *Make up Exam period*: January 13/14th, April 28/30th, or September 14/15, 2012.

- Obtain permission from their instructor to write a sdeferred exam. This requires notifying your instructor in advance or, under extraordinary circumstances, within 72 hours after, the exam, with appropriate documentationⁱ. Please use the *Request for an Exam Deferral* form found on our website or from the UG office and attach your documentation.
- Complete and return the instructor-signed *Permission for an Incomplete Grade* form available on the Arts and Science website and return it to the UG office. http://www.queensu.ca/artsci/sites/default/files/Permission for an incomplete grade%2021jan2011.pdf
- 3. Be available to write the makeup exam during the first available PSYC *Make up Exam period*: January 13/14th, April 28/30th, or September 14/15, 2012.

NOTE: Students who do not write the makeup exam are advised to drop the course. If a student cannot write the makeup exam due to a serious extenuating circumstance for which they can provide new documentation, they will either be granted a second deferral by their instructor or be supported in their appeal to drop the course after the deadline though this decision rests with the Associate Dean (Studies).

Accommodation after the fact

Once a student has written an exam or submitted an assignment, they may not subsequently be granted accommodation such as being offered a second opportunity to write the exam or assignment or have it count for less than originally specified in the course syllabus (reweighted).

Travel during exams

According to university regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods as well as during any scheduled class times. Requests to write a make-up exam because of conflicting travel plans (e.g. flight bookings) or requests to miss an in class exam due to other plans will NOT be considered except under extraordinary circumstances. Students are advised to wait until the final exam schedules are posted before making any travel arrangements.

¹ Appropriate documentation includes a signed letter from a registered health professional, Queens HC&DS, or documentation of a death such as a bulletin from a memorial service, obituary (newspaper or online) or funeral home letter. Official documents will be copied and originals returned to the student. Note that the PSYC department randomly checks document authenticity and that fraudulent documents will be grounds for a finding of a major departure from academic integrity.

MARKING SCHEME

Psych 370 will utilize a "*Numbers In, Letters Out*" marking scheme: You will be given a percentage (%) grade for the 1rst and 2^{nd} midterm exams (e.g., 92% and 89%). (Midterm marks will be posted on Moodle.) A percentage grade will be calculated for the final exam (e.g., 96%), and the 3 grades will be used to determine a weighted average (e.g., [(.25 * 92) + (.25 * 89) + (.50 * 96)] = a weighted average of 93.25). The final % grade will then be converted to a letter grade (e.g., 93.25% = A+; $\textcircled{\odot}$).

The final grade you receive for the course will be derived by converting your numerical course average to a letter grade, according to Queen's Official Grade Conversion Scale.

Queen's Official Grade Conversion Scale

Grade	Numerical Course Average (Range)
A+	90-100
А	85-89
A-	80-84
B+	77-79
В	73-76
В-	70-72
C+	67-69
С	63-66
C-	60-62
D+	57-59
D	53-56
D-	50-52
F	49 and below

SECTION 1 - BRAIN PLASTICITY				
Tuesday, Jan 8	Course Organization			
Thursday,	Development of the Nervous System:	Chapter 9		
Jan 10	- prenatal neurodevelopment	Pages 213-220		
Friday,	Development of the Nervous System:	Chapter 9		
Jan 11	- postnatal development	Pages 213-220		
Tuesday,	Development of the Nervous System	Chapter 9		
Jan 14	- disorders of neurodevelopment: Fetal Alcohol Syndrome	Pages 227-231		
Thursday, Jan 17	Development of the Nervous System - disorders of neurodevelopment: Autism	supplementary		
Friday,	Brain Damage and Neuroplasticity	Chapter 10:		
Jan 18	- causes of brain damage	Pages 241-247		
Tuesday,	Brain Damage and Neuroplasticity	Chapter 10		
Jan 22	- neuropsychological diseases: epilepsy	Pages 240-242		
Thursday,	Brain Damage and Neuroplasticity	Chapter 10		
Jan 24	- neuropsychological diseases: Huntington's	Page 243		
Friday,	Brain Damage and Neuroplasticity	Chapter 10		
Jan 25	- neuropsychological diseases: Parkinson's disease	Page 242		
Tuesday,	Brain Damage and Neuroplasticity	Chapter 10		
Jan 29	- neuropsychological diseases: Alzheimer's	Pages 244-246		
Thursday,	Brain Damage and Neuroplasticity	Chapter 10		
Jan 31	- neuroplastic responses to brain damage	Pages 247-256		
Thursday,	Lateralization, Language & the Split Brain:	Chapter 16:		
Feb 1	- the split brain	Pages 414-422		
Tuesday, Feb 5	MIDTERM EXAM 1 -BRAIN PLASTICITY	Chapters 9, 10 &16		

SECTION 2 - MOTIVATION			
Thursday, Feb 7	Hunger, Eating, and Health: - digestion and energy flow; phases of energy metabolism	Chapter 12 Pages 288-290	
Friday, Feb 8	Hunger, Eating, and Health: - neural regulation of hunger and satiety	Chapter 12 Pages 297-301	
Tuesday, Feb 12	Hunger, Eating, and Health: - obesity	Chapter 12 Pages 305-309	
Thursday, Feb 14	Hunger, Eating, and Health: - eating disorders: anorexia	Chapter 12 Pages 309-312	
Friday, Feb 15	Hormones and Sex - the neuroendocrine system	Chapter 13: Pages 328-333	
Feb 18-23	READING WEEK		
Tuesday, Feb 26	Hormones and Sex - hormones and sexual development - disorders of sexual development	Chapter 13 Pages 320-340	
Thursday, Feb28	Hormones and Sex - neural regulation of sexual behavior	Chapter 13 Pages 334-336	
Fridy, Mar 1	Sleep, Dreaming, and Circadian Rhythms: - sleep physiology - sleep and learning and memory	Chapter 14 Pages 343-344	
Tuesday, Mar 5	Sleep, Dreaming, and Circadian Rhythms: - sleep, the immune and glymphatic systems	No readings	
Thursday, Mar 7	Sleep, Dreaming, and Circadian Rhythms: - the circadian clock	Chapter 14 Pages 352-357	
Friday, Mar 8	Sleep, Dreaming, and Circadian Rhythms: - sleep disorders	Chapter 14 Pages 360-362	
Tuesday, Mar 12	MIDTERM EXAM II - MOTIVATION	Chapters 12 – 14	

SECTION 3 - DISORDERS OF COGNITION AND EMOTION			
Thursday, Mar 14	Drug Addiction and the Brain's Reward Circuits - basic principles of drug action - role of learning in drug tolerance and withdrawal	Chapter 15: Pages 384-389	
Friday, Mar 15	Drug Addiction and the Brain's Reward Circuits - biopsychological theories of addiction - drug addiction and the brain's reward system	Chapter 15 Pages 384-391	
Tuesday, Mar 19	Drug Addiction and the Brain's Reward Circuits - chronic drug abuse-induced changes in brain	Chapter 15 No readings	
Thursday, Mar 21	Biopsychology of Emotion, Stress, and Health: - the stress response - stress and the hippocampus	Chapter 17 Pages 438-440	
Friday, Mar 22	Biopsychology of Emotion, Stress, and Health: - early experience of stress - individual differences in sensitivity to stress	Chapter 17 Pages 442-443	
Tuesday, Mar 26	Biopsychology of Emotion, Stress, and Health: - fear conditioning and the amygdala	Chapter 17 Pages 433-435	
Thursday, Mar 28	 Biopsychology of Emotion, Stress, and Health: - emotions and facial expression - brain mechanisms of human emotion; fear and the human amygdala 	Chapter 17 Pages 428-430 Pages 436-438	
Friday, Mar 29	Biopsychology of Emotion, Stress, and Health: - neurobiology of social bonding	Chapter 17 No readings	
Tuesday, April 2	Biopsychology of Psychiatric Disorders: - schizophrenia – neurodevelopmental theory	Chapter 18 Pages 447-449	
Thursday, April 4	Biopsychology of Psychiatric Disorders: - schizophrenia – dopamine theory; brain damage	Chapter 18 Pages 449-453	
Friday, April 5	Biopsychology of Psychiatric Disorders: - affective disorders: depression – diathesis stress theory	Chapter 18 Pages 454-459	