

# PSYC 370 – Brain and Behaviour II – 2022 W

**Instructor:** Dr. Janet Menard  
**Office:** Craine - 431  
**Phone:** 533-3099  
**Email:** menard@queensu.ca

**Office Hours:** Fridays 2:00 - 3:00pm (please let me know if you plan to drop in; a link will be made available at OnQ)

**Teaching Assistant:** Ben Streach  
**Email:** brs3@queensu.ca

**TA's Virtual Office Hours:** Tuesdays, 9:30-10:30; a link will be made available at OnQ

**Text:** Biopsychology (10<sup>th</sup> or 11<sup>th</sup> edition; Hard copy OR REVEL editions)  
JPJ Pinel  
Allyn and Bacon

**VIRTUAL LECTURES ARE ON ZOOM. LINKS FOR LECTURES CAN BE FOUND ON THE COURSE ONQ SITE. NOTE THAT THERE ARE SEPARATE ZOOM LINKS FOR TUESDAY, WEDNESDAY, AND FRIDAY LECTURES, RESPECTIVELY.**

## INTENDED STUDENT LEARNING OUTCOMES

To complete this course, students will demonstrate their ability to:

1. Outline the primary stages of neural development in humans.
2. Summarize current perspectives on various forms of brain damage, including neurodegenerative disorders
3. Summarize current theories on the biopsychology of eating, sleeping, sexual behaviour, and drug addiction.
4. Evaluate research findings relating to the biopsychology of motivation, cognition, and emotion.

## EXAMS AND GRADING

DATE	EXAM	MATERIAL COVERED	% OF FINAL MARK
February 8	Midterm Exam I	Section 1- Chapters 9, 10 (general exam format, see below)	25%
March 15	Midterm Exam II	Section 2 - Chapters 12, 13, 14 (general exam format)	25%
	Final Exam	Section 3 - Chapters 15, 17, 18 (general exam format)	25%
		Chapters 9-18 (excluding Chapters 11 & 16) (multiple choice only)	25%

**General exam format:** Exams will consist of fill-in-the-blank, definitions, short answer and multiple-choice questions. Short answer and fill-in-the blank questions cover material that is delivered during lectures. Any material in the text is fair game for a multiple-choice question, regardless of whether was covered in lectures or not. Thus, **YOU ARE RESPONSIBLE FOR ALL OF TEXT MATERIAL FROM THE ASSIGNED CHAPTERS.**

**NOTE: There are NO MAKEUP EXAMS FOR THE TWO MIDTERMS. If you have an excused absence from a midterm, the weight the missed midterm will be either 1) transferred to the final exam OR 2) 10% can be transferred to the other midterm and 15% to the final (this latter option must be chosen before you write the final). Contact me by email to let me know your choice. See the following page for further information on excused absences from an exam.**

**IF YOU HAVE AN EXCUSED ABSENCE FROM THE FINAL EXAM, THE DEPT. OF PSYCHOLOGY WILL BE HOLDING A MAKE-UP FINAL EXAM, WHICH WILL RUN BETWEEN MAY 12<sup>TH</sup>-15<sup>TH</sup> 2022. PLEASE CONTACT THE UNDERGRADUATE CHAIRS OFFICE FOR FURTHER DETAILS.**

**OBTAINING AN EXCUSED ABSENCE FROM AN EXAM**

**If you are ill or facing other extenuating circumstance and cannot write one of the exams contact the Faculty of Art & Sciences portal: <http://www.queensu.ca/artsci/accommodations>. DO THIS PRIOR TO THE EXAM - THE FACULTY WILL NOTIFY ME ABOUT YOUR ABSENCE. YOU DO NOT HAVE TO CONTACT ME but you MUST REGISTER YOUR ABSENCE AT THE ACCOMODATIONS PORTAL (see below for further details).**

**Accommodation after the fact:** Once a student has written an exam they may not subsequently be granted accommodation such as being offered a second opportunity assignment or have it count for less than originally specified in the course syllabus (reweighted).

**MARKING SCHEME**

Psych 370 has a “*Numbers In, Letters Out*” marking scheme: You will be given a percentage (%) grade for the 1st and 2<sup>nd</sup> midterm exams (e.g., 92% and 89%). (Midterm marks will be posted on Moodle.) A percentage grade will be calculated for the final exam (e.g., 96%), and the 3 grades will be used to determine a weighted average (e.g.,  $[(.25 * 92) + (.25 * 89) + (.50 * 96)]$  = a weighted average of 93.25). The final % grade will then be converted to a letter grade (e.g., 93.25% = A+; ☺).

**The final grade you receive for the course will be derived by converting your numerical course average to a letter grade, according to Queen’s Official Grade Conversion Scale.**

*Queen’s Official Grade Conversion Scale*

<i>Grade</i>	<i>Numerical Course Average (Range)</i>
<i>A+</i>	<i>90-100</i>
<i>A</i>	<i>85-89</i>
<i>A-</i>	<i>80-84</i>
<i>B+</i>	<i>77-79</i>
<i>B</i>	<i>73-76</i>
<i>B-</i>	<i>70-72</i>
<i>C+</i>	<i>67-69</i>
<i>C</i>	<i>63-66</i>
<i>C-</i>	<i>60-62</i>
<i>D+</i>	<i>57-59</i>
<i>D</i>	<i>53-56</i>
<i>D-</i>	<i>50-52</i>
<i>F</i>	<i>49 and below</i>

<b>SECTION 1 - BRAIN PLASTICITY</b>			
<b>WEEK 1</b>	Tuesday, Jan 11	<b>Course Orientation</b>	
	Wednesday, Jan 12	<b>Development of the Nervous System</b> <ul style="list-style-type: none"> <li>• prenatal neurodevelopment</li> </ul>	Chapter 9
	Friday, Jan 14	<b>Development of the Nervous System</b> <ul style="list-style-type: none"> <li>• postnatal development</li> </ul>	Chapter 9
<b>WEEK 2</b>	Tuesday, Jan 18	<b>Development of the Nervous System</b> <ul style="list-style-type: none"> <li>• disorders of neurodevelopment: Fetal Alcohol Syndrome</li> </ul>	Chapter 9
	Wednesday, Jan 19	<b>Development of the Nervous System</b> <ul style="list-style-type: none"> <li>• disorders of neurodevelopment: Autism</li> </ul>	Chapter 9
	Friday, Jan 21	<b>Brain Damage and Neuroplasticity</b> <ul style="list-style-type: none"> <li>• causes of brain damage</li> </ul>	Chapter 10
<b>WEEK 3</b>	Tuesday, Jan 25	<b>Brain Damage and Neuroplasticity</b> <ul style="list-style-type: none"> <li>• neurological diseases: Epilepsy</li> </ul>	Chapter 10
	Wednesday, Jan 26	<b>Brain Damage and Neuroplasticity</b> <ul style="list-style-type: none"> <li>• neurological diseases: Huntington's</li> </ul>	Chapter 10
	Friday, Jan 28	<b>Brain Damage and Neuroplasticity</b> <ul style="list-style-type: none"> <li>• neurological diseases: Parkinson's disease</li> </ul>	Chapter 10
<b>WEEK 4</b>	Tuesday, Feb 1	<b>Brain Damage and Neuroplasticity</b> <ul style="list-style-type: none"> <li>• neurological diseases: Alzheimer's</li> </ul>	Chapter 10
	Wednesday, Feb 2	<b>Brain Damage and Neuroplasticity</b> <ul style="list-style-type: none"> <li>• responses to nervous system damage</li> </ul>	Chapter 10
	Friday, Feb 4	<b>TBA</b>	
<b>WEEK 5</b>	<b>Tuesday, Feb 8</b>	<b>MIDTERM EXAM 1 -BRAIN PLASTICITY</b>	<b>Chapters 9/10</b>

<b>SECTION 2 – MOTIVATED BEHAVIOURS</b>			
<b>WEEK 5</b>	Wednesday, Feb 9	<b>Hunger, Eating, and Health:</b> <ul style="list-style-type: none"> <li>• digestion, energy storage, and energy utilization</li> </ul>	Chapter 12
	Friday, Feb 11	<b>Hunger, Eating, and Health:</b> <ul style="list-style-type: none"> <li>• neural regulation of hunger and satiety</li> </ul>	Chapter 12
<b>WEEK 6</b>	Tuesday, Feb 15	<b>Hunger, Eating, and Health:</b> <ul style="list-style-type: none"> <li>• human obesity</li> </ul>	Chapter 12
	Wednesday, Feb 16	<b>Hunger, Eating, and Health:</b> <ul style="list-style-type: none"> <li>• eating disorders: anorexia</li> </ul>	Chapter 12
	Friday, Feb 18	<b>Hormones and Sex</b> <ul style="list-style-type: none"> <li>• the neuroendocrine system</li> </ul>	Chapter 13:
<b>(Feb 21-25) – FAMILY DAY &amp; READING WEEK</b>			
<b>WEEK 7</b>	Tuesday, March 1	<b>Hormones and Sex</b> <ul style="list-style-type: none"> <li>• hormones and sexual development</li> </ul>	Chapter 13
	Wednesday, March 2	<b>Hormones and Sex</b> <ul style="list-style-type: none"> <li>• neural regulation of sexual behavior</li> </ul>	Chapter 13
	Friday, March 4	<b>Sleep, Dreaming, and Circadian Rhythms:</b> <ul style="list-style-type: none"> <li>• sleep and learning and memory</li> </ul>	Chapter 14
<b>WEEK 8</b>	Tuesday, March 8	<b>Sleep, Dreaming, and Circadian Rhythms:</b> <ul style="list-style-type: none"> <li>• the circadian clock</li> </ul>	Chapter 14
	Wednesday, March 9	<b>Sleep, Dreaming, and Circadian Rhythms:</b> <ul style="list-style-type: none"> <li>• sleep and the glymphatic system</li> </ul>	Chapter 14
	Friday, March 11	<b>Sleep, Dreaming, and Circadian Rhythms:</b> <ul style="list-style-type: none"> <li>• sleep disorders</li> </ul>	Chapter 14
<b>WEEK 9</b>	<b>Tuesday, March 15</b>	<b>MIDTERM EXAM II – MOTIVATED BEHAVIOURS</b>	<b>Chapters 12/13/14</b>

<b>SECTION 3 – REWARD, ADDICTION, EMOTION AND PSYCHOPATHOLOGY</b>			
<b>WEEK 9</b>	Wednesday, March 16	<b>Drug Addiction and the Brain’s Reward Circuits</b> <ul style="list-style-type: none"> <li>• basic principles of drug action</li> <li>• role of learning in drug tolerance and withdrawal</li> </ul>	Chapter 15
	Friday, March 18	<b>Drug Addiction and the Brain’s Reward Circuits</b> <ul style="list-style-type: none"> <li>• biopsychological theories of addiction</li> <li>• drug addiction and the brain’s reward system</li> </ul>	Chapter 15
<b>WEEK 10</b>	Tuesday, March 22	<b>Drug Addiction and the Brain’s Reward Circuits</b> <ul style="list-style-type: none"> <li>• chronic drug abuse-induced changes in brain</li> </ul>	Chapter 15
	Wednesday, March 23	<b>Biopsychology of Emotion, Stress, and Health:</b> <ul style="list-style-type: none"> <li>• the stress response</li> <li>• stress and the hippocampus</li> </ul>	Chapter 17
	Friday, March 25	<b>Biopsychology of Emotion, Stress, and Health:</b> <ul style="list-style-type: none"> <li>• individual differences in sensitivity to stress</li> </ul>	Chapter 17
<b>WEEK 11</b>	Tuesday, March 29	<b>Biopsychology of Emotion, Stress, and Health:</b> <ul style="list-style-type: none"> <li>• fear conditioning and the amygdala</li> </ul>	Chapter 17
	Wednesday, March 30	<b>Biopsychology of Emotion, Stress, and Health:</b> <ul style="list-style-type: none"> <li>• emotions and facial expression</li> <li>• fear and the human amygdala</li> </ul>	Chapter 17
	Friday, April 1	<b>Biopsychology of Psychiatric Disorders:</b> <ul style="list-style-type: none"> <li>• neurobiology of depression – part 1</li> </ul>	Chapter 18
<b>WEEK 12</b>	Tuesday, April 5	<b>Biopsychology of Psychiatric Disorders:</b> <ul style="list-style-type: none"> <li>• neurobiology of depression – part 2</li> </ul>	Chapter 18
	Wednesday, April 6	<b>Biopsychology of Psychiatric Disorders:</b> <ul style="list-style-type: none"> <li>• schizophrenia: Part 1- neurodevelopmental theory</li> </ul>	Chapter 18
	Friday, April 8	<b>Biopsychology of Psychiatric Disorders:</b> <ul style="list-style-type: none"> <li>• schizophrenia: Part 2 - dopaminergic theory</li> </ul>	Chapter 18