Queen's Psychology's Amanda Shamblaw wins three competitive awards

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By Queen's Psychology

Congratulations to Queen’s Psychology PhD student Amanda Shamblaw on her recent academic successes with three highly competitive awards!

Amanda recently received a National Institutes of Mental Health scholarship to attend the 2019 10-day ERP Bootcamp at the University of California Davis hosted by Dr. Steve Luck, from July 15 to 24 this summer. Amanda received one of 35 scholarships (one of 5 allotted to applicants from universities outside of the US). More than 225 people applied for this scholarship. Scholarships are awarded to individuals who are deemed likely to conduct and publish important research with the ERP (event-related potential) technique.

"The ERP Bootcamp will provide world-class training in ERP methodology that will set the stage for an influential career investigating ERP biomarkers of depression relapse and treatment response," Amanda says. "With a solid foundation in EEG research and a postdoctoral fellowship on the horizon, the ERP Bootcamp comes at the perfect time to facilitate my ability to conduct high-impact ERP research.”

Amanda also received the highly competitive Beck Student Scholarship to attend the Beck Student and Early Career Professional Workshop from August 5 to 7, 2019 at the Beck Institute in Philadelphia. Over 500 people apply for the scholarship to attend the annual Student CBT
workshop. In addition to the workshop, scholarship winners receive a private question and answer session with Drs. Judith and Aaron Beck.

"The Beck Student and Early Career Professional Workshop is an incredible opportunity to continue to develop my clinical skills in the area of depression,” Amanda points out. “I think these training experiences exemplify the scientist-practitioner model and greatly complement my training from Queen’s.”

In 2018 Amanda received the Michael Smith Foreign Study Award from her CIHR Vanier Canada Graduate Scholarship to work with Dr. Sherryl Goodman, a leading expert in perinatal mental health and mother-infant relationships, in Atlanta, Georgia at Emory University.

“With support from the Michael Smith Foreign Study Supplement, I was able to broaden my research to include infant outcomes of perinatal depression,” Amanda explains. “I worked on several projects investigating the relation between perinatal depression and patterns of infant stress regulation that have been found to predict later vulnerability to psychopathology.”

The Canada Graduate Scholarships – Michael Smith Foreign Study Supplements (CGS-MSFSS) Program supports high-calibre Canadian graduate students in building global linkages and international networks through the pursuit of exceptional research experiences at research institutions abroad. By accessing international scientific research and training, CGS-MSFSS recipients will contribute to strengthening the potential for collaboration between Canadian and foreign institutions. NSERC

Amanda will be having her PhD Oral Thesis defense on August 21, 2019.