This Week’s Topics:

- Academic Advising
- Important Deadlines
- Student Resources
- Psychology Department Events/Opportunities
- Psychology Community Events/Opportunities
- Events and Opportunities of Interest

ACADEMIC ADVISING:

- Please email ug.psyc@queensu.ca to book an academic advising appointment with either Andrea Labelle or Dr. Norris.

- Please provide your name, student number, degree plan and questions in your email.

- Student may run their own academic advisement reports in their Student Service Centre in SOLUS, under: My Academics – Academic Requirements

Office hours/closures

Hours: Monday-Friday 8:30-12 and 1-4:30. Closed for lunch (12-1)

IMPORTANT DEADLINES:

November 30 – Fall term classes end.
December 1 – First date to apply to graduate for Spring 2019 Convocation.
December 1-4 – Fall Term pre-examination study period.
STUDENT RESOURCES:

In the event that you need help, here are some helpful services below that may be of assistance.

- Queen’s University Student Wellness: http://www.queensu.ca/studentwellness/home
- Good2Talk: https://good2talk.ca/
- Faculty of Arts and Science: https://www.queensu.ca/artsci
- Queen’s University Academic Considerations Portal: https://www.queensu.ca/artsci/undergrad-students/academic-consideration-for-students
- Student Academic Success Services (SASS) https://sass.queensu.ca/

GET IT DONE! Drop-in Study Event

November 25 @ 12:00 pm - 7:00 pm Free

Career Services

Please visit the career services for upcoming events and workshops: http://careers.queensu.ca/

Drop-in Career Advising

Monday to Thursday 1:30 pm to 3:30 pm on the 3rd floor of Gordon Hall
Obtain immediate help with career or further education-related questions from a career advisor. No appointment required.

QUIP Advising

Want to learn more about QUIP, the Queen’s Undergraduate Internship program? https://careers.queensu.ca/students/looking-job/internships
Every Tuesday and Thursday, 11:00 am - 12:00 pm
Location: Please check in with reception (Gordon Hall, 3rd floor)
PSYCHOLOGY DEPARTMENT EVENTS/OPPORTUNITIES

Psych Peer Mentorship

Considering psych as a major?
Do you want to talk to an upper year about their psych experience?
Want to find out if psych is for you?

Apply now for our peer mentorship program to be paired with an upper year psych student for the 2019 winter term

If you have any questions please contact us:
psyc.mentorship@gmail.com
We look forward to reading your applications!
PSYCHOLOGY COMMUNITY EVENTS/OPPORTUNITIES

NEUGENERATION CONFERENCE 2019

"NeuGeneration Conference 2019 will be hosted at the New School of Medicine Building on January 19th-20th. This year's conference will host a great speaker selection including Dr. Roumen Milev, who is a professor at Queen's University, and will present “Depression: what you always wanted to know but were too afraid to ask”. Opening ceremonies will take place on Saturday morning with a wonderful brunch provided by Queen's events services, followed by lunches on both Saturday and Sunday. All delegates will have the opportunity to participate in four workshops ranging from KINARM robotics lab demonstrations to planning careers in neuroscience. Join us Saturday evening for our networking event with other delegates and conference presenters at the Grizzly Grill. In addition to all of these fantastic activities, delegates will also compete in our Artificial Intelligence case-competition as well as get a chance to ask questions to leading researchers in the field of neuroscience at the interactive Q&A on Sunday afternoon. Internal delegates can purchase tickets at: https://my.cheddarup.com/c/neugeneration-conference-2019-internal-tickets"

McMaster University Neuroxchange 2019

McMaster University will be hosting our ninth annual NeuroXChange Conference on April 30th, 2019 and we would like to invite you to join us. NeuroXChange is a unique neuroscience and mental health conference open to undergraduate students across Ontario. This conference is designed to bring together future neuroscientists to network, learn, and present their research to fellow peers. Students are encouraged to present their research or to register as attendees. Registration will open sometime early in the new year.

Students presenting their research will have the opportunity to win cash prizes as well as a chance to be published in the McMaster Undergraduate Health Sciences Journal, the Meducator. The conference will include a panel of graduate students, professors, and mental health professionals who will provide insight into their careers in research. This year, we have the pleasure of welcoming two keynote speakers. We will have more details on whom will be speaking as time goes on and more details are set in stone.

Please feel free to email us at neuroxchange@gmail.com
Canadian Psychological Association (CPA)

The Canadian Psychological Association (CPA) was founded in 1939 and is the governing body representing psychologists across Canada. The goals of the CPA are to help innovate and drive psychological research, as well as to help improve the health and welfare of Canadians.

October Updates:

• The CPA is now accepting abstracts for the national CPA conference taking place in Halifax, Nova Scotia from May 31st – June 2, 2019. Submissions are due by November 15th, 2018 (see https://convention.cpa.ca/ for more information).

• Interested in getting involved with the CPA on campus? The CPA is currently recruiting volunteers to join the on-campus promotion team at Queen’s University. The goals of the organization are to promote the CPA to students on campus, to encourage students to submit articles to PSYNOPSIS (Canada’s psychology magazine), to run workshops on topics related to abstract writing, job opportunities after graduation, applying to graduate school etc., as well as other various projects throughout the year. If you are interested in becoming a part of the CPA on campus, please contact Andrew Whiteman (14adw1@queensu.ca), the Campus & Undergraduate Student Representative for 2018-2019.

Interdisciplinary Conference in Psychology

The 8th Annual Interdisciplinary Conference in Psychology (ICP) will take place on May 16th and 17th, 2019. They will be accepting abstract submissions from students and professors studying topics related to psychology between January 7th, 2019 and February 28th, 2019.

Further information can be found on the following link: www.icp-cip.com
ASU Developmental Psychology

PhD Program

Understand and improve the lives of children, adolescents, young adults, and of those entering the late-life years.

Robert Bradley  Frank Infurna  Kathryn Lamers-Chalfant  Armando Pina  Janet Doane  Hao He  Vladimir Berthez  William Fabriques  Suma Luther  Nancy Eisenberg

6th in graduate faculty placement | 9 research labs | 10 core faculty members

The PhD in Developmental Psychology aims to understand and improve the lives of children, young adults, and of those entering the late-life years. Through the innovative combination of community-based interventions, community embedded basic science and psychopathology, the Developmental Psychology program offers unique opportunities for students to build both skills and relationships across the university and local communities. Your research at ASU will have practical application and you will be able to see the difference that you make in the lives of real people. We are at the forefront of science and development and your discoveries will change the lives of families in need across the nation.

Research Labs

@Heart Lab (Hs) Understanding the reciprocal processes that link romantic relationship experiences to emotional and behavioral adjustment. We are particularly interested in relationships formed during adolescence and early adulthood.

Learning and Development Lab (Bonito) Our studies focus on understanding how attention, prediction, and memory processes play a role in young children’s monolingual and bilingual word learning.

Adolescent Stress and Emotion Lab (Doane) We use culturally and genetically informed designs to understand the dynamic daily interplay between socioemotional experiences (e.g., loneliness, coping) and indicators of health and well-being (including physiological stress processes and sleep) in the prediction of subsequent psychopathology, physical health and academic achievement.

Child Emotion Center (Lemery-Chalfant) Explore early genetic and environmental risk and protective factors for later mental and physical health of children.

Courage Lab (Pina) Studies factors responsible for the developmental course of anxiety in children and adolescents and developing interventions that test theoretical mechanisms implicated in child and family change.

Fostering Resilience (Luthar) With a focus on fostering resilience, our programmatic work involves teens in high-achieving schools, as well as mothers in high-stress settings. Extreme pressure has now been ranked the #4 risk factor for adolescent well-being, placing our lab’s work at the forefront of a major new direction for research, prevention, and policy.

Healthy Aging and Life Events Lab (Infurna) Examine resilience to major life stressors and psychosocial and work predictors of healthy aging in adulthood and old age.

Theory of Mind/Father and Divorce Labs (Fabricius) Working to solve a potentially serious overlooked problem with the standard tasks used to assess young children’s understanding of false beliefs, I am also interested in the impact of father-child relationships on children’s long term physical health, and in changing social policy for divorced fathers and children.

Accepting applications now for Fall 2019

psychology.clas.asu.edu/developmental
EVENTS AND OPPORTUNITIES OF INTEREST

It All Adds Up!

It All Adds Up is a career campaign developed to help students reflect on their activities and interests in and outside the classroom and build understanding and confidence that what they were doing was “adding up”. Keep your eyes open for our campaign launch week happening November 20th-22nd. Stop by our booth on campus in the Queen’s Centre from 11:30am - 1:30pm and join the campaign!

Friends 4 Inclusion Ball 4 A Cause

Friends 4 Inclusion is excited to host their 3rd annual wheelchair basketball tournament! The event will take place in the ARC Gym 2. Please sign-up in teams of 4-8 to participate. Tickets are $30 per team of 4-8 and include free pizza and a raffle ticket to win cool prizes! Get your tickets by Friday at 4pm!

All proceeds go to support Community Living Kingston and District, a wonderful organization that supports individuals living with intellectual disabilities. Tickets can be purchased on the ASUS Store at the following link: https://theasusstore.com/collections/events/products/ball-4-a-cause

Collective Reflections

Collective Reflections is currently accepting submissions for our Fall Submission Drive! We are a student-run, anti-oppressive publication that aims to showcase thoughtful and creative expressions on various social issues. Collective Reflections currently has six different sections dedicated to various axes of oppression and identity: Queen’s Feminist Review (women’s rights), HeadsUp (mental health), Able ((dis)abilities), OutWrite (LGBT identity), CultureSHOCK! (anti-racism), and BaseLine (anti-poverty). We welcome submissions of all kind; as long as it can be printed we will consider it for publication. From November 9-November 23, email your work to sic.editor@ams.queensu.ca. Please include your name, contact email, and what section you are submitting to (if applicable).
DEVS 221: Topics in Aboriginal Studies

Spots are available in DEVS 221 Topics in Aboriginal Studies/3.0 in the Winter term 2019.

The class is on Wednesdays from 6:30 PM to 9:30 PM and it is taught by professor Michael Doxtater and can be used as a DEVS eligible at the 200 level.

The prerequisite is DEVS 220 or equivalent, or permission of the DEVS Department.

If you are interested in taking the course and need help to add it, please email devs.student@queensu.ca and include your full name and student number.

New Employment Relations Course: Advancing Equity, Diversity and Inclusion in the Workplace: Winter 2019

Gain critical skills and knowledge for professional careers in human resource management. In EMPR 260, students will explore how organizations and HR professionals advance equity and diversity in the workplace. Turn concepts about diversity and inclusion into real skills for professional careers in employment relations.
The ASUS Journal of Indigenous Studies is pleased to present: Giigido: A Speaker Series on Indigenous Topics.

"Giigido," the Anishinaabemowin word for "speaks," is an opportunity to reclaim and create space for our Indigenous leaders and scholars to speak on a diverse range of crucial topics in Indigenous studies. It is an opportunity for us to listen to these gifts of knowledge being shared with us.

Lunch and refreshments will be provided.

Speakers include Marcelo Saavedra-Vargas, Bonita Lawrence, Michael Doxtater, Wendy Agnew and David Newhouse.

If you would like to attend this event please register through this link: https://www.eventbrite.ca/e/giigido-a-speaker-series-on-indigenous-topics-tickets-52270108301

Queen's Science Undergraduate Research Journal

The Queen’s Science Undergraduate Research Journal (QSURJ) will once again be hosting its annual wine and cheese event. As per past years, the aim of this event is to facilitate an opportunity for undergraduate science students to network with professors in order to gain knowledge regarding research at Queen’s, and possibly receive invitations to participate in some of the most accomplished labs on campus. The event will take place on November 28th, 2018 from 6:30pm-9:00pm at the University Club. Although the event is quite long, faculty and students are welcome to attend at their convenience. If you are interested in and able to attend this event, please confirm by replying to this email. If you have any further questions, please feel free to reach out to Jessica Burnside, QSURJ academics liaison at 15jnb1@queensu.ca!
The City of Kingston is calling on all Queen's students: THIS IS NOT YOUR REGULAR PITCH COMPETITION. WE WANT TO GIVE YOU A JOB!

The Mayor's Innovation Challenge is a case competition whereby teams of up to three students from any of Kingston's post-secondary institutions can pitch an innovative solution to a prescribed public sector challenge facing the City. This year, there will be two challenge streams, with four category options in total. Each challenge stream will have its own coveted prize, which will include an operating budget, as well as a four-month, paid internship with either the City of Kingston or the Dunin-Desphande Queen's Innovation Centre Summer Internship program for winning teams to implement their idea.

The four challenge options are as follows. Due to your area of study, you may find the “Engaging Residents in Long-Term Care” challenge intriguing, as it offers multiple pathways to delivering high quality care to an aging population. Whether you wish to approach this challenge from a programming, psychological or more technical angle, there are multiple academic fields within health sciences that can serve to enhance the well-being of residents in our Rideaucrest public long-term care home.

**Dunin-Desphande Smart Cities Stream**

- 4-month paid internship with the Dunin-Desphande Queen’s Innovation Centre, $4,000 in seed capital, and access to the 2019 QICSI program to implement the winning idea.
  1. Smart Cities Challenge

**Public Sector Innovation Challenge**

- 4-month paid internship with the City of Kingston, along with a $10,000 operating budget to implement the winning idea.
  1. *Engaging Residents in Long-Term Care*
  2. Revitalizing Public Spaces
  3. Reducing Carbon Emissions

More information on these challenges can be found at [www.cityofkingston.ca/mic](http://www.cityofkingston.ca/mic) or on the Categories page.
MA in Globalization Studies

THINKING ABOUT GRADUATE SCHOOL?

The interdisciplinary MA degree in Globalization Studies at McMaster University’s Institute on Globalization and the Human Condition offers students the opportunity to examine the complex political, social, economic, cultural, discursive and theoretical developments related to processes of globalization and how these come to bear upon our lives, our communities, and the environment in which we live. Research areas include: contemporary culture; diasporic, transnational and multicultural communities; global governance; international trade and finance; and social, environmental and labour issues. It offers the benefit of a flexible and interdisciplinary set of courses while allowing for future study in a core discipline.

Program Requirements
- six 3-unit (single semester) courses or their equivalent, including two core courses, two globalization courses, and two electives
- 40-page Major Research Paper completed over the summer

Special Features
- guaranteed student funding (scholarship and/or teaching assistantship)
- carefully cultivated interdisciplinary focus
- small cohort of Canadian and International students
- Vibrant intellectual and collegial climate fostered by events during the year
- Flexibility of course selection: students may take some of their courses from other disciplines, should they wish to move on to a discipline-specific PhD

Application opens on November 12, 2018. We begin reviewing complete applications on February 15, 2019. Places are limited. Applications should be submitted as early as possible. For more information, please click here or contact globalhc@mcmaster.ca.
The TRP strives to help students move scientific knowledge forward in order to improve health and medicine. Our course-based program is designed for interdisciplinary students who are strongly motivated to advance human-centric problem-solving in medical and health science contexts.
Mind & Methods Workshops – Fall 2018

Tuesdays from 10:30-11:30am in Stauffer Library, room 121

Registration recommended but drop-ins welcome

Workshops
Tuesdays 10:30-11:30am
Stauffer Library room 121

- Goals, Grit and Good Times
- Emotional Skills to Fight Procrastination
- Achieving Goals Using Self-Care Strategies
- Embracing the F Word "Failure"
- Using Stress to Your Advantage
- 1 Minute Strategies to Reduce Stress
- Stress Reduction Through Self-Compassion
- Strategies to Combat Sleepiness
- Strategies to Tackle Overwhelming Exam Stress

Registration recommended, drop-ins welcome

Weekly Offerings
Mindfulness for a Better Student Life:
Wednesdays noon-1pm
Mac-Corry room C416

Mood Walks:
Tuesdays 12:30-1:30pm
Union St. & Division St.

40 Minute Focus:
Tuesdays 3:30-4:15pm
Ban Righ Centre

Ask the Expert
Thursdays 5-5:45pm
Mac-Corry room C416

Registration recommended, drop-ins welcome

Therapy Groups
- Managing Powerful Emotions
- Change Ways for Low Mood
- Stress & Anxiety Group
- Sleep Better, Live Better
- Building Healthy Relationships
- Manage Your Mind for Success

Registration required

For more information or to register visit:
http://www.queensu.ca/studentwellness/workshops/

Please view the list of weekly offering on the website:
www.queensu.ca/studentwellness/workshops/