Department of Psychology
Weekly eNewsletter

RESOURCES

- Academic Advising
- Important Deadlines
- Psychology Departmental Volunteer Opportunities
- Psychology Departmental Deadlines/Events/Opportunities
- Community Events and Opportunities of Interest
- Student Resources

ACADEMIC ADVISING

- **New this Fall UGChat!** Meet with Dr. Norris, Undergraduate Chair and chat about your academic plan, career options and general questions. See dates and more information under PSYC Dept. Opportunities below.
- Please email ug.psyc@queensu.ca to book an academic advising appointment with either Andrea Labelle (Academic Advisor/UG Assistant) or Dr. Meghan Norris (Undergraduate Chair).
- Please include your name, student number, degree plan in your email.

**Office hours/Closures**

**Hours:** Monday - Friday
8:30-12pm, 1:30-4:30pm

**Closures:** Monday Sept. 2

IMPORTANT DEADLINES:

**September 2019**

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>1</td>
<td>Fall Term Begins, Tuition fees due in full for Fall Term Classes. Except OSAP students</td>
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<td>2</td>
<td>Labour Day.</td>
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<td>5</td>
<td>Fall Term classes begin.</td>
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<td>18</td>
<td>Last date to add Fall Term and multi-term classes. Last date to drop Fall Term and multi-term classes without financial penalty.</td>
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<td>30</td>
<td>Residence, UHIP and Student Activity fees due in full. Except OSAP students.</td>
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PSYCHOLOGY DEPARTMENTAL VOLUNTEER OPPORTUNITIES

Volunteers needed in the Adolescent Dynamics Lab!

The Adolescent Dynamics Lab directed by Dr. Hollenstein is seeking keen students to work on a variety of teams all focused on understanding adolescents’ emotions, their ability to regulate those emotions, the ways that emotional expressions play out in their family and peer relationships, how individual differences in these processes relate to the development of anxiety and depressive symptoms, and how these all grow and change over months and years. This year we are also starting to examine the ways that adolescents use technology and how that impacts their emotions and relationships.

We use cutting-edge psychophysiological and observational methods as well as experience sampling through smart phone apps. Starting right away in September, we need volunteers to work in various positions: data collection working directly with adolescents and their mothers, observational coders applying categories to behaviours observed on videos of adolescents interacting with peers and parents, and processing and analyzing psychophysiological data (e.g., heart rate, skin conductance). Other opportunities often arise once becoming a lab member.

The Adolescent Dynamics Lab is a great place to gain valuable experience doing research in an enriching environment. To apply, return the volunteer application form found on the lab website. We will be starting interviews on September 3rd, so apply now!

PSYCHOLOGY DEPARTMENTAL DEADLINES/EVENTS/OPPORTUNITIES

New this Fall UGChat!

Are you looking for general guidance, an opportunity to chat with an academic advisor and/or peers, or a chance to talk generally about your academic plan and career options? This is a session for you!

Happening Fridays from 1-2pm throughout the fall and winter terms, drop into one of our brand new active-learning classrooms for active academic advising. Dr. Norris, Undergraduate Chair in Psychology, will be in Humphrey 223 to help with general questions about plans, to walk you through how to run your Academic Advisement Report, to point out career considerations, and to highlight opportunities on campus that match with your interests and goals. This is a group drop-in session with the goal of equipping students with information that is of interest to them in an informal and helpful way, and building connections among our students. There is no formal agenda, just bring your laptop and questions!

Fall Drop in Fridays September Dates:
September 13, 20
Fall Convocation

Have you completed all of your degree requirements at the end of summer term and would like to graduate this fall? Apply to graduate through your Student Service Centre in SOLUS through Academics-My Academics-Graduation-Apply to Graduation. Applications will be accepted until October 15, 2019.

COMMUNITY EVENTS AND OPPORTUNITIES OF INTEREST

Queen’s Student Diversity Project

Queen’s Student Diversity Project is super excited to announce the launch of our social networking program Diversity Connects!

At Queen’s, a lot of us find our friends in the first year, and others aren’t so lucky. Diversity Connects aims to foster those interactions and help students find their support system on campus. Participants will have the opportunity to connect with people of similar interests and backgrounds, network, and educate themselves on the various aspects of diversity and how it all plays out in a social setting!

Applications are now live and will be closing on September 11th at 11:59 pm
Don’t miss out!
https://docs.google.com/…/1FAIpQLSc9zPx9J5JilDj3U…/viewform…

Sustainability Week 2019

Sustainability Week is a week long initiative that strives to cultivate a culture of sustainability on campus. Participants are provided the opportunity to engage and inquire about the environmental issues facing our local and global communities and ecosystems. Sustainability Week brings together Queen’s staff, faculty, students and Kingston organizations to host a variety of events throughout the week that highlight different aspects of sustainability and discuss how we as individuals and as a community are tackling climate change. Sustainability Week this year will be occurring from September 29 to October 3 and will be organized according to the daily themes: Sunday: Explore, Monday: Act, Tuesday: Inspire, Wednesday: Eat and Thursday: Engage.

One of our events for Sustainability Week, the Dumpster Art Contest, is currently calling for design submissions and the final deadline to submit a design will be September 13th at 4 p.m.
$40,000 in funding for self-directed community project.

One year. One project. Unleash your potential

The Pathy Foundation Fellowship provides professional leadership training and support for graduating students to lead a community development project anywhere in the world.

The 12-month fellowship is for graduating students who have:

- The capacity and potential to develop as effective change-agents;
- A meaningful connection with a community of their choosing anywhere in the world
- An innovative idea of how this community could be strengthened

Successful candidates will receive up to $40,000 in funding

Apply today! www.PathyFoundationFellowship.com

To book a 1-1 advising session with the Queen’s Pathy Fellowship advisor, please email pathfellowship@queensu.ca

OACCPP Annual Conference & AGM

Register for OACCPP’S Annual Conference & AGM

Sept 20-21, 2019
Toronto ON

Register Today!
P: 416.298.7333 ext. 208
W: www.oaccpp.ca
E: services-coordinator@oaccpp.ca

On Friday, September 20 from 6:00pm-9:30pm, the OACCPP (Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists) will be hosting a Mental Health Professionals Exhibitor Fair and Reception in Toronto. This fair and reception will include numerous exhibitors who serve both mental health professionals and the community as well as four graduate students presenting their research.

Further information can be found on www.oaccpp.ca or at https://www.eventbrite.ca/e/mental-health-professionals-exhibitor-fair-reception-tickets-69097401187.

Students may benefit from this event by having the opportunity to network with various exhibitors and professionals within the field of mental health. Therefore, we would like to offer psychology students (or students in related disciplines) at Queen’s University 10 free tickets to attend the exhibitor fair. If students (undergraduate or graduate) are interested, we ask that they email events-coordinator@oaccpp.ca by September 12, 2019.
STUDENT RESOURCES

Faculty of Arts and Science:

- Undergraduate Academic Advising
- Changes to program/plan
- Letters of permission
- Academic Appeals
- Academic Considerations
- Add/Drop/Change course sections

Campus Support Services:

International Students

Queen’s University International Centre (QUIC) is a support service for all members of the Queen’s community and through its activities promotes an internationally informed and cross-culturally sensitive learning environment.

Queen’s University International Centre
John Deutsch University Centre
+1-613-533-2604
http://quic.queensu.ca

Student Health Services

If you have an ongoing health condition and will require involvement with our on-campus family physicians, including prescriptions for medication, contact your family doctor or previous post-secondary institution health service to arrange a transfer of pertinent health records (including immunization records) to Queen’s Student Health.

www.queensu.ca/studentwellness
(613) 533-2506

counselling.services@queensu.ca

Counselling Services

If you have seen a counselor in the past, and anticipate that you may want to see a personal counsellor at Queen’s, please contact the Student Wellness Services office to get more information about the counselling services available on campus and to discuss transfer of information from your previous counsellor.

www.queensu.ca/studentwellness
(613) 533-6000, ext 78264
counselling.services@queensu.ca

Other Health Services/Resources at Queen’s

Physical Therapy Clinic
Sexual Health Resource Centre (SHRC)
DrugSmart: A pharmacy located in the Queen’s Centre.
Environmental Health and Safety
Food Centre, AMS: A non-profit, confidential, and non-judgmental food service for members of the Queen’s
community.

The Peer Support Centre is a service on campus that provides one-on-one peer support to all undergraduate students. It thrives on being confidential and non-judgemental. Every student is always welcome to drop-in for a chat or resource referral. Students are free to talk about anything they choose. No problem is too big or too small! We are open 10am - 10pm, 7 days a week starting in September.

**Disability Services**

Student Wellness Services assists students in the following ways:

- Recommends exam accommodations
- Facilitates access to material in alternate formats
- Provides assistive technologies
- Coordinates learning strategies and library research workshops
- Coordinates volunteer note-taking and peer mentor programs

**NOTE:** Students with disabilities who wish to make use of the services available must register at Disability Services every academic year and must forward supporting documentation to the Student Wellness Services Office.

**Other disability services offered at Queen’s include...**

- **Learning Strategies Development:** This program enhances students’ ability to learn effectively and helps students develop greater confidence in their abilities.
- Learning Disabilities Specialists: Offered through the Regional Assessment and Resource Centre, these specialists provide assessment and services for students with possible learning disabilities and other neuropsychological conditions.
- **InvisAbilities:** A student organization promoting awareness, education, and support of young adults living with hidden chronic illness. Started at Queen’s in 2009, the group has spread to include chapters at McGill University, University of Ottawa, Brock University, and University of Calgary.

**Academic Support**

The transition to university life is a big one – and part of it is adjusting to the challenges and workload that are part of being a Queen’s student. At Queen’s you are never alone. We have many offices dedicated to helping you learn, think, and do.
The Learning Commons

The Queen’s Learning Commons (QLC) is both a hub of services supporting formal academic programs and a meeting place within Stauffer Library. It encompasses physical and online environments, accommodating different approaches to learning. The QLC provides resources, workshops and seminars, and one-on-one professional consultations for students who want to enhance or develop their skills.

The QLC is composed of:

- **The Adaptive Technology Centre / Library Services for Students with Disabilities**
- **ITServices:** Services include many learning resources and workshop opportunities
- **Queen's Library:** Services include Subject Liaison Librarians who can help you locate resources for your field of study
- **Student Academic Success Services** who can help you improve your writing and academic skills and confidence through online resources, workshops and individual appointments.

Career Services

As the central provider of career education and employment support services at Queen’s University for undergraduate, graduate students and recent alumni from all disciplines. They offer a comprehensive range of accessible services to support and empower students in making informed decisions about their career, further education and employment goals.

Career Services
Gordon Hall, 3rd floor
74 Union Street
Weekdays, 8:30 – 4:30 PM (Sep-Apr)
Weekdays, 8:30-noon, 1:00-4:30 pm (May-Aug)
Open year round
613.533.2992
mailto:mycareer@queensu.ca

QUIP Internship Opportunities

Want to learn more about QUIP, the Queen’s Undergraduate Internship program? https://careers.queensu.ca/students/services-students/employment-programs/queens-undergraduate-internship-program-quip
Every Tuesday and Thursday, 11:00 am - 12:00 pm
Location: Please check in with reception (Gordon Hall, 3rd floor)
View the newest QUIP Internship Opportunities: https://careers.sso.queensu.ca/home.htm