Department of Psychology
Weekly eNewsletter

RESOURCES

- Important Dates and Deadlines
- Psychology Departmental Volunteer Opportunities
- Psychology Departmental Deadlines/Events/Opportunities
- Community Events and Opportunities of Interest
- Student Resources

Coming to you this Sunday March 8!
Remember to set your clocks ahead 1 hour Saturday night
**Happening TODAY** March 6 from 1-2pm
Meet with Dr. Norris, Undergraduate Chair, and chat about your academic plan, career options and general questions. Next dates: March 13 and 27
See you in Humphrey 223

**UG Office hours/Closures**

**Hours:** Monday - Friday
9 - 12pm, 1 - 4:30pm

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**IMPORTANT DATES AND DEADLINES: MARCH**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<td>March 7</td>
<td>Last date to apply for accommodation for an official examination conflict for the April examination session</td>
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<td>March 30</td>
<td>Last date to apply for admission to the Upper-Year-Program at the Bader International Study Centre for summer term (May – June Session)</td>
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**Winter 2020 Final Exam Schedule**

The April Exam schedule is now on SOLUS. Take time now to make a realistic study schedule. Don’t be caught unprepared! You can find instructions on how to view the full exam schedule [here](#).

**Spring 2020 Graduation Information**

**Attention all 4th year students ready to graduate this Spring:**

Remember to apply for graduation via your SOLUS from **Dec 1 to April 30**. Submit your application only once all course registration for Winter 2020 is finalized and your AAR shows all requirements as “satisfied”. If you have any questions about your AAR, contact the Faculty Office for Arts & Science in Dunning Hall First Floor.

Mark your calendars! The Office of the University Registrar has published Convocation Dates for Spring 2020. Our Convocation Date is **Wednesday, June 10th at 10:00 AM in the ARC**.

Please see the website for further information:

[http://www.queensu.ca/registrar/students/convocation/spring-2020](http://www.queensu.ca/registrar/students/convocation/spring-2020)

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**PSYCHOLOGY DEPARTMENTAL DEADLINES/EVENTS/OPPORTUNITIES**

**PSYC 501 THESIS APPLICATIONS – RANKING SUBMISSIONS BY MARCH 23**

Please note the upcoming deadlines:
Deadline for students to submit rankings -- **Monday, March 23rd, 2020**

Students who have applied, go to the Application Step 4 and click on the PSYC 501 Supervisor Ranking Form on Qualtrics link to submit your rankings.

- Matching decisions announced -- **Late-April, 2020**
- Thesis eligibility confirmed-- **Late-May, 2020**

**Minimum Criteria:**

- The completion of PSYC 302/3.0 (or PSYC 300/6.0) by April 2020 with a minimum grade of C+ [unless you participated in exchange during the 2019-20 academic year];
- A minimum GPA of 2.60 between PSYC 202/3.0, PSYC 203/3.0, PSYC 301/3.0, and PSYC 302/3.0 (or PSYC 300/6.0);
- A minimum PSYC GPA (not including Supporting Science or PSYC_Subs credits) of 3.30 (equivalent to a B+), following submission of winter term grades.

**NOTE:** Students must have a minimum PSYC GPA of 3.00 ("B" average) at the time of application. Students with a GPA below this threshold who apply will be advised of their ineligibility.

Please make use of the ASC "GPA Calculator" to see if it is likely that you will meet the GPA requirements by the end of the winter term.

**Please note that all students who meet the minimum criteria may apply for PSYC 501/9.0. However, not all students who meet the minimum criteria will be accepted into the thesis option. Because PSYC 501/9.0 is an intensive course of study, involving a significant amount of commitment from both the student and their Faculty supervisor, we can only accept a limited number of students. Acceptance is based primarily on (1) academic performance in Psychology courses, and (2) match in research interests with a potential supervisor.**

Application Steps and Faculty Supervisory List can be found on our website:  
[https://www.queensu.ca/psychology/undergraduate/current-students/course-information/psyc-501-information](https://www.queensu.ca/psychology/undergraduate/current-students/course-information/psyc-501-information)

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**PSYC 400/6.0 APPLIED RESEARCH IN HIGHER EDUCATION LEARNING – COURSE INFORMATION**

This course is intended for students entering 4th year in 2020-2021. Applications can be picked up from the UG Office Humphrey 225 or by clicking the link [here](https://www.queensu.ca/psychology/undergraduate/current-students/course-information/psyc-501-information).
DEPARTMENT OF
PSYCHOLOGY

OPPORTUNITY TO
MENTOR PSYC 100
STUDENTS

PSYC 400/6.0: APPLIED RESEARCH IN
HIGHER EDUCATION (FALL 2020)

COURSE DESCRIPTION
PSYC 400/6.0 will introduce senior undergraduate students to the scholarship and practice of teaching. We will
explore what it means to be a scholarly teacher, how research informs educational practice, and how people
effectively learn complex information. Contact hours include 4 seminar and 2 practicum hours per week.
In addition, substantial reading, writing, mentorship, and group work are required.

The seminar explores evidence-based teaching and learning in higher education through journal readings, critiques
and facilitated discussions. Practical skills will be gained as you take on the role of facilitator and workshop leader in
class, and as you lead two groups of PSYC 100 students through their weekly PSYC100 lab activities.

Upon successful completion of PSYC 400/6.0, students will be eligible to apply for a paid position as a TA in PSYC100
during the winter term.

Students must complete an application and be invited for an interview in the spring to be eligible for this fall-term
course. For further information, deadlines, and application form, see below.

By participating in PSYC 400 and as a PSYC 100 facilitator, you will:
• gain presentation, teaching, and group facilitation skills;
• develop close relationships with your fellow PSYC concentrators;
• consolidate your understanding of introductory psychology (great GRE prep!);
• question some common beliefs about how we learn;
• be part of a large, vibrant instructional team; and
• make a difference in 1st year students’ lives.

This course is meant to be challenging, but it is also a lot of fun! Past students have thoroughly enjoyed
facilitating PSYC 100 labs, and getting to know their classmates and grad student facilitators in a team-based
setting unique to this course. As one student put it: “This course also helped me make friends in my program.
I feel like I’m more a part of the psychology department and the Queen’s community.” We hope this course
provides you not only with foundational knowledge in pedagogical research, but also with experiences
and skills that will serve you as you continue your journeys as life-long learners.

PREREQUISITES
• Upper year standing in an Honours Psychology program (PSYC 203/3.0 completed)
• B+ PSYC average (3.30 PSYC GPA)
• Successful completion of an application and interview at the end of the winter term

HOW TO APPLY
• Applications are available outside the UG office HUM 225
• Deadline to apply is March 20th
• Interviews will be held March 30th to April 3rd
PLAN SELECTION 2020

Advising sessions for First Year Plan Selection and Upper Year Change of Plans

We will be holding advising sessions in preparation for Plan Selection 2020! Choosing a major is one of the largest decisions students make in university and we are here to help!

First Year Arts & Science Honours (on campus 4 year degree) students: Please come to our informative session on Wednesday, March 11 from 6-7:30pm in Dupuis 217! Dr Norris, our Undergraduate Chair, will present information on all Psychology programs and answer questions about plan selection for Psychology for first year students.

STUDENT ACADEMIC SUCCESS SERVICES - WORKSHOPS AND EVENTS

There are only 6 weeks left in the semester and it’s time to get caught up and ready for the fast approaching exam season. We understand that this time of year can be busy and overwhelming. We’re here to help! Get the support you need during this time of year from our professionals and peers.

https://sass.queensu.ca/

Drop-in Learning Strategies Support
Thursdays, 5:00pm-7:00pm, Stauffer Library, room 143

Our peers know what it's like to balance deadlines, plan for exam season, and finish the year strong in lower-year courses. Join them on Thursday nights to discuss your academic skills. Come on your own or in a group to study and learn together!

Drop-in EAL Support
Wednesdays, 6:00pm-8:00pm, Stauffer Library, room 143

If English isn’t your first language, this time of year can be challenging because there is so much to do. If you need additional support with your writing, readings, or presentations, our staff will work with you to ensure that you are prepared and well-equipped for this busy time of year. They will work one-on-one to answer your questions, give you feedback, and offer strategies.

GET IT DONE!
March 29 @ 12:00 pm - 7:00 pm Free
Join us all day for a festival of effective studying! Peer and pro staff will be on hand to help you complete assignments, write papers, start prepping for exams, or work on anything else you need help with. Snacks and drinks provided!
DEAN’s CHANGEMAKER CHALLENGE

Make some changes around here! Share your ideas with Dean Barbara Crow! Visit our booth in Mac-Corry Student Street, which will be located near the cafeteria, to participate in a thought exchange. All you need to do is drop by – snacks will be provided and you'll be entered into a draw to win a bag of Queen’s swag!

Monday, March 16 from 11:00 am -1:00 pm at Mac-Corry Student Street
https://www.queensu.ca/artsci/challenge
DEAN’S CHANGEMAKER challenge

make some changes around here

share your ideas with the Dean

March 16
11:00 am - 1:00 pm
Mac-Corry Student Street

QUartsci.com/challenge

Queens UNIVERSITY | FACULTY OF ARTS AND SCIENCE

thoughtexchange
We are incredibly excited to be launching a new Graduate Diploma in Immigration and Citizenship Law, starting January 2021. Once launched, this program will be the sole English-language pathway to becoming a licensed immigration consultant in Canada. We are hosting an upcoming information session about the program and immigration consulting as a profession.

If students can’t attend the session, they can sign up for more information at ImmigrationDiploma.ca.

Graduate Diploma in Immigration and Citizenship Law information session:

with Academic Director Sharry Aiken and Course Developer Colin Grey

Monday, March 16th

12:00pm – 1:00pm

Macdonald Hall, Room 002

Pizza will be provided, or students may bring their lunches.
Your next step to a *life-changing* career

Information Session:
Graduate Diploma in Immigration and Citizenship Law

Learn how you can build a meaningful career as an immigration consultant with a new program from Queen’s Law.

*With Academic Director Sharry Aiken and Course Developer Colin Grey*

**Monday, March 16**
12:00pm - 1:00pm (Macdonald Hall, Room 002)

Pizza and light refreshments will be served.
You are welcome to bring a packed lunch.

Queen’s | LAW

[ImmigrationDiploma.ca](http://ImmigrationDiploma.ca)
The Psychology Foundation of Canada became the new home of the Canadian Psychological Association Foundation in 2015 and now administers the awards and grants programs.

**Deadline for submission is March 31, 2020.**

For more information on each award and grant, please see this link:

https://psychologyfoundation.org/Content/Supporters/Grants.aspx?fbclid=IwAR3gSb2ufiqQc65BoaI0umsoqTL85FTx3orFR8-892MB9hI6JjuMCLEMI8

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**CPA CAREER FAIR**

Are you a Psychology Student or Early Career Graduate? Are you interested in career paths outside of academia or the clinical setting? Do you need help finding a job, creating your CV or preparing for a job interview? Do you need help managing and overcoming your post-graduate financial debt?

If you answered yes to any of these questions, register to attend the CPA’s inaugural Career Day being held during the CPA’s 2020 Convention.

**When:** Saturday May 30, 2020, 8:00am – 4:00pm

**Where:** Le Westin Montreal Hotel

**Cost to Register:** $25.00 (includes lunch)

For more information, contact convention@cpa.ca or 613-237-2144 ext. 330.

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**QUEEN’S STARTUP SUMMIT**
Queen’s Startup Summit brings together undergraduate students from all backgrounds to share ideas in teams and develop a start-up in a jam-packed 3-day event. The club is currently looking to hire their executive team for the 2020/2021 year and we are looking for students from all faculties and years to join! If you are interested in innovation, technology, and/or entrepreneurship, and want to work on a fun event that also connects you to great companies, apply now!

To learn more about us and to find our applications, head over to our Facebook: https://www.facebook.com/startupqueens/
Queen’s Collage Collectives (QCC) aims to better the mental health of students on the Queens University campus while tackling anti-oppressive conversation and promoting expressive healing through the art of collaging!

Queen’s Collage Collectives is hiring Committee Members for the upcoming year (2020-2021). Applications are open from March 2-13. Your role will include helping with the organization of events, promotion of our club and working towards our larger goals of social justice and anti-oppression.

APPLICATION LINK: https://docs.google.com/forms/d/e/1FAIpQLSd2r_KTtUpTOa2wwVGHUhhBKYOYDB7qmCWRBnMKCmsitkuA/viewform?vc=o&c=0&w=1&fbclid=IwAR2BlOos9rLEFOQgFDPM1aHiIT5HwJqyQ43hLRqu1vVnOYKWkLmdFK2qno4

Distinguished Service Awards - 2020 CALL FOR NOMINATIONS

Queen’s faculty, staff, students, and retirees are invited to nominate candidates for a Queen’s Distinguished Service Award. Inaugurated by the University Council in 1974, this award recognizes individuals who have made the University a better place through their extraordinary contributions.

Recipients will be presented with their awards at a ceremony on Friday, November 6th, 2020.

Guidelines, the online nomination form, and additional information are available at https://www.queensu.ca/secretariat/university-council/distinguished-service-awards.

The deadline for nominations is Friday, April 24th, 2020 at 4 p.m.

Please contact the University Secretariat at ucouncil@queensu.ca or 613-533-6095 if you have questions about the Distinguished Service Awards or the nomination process.

SMITH SCHOOL OF BUSINESS – RECRUITING RA SUPPORT

My name is Leanne Kack and I am a master’s student in Organizational Behaviour at Smith School of Business. I am currently working under the supervision of Dr. Matthias Spitzmuller and Dr. Christopher Miners, and I am in need of help for a study I am conducting.

The purpose of the study is to examine the effects of a reflection activity, that incorporates mindfulness, on team dynamics and decision making. The study will ask participants to engage in a computer-based reflection activity, a collective bridge building task, and a post-task questionnaire. The study is estimated to take 1 hour to complete these tasks.

We are looking for students to assist with the research on a variety of tasks. Students will be compensated $20/hour.

Qualifications:
- Second or third psychology major
The study will be run within the following times:

- Monday: 11 – 1pm
- Wednesday: 11 – 4pm
- Thursday: 11 – 4pm
- Friday: 11 – 4pm

If you are interested and are available within these times on one or more of the following days, please let me know. Your help will be greatly appreciated.

Leanne Kack, MSc  olgk@queensu.ca

GRADUATE CERTIFICATE AT CAMBRIAN COLLEGE

My name is Melanie Lefebvre and I'm the coordinator of a graduate certificate in Community and Health Services Navigation at Cambrian College. You can complete the program online in just 9 months!

I created a video to tell you a little more about the program: https://youtu.be/JuzjiBQaK-4

We’re currently accepting applicants for September, 2020.

Feel free to connect if you have any questions at all after checking out the video: melanie.lefebvre@cambriancollege.ca

QUEEN’S READS AUTHOR VISIT MARCH 11

Join the Student Experience Office, Kingston Writer’s Fest and Stauffer Library in Grant Hall for a special Queen’s Reads event featuring author Tima Kurdi as she discusses her book The Boy on the Beach. The Boy on the Beach is an intimate and poignant memoir about the family of Alan Kurdi—a young Syrian boy who became the global emblem for the desperate plight of millions of Syrian refugees—and of the many extraordinary journeys the Kurds have taken, spanning countries and continents. The Boy on the Beach explores newcomer experiences, the global refugee crisis, the politicization of tragedy, and the love and hope that one family shared in the face of grief and adversity.

A book signing will follow the onstage event. Books will be available for sale onsite for community members and a limited number of free copies will be available for Queen’s students, faculty and staff.

The event will take place on March 11th. Doors open at 6:30pm and the event starts at 7:00pm.

Students, faculty and staff can register for free here: https://careers.sso.queensu.ca/events.htm?evtId=8736
BIG BROTHERS BIG SISTERS – IT’s BOWL FOR KIDS SAKE TIME – MARCH 29

STRIKE A WIN IN SUPPORT OF BIG BROTHERS BIG SISTERS!

ARE YOU AND YOUR FRIENDS UP FOR A COMPETITION IN SUPPORT OF A GREAT CAUSE?

Well ... We’ve got just the event for you!

BE A PART OF OUR BOWL FOR KIDS SAKE on Sunday, March 29th!

TAKE A BREAK from the stress of exams,

SUPPORT our critical mentoring programs for children facing adversities, and

ENJOY a fun-filled afternoon of bowling, food, games, and prizes with your friends!

Register your team here
STRIKE A WIN IN SUPPORT OF BIG BROTHERS BIG SISTERS!

ARE YOU AND YOUR TEAM UP FOR A FRIENDLY COMPETITION IN SUPPORT OF A GREAT CAUSE?

Well ... We've got just the event for you!

WE WOULD LIKE TO INVITE YOU TO BE A PART OF OUR ANNUAL BOWL FOR KIDS SAKE!

Every year, the Kingston community comes together to fundraise for Big Brothers Big Sisters of KFL&A until the end of March. We all celebrate in an enjoyable day of bowling, contests and prizes.

You can support us and partake on the fun by registering a bowling team of 4-6 people for **$60 for one game or $100 for two games**. Price includes shoe rentals, food, music, and a cosmic bowling experience! With just **$15 per person**, you can have a fun-filled afternoon while sparking change in the community by helping children develop the skills and knowledge they need to thrive in life!

All the money raised stays in our community and goes into our mentoring programs, which help children and youth right here in Kingston rise above adversity and grow into accomplished and confident adults. We currently have 83 children waiting for a mentor and the funds you raise help us find, thoroughly screen, train, and support suitable mentors to match these children.

Challenge your friends or a fellow community group to see who can raise the most, dress to impress, and get top bowling scores for bragging rights and exciting prizes. After the event, we will announce the winners and award top prizes!

There are many ways to support us: **PUT TOGETHER A BOWLING TEAM, CHALLENGE YOUR FRIENDS, SPREAD THE WORD, or MAKE A DONATION**. Donations of $20 or more are eligible for tax receipts.

SAVE THE DATE, REGISTER YOUR TEAM, AND JOIN THE FUN!

EARLY BIRD REGISTRATION OPENS SOON!

Join us on Sunday, **March 29th at Cloverleaf Lanes** and spark change in the lives of young ones!

To RSVP and learn more about registering a team or how to get involved, please contact:

Benjamin Leslie,  
Special Events  
P: (613) 507-3306 ext. 112  
fundraiser.kingston@bigbrothersbigsisters.ca

Amanda Guarino,  
Community Outreach and Engagement  
P: (613) 544-1621 ext. 3  
amanda.guarino@bigbrothersbigsisters.ca
**SUMMER JOB OPPORTUNITIES**

Student Financial Analyst – Summer 2020  
Applications Close: March 31, 2020

Treaty Pay Summer Job for Indigenous Students – 2020  
Applications Close: April 1, 2020


**Employment Opportunities in the Federal Government:**  
Emily Snyder is the student ambassador for Queen’s University for the federal government, her role is to encourage and support students in applying for summer and post-graduate employment opportunities in the federal government. Here is her contact information:

To facilitate this process, I hold office hours at Career Services (Gordon Hall) on Wednesday's at 2:30 to 3:30. During this time, I help students apply for government jobs, answer questions and more. Additionally, students can email me at any time to ask questions about an aspect of the application process or work for the federal government.

I hope to see you at my office hours soon, or hear from you via email!

Cheers,  
Emily Snyder  
Queen's Student Ambassador 2019/2020  
r7eas7@queensu.ca

**QUIP**

QUIP internships are 12 or 16 months in length, paid, and full-time. Students who complete an internship through QUIP would graduate with a “Professional Internship” designation on their degree and transcript. To view additional details & apply to postings, please visit our website and download a registration form. It is to your advantage to apply as soon as possible as many companies review applications and start interviewing before the deadline!

Have questions? Come chat with us at drop-in advising! **Tuesday & Thursday** from 11:00am – 12:00pm in Career Services, Gordon Hall, 3rd Floor, Resource Area
Queen's Career Apprenticeship: Kingston

Queen's Arts and Science has partnered with the Kingston Economic Development Corporation to match soon-to-be graduating undergraduate arts and humanities students with local employers to jump-start their career in May. The program consists of a one-year paid career apprenticeship in Kingston, along with mentorship and networking opportunities to ensure their success long-term. This is an amazing opportunity for your students to stay in Kingston and start working right after graduation. Start spreading the word to your students if they are in the creative arts, humanities, or social sciences.

Jobs are now live and ready for students to apply. Please forward this on to students who may be interested in starting work in May and are looking to stay in Kingston.

Jobs can be viewed and applied for [here](#).

Sample Jobs that are available:

**Marketing and Business Operations Associate**

*Leahurst College*

**Marketing and Development Assistant**

*The Thousand Island Playhouse*
SWAP Student Awards: Student Paper Award and Travel Bursary

The Section for Women and Psychology (SWAP) of the Canadian Psychological Association (CPA) offers awards for research by students in areas of particular relevance to women or feminism. To be eligible for an award, students must be presenting their work at the 2020 CPA Convention. Submissions may be in English or French.

**SUBMISSION DEADLINE: April 6, 2020.**

Student Paper Award: $500  
Travel Bursaries: $250

For information and to apply, please go to:

[https://www.surveymonkey.com/r/TSLD2Q6](https://www.surveymonkey.com/r/TSLD2Q6)

Please contact Dr. Sara Crann ([scrann@uwindsor.ca](mailto:scrann@uwindsor.ca)) with inquiries.

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Upcoming Conferences of Interest

**NEUROXCHANGE CONFERENCE**

**Wednesday, April 29**

NeuroXChange is a unique neuroscience, mental health, and music cognition conference held at McMaster University open to undergraduate students across Ontario. This conference is designed to bring together aspiring neuroscientists to network, learn, and present their research to fellow peers. Students are encouraged to present their research OR to register as attendees.

If you are an undergraduate student interested in neuroscience, mental health or research in general, we highly encourage you to attend. There will be two keynote addresses from a researcher in the field of neuroscience and mental health, as well as three panels from professionals in the field of neuroscience, mental health, and music cognition. If you are currently doing a project in the field of neuroscience, this is a great opportunity to present your research. Students presenting their research will have the opportunity to win cash prizes as well as a chance to be published in the McMaster Undergraduate Health Sciences Journal (The Meducator) and the McMaster Undergraduate Journal of Psychology, Neuroscience and Behaviour (Psynapse).

To register/apply to be a presenter, please use the following links, which are also found on our website [https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fneuroxchange2020.ca%2F&data=02%7C01%7Cuqyv%40queensu.ca%7CQgfe5c4e65d664cc0900908d7aa8dea68%7Cd61ecb3b38b142d582c4efb2838b025c%7Co%7C637165398835674968&spdata=S3i3WroGkYRYSZIS8qGgxoRjih%2FTulAdCPTo%3D&reserved=0](https://can01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fneuroxchange2020.ca%2F&data=02%7C01%7Cuqyv%40queensu.ca%7CQgfe5c4e65d664cc0900908d7aa8dea68%7Cd61ecb3b38b142d582c4efb2838b025c%7Co%7C637165398835674968&spdata=S3i3WroGkYRYSZIS8qGgxoRjih%2FTulAdCPTo%3D&reserved=0)
Deadlines are Friday, March 20th, 11:59pm for poster and oral presenters.

Geek out at the

NEUROXCHANGE
CONFERENCE
2020

Undergraduate Neuroscience
Conference

APRIL 29th, 2020
8 AM to 5 PM
CIBC HALL, MCMASTER UNIVERSITY

The NeuroXChange Conference (NXC) is an undergraduate research symposium with a focus on neuroscience, mental health, and music cognition.

POSTER FAIR | ORAL PRESENTATION | KEYNOTE SPEAKERS | NEUROSCIENCE & MENTAL HEALTH PANELS
# STUDENT RESOURCES

## Faculty of Arts and Science

- Undergraduate Academic Advising
- Changes to program/plan
- Letters of permission
- Academic Appeals
- Academic Considerations
- Add/Drop/Change course sections

## Campus Support Services

### International Students:

Queen’s University International Centre (QUIC) is a support service for all members of the Queen’s community and through its activities promotes an internationally informed and cross-culturally sensitive learning environment.
Queen’s University International Centre
John Deutsch University Centre
+1-613-533-2604
http://quic.queensu.ca

### Student Health Services:

If you have an ongoing health condition and will require involvement with our on-campus family physicians, including prescriptions for medication, contact your family doctor or previous post-secondary institution health service to arrange a transfer of pertinent health records (including immunization records) to Queen’s Student Health.
www.queensu.ca/studentwellness
(613) 533-2506

### Counselling Services

If you have seen a counselor in the past, and anticipate that you may want to see a personal counsellor at Queen’s, please contact the Student Wellness Services office to get more information about the counselling services available on campus and to discuss transfer of information from your previous counsellor.
www.queensu.ca/studentwellness
(613) 533-6000, ext 78264
counselling.services@queensu.ca

### Other Health Services/Resources at Queen’s:

- Physical Therapy Clinic
- Sexual Health Resource Centre (SHRC)
- DrugSmart: A pharmacy located in the Queen’s Centre.
- Environmental Health and Safety
Food Centre, AMS: A non-profit, confidential, and non-judgmental food service for members of the Queen’s community.

Peer Support Centre:
The Peer Support Centre is a service on campus that provides one-on-one peer support to all undergraduate students. It thrives on being confidential and non-judgemental. Every student is always welcome to drop-in for a chat or resource referral. Students are free to talk about anything they choose. No problem is too big or too small! We are open 10am - 10pm, 7 days a week starting in September.

Disability Services
Student Wellness Services assists students in the following ways:

- Recommends exam accommodations
- Facilitates access to material in alternate formats
- Provides assistive technologies
- Coordinates learning strategies and library research workshops
- Coordinates volunteer note-taking and peer mentor programs

NOTE: Students with disabilities who wish to make use of the services available must register at Disability Services every academic year and must forward supporting documentation to the Student Wellness Services Office.

Other disability services offered at Queen's include...

- Learning Strategies Development: This program enhances students’ ability to learn effectively and helps students develop greater confidence in their abilities.
- Learning Disabilities Specialists: Offered through the Regional Assessment and Resource Centre, these specialists provide assessment and services for students with possible learning disabilities and other neuropsychological conditions.
- InvisAbilities: A student organization promoting awareness, education, and support of young adults living with hidden chronic illness. Started at Queen's in 2009, the group has spread to include chapters at McGill University, University of Ottawa, Brock University, and University of Calgary.

Academic Support
The transition to university life is a big one – and part of it is adjusting to the challenges and workload that are part of being a Queen’s student. At Queen’s you are never alone. We have many offices dedicated to helping you learn, think, and do.

The Learning Commons
The Queen's Learning Commons (QLC) is both a hub of services supporting formal academic programs and a meeting place within Stauffer Library. It encompasses physical and online environments, accommodating different approaches to learning.
The QLC provides resources, workshops and seminars, and one-on-one professional consultations for students who want to enhance or develop their skills.

The QLC is composed of:

- **The Adaptive Technology Centre / Library Services for Students with Disabilities**
- **ITServices**: Services include many learning resources and workshop opportunities
- **Queen’s Library**: Services include Subject Liaison Librarians who can help you locate resources for your field of study
- **Student Academic Success Services** who can help you improve your writing and academic skills and confidence through online resources, workshops and individual appointments.

### Career Services

As the central provider of career education and employment support services at Queen’s University for undergraduate, graduate students and recent alumni from all disciplines. They offer a comprehensive range of accessible services to support and empower students in making informed decisions about their career, further education and employment goals.

Their weekly bulletin can be found by following the below link:

https://mailchi.mp/c39222d835f1/career-services-weekly-bulletin-january-9th-16th-2019?e=a0811c4064

Gordon Hall, 3rd floor
74 Union Street
Weekdays, 8:30 – 4:30 PM (Sep-Apr); Weekdays, 8:30-noon, 1:00-4:30 pm (May-Aug)
613.533.2992
mailto:mycareer@queensu.ca

### Student Academic Success Services

Student Academic Success Services is launching a newsletter to keep you up to date with all the workshops, events, and drop-in sessions that we offer to Queen’s students to help with writing and academic skill support. SASS is here in 2020 to help you become the best student you can be at university, so read on to discover how we can provide you with the skills and strategies you need to succeed!

SASS is your home for academic help at Queen’s. We offer academic support to undergraduate and graduate students who wish to develop their skills in critical thinking, reading, learning, studying, writing, and self-management. All of our services are 100% free and confidential.

Visit our [website](#), follow us on [Instagram](#) or [Facebook](#) to stay current with what we're offering, or read on to discover what’s coming up over the next few weeks, and check out the newsletter below!

https://mailchi.mp/a16275e3564a/sass-january-2020-newsletter?e=e3b6743155