Department of Psychology
Weekly eNewsletter

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ACADEMIC ADVISING

Check in with Dr Norris – sending you greetings from Little Cataraqui Creek Conservation Area!
https://web.microsoftstream.com/video/14624f42-4591-43c0-b98c-02694f0c1bcf

We are working remotely. Please reach out via email:
ug.psyc@queensu.ca

Are you wondering about graduate school in Psychology?

This is your chance to hear from Dr. Tara MacDonald, Graduate Chair in Psychology at Queen’s.

Date: Wednesday, October 7, 2020, 2pm
Location: Virtual—link will be sent closer to the date via this newsletter

This presentation is specifically for *you*! Please let us know your questions by submitting them to THIS LINK

We look forward to seeing you there!
The Arts & Sciences Faculty Office is offering Degree Quick Check

Do you want to know if you are on the right path to graduate? Having an advisor run a degree audit is an important part of making sure that you are on track to complete your degree. We highly recommend that students complete a degree audit with an advisor or run an Academic Advisement Report once a year.

Fill out this form and the Faculty Office will get back to you with degree audit reports by email. Note that you can also run an Academic Advisement Report to see what you have completed and still need to complete in order to meet your degree requirements.

**IMPORTANT DATES AND DEADLINES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sept 21</td>
<td>Last date to add Fall term and multi-term classes</td>
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<td>Sept 30</td>
<td>Tuition fees due in full for Fall term classes; Residence, UHIP and Student Activity fees due</td>
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<tr>
<td>Oct 7</td>
<td>Grad School Session</td>
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<tr>
<td>Oct 12</td>
<td>Thanksgiving Day (classes will not be held)</td>
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<tr>
<td>Oct 15</td>
<td>Last date to apply in SOLUS to graduate in Fall 2020</td>
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<td>Oct 26 – 30</td>
<td>Fall mid-term Break</td>
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**UPDATE YOUR CONTACT INFORMATION IN SOLUS**

We would like to remind you to update your address for the fall term, as well as your cell phone number and emergency contact information, as soon as possible.

The health and safety of our entire community is my top priority and I require your help to ensure that I have emergency contact information for everyone in our Faculty. We are all in this together, so please take a moment to update your contact information and encourage others to do the same.

To update your contact information, please log in to SOLUS and look for the link in your "To Do" list at the top right of the page. You can also watch this video for instructions. If you have questions, please email solus@queensu.ca or contact us.

**STUDENT RESOURCES**

**Health and Wellbeing:**
Student Wellness Services are operating with remote and in-person appointments and workshops:
https://www.queensu.ca/studentwellness/home
Four Directions Indigenous Student Centre
https://www.queensu.ca/fourdirections/home

Career Services:

Not sure where to start your career questions?

Drop-in Career Advising
Monday to Thursday from 1:30 to 3:30 pm EST: to access visit the Events Calendar in MyCareer.

Obtain immediate help with career or further education-related questions from a career advisor. No appointment required. Link available on MyCareer.

QUIP Advising
Tuesday, Wednesday, Thursday, from 11:00 am to 12:00 pm EST
To access visit the Events Calendar in MyCareer.

Learn more about QUIP, the Queen’s Undergraduate Internship Program.

Student Academic Success Services - https://sass.queensu.ca/
ACADEMIC SKILLS WORKSHOPS
Via Zoom

Free workshops for Queen's students

Student Academic Success Service's (SASS) popular peer workshops are back this academic year to help you be successful at Queen's and offer you strategies to navigate and thrive while you study online. Join our workshops and learn the basic skills needed to get started in your courses, how to write at the university level, and how to conquer the challenges of working from home. Learn more and register for any of our workshops here.

Ban Righ Centre: 
https://banrighcentre.queensu.ca/

International Programs Office (IPO)
IPO Zoom Rooms

Our International Programs Office (IPO) Zoom Room is up and running for Fall 2020!

We are admitting students individually for 1:1 advising. Once you join the waiting room, please note that there may be a short wait (5-10 minutes) as we answer other questions. We appreciate your patience and look forward to meeting with you.

Click here to access the IPO Zoom Room during the scheduled hours. (Meeting ID: 979 0300 9222 // Passcode: ipo206zoom)

UPCOMING EVENTS

Career Services

Drop-in Career Advising for Arts & Science Students

Monday September 21, 1:30-3:30 PM

If you've got urgent career questions related to your course add/drop decisions - this is for you!

Meet with a career counsellor with no appointment necessary in these special drop-in sessions on the FAS add/drop deadlines in both semesters.

To join, click this Microsoft Teams link.

Queen's Undergraduate Internship Program (QUIP) Info Sessions

Want to spend a year getting paid professional experience? Would you like to "Test Drive a Career?" Find out everything you need to know about doing a 12- or 16-month, professional, paid internship after your 2nd or 3rd year of undergraduate studies.

Information Session:

Wednesday, September 24th at 5:30-6:30 pm

REGISTRATION for info sessions: Students can view information session times and locations and register for the sessions on the Events Calendar in MyCareer.
Wondering what kind of intern jobs are available?

- Communications Intern, Department of Student Affairs with Queen's University
- Co-op Intern, Technical Writer Intern, Bioprocess R&D with Sanofi Pasteur
- Co-op Student, Planning & Logistics Intern, Bioprocess R&D Intern with Sanofi Pasteur
- Student Intern, Tax Analyst with Celestica

To view additional details & apply to these postings, please visit Career Service's website and download a registration form. It is to your advantage to apply as soon as possible as many companies review applications and start interviewing before the deadline!

The Faculty of Arts and Science Experiential Learning Team is also here to help! If you have general questions about internships or how they can enhance your experience, please contact us at asc.el@queensu.ca.
This semester the International Programs Office (IPO) is introducing a number of virtual webinars that focus on different topics related to studying abroad and exchange.

We are holding the Study Abroad and I webinar three times in September. See the complete listing and register for the time that works best for you on the [IPO website](#).
Art and Wellness Speaker Series
ONLINE, Fridays 2–23 October, 1–3 pm

Presented virtually as part of Culture Days Canada, this speaker series welcomes those working in art and wellness, and those looking to learn more, to a supportive and safe environment for learning about the transformative potential of the arts within communities. Experts in the fields of community building, social prescriptions, creativity, museum wellness, craft and Indigenous practice will address innovative art and wellness programs and engagements in practice across museums, hospitals, art studios and community gathering spaces.

The talks in this series are free, and the events will take place on Zoom. Register to save your spot. This event is made possible through the generous support of the Community Foundation for Kingston and Area.

Virtual Art Hive @Agnes
ONLINE, Thursdays 10 September–12 November, 4–5:30 pm

Artmaking is innately therapeutic. Join us weekly to watch your worries fall away as you recharge and get creative. Adults (18+) are invited to explore the artistic process through experimentation and play. This accessible program is free; no artistic experience is necessary. Registration required.

Deep Looking
ONLINE, Tuesdays 22 September, 13 October and 17 November, 12:15–1 pm

Take time to slow down and deeply observe works of art in select Agnes exhibitions: Shannon Bool: Modernism and Its Discontents; Nocturne and Rembrandt and Company. Through a contemplation practice, this facilitated experience will allow for relaxation and new insights to arise. Register to save your spot.

OPPORTUNITIES OF INTEREST
The Early Experience Lab is looking for conscientious, committed, and enthusiastic students to volunteer for the fall 2020 and winter 2021 semesters!

The following volunteer roles are available:

1. **Behavioural Coder (done remotely)**
   a. Responsibilities: 1) Data entry and coding behavioural data, 2) Attending weekly team meetings, 3) Attending lab meetings

2. **EEG Lab Assistant (in-person)**
   Our lab is one of the few in the Psychology Department that has been approved to do limited in-person research in accordance with all Queen’s and KFL&A public health guidelines. We need a few RAs to help us!
   a. Responsibilities: 1) Assisting with EEG experimental procedure, 2) Guiding participants to the lab, 3) Conducting COVID-19 screening questionnaire, 4) Helping with post-session sanitizing/disinfecting, 5) Attending lab meetings
   b. NOTE: Volunteers who take this role will be outfitted with the training and PPE that they need to ensure their and our participants’ health and safety.

For either role, what we are looking for:
- Undergraduate students interested in children’s language and cognitive development
- Able to commit a minimum of 6 hours/week
- Previous research experience is an asset, especially experience with behavioural coding
- Attention to detail and a strong work ethic

For information about our current projects, please refer to our website: https://www.queensu.ca/psychology/early-experience-lab. Please take the time to look over the projects of our research team so that you are familiar with our lab’s work.

If you are interested, please send the attached form, a copy of your CV, and a copy of your unofficial transcript to earlyexperiencelab.queens@gmail.com with the subject line “RA Application 2020”. The deadline for this application is September 18th, 2020.

I will contact competitive applicants to schedule an interview.

Owen Hicks
Lab Coordinator, Early Experience Lab
We are announcing some new opportunities for mentorship available for upper-year Science Students through the Upper Year Peer Mentor Program. The UYPM Program is designed to match upper-year peer mentors with Queen’s students who are second year and above who believe that they would benefit from the support of a Mentor. The goal of the program is to help students develop the skills they will need to be successful at university. Mentors form meaningful relationships with their mentees to provide support and model university skills and mental health-coping strategies. The program aims to build confidence, encourage healthy lifestyles, and contribute to a satisfying university experience.

Two Mentors are currently available to support up to 6 upper-year Science students. Both Mentors are currently pursuing their PhD in Psychology (Cognitive Neuroscience) and Biomedical and Molecular Sciences. Our Mentors have personal experience or experience supporting students from a variety of backgrounds, including international students, LGBTQ2S+ students, first-generation students. Mentorship meetings are offered remotely via Zoom on a 1-on-1 weekly basis throughout the duration of the academic year.

Please keep this information handy and share with your upper-year students who might benefit from forming mentoring relationships.

Also, please share with other professional staff with connections to upper-year students: advisors, counsellors, etc.

To read more and apply, visit https://www.queensu.ca/studentexperience/peer-mentor-program

PATHY FOUNDATION FELLOWSHIP

Pathy Foundation Fellowship provides an opportunity to develop leadership skills while engaging in community development for graduating students with a $40,000 Pathy Fellowship. Pathy Fellowship online application is due on November 12th, 2020. Check out Pathy Foundation Fellowship website to learn more.

TRI-AWARDS NOMINATION FORM - NOW OPEN!

It's that time of year again, the nomination form for our annual Tri-awards is officially open.

Each year, the Human Rights and Equity Office acknowledges the efforts and progress of faculty, staff and students who create a positive impact on the University community in the areas of Human Rights, Employment Equity and Accessibility. Any member of the Queen's community including students, staff,
faculty or alumni as well as members of the general Kingston community who have an interest in Queen's University may submit nominations.

We know great things are happening at Queen's and here is your chance to have an individual, group or initiative recognized for their outstanding contributions to the University.

Please follow the link below to submit a nomination, learn more about the awards and to see our past winners: https://www.queensu.ca/hreo/tri-awards

Deadline to nominate is January 11, 2021.

COVID-19 CANADA STUDENT HEALTH LITERACY SURVEY

On July 1st, 2020, we launched an online bilingual survey on health literacy in the context of COVID-19, aimed at all post-secondary students across Canada. The survey will be open until September 30th, 2020. I am sending this email in order to promote this survey to students across Canada in the final month that our survey is open.

The goal of our study is to better understand how post-secondary students are accessing health information during the pandemic, and the perceived impact of COVID-19 on their stress level and overall wellbeing. Thousands of students around the world are participating as this is an initiative of the International Health Literacy Consortium. For more information, see: https://covid-hl.eu/.

The English version:
Calling all post-secondary students in Canada: have you participated in the #CanadaHealthLiteracySurvey yet?
Click here to participate: https://utorontodlsph.co1.qualtrics.com/jfe/form/SV_9QAxHACn3Mbwx09

La version française:
Appel à tous les étudiants de niveau postsecondaire au Canada: avez-vous déjà rempli le sondage #CanadaHealthLiteracySurvey?
Sinon, veuillez cliquer ici pour participer:
https://utorontodlsph.co1.qualtrics.com/jfe/form/SV_9TbcWjIlwdNdXLy

PEGaSUS SEXUAL VIOLENCE SUPPORT GROUP
A Supportive Group for People who have Experienced Sexual Violence

4:00—5:30 PM ONLINE format
Fall Term: Tuesdays, September 29—November 24 (excluding October 27)
Winter: Tuesdays, January 26—March 23 (excluding Feb 16)

This group offers:
♦ A supportive safe space for students who have experienced sexual violence
♦ An opportunity to connect with others through mutual support & education
♦ The chance to build strengths, skills, increased self-empowerment and resiliency

Session Topics include:
♦ Understanding the impact of sexual violence
♦ Developing effective coping skills to deal with the emotional aftermath
♦ Exploring issues such as trust, intimacy, setting boundaries, assertiveness and positive body image

How to Join
Send an email to pegasus.group@queensu.ca with your name and preference for fall or winter and you will be contacted by one of the group facilitators. A secure ZOOM link will be provided once registration is confirmed.

Please note that due to the nature of the group, it is NOT a drop-in program.

If you are self-referring after registration closes for a specific series, you will be provided with additional resources and options while waiting for the next session to begin.
QUEENS CLUB HUB

The Club Hub is a resource page developed in partnership between the AMS Clubs Office and the Student Experience Office! Despite the coming year presenting new challenges, student clubs are an essential part of the student experience, and our goal is to help your club adapt and thrive for 2020-21. Check out the page to find upcoming events, training opportunities, a toolkit and more: queensu.ca/studentexperience/student-development-leadership/club-hub

ONLINE COURSES AT THE BISC

The Bader International Study Centre is Queen’s University’s campus at Herstmonceux Castle in East Sussex, England. Affectionately known as the Castle, BISC students benefit from small class sizes, interdisciplinary teaching, and experiential learning.

This year, their flagship courses BISC 100/3.0 Thinking Locally (Fall 2020) and BISC 101/3.0 Acting Globally (Winter 2021) will be offered online to Kingston campus students for the first time! These courses will be available for both First Year and Upper Year students and will be delivered online through a combination of lectures, seminars, and video conferencing sessions.

Or are you considering studying abroad throughout your undergraduate degree? Explore their available programs!

Castle Summer+ (2021) is a six week program that gives you the chance to gain 9.0 units towards your degree and offers the opportunity for you to conduct your own independent study. All students have an opportunity to do primary research, increase their profile for entry to professional schools, and to present at an undergraduate conference. Courses for PSYC students: INTS 306/3.0 (Culture, Identity and Self), INTS 307/3.0 (Intercultural Relations) and PSYC 594/3.0 (Independent Study). Applications open now!

Learn More
Winter Term Application Deadline: November 15th, 2020
Summer Term Application Deadline: April 1st, 2021
If you have any questions about the application process, or the Castle, contact castle@queensu.ca.

**BISC 100/101**

Get the BISC Advantage

Learn from Home, Cross Borders

The Bader International Study Centre is Queen's University’s campus at Herstmonceux Castle in East Sussex, England. Affectionately known as the Castle, BISC students benefit from small class sizes, interdisciplinary teaching, and experiential learning.

Our interdisciplinary flagship courses BISC 100/3.0 Thinking Locally (Fall 2020) and BISC 101/3.0 Acting Globally (Winter 2021) will be offered online to Kingston campus and Arts and Science Online students, as well as BISC students, for the first time!

BISC 100/101 explore major issues that shape our world via a critical, interdisciplinary approach that develops both academic and intercultural skills. Setting up students for success in their degree and beyond.

**WHO’S ELIGIBLE?**

First Year?
These interdisciplinary courses are a great bridge to university studies from high school and open up multiple degree plan options for your second year. No prerequisites needed.

Upper Year?
Take the BISC 100/101 courses as electives units within your current degree to participate in the Castle experience and develop your skills for your future. No prerequisite needed.

**WHAT ARE THE BENEFITS?**

- Connect with a diverse, supportive peer group and work with your professors in tutorial groups
- Begin to acquire vital transferable skills such as working effectively cross-culturally
- Enjoy access to exclusive cultural events with experts: for instance, you might have an introduction to Academic Entrepreneurship with a Queen’s alumnus, or a talk on Queer History followed by a seminar with a dynamic researcher
- Learn primary source analysis in an online setting using the Castle archives to investigate World War 2 in Sussex
- Take part in Virtual Experiential Learning: for example a Herstmonceux Castle escape room exercise
- These courses meet the academic requirements for second-year plans in History, Sociology, Drama, Languages, Literatures and Cultures, and partial entry into Film and Geography

www.queensu.ca/bisc

@QueensBISC

Any further questions? Get in touch at castle@queensu.ca.