Beat the Winter Blues!

February is here and with plenty of snow in Ontario.

We hope you are enjoying your classes and are taking care of yourself. Scroll down for tips and tricks to beat the winter blues!

Important Dates

- February 15: Family Day (classes will not be held)
- February 16-19: Winter mid-term Reading Week (all classes cancelled)
- February 19: deadline to secure PSYC faculty approval for NSERC USRA

Summer 2021 NSERC-Undergraduate Student Research Awards - applications open now!

We are excited to announce the 2021 NSERC USRA Program information!

The NSERC USRA (Undergraduate Student Research Awards) are meant to nurture your interest and fully develop your potential for a research career in the natural sciences and engineering. They are also meant to encourage you to undertake graduate studies in these fields. If you would like to gain research work experience that complements your studies in an academic setting, these awards can provide you with financial support through your host university. We encourage qualified Indigenous, women, visible minorities, BIPOC, Aboriginal peoples, persons with disabilities, and LGBTQ persons to apply for this award.

You must work under the supervision of a faculty member. The Psychology Faculty members listed on our website are accepting applications for Summer 2021. Please follow up with them directly via email with your unofficial transcript to apply.

The deadline to secure Faculty approval is **Friday, February 19, 2021.**

Please review our website for details, and reach out if you have any questions!
**Undergraduate Student Summer Research Program (USSRF)**

The Undergraduate Student Summer Research Program (USSRF) provides students an experiential learning opportunity to participate in social sciences, humanities and/or creative arts research under the supervision of a Queen's faculty member. The program is intended to provide students with meaningful opportunities to engage in discovery-based learning and to develop research and presentation skills. The application deadline is **9:00am EST, Monday, March 1, 2021.** Contact [Traci Allen](mailto:Traci.Allen@queensu.ca) for more details.

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**3rd year Major students - PSYC 501 (Thesis)**

If you are in your 3rd (or 4th) year of the PSYC Major and wish to apply for the PSYC Thesis (PSYC 501), it's time to think about applying for next year!

Our specific PSYC Thesis website has important information about eligibility, deadlines, process and application form, and PSYC Faculty accepting students for next year.

Please read the information carefully and don’t hesitate to reach out for questions!

The period for students to submit applications is **Monday, March 1st - Monday, March 8th, 2021.**

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**Student Wellness**

Queen's Student Wellness Services offers a variety of support and services:

- Need to talk to a counsellor? Call (613) 533-2506 or email wellness.services@queensu.ca to book an appointment
- Book a Healthy Lifestyle Appointment
- Student-only Wellness Groups

**Other Resources:**

- Good To Talk
  
p: 1-866-925-5454
t: Text GOOD2TALKON to 686868
- Therapy Assistance Online

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**Explore QUIP - Queen’s paid internship program**

QUIP is a great opportunity to earn an internship that goes on your transcript, AND you get paid for your work! QUIP also provides opportunities for building a deeper professional network, and for translating your knowledge into a new applied setting. QUIP Advising: every Tuesday, Wednesday, and Thursday 11AM - 12PM EST, to access visit the Events
Calendar in MyCareer

See current postings below and on the QUIP website:
https://careers.queensu.ca/students/services-students/employment-programs/queens-undergraduate-internship-program-quip

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**Student Academic Success Services**

SASS has a comprehensive library of resources to improve your study skills!  
**Free skills workshops**

We have some awesome and fun group sessions coming up on Zoom this month. Read on and register!

**Editing Skills:** 10 Feb, 1pm/6pm  
Learn some top editing skills to take those essays and reports to the next level.  
- Register for 1pm session  
- Register for 6pm session

**Beating Procrastination:** 17 Feb, 1pm/6pm  
Procrastination haunts us all, but you can beat it! Join us for a few minutes and we'll save you hours of wasted time as the deadlines mount up.  
- Register for 1pm session  
- Register for 6pm session

**Write Nights:** Weekly  
Our weekly dive into grammar and style, continues every Tuesday (7pm) and Thursday (9am). This month’s topics are  
- sentence variety  
- participles  
- popic sentences  
- and a special drop-in for you to put your trickiest grammar and style questions to us!

Choose your sessions and sign up here.

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**PSYC DSC**

Are you in Psychology? Or thinking of majoring or minoring in it?  
Join the Psychology Department’s Slack channel to communicate with other Psychology students and members of the Department Student Council!  
https://join.slack.com/.../zt-jkenenef...  
If you haven't used Slack before, or need a reminder, see this tutorial on how to download it:  
https://www.youtube.com/watch?v=J_0QgNyT0Mg

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**I@Q Undergraduate Research Conference**

The 15th annual I@Q conference will take place online **March 11-12, 2021** to promote and showcase undergraduate research and creative work. Please consider sharing your ideas! We welcome work in progress and individual or group projects! Consider putting together a student panel related to an inquiry project or projects in a single course to describe what you learned about the inquiry process, its challenges and rewards.  
Check out details here:  
https://www.queensu.ca/iatg/iq-undergraduate-research-conference  
Submission deadline is **Friday, February 12th, 2021**

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**Global Biomedical Design Conference 2021**
Join us for the 2021 Global Biomedical Design Conference (GBDC)

Friday March 12th - Sunday March 14th.

The GBDC aims to target health related topics on a global scale. The theme of the 2021 conference is: the implementation of biomedical soft robotics to improve socioeconomic status in developing countries. Delegates will listen to 3 keynote speakers, attend 2 workshops, and participate in a full-day case competition for a chance to win 1 of 3 prizes. Register soon because space is limited. We hope to see you there!

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CPA's Section for Women and Psychology Student Awards

**SWAP Student Awards: Paper Award and Presentation Award**

The Canadian Psychological Association's Section for Women and Psychology is now accepting applications for our annual student paper and presentation awards to support students presenting at the virtual 2021 CPA convention. The Section for Women and Psychology (SWAP) of the Canadian Psychological Association (CPA) offers awards for research by students in areas of particular relevance to women or feminism. To be eligible for an award, students must have been accepted to present their work at the 2021 CPA Convention. Submissions may be in English or French.

**SUBMISSION DEADLINE:** April 9, 2021.

- Student Paper Award: $500
- Student Presentation Award: $200

For information and to apply, please go to: https://www.surveymonkey.com/r/HN7KFXD

Please contact Dr. Sara Crann (scrann@uwindsor.ca) with inquiries.

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**Extended Deadline for the 2021 OADD RSIG Research Day**

The annual Ontario Association on Developmental Disabilities (OADD) Research Special Interest Group research day will be held online on Thursday April 22nd, 2021. This research day was developed to provide students, researchers, professionals, self advocates, and other interested individuals working in the field of intellectual/developmental disabilities the opportunity to exchange ideas and network with others doing research. We welcome research from all disciplines and areas of research related to the field of intellectual/developmental disabilities. We are accepting submissions for poster presentations as well as short (15 minute) oral presentations and data blitzes (3 minutes).

Submissions can be made at https://oadd.org/affiliate-organizations/rsig-call-for-abstracts/.

**Conference theme:** "Living in the Time of the COVID-19 Pandemic: Emerging Opportunities and Obstacles", which will spotlight and celebrate the different ways that researchers have pivoted to continue research during a global pandemic and the creative innovations that are being explored to support people during the pandemic and beyond. **Talks around the theme are encouraged but are not necessary.**
We will still be offering poster awards this year for posters submitted! Please see http://oadd.org/scholarships-awards/ for more information. Please note that the travel awards will not be given this year.

For more details about RSIG and OADD, please visit our website at www.oadd.org. Any questions about RSIG or the conference, please don’t hesitate to e-mail us at oadd.rsig@gmail.com. Looking forward to seeing you in April!

**Book your academic advising appointment here**

For questions on careers/grad school, please email ug.psyc@queensu.ca to set up a meeting with Dr Norris.