

# Carolina de Barros

Kingston, Ontario  
a.debarros@queensu.ca

## **EDUCATION**

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### **Ph.D. Student, Psychology**

2022 – Present

Department of Psychology  
Queen's University  
Kingston, ON

- Social Psychology Stream
- Supervisor: Dr. Sari van Anders

### **M.A., Psychology**

2020 - 2022

Department of Psychology and Health Studies  
University of Saskatchewan  
Saskatoon, Saskatchewan

- Thesis: "The Relationships among Gender, Bipositive Events, and Psychological Outcomes"
- Culture, Health, and Human Development Stream
- Supervisor: Dr. Todd Morrison
- Cumulative Average: 93%

### **B.A. Honours, Psychology, Minor in Mathematics**

2015 – 2020

Department of Psychology and Health Studies  
University of Saskatchewan  
Saskatoon, Saskatchewan

- Thesis: "Development and Initial Validation of the Positive Bisexual Identity (PBI) Measure"
- Supervisor: Dr. Todd Morrison
- Cumulative Average: 93%

## **RESEARCH INTERESTS**

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- Gender/sex/uality, nurturance, and eroticism
- Romantic and sexual attraction and relationships
- Sexual identity development and fluidity
- Positive sexual minority identity
- 2SLGBTQ+ health
- Knowledge translation and community connection in academia

## **HONOURS AND GRANTS**

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- SSHRC Canada Graduate Scholarship – Doctoral (\$105,000/3 years)
  - Awarded on the basis of academic excellence, research potential and experience, and leadership experience
- SSHRC Canada Graduate Scholarships – Master's (\$17,500/1 year)

- Awarded on the basis of academic excellence, research potential, and leadership experience
- University of Saskatchewan Continuing Academic Achievement Scholarships (\$3,000.00)
  - Received 2016, 2017, 2018, and 2019
  - Awarded on the basis of academic achievement in the previous year
- John Spencer Middleton, Jack Spencer Gordon Middleton Undergraduate Scholarship (\$3,000.00)
  - Awarded on the basis of academic achievement
- Hantelman Humanities Undergraduate Scholarship (\$3,000.00)
  - Awarded on the basis of academic achievement in social sciences.

## **AWARDS AND ACCOLADES**

- Gordon A. McMurray Prize in Psychology, Spring 2020
  - Awarded to the most distinguished graduate in the Department of Psychology, USASK
- Copland Prize in Social Sciences, Spring 2020
  - Awarded to the most distinguished graduate in a social sciences program, USASK
- Haslam Medal, Spring 2020
  - Awarded to the most distinguished graduate in the College of Arts & Sciences, USASK
- CPA Certificate of Academic Excellence, 2020
  - Awarded to the best undergraduate theses in the Department of Psychology, USASK
- CPA Certificate of Academic Excellence, 2022
  - Awarded to the best Master's theses in the Department of Psychology, USASK

## **PRESENTATIONS**

- de Barros, A. C., Wilhelm, B., & Morrison, T. G.** (August, 2023). *Bisexual microaffirmations, internalized binegativity, and gender* [Poster]. International Academy of Sex Research Annual Meeting, Montreal, QC, Canada.
- de Barros, A. C. & Bergen, J.** (June, 2023). *Mentor, teacher, advocate, academic: The roles academics with mental illnesses play* [Paper session]. Canadian Psychological Association 84th Annual National Convention, Toronto, ON, Canada.  
<https://cpa.ca/docs/File/Convention/2023/Abstract%20Book%202023-v1.2.pdf>
- de Barros, A. C., Gelech, J., Bergen, J., & Croteau, T.** (March, 2023). *Mental illness in academia: Current understandings and future directions* [Paper session]. Society for Applied Anthropology Annual Meeting, Cincinnati, OH.  
[https://www.appliedanthro.org/application/files/5916/8677/2597/2023\\_AM\\_Program.pdf](https://www.appliedanthro.org/application/files/5916/8677/2597/2023_AM_Program.pdf)
- Croteau, T., Bergen, J., Gelech, J., & de Barros, A. C.** (March, 2023). *The impact of postsecondary instructors' mental illness disclosures on undergraduate students' perceptions and academic outcomes directions* [Paper session]. Society for Applied Anthropology Annual Meeting, Cincinnati, OH.  
[https://www.appliedanthro.org/application/files/5916/8677/2597/2023\\_AM\\_Program.pdf](https://www.appliedanthro.org/application/files/5916/8677/2597/2023_AM_Program.pdf)
- Bergen, J., de Barros, A. C., Croteau, T., Gelech, J., & Horwitz, S.** (November,

2022). *Relational pedagogy and mental health: Disclosing mental illness in the classroom* [Paper session]. Symposium for the Scholarship of Teaching and Learning, Banff, AB, Canada. <https://isotlsymposium.mtroyal.ca/docs/Welcome-to-the-2022-Symposium-Final-Program.pdf>

Gelech, J., Horwitz, S., Croteau, T., Bergen, J., & **de Barros, A. C.** (November, 2022). *Checkboxes and moral conundrums: Professors with mental illness reflect on campus diversity, equity, and inclusion initiatives* [Paper session]. Symposium for SoTL, Banff, AB, Canada. <https://isotlsymposium.mtroyal.ca/docs/Welcome-to-the-2022-Symposium-Final-Program.pdf>

**de Barros, A. C.** (2020, August). *Development of the Positive Bisexual Identity Measure* [Poster]. 2020 APA Virtual Convention, Washington, DC. [https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/2020-APA-Convention\\_OnDemandIndex\\_Poster.pdf](https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/2020-APA-Convention_OnDemandIndex_Poster.pdf)

**de Barros, A. C.** (2020, August). *How bisexual individuals choose coping mechanisms based on partner gender* [Poster]. 2020 APA Virtual Convention, Washington, DC. [https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/2020-APA-Convention\\_OnDemandIndex\\_Poster.pdf](https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/2020-APA-Convention_OnDemandIndex_Poster.pdf)

**de Barros, A. C.** (2020, January). *Development of a measure of positive bisexual identity* [Poster]. USSU Undergraduate Project Symposium, Saskatoon, SK.

## **PUBLICATIONS**

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### **Peer-Reviewed**

1. **de Barros, A. C.**, Sadika, B., Croteau, T., Morrison, T. G., & Morrison, M. (2022). Associations between subcategories of disgust sensitivity and homonegativity: Examining intergroup contact as a moderator. *Psychology & Sexuality*, 14(3), 453-473. <https://doi.org/10.1080/19419899.2022.2090270>
2. **de Barros, A. C.** & Morrison, T. G. (2022). Development and validation of the Positive Bisexual Identity (PBI) scale. *Psychology & Sexuality*, 14(1), 73-93. <https://doi.org/10.1080/19419899.2022.2057868>
3. Katz, J. M., **de Barros, A. C.**, & Morrison, T. G. (2021). Ambiguous sex in critical receptions to Ari Aster's *Midsommar*. *Sexuality & Culture*, 25, 2035-2051. <https://doi.org/10.1007/s12119-021-09863-4>
4. **de Barros, A. C.** (2020). "Gay now": Bisexual erasure in supernatural media from 1983 to 2003. *Journal of Bisexuality*, 20(1), 104-117. <https://doi.org/10.1080/15299716.2020.1732258>

### **Non-Peer Reviewed**

1. Bergen, J., **de Barros, A. C.**, Gelech, J., Forrester, S., Horwitz, S., and Squires, V. (2021). Should university instructors disclose mental health conditions? It's complicated. *The*

*Conversation.* <https://theconversation.com/should-university-instructors-disclose-mental-health-conditions-itscomplicated-172583>

2. **de Barros, A. C.** (2021, September). Information for pregnant queer and trans people. *Abortion Rights Coalition of Canada.* <https://www.arcc-cdac.ca/information-for-pregnant-queer-and-trans-people/>

## **PROFESSIONAL EXPERIENCE**

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### **Teaching Assistant**

September 2022 – Present

Department of Psychology, Queen's University  
Kingston, Ontario

- Graded assignments and finals
- Coordinated discussion forums
- Hosted office hours to answer student questions and concerns

### **Consultant**

June 2022 – August 2022

Wellness Together  
Toronto, Ontario

- Wrote a report on best practices in collecting demographic data on gender/sex and sexual identity, including questions tailored to Wellness Together's purposes

### **Research Coordinator**

July 2021 – August 2022

Academic Mental Illness Project  
Department of Psychology, University of Saskatchewan  
Saskatoon, Saskatchewan

- Updated a literature review on the experiences of professors with mental illness
- Developed materials for a collaborative autoethnography and for a survey study
- Led focus groups, conducted interviews, and collected survey data
- Organized monthly meetings for all group members

### **Board Member**

January 2021 – Present

Saskatoon Abortion Support Network  
Saskatoon, Saskatchewan

- Developed resources for queer women and transgender patients seeking abortions in Saskatchewan
- Volunteer coordinator duties: maintained contact with people applying to volunteer, created and ran training sessions, and was the first point of contact for volunteers with queries

### **Teaching Assistant**

September 2021 – April 2022

Department of Psychology, University of Saskatchewan  
Saskatoon, Saskatchewan

- Guest lectured on topics related to the research process, as well as on gender, sexuality, and health
- Graded papers and finals
- Communicated with and assisted students regularly

**Research Assistant**

October 2020 – December 2021

College of Nursing, University of Regina  
Regina, Saskatchewan

- Worked with Dr. Elise Matthews to synthesize a literature review on the experiences of refugee and immigrant parents who have children with disabilities.

**Summer Student**

June 2020 – August 2020

Saskatoon Sexual Health  
Saskatoon, Saskatchewan

- Updated a literature review and environmental scan on Indigenous and LGBTQ+ sexual health education
- Drafted a preliminary document on bubble zone laws in Canada
- Created presentations and lesson plans for middle-school teachers on STIs and healthy relationships
- Assisted in developing a card game about STIs

**Writing Centre Online Tutor**

September 2019 – May 2022

Library, University of Saskatchewan  
Saskatoon, Saskatchewan

- Assisted undergraduate students requesting help with psychology papers
- Tutored students with questions about APA referencing and general grammar and punctuation concerns
- Presented workshops on Dealing with Writing Anxiety and on Avoiding Gender-Biased Language

**Research Assistant**

November 2018 – June 2022

Disability & Culture Lab, University of Saskatchewan  
Saskatoon, Saskatchewan

- Compiled journal tables for several different areas of research
- Revised and updated a literature review on coping strategies for people with IBD
- In collaboration with Dr. Jan Gelech and Dr. Elise Matthews, synthesized a literature review on coping strategies of parents of children with disabilities
- Synthesized, wrote, and edited a literature review on gap year experiences.
- Edited and organized teaching materials for an introductory psychology course as well as an upper-level psychology seminar
- Synthesized and wrote a literature review on grey literature about contracts between parents and adult children who live together

**CERTIFICATES AND PROFICIENCIES**

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- TCPS-2: CORE Certificate
- Proficient in Microsoft Office
- Proficient in SPSS, R, and Python

## **LANGUAGES**

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- Fluent in English
- Fluent in Portuguese
- Proficient in Spanish