

Retrospective Checklist

NOTE: Parent or other *adult* who knew you as a child must complete this

Person who completed this form: Mother Father Other (please specify):

Please rate the following statements concerning your child with respect to him/her/them between ages 5-12.

0 = never 1 = very rarely (once or twice a year) 2 = occasionally (once a month)	3 = often (once a week) 4 = almost always (more than once a week) 5 = daily
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Behaviours to be rated	0	1	2	3	4	5
Failed to give close attention to details						
Made careless errors/mistakes in schoolwork, work or other activities						
Had difficulty sustaining attention to work related task						
Had difficulty sustaining attention to play activities						
Did not seem to listen to what was being said to him/her						
Did not follow through on instructions (e.g. was told to complete a task, but got sidetracked and forgot what he/she was to do)						
Daydreamed, spent time thinking his/her own thoughts						
Failed to finish schoolwork, chores or duties in the home (not because he/she was being deliberately stubborn or oppositional)						
Avoided or strongly disliked tasks (such as schoolwork or homework) that required sustained mental effort						
Lost items necessary for required tasks (such as schoolwork or homework) that required sustained mental effort						
Easily distracted from a task by external events, sounds, sights						
Forgetful in daily activities (e.g. forgot mittens or boots at school, forgot to wear mittens to school)						
Fidgety and restless (hands or feet or squirmed)						
Left seat (classroom, dinner table, etc.) where remaining seated was expected						
Ran about or climbed excessively in situations where it was inappropriate (e.g. church, shopping centre, grandparents' house)						
Complained of feeling very restless and unhappy with having to sit still						
Had difficulty playing quietly or engaging in quiet leisure activities						
Talked excessively						
Acted as if driven by a motor; could not remain still						
Interrupted conversations or would intrude on the conversations of others						
Blurted out answers to questions before the question was finished						
Had difficulty taking turns and waiting						
Was abused or victimized						