



Regional Assessment and Resource Centre, Queen's University
Mackintosh-Corry Hall, Suite B100
68 University Ave, Kingston, ON K7L 3N6



Dear Student and Parent/Guardian,

Thank you for your interest in the **On-Line to Success (OLTS)** program. The following is an information letter regarding the program, its intent, the course schedule, and curriculum. OLTS is a transition program for Grade 12 students in Kingston and surrounding area with learning disabilities, ADHD, ASD, and/or mental health disorders. The program is run by the Regional Assessment and Resource Centre at Queen's University and is fully funded by the Ministry of Advanced Education and Skills Development. There is no cost to participants.

To be eligible for the OLTS program, students must meet the below criteria:

- ▶ Be in Grade 12 (or doing additional year)
- ▶ Plan to attend college or university
- ▶ Able to attend Opening Day on Friday February 9th, 2024

And one (or both) of the following:

- ▶ Be identified/diagnosed with a learning disability, ADHD and/or ASD and/or:
- ▶ Be diagnosed or self-identify with a mental health disorder

COURSE CURRICULUM

The OLTS curriculum is grounded in research conducted by the Learning Opportunities Task Force (commissioned by the Gov't of Ontario). This study showed that success for students with learning disabilities at post-secondary is maximized by participating in targeted transition training to address areas that research has shown are problematic for students with learning disabilities.

The course has evolved over the past twenty years to include students with ADHD, ASD and/or mental health disorders as they make the transition to post-secondary education. Course activities include topics such as: identifying your strengths and challenges, understanding your learning profile, time management, stress management, self-advocacy, and navigating the Accessibility Office.

The program is developed and delivered by trained and experienced educators, in consultation with psychologists from RARC.

Upon completion of all course work, students will have the opportunity to sign up for a psychologist consultation to review their current documentation and discuss next steps for connecting with Accessibility Services at their post-secondary school for accommodations and other available resources.

COURSE SCHEDULE

The following are the components of the OLTS course:

Opening Day: Students attend full day course overview and orientation session held on Queen's campus. Lunch is provided.	February 9th, 2024
On-Line Modules: Students complete the online course work. The course consists of online modules to work through. It is expected to take about 48 hours to complete.	February 9th – May 2024
Psychologist Consultation: Upon completion of all modules, students will have the opportunity to meet virtually with a RARC psychologist to review current documentation and get advice on connecting with Accessibility Services and other resources at their post-secondary institution. There is no cost for this consultation.	Schedule upon completion of all modules (optional)

PSYCHOEDUCATIONAL ASSESSMENTS

The Regional Assessment and Resource Centre (RARC) can provide students with learning disabilities, ADHD, and/or ASD who complete OLTS with an updated psychoeducational assessment. Up to date documentation (such as a recent psychoeducational assessment) is required for all students to access accommodations at college and university. Students must first be accepted to a post-secondary institution before the assessment can be completed. The offer of psychoeducational assessments is not time sensitive. The current fee structure for a psychoeducational assessment is currently set at \$2800-3200, and there are funding sources available, which can greatly reduce or eliminate the cost entirely.

If you are interested in participating in OLTS, please complete the registration form (available from your Resource/Guidance teacher or online at www.queensu.ca/rarc) and submit it to your Resource/Guidance teacher. **The deadline for registration is December 8, 2023.** Should you have any questions or concerns about the program, please visit our website or contact the program coordinator.

Sincerely,



Gillian Goldsmith
OLTS Program Coordinator
Regional Assessment and Resource Centre, Queen's University
Email: olts@queensu.ca
Website: www.queensu.ca/rarc



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 Mackintosh-Corry Hall, Suite B100
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Registration Form: OLTS 2024

The OLTS program is geared towards students with learning disabilities, ADHD, ASD, and/or mental health disorders.

STUDENT

First Name: _____ Last Name: _____ Gender: _____ Pronouns: _____

Date of Birth: _____ Current Grade: _____ School: _____

Address: _____

City: _____ Postal Code: _____

Student Phone Number: _____ Home Cell

Student Email: _____

Preferred Contact (*for registration and course information and updates*): Phone Email

The post-secondary school(s) I have applied to/plan to attend:

Year starting post-secondary: 2024 2025 Unsure

Have you been diagnosed with or have a suspected disability or disorder? Please check all appropriate boxes below.

	Diagnosed	Suspected	Since what date?
Learning Disability			
ADHD			
Autism Spectrum Disorder			
Depression			
Anxiety			
Other:			
Other:			

Do sounds or activities that occur within a large group (50+ people) make you feel uncomfortable?
 Yes No

Did you participate in the STEPS Transitions Program at RARC, Queen's University? Yes No

PARENT/GUARDIAN

Name(s): _____

Phone Number: _____ Home Cell Work

Email: _____

Preferred Contact (*for registration and course information and updates*): Phone Email

CONSENT

I support my participation (or my child’s participation) in the OLTS program for 2024. I understand that:

- copies of my (or my child’s) current IEP, transcript, and most recent psycho-educational assessment will be photocopied by resource staff and attached to this application;
- we may periodically contact the school resource teacher to update them on your (or your child’s) progress throughout the course;
- I (or my child) will be required to attend Opening Day on Feb 9, 2024;
- once I (or my child) has enrolled in a post-secondary institution and completed and passed the online modules, I (or they) will be eligible for an updated psychoeducational assessment if applicable.

Parent/Guardian Signature (*if student is under 18*): _____ Date: _____

Student Signature: _____ Date: _____

Questions? Contact the Transition Coordinator at olts@queensu.ca. A phone call can be scheduled if needed.

For Resource/Guidance Teachers:

Please submit this registration form to the Regional Assessment and Resource Centre **along with copies of the student’s current IEP, transcript and most recent psychoeducational assessment (if applicable)**. Submit registration forms by email (olts@queensu.ca), fax, regular mail or courier. Packages can be dropped off in-person during office hours (Monday – Thursday from 9:00am-12pm or 1:00pm-4:00pm). Over the course of the OLTS program, we may need to contact you periodically to update you on the status of the registrations.

Resource Teacher: _____ Phone Number: _____

E-mail: _____

Mail registration forms to: Transitions Coordinator
RARC, Queen’s University
Mackintosh-Corry Hall, Suite B100
68 University Avenue
Kingston, ON