

## Checklist of documentation requirements for students with ADHD

Documentation must include <u>all</u> of the following	YES	NO
A. Demonstrate that the student currently exhibits a sufficient number of symptoms (listed in DSM 5) of Inattention and/or Hyperactivity/Impulsivity that have been <u>persistent and maladaptive</u> . The exact symptoms should be specified and described in detail and measured by standardized, norm-referenced <b>self and observer</b> checklists.		
B. Since ADHD is by definition a disorder that is first exhibited in childhood or early adolescence, the documentation <i>must provide</i> evidence to support a childhood onset of symptoms and associated impairment (prior to age 12). Individualized Education Plans (IEPs), Identification Placement and Review Committee (IPRC) documents, early psycho-educational assessments, academic reports, teacher comments, documentation from tutors or learning specialists, and disciplinary records may all be useful sources of collateral information (but, in and of themselves, are not considered clinical documentation for the purpose of granting accommodations).		
C. Provide objective evidence demonstrating that both past and current impairment from the symptoms is present in <b>two or more major life settings</b> . Since ADHD tends to affect people over time and across situations in multiple life domains, it is necessary to show that the impairment is not confined to only the academic setting or to only one circumscribed area of functioning.		
D. A determination that the symptoms of ADHD are not a function of some other mental disorder (such as mood, anxiety, or personality disorders, substance abuse, low cognitive ability, poor effort, symptom exaggeration, etc.), medical disorder (e.g. Thyroid disorder, sleep disorder), or situational stressors (such as relationship issues, family, or financial crisis, etc.). This is necessary because the symptoms of ADHD can occur for many reasons and as such <u>symptoms alone</u> are not diagnostic of this condition.		