Ease the Transition:
Helping Students with Disabilities Advance to Post-Secondary

The Transition Resource Guide (available online at www.transitionresourceguide.ca and in print) is a one-stop shop for students with disabilities to learn what they need to know to be prepared for post-secondary school in Ontario. Students can find information about their rights and responsibilities, how to access accommodations at post-secondary, as well as detailed information about each post-secondary institution in Ontario.

This guide has been created by the Regional Assessment and Resource Centre (RARC) at Queen’s University, with support from the Ministry of Advanced Education and Skills Development (MAESD). The guide is available online at www.transitionresourceguide.ca or in print. Print copies can be purchased for $45 for a full set.

The Resources section provides information that is general to all colleges and universities in Ontario. Students can use this information to learn about what to expect at post-secondary and how disabilities are accommodated.

Highlights from this section include:

- The regulations that govern special education at post-secondary
- The pros and cons of disclosure
- How to register with the Accessibility Services
- Documentation requirements for different disabilities
- Financial information, including the Bursary for Students with Disabilities
- Disability support services available, including transition programs and learning strategists
- Checklists to review and compare schools and services
The Colleges and Universities sections provide detailed information about publicly funded colleges and universities in Ontario. Students can find specific information about the resources available at each school and how to access them.

Highlights from this section include:

- The proper name and website of Accessibility Services at each school, including how to register and what their specific documentation requirements are
- A listing of support services available—including general and disability specific services
- Residence accessibility and how to access special needs’ accommodations in residence
- Accessible campus maps and transit information
- Contact information for all offices and services described
- A checklist for students to outline the school’s services, and how they meet one’s needs

About the Regional Assessment and Resource Centre

The Regional Assessment and Resource Centre (RARC) at Queen’s University provides comprehensive assessment services for college and university students with learning disabilities, ADHD, and ASD. In addition to assessment services, training, and research, RARC provides outreach programs for students with disabilities. RARC has created the Transition Resource Guide and runs 3 transition programs (STEPS, OLTS & STOMP). RARC is funded by the Ministry of Advanced Education and Skills Development (MAESD).

For information about the Transition Resource Guide or RARC, please visit www.transitionresourceguide.ca and www.queensu.ca/rarc, or contact

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