Student Financial Planner

Rising costs of education have become a fact of life – and that makes financial planning more important than ever! One way to avoid the stress caused by a lack of funds in the middle of the year is to prepare a budget <u>before</u> classes begin.

A **budget** tells you where your money goes, what it does for you, and keeps you up-to-date on how much money you have left.

Helpful Budgeting Tips:

- Plan your budget before the start of your academic year. If you find that you will need to apply for financial
 assistance (e.g. government student assistance, such as OSAP), you will still have lots of time to do so
 before classes begin!
- BE REALISTIC! If you don't think you can live by the budget you've made, you won't! Try to figure out a realistic spending allowance and stick with it.
- Keep track (at least for one month) of your spending habits and keep an accurate record of your savings and chequing accounts. If you have credit card balances, don't forget to keep track of your monthly payments.
- Review your budget regularly and adjust for changes in your circumstances.
- Avoid using your credit card(s) on a regular basis. If you find you're turning to credit cards regularly then it is time to review your budget and either decrease spending or try to increase your income.

You will find a student budget planner on the next page. We encourage you to fill it out <u>before</u> classes begin, and review your budget throughout the year. It is your responsibility to cover the costs to attend University through savings, parental contributions, government student assistance (e.g. OSAP), scholarships, and bursaries. If, after you're completed your budget, you realize that you won't have sufficient resources to cover your costs for the year, please bring your budget with you to campus in September and set up an appointment with a financial advisor in the Student Awards Office to discuss your situation.

Office of the University Registrar – Financial Aid and Awards

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74 Union St., Kingston, ON K7L 3N6

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Fax: 613-533-6409

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Student Budget Planner

Number of months in your study period:

- Undergraduate students = 8 months (September April)
- Graduate students = 12 months (September August)

Remember to multiply your monthly expenses/resources by the number of months in your study period to calculate your total costs/resources for your academic year.

EXPENSES			RESOURCES		
Tuition and Fees			Savings		
		/ study period			
Books and School			Contributions from parents,		
Supplies		/ study period	relatives, spouse		
Residence Costs			Gov't Student Assistance		
(including meal plan)		/ study period	(e.g. OSAP)		
Rent			Scholarships, Bursaries and		
	/ month	/ study period	Awards		
Utilities (e.g. hydro, gas,		. , ,	Student Line of Credit		
water, internet, cable)	/ month	/ study period			
Telephone (long distance)		, , , ,	Part-time job/work study		
and cell phone	/ month	/ study period	earnings (during academic year)	/month	/study period
Food (groceries)			RESPs (only those you plan		
	/ month	/ study period	to cash)		
Clothing and Laundry			Investment income		
	/ month	/ study period			
Personal Expenses			Government assistance (e.g.		
	/ month	/ study period	CPP, Ontario Works)	/month	/study period
Recreation			Other income		
	/ month	/ study period			
Local transportation					
	/ month	/ study period			
Return trips home		, , , ,			
	/ month	/ study period			
Uninsured medical	, monar	, stady period			
expenses (e.g. UHIP,	/ month	/ study period			
prescriptions)	/ month	/ study period			
Other					
	/ month	/ study period			
TOTAL EXPENSES			TOTAL RESOURCES		
	$\mid \times \mid$	/ ctudy > > = = =		$\mid \times \mid$	
		/ study period			/ study period