



College and University Retiree Associations of Canada
Associations de retraités des universités et collèges du Canada

PROGRAM

CURAC/ARUCC 13th ANNUAL CONFERENCE AND AGM

Kingston, Ontario

20-22 May 2015



MESSAGE FROM CURAC/ARUCC PRESIDENT SANDRA PYKE

Welcome everyone to the 13th annual conference of the College and University Retiree Associations of Canada / Associations de retraités des universités et collèges du Canada (CURAC/ARUCC). Although the notion of a national organization of academic retirees was first broached in 1994 at a meeting of the “Learneds” at the University of Calgary, it wasn’t until May of 2003 that the founding meeting of CURAC took place at the first annual conference in Halifax. Since that initial session, conferences have been held each year at various venues around the country. “Looking Ahead” is the theme for this year’s exciting iteration at Queen’s University in Kingston.

As you know, CURAC/ARUCC is a non-profit federation of 39 retiree organizations at post-secondary institutions across the country. Considerable diversity is evident among the member associations both in size and composition. As the umbrella organization, CURAC/ARUCC attempts to facilitate communication, share information and provide mutual assistance to member organizations as well as to represent our constituency of about 15,000 members on matters of common concern. The annual conference provides the only opportunity for face-to-face interaction among our members and is a necessary vehicle for the exchange of ideas and their exportation to our home turf.

Organizing a three-day national conference is no mean feat and we are most grateful to our host, the Retirees’ Association of Queen’s, for producing such an excellent program of presentations and events. In particular, we would like to express our appreciation to George Brandie and Eleanor Rogers who co-chaired the Local Organizing Committee and to thank all the members of their Committee. We would also like to acknowledge the essential contributions of the conference sponsors without whose support there would likely be no conference. We look forward to the insights and wisdom we will glean over the course of the next two days.

CURAC/ARUCC is a non-profit federation of retiree organizations at colleges and universities across Canada. Its primary aim is to coordinate activities that promote communication among member organizations, to share information, provide mutual assistance, and speak publicly on issues of common concern to its more than fifteen thousand members across Canada.

CURAC/ARUCC est une fédération sans buts lucratifs d’organisations de retraités des collèges canadiens et universités canadiennes. Son objet principal est de coordonner les activités qui encouragent la communication entre ses organisations membres, le partage de l’information, l’assistance mutuelle et le dialogue public sur des sujets d’intérêt commun à ses quelques quinze mille membres à travers le Canada.



MESSAGE FROM RAQ PRESIDENT Patrick Oosthuizen

On behalf of the Retirees Association of Queen's University (RAQ) I would like to welcome you all to the CURAC 2015 Conference.

Queen's University is one of Canada's oldest degree-granting institutions, having been established in 1841 by Royal Charter of Queen Victoria. Queen's was originally associated with the Presbyterian Church with its primary purpose being to train the clergy. However, by about the end of the 19th century it had separated from the church and adopted as its purpose the provision of a general education at the university level. Queen's is today a mid-sized university with a total of approximately 25,000 students at the undergraduate and graduate levels. Queen's is committed to having excellence in its undergraduate programs and to providing high-quality established and innovative graduate programs while remaining a full-spectrum, research-intensive university. Approximately 95% of Queen's student population is from outside Kingston. While most of its students are from Canada, Queen's student population does include students from approximately 120 other countries. About 90% of first year students live in residence but most students in their second and higher years live in housing located in the area surrounding the campus, the majority of them living within a 15-minute walk to the campus. While most of Queen's teaching takes place on the main campus in Kingston, the university also does do some teaching at its Bader International Study Centre located in Herstmonceux Castle in the United Kingdom.

The city of Kingston is home to Queen's. With a population of roughly 130,000, it is big enough to provide all the conveniences of modern life while being small enough to allow students to get to know and enjoy all the rich social and cultural amenities offered by the city. Kingston was founded in 1673. The settlement eventually became known as "the king's town" in honour of King George III, this name becoming "Kingston" by 1788. Kingston is nicknamed the "Limestone City" because of the many historic buildings in the city that are built with local limestone. Kingston became the first capital of Canada in 1841 and served in this role until 1844. Kingston was also the home of Sir John A. MacDonald, the first Prime Minister of Canada. There are 21 National Historic Sites of Canada located in Kingston and in 2007 the Rideau Canal along with fortifications in Kingston were designated as a World Heritage Site.

We hope you enjoy and benefit from the conference and also hope you have an opportunity to explore and enjoy the Queen's Campus and the city of Kingston.



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CURAC/ARUCC Annual Conference and AGM 2015

Queen's University at Kingston

Conference Theme: *Looking Ahead*

Program

Wednesday, 20 May 2015

3:00 – 4:30 pm **CURAC/ARUCC Pre-Conference Board Meeting**
D209 Mackintosh-Corry Hall, Queen's University
(Registration packages available for Directors & Committee Chairs)

5:15 Bus pickup at Four Points Sheraton Hotel, followed by
5:30 Bus pickup at Leggett Hall, followed by
5:45 Bus pickup at Watts Hall, all for
transportation to Reception in the Isabel Bader Centre for the
Performing Arts

6:00 – 8:00 pm **Reception**
Lobby of the Isabel Bader Centre for the Performing Arts
Welcoming Remarks from:
RAQ Vice-President Eleanor Rogers
His Worship Mayor Bryan Paterson, City of Kingston
Vice-Provost Jill Scott, Queen's University
CURAC/ARUCC President Sandra Pyke

(Registration packages available for registered delegates)

8:00 pm Transportation back to hotel & residences

Thursday, 21 May 2015

8:30 am – Registration
Lobby of Robert Sutherland Hall

8:30 – 9:00 am Juice, Coffee/Tea, Muffins, etc.
Lobby of Robert Sutherland Hall

9:00 – 10:15 **CONFERENCE SESSION Ia Health of Seniors**
202 Robert Sutherland Hall (adjacent to Lobby)
Opening Remarks & Announcements

Toward a National Seniors' Strategy

Dr. Chris Simpson, MD, FRCPC, FACC, FHRS
President, Canadian Medical Association
Professor of Medicine & Chief of Cardiology, Queen's University

10:15 – 10:45 **Nutrition Break**
Lobby of Robert Sutherland Hall

10:45 – 12:15 **CONFERENCE SESSION Ib More on Health of Seniors**
202 Robert Sutherland Hall

Senior Health and Mental Health: It's Time to be Bold for the Old

Dr. Ken Le Clair, MD, FRCPC
Professor of Psychiatry and Chair of the Division of Geriatric
Psychiatry, Queen's University
Clinical Director, Providence Care

A Public Health Perspective on Elder Care

Dr. Erica Weir
Assistant Professor, Departments of Medicine and Public Health
Sciences, Queen's University

12:15 – 1:15 pm **Lunch (Sandwiches, etc.)**
Lobby & 202 Robert Sutherland Hall

1:15 – 2:45 **CONFERENCE SESSION II**
202 Robert Sutherland Hall

What is natural? Living downwind of the Alberta oil sands

Dr. John Smol, OC, PhD, LLD., FRSC
Professor of Biology, Queen's University
Canada Research Chair in Environmental Change
3M Teaching Fellow
Editor, *Environmental Reviews*

Announcements

2:45 – 3:00 **Nutrition Break**
Lobby of Robert Sutherland Hall

3:00 – 4:30	CURAC/ARUCC ANNUAL GENERAL MEETING 202 Robert Sutherland Hall
5:15 5:30 5:45	Bus pickup at Watts Hall, followed by Bus pickup at Leggett Hall, followed by Bus pickup at Four Points Sheraton Hotel, all for transportation to Conference Banquet in the Discovery Centre of Fort Henry
6:00 – 6:45	No-Host Bar Discovery Centre, Fort Henry
6:45 – 9:00	Conference Banquet Discovery Centre, Fort Henry Featured Speaker (over dessert & coffee): <i>Does Anyone have the Guts to Change our Pension System?</i> Mr. Jim Leech, CM Chancellor, Queen’s University Former President & CEO, Ontario Teachers’ Pension Plan Co-author, “The Third Rail: Confronting Our Pension Failures” (2013) Presentation of Awards Edgar Williams, CURAC/ARUCC Secretary & Awards Committee Chair
9:00	Transportation back to Hotel & Residences

Friday, 22 May 2015

8:30 am – Registration
Lobby of Robert Sutherland Hall

8:30 – 9:00 am Juice, Coffee/Tea, Muffins, etc.
Lobby of Robert Sutherland Hall

9:00 – 10:15 **CONFERENCE SESSION IIIa**
202 Robert Sutherland Hall

The Future of Post-Secondary Education: Colleges

Mr. Glenn Vollebregt
President and CEO,
St. Lawrence College of Applied Arts and Technology,
Kingston/Brockville/Cornwall

10:15 – 10:45 **NUTRITION BREAK**
Lobby of Robert Sutherland Hall

10:45 – 12:00 **CONFERENCE SESSION IIIb**
202 Robert Sutherland Hall

The Future of Post-Secondary Education: Universities

Dr. Brian Frank, P.Eng.
DuPont Canada Chair in Engineering Education, Research and
Development
Director (Program Development), Faculty of Engineering & Applied
Science, Queen's University

12:00 – 1:30 **BUFFET LUNCH**
George Teves Dining Room
The University Club
168 Stuart Street

1:45 – 3:00 **CONFERENCE SESSION IVa Delegate Interaction** (See next page for
details)
202 Robert Sutherland Hall

3:00 – 3:15 **NUTRITION BREAK**
Lobby of Robert Sutherland Hall

3:15 – 4:30 **CONFERENCE SESSION IVb Delegate Interaction** (See next page for
details)
202 Robert Sutherland Hall

Summaries of Delegate discussions
Closing Remarks

5:00 – 6:00 **CURAC/ARUCC Post-Conference Board Meeting**
D209 Mackintosh-Corry Hall

Friday Afternoon Sessions

Our plan for the final afternoon of the Conference is to experiment with a different mode of attendee interaction. Rather than have speakers from a few Associations give “Best Practices” reports from the podium, we plan to set up tables with eight to ten seats where attendees can share their insights, successes, initiatives, challenges and problems on specific topics with attendees from other Associations. Each table will focus on a specific topic and attendees can choose the table they wish to join. At the Nutrition Break, people may move to a new table and topic. We will provide a Moderator for each table, and attendees at each table will choose a rapporteur to note the main points made in the discussion for reporting to the Conference at the end of the afternoon. Topics for discussion may include:

Recruiting New Members. What does your Association offer new retirees to get them to join your Association? What has worked well? Have you tried things that didn't seem to work?

Why Join CURAC/ARUCC? What does an Association get from its CURAC/ARUCC membership? Does CURAC/ARUCC need higher visibility among individual retirees? What more would you like to have CURAC/ARUCC do?

Renewing Leadership in our Associations. Is your Association having difficulty recruiting new Directors and Officers? If this has not been a problem for you, how have you managed to be successful?

Liability Issues for Directors and Associations. Should Associations have liability insurance for themselves and their Directors? How can they get it?

University Pension Plans in Ontario: What Is Happening? The Ontario Government is pushing University Pension Plans that have solvency deficits (i.e., most plans) to change their structure. Does your Association know what is happening and what it may mean for retirees, employees and the university?

Communicating with your Members. Is your electronic communication with members handled by a member with expertise, or is it done professionally? Does your Association use social media with members or its Directors? If so, how? Should CURAC/ARUCC promote linkages between those responsible for internal communication so that Associations can easily share experience and expertise?

Health Care for Seniors. The opening sessions of this Conference focussed on this topic. What do you see as the highest priorities? Can we all be more active in promoting worthwhile change? How?

Pension Reform for All Canadians. At the Banquet, Jim Leech talked about the pension reforms he saw as necessary in Canada. What is your reaction to his proposals?

Other? Starting at the opening reception and throughout Thursday, attendees will have the opportunity to suggest other topics that they would like to discuss.

Before Friday, attendees will be asked to specify the three topics they are most interested in so that we may ensure that adequate discussion space is available (more than one table?) for the most popular topic(s).

Our Sponsors

The Retirees' Association of Queen's would not have been able to organize this conference without the support of the following organizations and people. We hope you will join us in thanking them, considering them when you need products or services they provide, and talking with their representatives at the conference.

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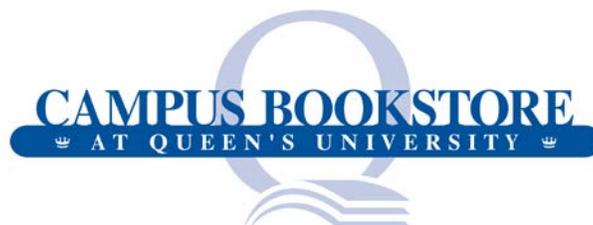


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In-Kind Silver Sponsor:



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Our Volunteers

No event like this conference can be organized and run without the dedicated work of many volunteers.

Organizing Committee:

George Brandie, Co-Chair
Henry Dinsdale
Barbara Tait

Eleanor Rogers, Co-Chair
Patrick Oosthuizen
Cherrilyn Yalin

Additional Volunteers:

Grace Bacon
Diane Duttle
Bob Gordon
Marie Gray
Pradeep Kumar
Merrilees Muir
Jane Oosthuizen
Kathryn Wright

Bob Crandall
Barbara Fletcher
John Gordon
Bruce Hutchinson
Sue Miklas
Sandra Olney
Dee Padfield
Joyce Zakos

We must also thank all of our speakers, who volunteered their time and expertise to appear before you.

Our deepest thanks to everyone who worked to make this conference a success.

Connecting to the Queen's Wi-Fi Network at the Conference Site

Anyone wishing to access the Internet at the conference site using the Queen's Wi-Fi network should follow these instructions:

1. Be sure Wi-Fi is turned ON in your device (laptop, tablet, smart phone, ...).
2. Launch its web browser.
3. Your device will show you two Wi-Fi networks: Queen's (unsecured) and Queen's WPA (secure). Ignore any other networks your device sees and select Queen's or Queen's WPA.
4. A logon screen will appear;
 - a. in the NetID box enter **curac15**, and
 - b. in the Password box enter **ARucc15&** [The Password is case-sensitive.]
5. After a short pause, you should be on the Internet.

This account will be disabled at the end of the Conference.