

MAKING A

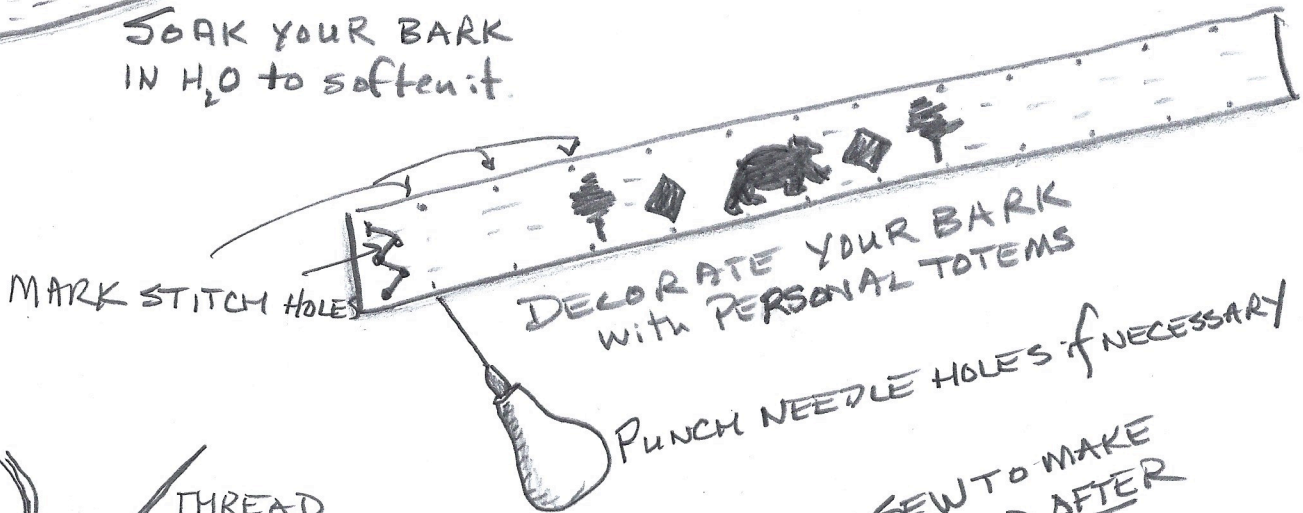
BIRCH BARK BRACELET

WRITTEN INSTRUCTIONS



SOAK YOUR BARK
IN H₂O to soften it.

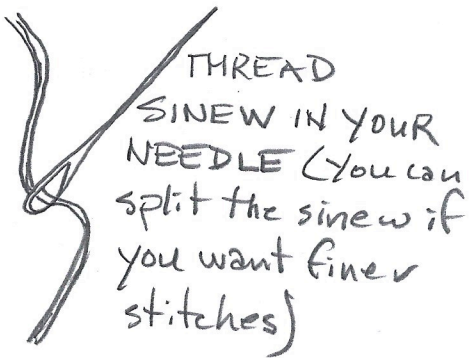
WORK YOUR BARK (you may have
to split it) to ensure it is bendable.



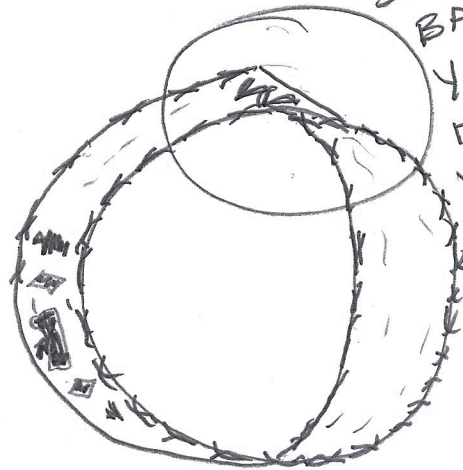
MARK STITCH HOLES

DECORATE YOUR BARK
WITH PERSONAL TOTEMS

PUNCH NEEDLE HOLES IF NECESSARY



THREAD
SINEW IN YOUR
NEEDLE (you can
split the sinew if
you want finer
stitches)



SEW TO MAKE
BAND AFTER
YOU'VE SIZED
IT TO GO OVER
YOUR HAND

Go slowly. Be Patient. Be methodical.
Treat your bark with great care.
Think about birch bark as
connection to Algonquin history,
to Nature AND to CLIMATE CHANGE.



WATCH THE VIDS