

Get to know University Councillor Mary Wilson Trider:



Mary is President & CEO of Almonte General Hospital and Carleton Place & District Memorial Hospital. She is a graduate of the Smith School of Business (B.Comm) and a FCPA, FCA. Mary is active in numerous healthcare industry committees. Previous Board service includes Ontario 211 Services Corporation, United Way of York Region (Past Chair), Booth Centennial Healthcare Linen Services (Past Vice Chair) and the National Ballet Endowment Foundation. Elected by the University Council to the Board of Trustees - current term to 2022. Current term on University Council to 2022. Chair of the Board of Trustees term to 2024.

1. Why did you select Queen's University?

In my final year of high school I spent weekend at Queen's with the friend of a friend, going to a class, staying in residence and experiencing the life of a Queen's student. I felt at home immediately on the campus and welcomed by everyone I met. That, combined with Queen's excellent reputation, made my choice easy when the offer letter arrived.

2. Most memorable moment as a student?

That's a really hard question – there were so many! Among the highlights was being accepted to transfer into the School of Business from Arts between first and second year.

3. What is your job?

I am President & CEO of healthcare organizations in two small towns just outside Ottawa which between them have two hospitals, a long-term care home and a paramedic service. My job requires me to work at the strategic level with the Boards and very tactically with leaders in the organizations. I get to see, every day, the impact that our work has on the people who live in our communities.

4. What's the best career advice you've ever received?

"It's not the people you fire that haunt you, it's the people you don't". This doesn't mean that I go around firing people! I have taken the message to mean more broadly that if we don't deal with the difficult issues head on, we can't get past them to make the progress and have the impact we want to in our work lives.

5. What's the career highlight you're most proud of?

One of the hospitals I worked for was ordered by the government to merge with a much larger institution. I led the team that negotiated the terms of the merger and was able to

secure jobs for 100% of our staff and physicians and the transfer of 100% of our programs, ensuring continuity and security of care for our patients.

6. How do you spend your free time?

With my family and friends, yoga, reading, golfing, and gardening in the good weather, travelling when we can. When I really want to unwind, I do a jigsaw puzzle.

7. What motivated you to stand for election for University Council?

I wanted to re-engage with Queen's on a deeper level than reading Alumni Review and attending Homecoming and I wanted to give something back to the university.

8. What are some of your most memorable milestones/accomplishments as a Councillor? Working on the recommendations for University Council Reform that reduced the size and improved the way Council works was memorable. Being a Council Trustee, contributing to the Board of Trustees and Council, and working with my fellow Council Trustees to improve communication between the two bodies is also something I am proud of.

9. Your aspirations for being on University Council?

To contribute my perspective, knowledge, and experience for the betterment of Queen's.

10. Do you have any words of wisdom for incoming Councillors?

Participate, participate, participate. In order to be effective, Council needs your active engagement. On top of this there are many opportunities to be engaged in the work and life of Queen's which are interesting and rewarding. Take advantage of them!

Connect with Mary on



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