

What is **SEXUAL CONSENT?**



Positive

Showing in words and actions that you **freely** agree to participate in a sexual activity.

Needs an **enthusiastic** YES, it must be **clear**.



Ongoing

Continuing to give permission throughout the sexual encounter. You can withdraw your consent at any time.

Consent is asking **every time** - an ongoing process of **giving** and **getting** permission.



Informed

Consent must be given by someone who is **willing** and able to express themselves coherently.

Consent must be **informed**. It is knowing the risks and benefits and choosing to proceed.

Consent is **wanting** to do something, not feeling like you have to or should do it.

What Consent ISN'T



Consent is NEVER implied. The absence of a **NO** is not a **YES**.



Saying yes on one occasion doesn't mean someone will say yes every time.



People who are significantly impaired by alcohol or drugs, people who are asleep, unconscious, or otherwise unable to communicate, cannot consent.



Saying yes to one act doesn't mean someone has said yes to others. If the conditions of the act change, consent is no longer valid.



Consent may be compromised by an existing power imbalance within a relationship.



Silence is NOT consent.



Consent cannot be obtained through coercion, psychological or emotional manipulation, physical violence, or threat.

Putting it in PERSPECTIVE

1 in 4

North American women will experience **SEXUAL ASSAULT** during their lifetime¹

↳ **80%** of those cases will be perpetrated by someone they know

1 in 2

TRANSGENDER PEOPLE are sexually abused or assaulted²

Almost all Canadians agree that sexual activity between partners should be consensual but

67% **DON'T UNDERSTAND** what consent means³

In 2019, **16.6%** of **QUEEN'S STUDENTS** reported experiencing sexual touching without their consent⁴

Steps for Students to Take After a Recent Sexual Assault

Queen's is committed to providing non-judgmental sexual violence support and response.

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Go to a Safe Place

For safety assessment and planning, call:
Queen's 24hr Emergency Response Centre
613-533-6111

or 911

24/7 Crisis and Support Line

Sexual Assault Centre
Kingston
613-544-6424
1-877-544-6424

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Seek Medical Attention

For confidential services, call the **Sexual Assault/ Domestic Violence Program, Kingston Health Sciences Centre (KHSC) Emergency Dept. – KGH Site**

613-549-6666 ext. 4880 Mon-Fri: 8 am to 4 pm
After hours call **613-548-3232, press 0**
ask for the SV/DV nurse

Services include:

- Emergency medical care
- Testing and treatment for sexually transmitted infections, HIV, and pregnancy
- Forensic evidence collection (including the Sexual Assault Evidence Kit)

Call or go to **Health Services**
Mitchell Hall, 1st floor
69 Union Street
613-533-2506

To Have Someone Accompany You to the Hospital

Sexual Assault Centre Kingston
613-544-6424 (Crisis Line 24/7)

Sexual Health Resource Centre
LaSalle Building Room 215
shrckingston.org
613-533-2959

For Evidence Collection, Try Not To:

- Shower, bathe, or use the washroom prior to a medical exam
- Change, wash, or destroy clothing
- Clean up the scene

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Get Support

To seek support contact:

- **Barb Lotan**, the Queen's University Sexual Violence Prevention and Response Coordinator for information and to review your options (referrals, accommodations, and filing a complaint)
bjl7@queensu.ca or **613-533-6330**

- **Counselling Services**
Mitchell Hall, 1st Floor
69 Union Street
613-533-2506
Ask for a referral to the Sexual Violence Counsellor

For peer support visit: **AMS Peer Support Centre**
Rideau Building – 207 Stuart Street Rooms 203 and 204. Phone **613-533-6000** ext. **75111** or email **psc@ams.queensu.ca**

Information about additional resources can be found at queensu.ca/sexualviolencesupport

Choosing to disclose what happened to seek support does not initiate a complaint process. Queen's employees who receive a disclosure are required to notify the Sexual Violence Prevention and Response Coordinator (SVPRC), but will only share information that identifies you with your consent. If you allow your information to be shared, the SVPRC will reach out to you to offer support and resources. You are never required to file a complaint of sexual violence with the university or with the police. If you choose to submit a complaint to the university, you may determine your level of participation in the formal process.

Additional Professional Counselling Options

Counsellors are also available in Residences, Athletics & Recreation, Four Directions, and some faculties and schools (Graduate Studies & Postdoctoral Affairs, Engineering, Commerce, Education, Medicine, Nursing, Arts & Science).

To find more information about counselling services on campus visit:
queensu.ca/studentwellness/mental-health

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Explore Options

To find out more about filing an internal complaint, contact:

Barb Lotan
Sexual Violence Prevention and Response Coordinator
bjl7@queensu.ca
Weekdays, daytime hours
613-533-6330

To report directly to Kingston Police Services, contact:
613-549-4660

Campus Security and Emergency Services can help with reports to Kingston Police
613-533-6733