We’re Here to Help

Emergency Services 24/7/365
Fire–Police–Ambulance ................................................................. 911
Queen’s Emergency Report Centre .................................................. 613-533-6111

Queen’s Campus Supports
Campus Security (non-emergency or general inquiries) 24hrs ................... 613-533-6733
Student Wellness Services ............................................................... 613-533-2506
  • Health and Counselling Services: Mon–Fri: queensu.ca/studentwellness
  • TAO: 24/7 Online Self-Help Mental Health Resources: queensu.ca/studentwellness/TAO
  • Empower Me: 24/7/365 support for students in crisis: 1-833-628-5589
AMS Peer Support Centre ................................................................. peersupport@ams.queensu.ca
SGPS Student Advisors ................................................................. advisors@sgps.ca
Faith & Spiritual Life ........................................................................ chaplain@queensu.ca
  For confidential, spiritual support
Walkhome ....................................................................................... 613-533-9255
  Student-run safety service
Need help and not sure where to start? ............................................ studentaffairs@queensu.ca

Community-Based Supports
Addiction and Mental Health Services Kingston: Crisis Line 24hrs .............. 613-544-4229
Good2Talk: Post-Secondary Student Mental Health Helpline 24hrs ............... 1-866-925-5454
Health Connect Ontario Medical Advice 24hrs ........................................ 811
Lesbian, Gay, Bisexual, & Transgender Youth Line Sun–Fri 4 pm–9:30 pm .... 1-800-268-9688 youthline.ca
Telephone Aid Line Kingston (TALK) 6 pm–2 am ...................................... 613-544-1771 telephoneaidlinekingston.ca

If You Experience Sexual Violence
Queen’s Sexual Violence Prevention and Response Coordinator .................. bjl7@queensu.ca 613-533-6330
  Barb Lotan
  For support, information, and to review your options Mon–Fri
  • Go to a safe place. Call Queen’s Emergency Report Centre or 911 ................. 613-533-6111
  for safety assessment and planning
  • Seek medical care, STI and pregnancy prevention, and evidence collection at the
    Kingston Health Sciences Centre Emergency Dept. – KGH Site
      • Ask for the Sexual Assault/Domestic Violence (SA/DV) Nurse
      • Mon–Fri 8 am–4 pm: 613-549-6666 ext. 4880
      • After hours: 613-548-3232 press 0
      • Contact Sexual Assault Centre Kingston for 24/7 crisis support ..................... 613-544-6424
      • Call Student Wellness Services for counselling support and assistance ............ 613-533-2506