

We're Here to Help



Emergency Services 24/7/365

- Fire–Police–Ambulance **911**
- Queen's Emergency Report Centre **613-533-6111**

Queen's Campus Supports

- Campus Security (non-emergency or general inquiries) 24hrs **613-533-6733**
- Student Wellness Services **613-533-2506**
 - **Health and Counselling Services:** Mon–Fri: queensu.ca/studentwellness
 - **Console:** 24/7 crisis & mental health support for undergrads/MBAs: queensu.ca/studentwellness/console
 - **Empower Me:** 24/7/365 service for SGPS members seeking support: sgps.click/empower
- AMS Peer Support Centre amspeersupport.com
- SGPS Student Advisors advisors@sgps.ca
- Faith & Spiritual Life chaplain@queensu.ca
For confidential, spiritual support
- Walkhome **613-533-9255**
Student-run safety service
- Harassment and Discrimination queensu.ca/secretariat/hd
Policy, complaint, and reporting procedures
- Need help and not sure where to start? studentaffairs@queensu.ca

Community-Based Supports

- Addiction and Mental Health Services Kingston: Crisis Line 24hrs **613-544-4229**
- Good2Talk: Post-Secondary Student Mental Health Helpline 24hrs **1-866-925-5454**
- Health Connect Ontario Medical Advice 24hrs **811**
- Lesbian, Gay, Bisexual, & Transgender Youth Line Sun–Fri 4 pm–9:30 pm, text only **647-694-4275**
youthline.ca
- Telephone Aid Line Kingston (TALK) 6 pm–2 am **613-544-1771**
telephoneaidlinekingston.ca

If You Experience Sexual Violence

- Queen's Sexual Violence Prevention and Response Coordinator bjl7@queensu.ca
Contact Barb Lotan for support, information, and to review your options, Mon–Fri **613-533-6330**
- Go to a safe place. Call **Queen's Emergency Report Centre** **613-533-6111**
or **911** for safety assessment and planning
- Contact Sexual Assault Centre Kingston for 24/7 crisis support **1-877-544-6424**
- Seek medical attention. For confidential services, present (in person) to the **Sexual Assault/Domestic Violence Program, Kingston Health Sciences Centre (KHSC) Emergency Dept. – KGH site**
Options for care may include: emergency medical care, testing/treatment of sexually transmitted illnesses, HIV, or pregnancy, forensic (DNA) evidence collection, photographic injury documentation