### WHAT IS SEXUAL CONSENT?

<table>
<thead>
<tr>
<th>POSITIVE</th>
<th>ONGOING</th>
<th>INFORMED</th>
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<tr>
<td>- Showing in words and actions that you freely agree to participate in a sexual activity.</td>
<td>- Continuing to give permission throughout the sexual encounter. You can withdraw your consent at any time.</td>
<td>- Consent must be given by someone who is willing and coherent.</td>
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<td>- Needs an enthusiastic YES, it must be loud and clear.</td>
<td>- Consent is asking every time - an ongoing process of giving and getting permission.</td>
<td>- Consent must be informed. It is knowing the risks and benefits and choosing to proceed.</td>
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### WHAT CONSENT ISN’T

- Consent is NEVER implied. The absence of a NO is not a YES.
- Saying yes on one occasion doesn’t mean someone has said yes every time.
- People under the influence of drugs or alcohol, people who are asleep, or in another vulnerable position, cannot consent.
- Saying yes to one act doesn’t mean someone has said yes to others. If the conditions of the act change, consent is no longer valid.
- Someone in an unbalanced power situation cannot consent and cannot be coerced.
- Silence is NOT consent.
- Consent cannot be obtained through psychological or emotional manipulation, physical violence, or threat.

### PUTTING IT IN PERSPECTIVE

- **North American women will experience sexual assault during their lifetime**
- **1 in 4**
- **80%** of those cases will be perpetrated by someone they know

- **1 in 2 transgender people** are sexually abused or assaulted

- **Almost all Canadians agree that sexual activity between partners should be consensual but**
- **67%** DON’T UNDERSTAND what consent means

- **In 2016, 15.5% of Queen’s students** reported experiencing sexual touching without their consent

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**STEPS FOR STUDENTS TO TAKE AFTER A RECENT SEXUAL ASSAULT**

Queen’s is committed to providing non-judgemental sexual violence support and response. Sexual violence means any sexual act or act targeting a person’s sexuality, gender identity or gender expression, whether the act is physical or psychological in nature, that is committed, threatened or attempted against a person without the person’s consent, and includes sexual assault, sexual harassment, stalking, indecent exposure, voyeurism, and sexual exploitation.

**CONSENT**

verb | con - sent | \kon-ˈsent\  
an active, direct, voluntary, unimpaired and conscious choice and agreement to engage in sexual activity

1. **GO TO A SAFE PLACE**
   For safety assessment and planning, call:  
   Queen’s 24hr Emergency Response Centre  
   613-533-6111 or 911

2. **SEEK MEDICAL ATTENTION**
   For confidential services, call the Sexual Assault/Domestic Violence Program, Kingston Health Sciences Centre (KHSC) Emergency Dept.  
   613-549-6666 ext 4880 24/7  
   Ask for the SA/DV nurse
   Services include:  
   - Emergency medical care  
   - Testing and treatment for sexually transmitted infections, HIV and pregnancy  
   - Forensic evidence collection (including the Sexual Assault Evidence Kit).
   Call or go to Health Services  
   La Salle Building, 1st floor  
   146 Stuart Street  
   613-533-2506

3. **GET SUPPORT**
   Choosing to disclose does not initiate any formal or informal reporting process, but also does not prevent you from reporting at a later date.
   To seek support contact:  
   Barb Lotan, the Queen’s University Sexual Violence Prevention and Response Coordinator  
   613-533-6330 or bjl7@queensu.ca
   
   Counselling Services  
   La Salle Building, 2nd Floor  
   146 Stuart Street  
   613-533-6000 ext. 78264  
   Ask for an appointment with a counsellor; indicate it is a crisis related to sexual assault
   For peer support visit:  
   AMS Peer Support Centre  
   JDUC Room 26 and 34  
   613-533-6000 ext. 75111

4. **EXPLORE OPTIONS**
   You are never required by the university to report an act of sexual violence. If you do choose to report, you may withdraw your report at any time.

**FORMAL REPORTING**

KINGSTON POLICE SERVICES  
613-549-4660

CAMPUSS SECURITY AND EMERGENCY SERVICES  
can help with reports to Kingston Police  
613-533-6733

BABS LOTAN  
Sexual Violence Prevention and Response Coordinator  
blj@queensu.ca  
Weekdays, daytime hours  
613-533-6330

**INFORMAL RESOLUTION**

Where appropriate, an informal resolution process may be considered:

HUMAN RIGHTS OFFICE  
hrights@queensu.ca  
613-533-6886

**ADDITIONAL PROFESSIONAL COUNSELLING OPTIONS**

Counsellors are also available in residences, and some faculties and schools (Graduate Studies, Engineering, Commerce, Education, Medicine).

To find more information about counselling services on campus visit:  
queensu.ca/studentwellness/counselling-services/contact-us

queensu.ca/sexualviolencesupport  
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