

DO YOU NEED HELP?

EMERGENCY SERVICES 24/7/365

Queen's Emergency Report Centre	613.533.6111
Fire-Police-Ambulance-Emergencies	911

QUEEN'S CAMPUS SUPPORTS

Campus Security (non-emergency or general inquiries)	24 hrs	613.533.6733
Campus Observation Room (COR), Victoria Hall, Basement A010		613.533.6911
<i>For students who have had too much to drink</i>		
Orientation Week, Fri/Sat Sept – Nov, St. Patrick's Day		
Student Wellness Services, LaSalle Building, 146 Stuart Street		613-533-2506
Health and Counselling Services, Sept – Apr, 8:30 am – 5 pm		
May – Aug, 8:30 am – 4:30 pm		
Evening Clinics, Sept – Apr, Mon – Thurs, 5 – 7:30 pm		
Walk Home	Sun – Wed, Dusk – 2 am	613.533.9255
Student-run safety service	Thurs – Sat, Dusk – 3 am	
Peer Support Centre, JDUC Room 34	12 Noon – 10 pm	613.533.6000 ext 32737

COMMUNITY-BASED SUPPORTS

Addiction and Mental Health Services Kingston: Crisis Line	24 hrs	613.544.4229
Good2Talk: Post-Secondary Student Mental Health Helpline	24 hrs	1.866.925.5454
Lesbian, Gay, Bi and Transgender Youth Line	Sun – Fri, 4 – 9:30 pm	1.800.268.9688
Telephone Aid Line Kingston	7 pm – 3 am	613.544.1771
Telehealth Ontario: Medical Advice	24 hrs	1.800.797.0000

IF YOU EXPERIENCE SEXUAL VIOLENCE: YOU HAVE CHOICES

- Go to a safe place. Call **Queen's Emergency Report Centre (613.533.6111)** or **911** for safety assessment and planning.
- Seek medical care, STI and pregnancy prevention, and evidence collection, at **KGH Emergency Department**, and ask for the **Sexual Assault/Family Violence (SA/FV) Nurse** or call the **KGH SA/FV Team** at **(613.549.6666 ext 4880)**.
- Call **Sexual Assault Centre Kingston (613.544.6424)** for 24/7 crisis support.
- Contact **Student Wellness Services (613.533.2506)** for health and counselling support and assistance.
- **Not sure what to do?** Contact **Barb Lotan** the **Queen's University Sexual Violence Prevention and Response Coordinator** by **email (bjl7@queensu.ca)**, **phone (613.533.6330)**, or at her **office (B502 Mackintosh-Corry Hall)** Monday to Friday for support, information and to review your options.