

COVID-19 Student Prevention Checklist

Important Things to Review

- Review KFL&A Public Health (kflaph.ca) and the University (queensu.ca/covidinfo/students) COVID-19 Websites.
- Update your SOLUS account with:
 - Current address
 - Cellphone number
 - Emergency contact
- Complete the Know Your Student Household COVID-19 Plan worksheet.
- Read the Off-Campus Student Living Guide.

Important Prevention Things to Do

- Practice physical distancing and good hand hygiene.
- Have a mask or face covering and know how and when to wear it.
- Know the symptoms of COVID-19. Go get tested if you have symptoms or think you have been exposed. For a full list of symptoms, visit the KFL&A Public Health website. (kflaph.ca)
- Determine who is in your social circle. (ontario.ca/page/create-social-circle-during-covid-19)
- Limit visitors. If you do have visitors, keep track of who visited. Try using a guest book or a photo wall.
- Use technology to host virtual meetings or social gatherings.
- Get an annual flu shot.